

Leadership in Academic Medicine Pathway (LAMP)

Developing Human Centered Leadership

LAMP is a transformative learning experience designed with a human-centered leadership framework to complement the existing skillsets of College of Medicine physician, research, and staff leaders.

Working and leading others in the medical field involves many stressful and emotionally charged situations. Human-centered leadership is critical for building relationships and teams, resolving conflict, solving programs, leading effectively, and building resilience. One of the most effective ways to master this approach is to build awareness of emotional intelligence skills, along with an ongoing commitment to practicing and improving these skills.

Over the course of the five-month program, participants will build and improve emotional intelligence and human-centered leadership skills by:

- Learning what Emotional Intelligence is and how it relates to effective leadership
- Gaining a greater awareness of one's own 'EQ' (emotional quotient)
- Building one's confidence and ability in emotional and social skills that impact leadership
- Generating a plan for leadership and self development
- Receiving 3 individual coaching sessions with a certified coach

Applicants should be employed by the College of Medicine for one year and be in good standing. Examples of positions that would be a good fit for this program include (but are not limited to) the following titles: Division Chief, Department Chair, Center Director, Assistant/Associate Dean, Program/Project Director, Research Director, Department Administrator, Assistant/Associate Director, etc.

Applicants must be able to attend all of the group learning events (July 18, August 1, October 10, December 5). Applications due May 15, 2024.

Agenda

July 18, 2024	12 to 1 pm	Welcome and Assessment Instructions	Virtual
August 1, 2024	11 am to 1 pm	Kick-Off and Assessment Debrief	Dean's Conference Room (MN 136)
September 2024	Varies	Individual Coaching Sessions	Virtual
October 10, 2024	11 am to 1 pm	Deep dive into Emotional Intelligence: Self-Perception, Self-Expression, Interpersonal	Dean's Conference Room (MN 136)
November 2024	Varies	Individual Coaching Sessions	Virtual
December 5, 2024	11 am to 2 pm	Deep dive into Emotional Intelligence: Decision-Making, Stress Management. Graduation.	Kentucky Clinic Room (K116)
December 2024	Varies	Individual Coaching Sessions	Virtual

Learn More:

<https://medicine.uky.edu/sites/well-being>



Program questions:
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