**CLETUS S. CARVALHO MD**

**Board Certified** in Psychiatry, Geriatric Psychiatry, Psychosomatic Medicine & Addiction Medicine

Psychiatry Residency Program Director, Adult Inpatient Psychiatry Medical Director, Associate Professor

University of Kentucky

**Personal Information**:

Work Address: University of Kentucky College of Medicine

Department of Psychiatry

245 Fountain Court

Lexington, KY 40509

Telephone: 859-327-8121

E-mail: cscarv2@uky.edu

Date of Birth: May 26th, 1968

Citizenship: United States of America

Children: Shelby Carvalho, 17

Mia Carvalho, 10

**Vice Chair of Clinical Affairs**

**UK Good Samaritan & Chandler Hospitals** July 2014-Present

**Medical Director**, Adult Inpatient Psychiatry Unit

University of Kentucky Albert Chandler Medical Center Feb 2005-June 2008

University of Kentucky Good Samaritan Hospital July 2008-Present

<http://ukhealthcare.uky.edu/GS/>

**Associate Professor** of Psychiatry July 2012-Present

**Assistant Professor** of Psychiatry February 2005-June 2012

University of Kentucky College of Medicine

<http://med.uky.edu/>

**Director of Psychiatry Residency** **Training** July 2008-Present

University of Kentucky College of Medicine

<http://psychiatry.med.uky.edu/>

**Attending Psychiatrist**

**Electroconvulsive therapy program** Mar 2009-Present

<http://psychiatry.med.uky.edu/ect>

**Associate Director of Residency Training**  2007-July 2008

University of Kentucky College of Medicine

<http://psychiatry.med.uky.edu/>

**Areas of Interest:**

Psychotherapy

Inpatient Psychiatry

Electroconvulsive therapy

Geriatric Psychiatry

Psychosomatic Medicine

Addiction Psychiatry

Academic & Administrative Psychiatry

**Medical Training:**

Jawaharlal Nehru Medical College, Belgaum, India 1985 to 1990

[www.jnmc.edu](http://www.jnmc.edu)

**Post-Doctoral Training:**

Rotating Internship

St. John’s Medical College Hospital, Bangalore, India Oct 1990 to Aug 1991

[www.stjohns.in](http://www.stjohns.in)

Jawaharlal Nehru Medical College, Belgaum, India July 1990-Sept 1990

[www.jnmc.edu](http://www.jnmc.edu)

Preparing for Canadian and US Medical Licensing exams Sept 1990-May 1993

Clinical Assistant in Neurology June 1993-June 1994

Victoria General Hospital, Halifax, Canada

<http://www.cdha.nshealth.ca>

Executive Leadership & Management Program

Gatton College of Business & Economics & the Executive Education Center

University of Kentucky Feb 2010-Oct 2010

Psychiatry Residency

PGY 1 to PGY 3 July 1994 to June 1998

PGY 4 & Chief Resident July 1997 to June 1998

St. Vincent’s Hospital & Medical Center of New York, New York (now closed)

