Telehealth 101 and Open Forum Discussion

Sponsored by the Kentucky Office of Rural Health and the Kentucky TeleHealth Network

3/28/2018

3-4pm EASTERN   2-3pm CENTRAL

Agenda

- Why a webinar?

- Panel introductions and housekeeping items

- Legal and Regulatory considerations in Kentucky

- Technology and applications for telehealth

- Telehealth structure in Kentucky

- What's Next?

- Q & A – Open Discussion

Why a webinar?

As a supplement to the Annual Kentucky Telehealth Network Summit, the Kentucky Office of Rural Health and the Kentucky TeleHealth Network (KTHN) will conduct a statewide webinar every 3 months, 3 times each year and the 4th event will be the annual Kentucky Telehealth Summit which will be held on May 24 in Midway, Kentucky. Registration for the Summit will begin in early March.

We receive calls every day from those who are interested in deploying telehealth technology but are not sure how to start. This webinar is targeted to those who are new to telehealth as well as our experienced telehealth Subject Matter Experts. We will solicit your input today for future topics so we remain relevant and provide you the information that is most important to your practice.

Each Webinar will be presented by one person but there will be a panel of experts who can participate in the program.

Panel introductions and housekeeping items

- Panel
  - Tim Bickel, University of Louisville
  - Rob Sprang, University of Kentucky
  - Kayla Combs, Kentucky Office of Rural Health
  - Deborah Burton, St. Joseph Hospital/Kentucky One, KTHN Board Chair
  - Donna Veno, Administrator - Kentucky TeleHealth Network Board of Directors

- Panelists have full audio/video capabilities. Audience members can see and hear but cannot be seen or heard. Questions and comments from the audience must be submitted via the "Chat" feature in the webinar. We will be recording each session and will do our best to find a place to archive.

- We plan to leave 20 minutes for Q&A

- Please make questions or comments ask questions, make suggestions and offer your insights via the "Q&A" feature and not the "Chat" feature

- We hope you will register for this year's KTHN Summit

- Email Kayla Combs at kayla.combs2@uky.edu to have your name added to the contact list for future KORH/KTHN programs

Legal and Regulatory Considerations - Reimbursement

- Medicare fact sheet https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/TelehealthSrvcsfctsht.pdf

Medicare Reimbursement Highlights

- Originating site = Patient   Distant site = Provider

- Originating site must be located in a rural area – Use Medicare Payment Eligibility Analyzer

- Originating sites – Physician/Practitioner office, Hospital, Critical Access Hospital, Rural Health Clinic, FQHC, Hospital-based Renal Dialysis Center, Skilled Nursing Facilities, Community Mental Health Center

- Distant Site Practitioners – Physician, NP, PA, Nurse Midwives, Clinical Nurse Specialists, Certified Registered Nurse Anesthetists, Clinical Psychologists and Clinical Social Workers

- Interactive Audio/Video connection – Asynchronous connectivity pilot in AK and HI

- Specific CPT codes allowed. Listed on the document

- GT modifier for telehealth. Place of Service (POS) 02 designates telehealth

- Facility fee Q3014 is approximately $25

Legal and Regulatory Considerations - Reimbursement

- CMS Place of Service code https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNMattersArticles/downloads/MM9726.pdf

- FQHC telehealth rules https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/fqhcfactsheet.pdf

- CMS 2018 update https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNMattersArticles/Downloads/MM10393.pdf

CMS 2018 update – Codes added

- G0296 – Visit to determine Low Dose Computed Tomography Eligibility

- 90785 – Interactive Complexity

- 96160, 96161 – Health Risk Assessment

- G0506 – Care Planning for Chronic Care Management

- 90839, 90840 – Psychotherapy for Crisis

- 99091 – Remote monitoring of patient (30 minutes). May bundle with:

  - CCM 99487, 99489 and 99490

  - TCM 99495 and 99496

  - BHI 99492, 99493, 99494 and 99484

Legal and Regulatory Considerations - Reimbursement

- Commercial Health Insurance – KY DOI legislation
http://www.lrc.ky.gov/Statutes/statute.aspx?id=17373

Kentucky Health Plan Benefit Highlights

(a)   A health benefit plan shall not exclude a service from coverage solely because the service is provided through telehealth and not provided through a face-to-face consultation if the consultation is provided through the telehealth network established under KRS 194A.125. A health benefit plan may provide coverage for a consultation at a site not within the telehealth network at the discretion of the insurer.

