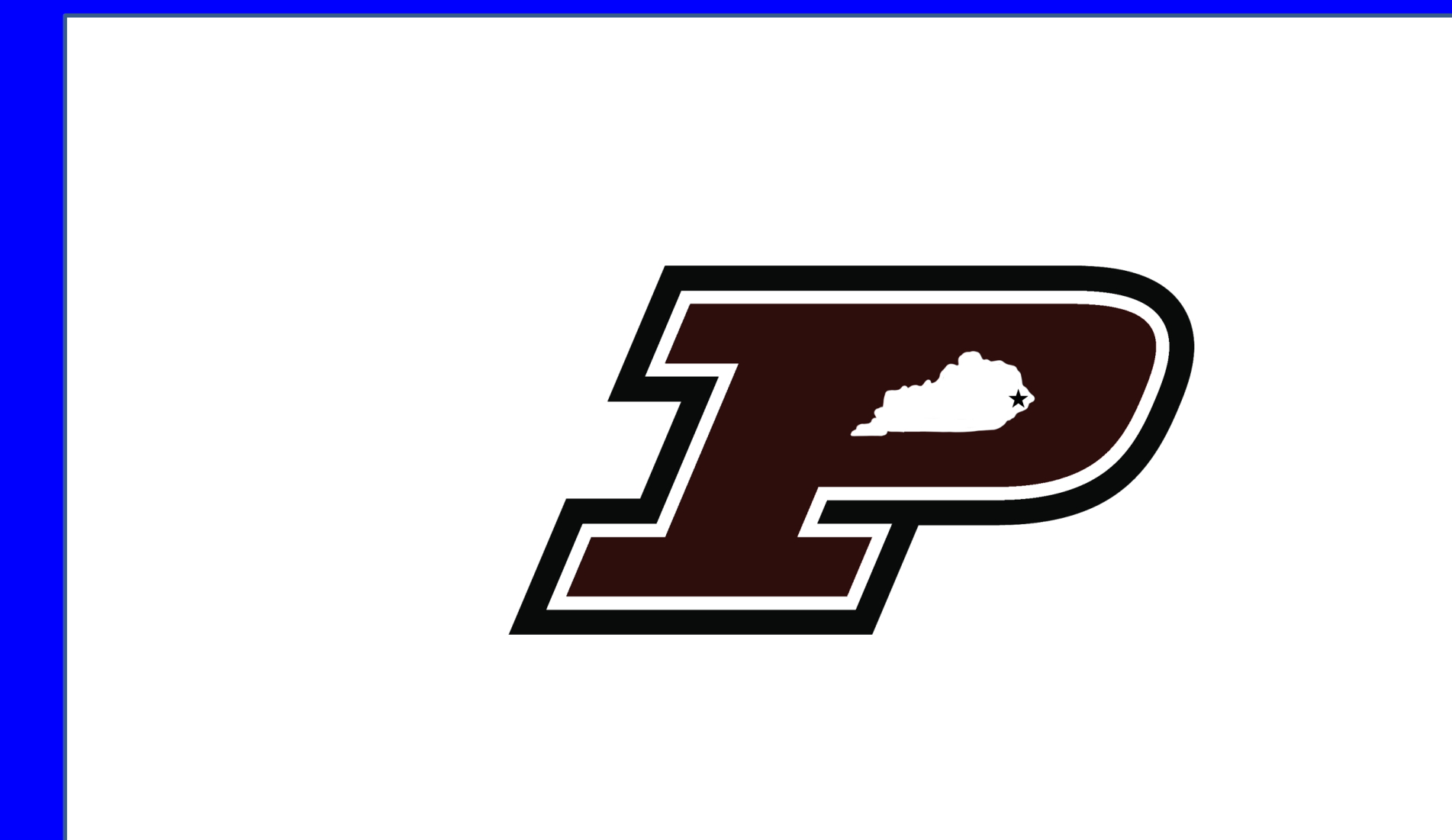




BE SAFE WHILE YOU SURF

Isaac Coleman, MaHalie Hamilton, Ella Lockhart, Luke Ray,
and Cassidy Slater
Pikeville High School



UK Center of Excellence
in Rural Health

Background

Healthy WAY (Wellness in All Youth) is a leadership development and research training program designed to empower rural Kentucky high school students with skills to identify and develop solutions to health and social issues at the school and community level.

We wanted the students to have the skills to be able to handle different situations in health and social issues.