<http://www.svcmc.org>

Geriatric Psychiatry Residency July 1998 to Sept 1999

PGY 5

Columbia University, New York

<http://columbiapsychiatry.org/fellowships/Geriatric-Psychiatry-Fellowship>

**American Board of Psychiatry & Neurology Certifications:**

Psychiatry Recertified 2011

Geriatric Psychiatry Recertified 2014

Psychosomatic Medicine May 2005

**American Board of Addiction Medicine Certifications:**

Addiction Medicine December 2010

**Board Examiner**

Psychiatry Examiner, American Board of Psychiatry & Neurology 2006 - Present

**Medical License**

New York, Kentucky, Ohio & Indiana

**Professional Experience**

Medical Director Dec 2002 to Feb 2005

Appalachian Regional Healthcare Psychiatric Center, Harlan, KY

Attending Psychiatrist Sept 2002 to Feb 2005

Appalachian Regional Healthcare Psychiatric Center, Hazard, KY

Attending Psychiatrist July 2004 to Feb 2005

Highlands Regional Medical Center, Prestonsburg, KY

Staff Psychiatrist Oct 1999 to Dec 2004

Kentucky River Community Care, Hazard, KY

Committee Responsibilities

Member, appointed by KY Governor Steve Beshear Sept 2010-Present

Kentucky Medicaid Pharmacy & Therapeutics Advisory Committee

Member, Compliance Subcommittee April 2014-Present

University of Kentucky Graduate Medical Education

Member, Complex Case Committee July 2013-Present

University of Kentucky, UK HealthCare

Member, DocComm Committee July 2013-Present

University of Kentucky, UK HealthCare

Member At Large, Medical Staff Executive Committee

University of Kentucky, UKHealthCare July 2014-Present

Executive Council

Kentucky Psychiatric Medical Association 2006 to Present

Executive Committee

University of Kentucky Good Samaritan Hospital 2008 to Present

Education Policy Committee

Department of Psychiatry, University of Kentucky 2005 to Present

Student Progress and Promotions Committee

College of Medicine, University of Kentucky 2008-2011

Non-voting Ex-officio member

Institutional Review Boards, University of Kentucky 2009-Present

Member, Model Curriculum Committee 2011-Present

American Association for Directors of Psychiatry Training Programs

Member, Small Programs Caucus 2008-Present

American Association for Directors of Psychiatry Training Programs

Member, Psychotherapy Committee 2013-Present

American Association for Directors of Psychiatry Training Programs

Member, Psychotherapy Caucus May 2014-Present

American Psychiatric Association

Area II (NY) Resident Representative

Committee of Residents and Fellows

American Psychiatric Association 1996 to 1998

Awards

2014 Irma Bland Award for Excellence in Teaching Psychiatry Residents

American Psychiatric Association

<http://psychiatry.org/learn/blandaward>

2012 Flexner Master Educator Award 2012

*Educational Leadership & Administration, Outstanding Teaching Contribution or Mentorship, Educational Innovation & Curriculum Development, Faculty Development in Education*

College of Medicine, University of Kentucky

<http://meded.med.uky.edu/abraham-flexner-master-educator-awards-categories>

2012 Awardee: Teacher’s Academy October 2011

http://www.apsa.org/Programs/Teachers\_Academy.aspx

American Psychoanalytic Association

A Teacher who made a Difference 2011

College of Education, University of Kentucky

Honorary Faculty Award 2010

Alpha Omega Alpha Honors Medical Society

Residents’ Outstanding Teacher Award 2010

Department of Psychiatry, University of Kentucky

Clinical Clerkship Teaching Award 2009

College of Medicine, University of Kentucky

Clinical Clerkship Teaching Award 2007

College of Medicine, University of Kentucky

Residents’ Outstanding Teacher Award 2007

Department of Psychiatry, University of Kentucky

Residents’ Outstanding Teacher Award 2006

Department of Psychiatry, University of Kentucky

Chairman’s Award 2006

Excellence in Supervision & Teaching

Department of Psychiatry, University of Kentucky

Clinical Clerkship Teaching Award 2006

College of Medicine, University of Kentucky

Publications

Practice Patterns of International & U.S. Medical Graduate Psychiatrists, American Journal of Psychiatry, Volume 156, Number 3, March 1999, 445-450

Malingering Patients in the Psychiatric Emergency Room, Emergency Psychiatry, Volume 5, Number 1, 1999, 13-16

Research

Principal Investigator – CN 138 392 – A Multicenter, Double Blind Study on the Efficacy and Safety of Aripiprazole in Combination with lamotrigine in the Long Term maintenance Treatment of patients with Bipolar I Disorder with a Recent Manic or Mixed Episode-Closed

Principal Investigator – Benzodiazepine Prescribing and Adherence to Prescribing Standards by Providers

Grand Rounds

Sanders-Brown Center on Aging, University of Kentucky, Lexington, Kentucky

Agitation in Dementia

May 2006

Department of Psychiatry, University of Kentucky

3-D’s in HIV Psychiatry: Depression, Drug abuse and Dementia

September 2005

ARH Medical Center, Hazard, KY

Delirium

September 2003

Department of Psychiatry, Woodhull Hospital, Brooklyn, NY

Malingering in the Psychiatric ER

March 1998

St. Vincent’s Hospital & Medical Center of New York, NY

SSRIs in Depression

1996

Poster presentations at National Meetings

**UK healthcare resident QI poster forum; University of Kentucky**

Teaching Module for Psychiatry Interns: Alcohol Detoxification.