Legal and Regulatory Considerations - Reimbursement

- KY Medicaid regulation http://www.lrc.state.ky.us/kar/907/003/170.htm

Kentucky Medicaid Reimbursement Highlights

- Both sides of the encounter must be approved by the Kentucky TeleHealth Network (KTHN)

- Place of Service is where the provider is located

- Requires 2 way audio/video

- Requires a referral by a health care provider

- No Facility Fee

- Medical Evaluation and Management service by Physician, APRN, Optometrist, Chiropractor

- Mental Health E&M by Psychiatrist, Physician, APRN or mid-level mental health provider who is directly employed by a psychiatrist and that psychiatrist interacts with the patient during the clinical encounter

- Individual medical nutrition or diabetes self management by a physician, APRN, PA, RN licensed dietitian

- OT, PT and SLP

- Neurobehavioral status exam by a psychiatrist, physician, psychologist as noted above

- End state renal disease monitoring, assessment or counseling for a home dialysis patient by a physician or APRN

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- KY Medicaid regulation http://www.lrc.state.ky.us/kar/907/003/170.htm

- KY RPM Pilot program legislation http://www.lrc.ky.gov/Statutes/statute.aspx?id=45357

Legal and Regulatory Considerations Licensure/Privileging and Credentialing

- Medical Licensure Compact http://www.imlcc.org/ and Kentucky legislation http://www.lrc.ky.gov/record/18RS/SB153.htm

- Nursing licensure Compact https://www.nursecompact.com/

- Privileging and Credentialing Joint Commission Final revisions https://www.jointcommission.org/assets/1/6/Revisions_telemedicine_standards.pdf

Technology and Applications

- Traditional Interactive Videoconference Technology (synchronous)

  - HC facility-to-HC facility – inpatient, outpatient, emergency medicine…

  - HC facility to non healthcare facility – school and workplace

- Store-and-Forward (asynchronous) - Radiology, Dermatology, Diabetic Retinal imaging

- Vital Signs/Biometric monitoring – Home-based services to recognize patients that are trending poorly and keep them out of the hospital, helping change the patient's daily activities, improve compliance and reduce costs

- Direct to Consumer – broad range of services that can use different types of technology to deliver acute primary care as well as follow-up care.

- Project ECHO helps push more services and care to local providers

Telehealth Structure in Kentucky

- Telehealth started in Kentucky in 1995

- 2000 KY Legislative mandate – KTHN, Medicaid/Commercial reimbursement and the first statewide coordination of telehealth activities. 9 policies available from donna.veno@ky.gov

- Post 9/11 – PROACT Network connected UK, UL, KYDPH and 19 ED's

- 2004 – Dozens of separate networks created a common platform

- Emergence of cloud-based platforms (Blue Jeans, Vidyo, Zoom…)

- HCTC Telehealth Associate training program in Hazard

- 2017 – 1st Annual Kentucky TeleHealth Network Summit

- 2018 Legislative Session

What's Next?

- Consider new or expanded use of telehealth

- Consider participating in a telehealth conference

  - KTHN Summit – May 24, Midway Kentucky

  - Mid-Atlantic Telehealth Resource Center Conference, April 15-17, Hershey PA

  - American TeleMedicine Association annual conference, April 29-May 1, Chicago IL

- Medicare – CHRONIC Cares Act – 2017 – New US budget

- KY SB 112 – Sen. Alvarado – telehealth reimbursement parity? Existence of the KTHN Board of Directors?

- KY HB 191 – Rep. Gooch – Ocular Health

- Potential topics for future Webinars???

Q & A and Open Forum

Upcoming KORH/KTHN schedule

- *5/24/2018 – 2nd Annual Kentucky Telehealth Summit, Midway, KY*

- *To get on our mailing list   kayla.combs2 @uky.edu*