Project Setting/Target Population

- Location: Pikeville, Kentucky (Pikeville High School)
- Population size: 531 Students



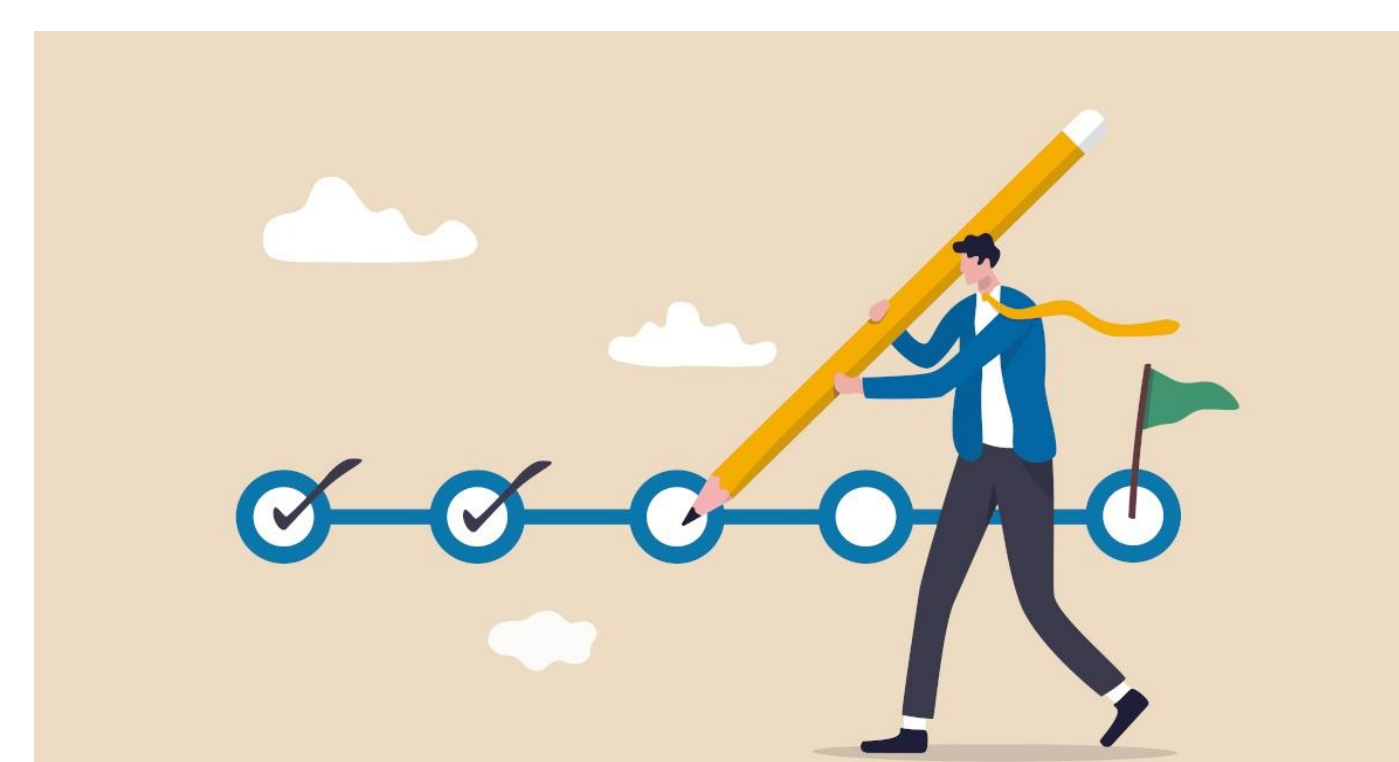
Project Goals

The Main Goals for Our Project:

What are the problems we need to be focusing on in relation to internet safety?

