

mHealth Application Modernization and Mobilization Alliance (MAMMA) Pilot Grant RFA

Release Date: 10/29/2025

Optional Letter of Intent for Consultation about Proposal: 11/15/2025

Application Deadline: 12/1/2025

Awards Announced: 12/15/2025

Project Duration: 9 months

Start date: 01/01/2026

LINK TO APPLY: https://uky.az1.qualtrics.com/jfe/form/SV_b11fUYy9OqkR8Fw

Request For Proposals

Pilot grant awardees will be able to work with a mobile app developer to create a new mHealth app or customize an existing mHealth app. Mobile app development services are provided to the successful applicant as part of the award. It is expected that 1 proposal (up to \$15,000) will be funded in this round depending on the number and type of applications received.

All applications must address how the pilot project will work with the MAMMA mobile app developer to create or modify a mHealth app in the first 3 months of the award period.

1. PILOT FUNDING PRIORITIES

MAMMA Pilot awards are open to studies utilizing mobile approaches to addressing health and/or risk behaviors. Priority will be given to early career faculty or other faculty new to mHealth research.

This pilot will have a 9-month duration. For the first 3 months, awardees will work with MAMMA's app developer to develop or modify a mHealth app for the purposes of their project, the final 6 months focus on conducting the pilot research study. All funds must be expended within this 9-month period. One project will be awarded starting in January 2026.

2. mHEALTH APP DESCRIPTION

As part of their proposal, applicants should describe the development of a custom app or modification of an existing app the team has access to. The app development work should be feasible for one programmer to complete in a 3-month period. Please contact us prior to submitting an application if a consultation is desired to determine if the scope of programming tasks would be considered feasible. MAMMA will provide this programming help, **so programming time does not need to be included in the pilot budget.**

3. OPTIONAL LETTER OF INTENT INSTRUCTIONS

If the applicant desires a consultation with members of the MAMMA leadership team to determine if their proposal would be considered feasible and responsive to this award, please submit a letter of intent via email to Zoe Taylor (zoe.taylor@uky.edu) by Nov 15, 2025. This letter should contain:

- A brief description of the proposed research goals or aims
- A brief description of the mHealth application requirements
- A brief description of the applicant's experience with mHealth research

4. OPTIONAL PROTOTYPING SUPPORT FOR APPLICATIONS

Interested in strengthening your project application by generating wireframes and early-stage interactive prototypes? If so, reach out to Creative Gateway for Advancing Digital Health. They will introduce you to colleagues specializing in design and other creative disciplines who can generate wireframes, prototypes and collaborate with you on UI/UX during subsequent funded stages of your project. Our collaborations are modeled on the way you already work with

colleagues in statistics.

Please contact dmitry.strakovsky@uky.edu at least two weeks in advance of the submission deadline to set up an initial meeting to assess project needs. This service is available free of charge to those who are preparing MAMMA pilot applications.

5. PILOT GRANT INSTRUCTIONS

Applications are due by COB on December 1, 2026. Applications must be single-spaced, at least 11-point font, and adhere to standard grant 1/2-inch margins. Proposal submission through OSPA is not required; please submit online through the application link. Applications must include the following information uploaded as one PDF file through the online application, located here: https://uky.az1.qualtrics.com/jfe/form/SV_40X7ug6JVM2V60C

Please name the file as [PI Last Name_ MAMMAPilot]. It should contain the following documents:

- NIH or NSF-style biosketch for applicant and co-investigator(s) (if any) (5 page limit)
- Abstract (300 words or less)
- Specific aims (1 page)
 - Include a discussion of Significance and Innovation within the Aims page
- Research plan (2 pages)
 - The research plan should include a clear description of the research project. The research plan should provide an overview of the research topic/question, outline the methodological approach, describe statistical analyses, and articulate research deliverables. Significance and Innovation sections should be included only in the Aims page in order to allow for more space to describe methods. It is suggested that the research plan include the following:
 - Approach, Methods, and Analyses (including description of proposed mHealth app functionality)
 - Anticipated scholarly products, future research, & career development as an mHealth (e.g., presentations, publications, future grant applications, award applications, etc.)
- Timeline (1/2 page)
 - Please include a 9-month timeline with milestones for accomplishments described in the research plan including study products. Allow for 3 months of app development at the beginning of the project period.
- Budget and budget justification (1 page)
 - Include specific justifications for each budget item or category.
 - Only travel costs necessary for the carrying out the aims of the research are allowable (e.g., conference travel is not an allowable expense).
 - Purchase of equipment is allowable with strong justification.
 - Publication costs are not allowed.
 - Faculty effort is not permitted, but funds can go toward staff support.
 - Note: Programmer time is included in the pilot grant, so it does **not** need to be included in the budget.
- References (no page limit)
- Letter(s) of support (Optional, 2-3 max) (e.g., community partners, consultants, data or facilities access needed to complete study)

6. REPORTING REQUIREMENTS

All publications, presentations, and other creative activities resulting from this award must include the following acknowledgement: "Funding was provided by the MAMMA Alliance through the College of Medicine, the Vice President for Research, and UK HealthCare."

A one-page final report will be due at the end of the funding period detailing study enrollment, results, dissemination and plans for future funding. In addition, recipients are expected to be responsive to ongoing contact from MAMMA to

assess progress and outcomes from the award.

7. APPLICATION DEADLINES AND KEY DATES:

- 11/15/2025: Optional letter of intent due
- 12/1/2025: Applications due
- 12/15/2025: Applicants notified of award decision
- Project period: 9 months from project start date of 1/1/2026.

Projects must have the appropriate IRB and any other required regulatory approvals in place before funding is disbursed and is required within 1 month of project start (i.e., by 2/1/2026).

Please address specific application questions to Mikhail Koffarnus (koffarnus@uky.edu).

8. REVIEW CRITERIA

Proposals will be reviewed by members of the MAMMA leadership committees. Scoring of proposals will be based on the standard NIH 9-point scoring system (https://grants.nih.gov/grants/policy/review/rev_prep/scoring.htm). Each proposal will be evaluated based on the following criteria:

- **Significance and Innovation:** (i.e., Does the project address an important problem or critical barrier to progress in the field?)
- **Approach:** (i.e., Are the intended research activities well-described and likely to be feasible? Can the app be feasibly developed within .3 months? Are the overall strategy, methodology, and analyses well-reasoned and appropriate to accomplish the specific aims of the project? Are study limitations acknowledged and addressed?)
- **Investigator(s):** (i.e., Does the PI have the required expertise and experience to conduct the proposed research study?)
- **Evidence of future research and funding potential:** (i.e., Does the proposed research show clear evidence of future funding potential in mobile health)?

The review committee will also assess whether the proposed budget and timeline are appropriate for the scope and nature of the project and whether there are any human subject considerations that may affect study implementation.