Chopra N, Moon S, Patel A, Owen K, Roads A, Puentes R, **Carvalho C**

**June 2014**

Annual meeting of the Association for Academic Psychiatry, Scottsdale, Arizona

See one, do one, teach one: Educating residents on risk assessment using a comprehensive, practical & user-friendly tool; The C-RAT: Comprehensive Risk Assessment Tool

Cletus Carvalho MD

September 2011

Annual meeting of the Association for Academic Psychiatry, Scottsdale, Arizona

An ACGME competency-based curriculum to teach the biopsychosocial model of assessment, formulation and treatment

Cletus Carvalho MD

September 2011

University of Kentucky, Center for Clinical and Translational Science

6th Annual Spring conference, Lexington, Kentucky

See one, do one, teach one: Educating residents on risk assessment using a comprehensive, practical & user-friendly tool; The C-RAT: Comprehensive Risk Assessment Tool

Manish Nair MD (PGY 4 Psychiatry Resident), Cletus Carvalho MD

**April 2011**

University of Kentucky, Center for Clinical and Translational Science

6th Annual Spring conference, Lexington, Kentucky

The C-RAT: A comprehensive risk assessment tool for use before prescribing psychotropic medications

Caaithiry Jayaraman MD (PGY 4 Psychiatry Resident), Cletus Carvalho MD

**April 2011**

University of Kentucky, Center for Clinical and Translational Science

6th Annual Spring conference, Lexington, Kentucky

UPforBenzos: Universal Precautions for Benzodiazepine Prescribing; A checklist for safe benzodiazepine prescribing

Cletus Carvalho MD

**April 2011**

Annual meeting of the American Academy of Addiction Psychiatry, Los Angeles, California

Benzodiazepine prescribing and adherence to safe prescribing standards by providers

Cletus Carvalho MD

December 2009

**Annual meeting of the American Association of Directors of Psychiatry Residency Training Programs, Orlando, Florida**

See one, do one, teach one: Educating residents on risk assessment using a comprehensive, practical & user-friendly tool; The C-RAT: Comprehensive Risk Assessment Tool

Cletus Carvalho MD

**March 2010**

University of Kentucky, Center for Clinical and Translational Science

5th Annual Spring conference, Lexington, Kentucky

Benzodiazepine prescribing and adherence to safe prescribing standards by providers

Cletus Carvalho MD

March 2010

National Institute on Drug Abuse (NIDA) Blending conference, Albuquerque, New Mexico

Benzodiazepine prescribing and adherence to safe prescribing standards by providers

Cletus Carvalho MD

April 2010

National Institute on Drug Abuse (NIDA) Blending conference, Albuquerque, New Mexico

‘UPforBenzos’-Universal Precautions for Benzodiazepine Prescribing; A checklist for safe benzodiazepine prescribing

Cletus Carvalho MD

April 2010

Workshop presentations at National Meetings

September 2011 Annual American Academy of Addiction Psychiatry, Scottsdale, Arizona –

Bath Salts and White Lightning: Reporting from the frontlines on a new drug class

Cletus Carvalho MD, Clark Lester MD (PGY 3 Psychiatry Resident), Lisa Sanchez MD (PGY 2 Psychiatry Resident)

1998 Annual American Psychiatric Association meeting

Cultural Issues in the Psychiatric Patient

1998 Annual American Psychiatric Association meeting

Cultural Issues in Psychiatric Practice and Training

1997 Annual American Psychiatric Association meeting

Malpractice & Litigation in Psychiatric Residency

1997 Annual American Psychiatric Association meeting

Primary Care Training in Psychiatry

1997 Annual American Psychiatric Association meeting

Malingering Patient: Suicidal/Homicidal Dangerousness

Presentations at Regional Meetings

Substance Exposed Pregnancies: Understanding the Impact on Mothers, Infants and Caregivers

Opioid Dependence in Pregnancy

The Olmsted, Louisville, Kentucky

March 14, 2013

**36th Annual CME Symposium Kentucky Academy of Physician Assistants**

Major Depressive Disorder

Clarion Hotel, Lexington, KY

October 2012

University of Kentucky 20th Annual PASRR skills training, Lexington, Kentucky

Psychopharmacology I: Matching treatments to illnesses & Psychopharmacology II: Drug-Drug Interactions;

December 2008

Annual Meeting of the Kentucky Psychiatric Medical Association, Louisville, Kentucky

A Biopsychosocial approach to Psychiatric Interviewing,

April 2007

Aging Conference, Jenny Wiley Resort, Kentucky

Dementia

July 2003

Aging Conference, Buckhorn Lake Resort

Clinical Advances in Geropsychiatry

June 2001