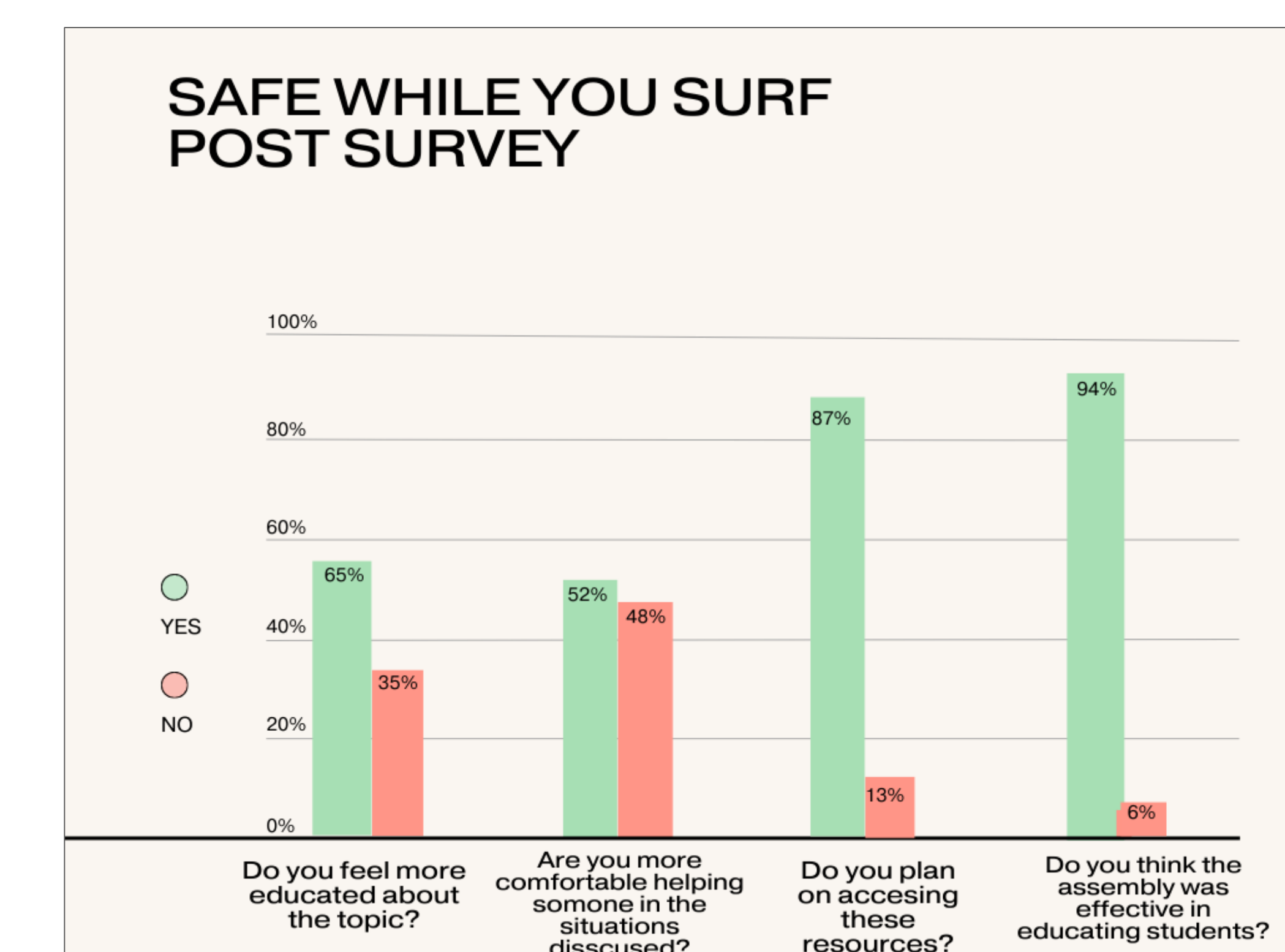
To understand the experience of the students.

To improve choices students, make when encountering an unwanted situation on the internet.



Evaluation

This project helped us better understand student's experiences, and how we can better educate teenagers. Once educated, the students will be better prepared when they encounter these types of situations.



Project Activities

We had a school assembly led by Sgt. Zach Morris from the KY State Police. He gave information on how to be safe online, and what to do if someone is cyberbullied or being contacted by a predator. He also gave us information on some of the worst sites that teenagers are easily contacted on.

Our Survey: tell us your experiences, so we know how to help.

Our website: Educate you on the topics you brought to our attention and will serve as a quick and easy access for information.

Information Card: Contact numbers for local help and easy access to our informational website.



Outcomes

This project helped us better understand how many people encounter common issues on the internet and how educated they originally are on these topics.

Allowed us to focus on the topics teenagers encounter the most and educate them specifically on what they reported.



Acknowledgements

This project was supported by Healthy WAY, a youth research and leadership development program provided by the UK Center of Excellence in Rural Health.

Mention any other support, project collaborators/partners, mentors, etc.

The project described is solely the responsibility of the authors and does not necessarily represent the official views of the UK Center of Excellence in Rural Health.