

# MELINDA J. ICKES

DEPARTMENT OF KINESIOLOGY AND HEALTH PROMOTION  
UNIVERSITY OF KENTUCKY  
PHONE 859-257-1625 • E-MAIL MELINDA.ICKES@UKY.EDU

## EDUCATION

- Ph.D. - University of Cincinnati** (2006 – August 2010) Cincinnati, OH  
*Major:* Health Promotion and Health Behavior  
*Cognate:* Nutrition and Physical Activity Behavior Change  
*Dissertation:* Predictors of Behaviors Related to Obesity Using the Theory of Planned Behavior in Seventh and Eighth Grade Students
- M.Ed. - University of Cincinnati** (2002 - 2003) Cincinnati, OH  
*Major:* Health Promotion and Education  
*Concentration:* Exercise Management
- B.S. - Wright State University** (1997 - 2002) Dayton, OH  
*Major:* Health Physical Education and Recreation  
*Concentration:* Athletic Training

## PROFESSIONAL EXPERIENCE

- University of Kentucky** (2010-present) Lexington, KY
- Acting Associate Dean of Research, College of Education (2024-present)
  - Acting Assistant Dean of Research, College of Education (2023-2024)
  - Director of Graduate Studies, Department of Kinesiology and Health Promotion (2019-2023)
  - Professor, Department of Kinesiology and Health Promotion, Full Graduate Faculty (2022-present) (Promoted May 2022)
  - Associate Professor, Department of Kinesiology and Health Promotion, Full Graduate Faculty (2016-2022) (Promoted and awarded tenure May 2016)
  - Program Chair – Health Promotion Graduate Studies (2011-present)
  - Director – Health Coaching Graduate Certificate (2017-present)
  - Joint Appointment, College of Nursing, Associate Professor (2018-present)
  - Faculty Associate Kentucky Center for Smoke-free Policy (2011-present)
  - Co-Director, Tobacco Policy, BREATHE, College of Nursing (2018-present)
  - Affiliate Faculty, Markey Cancer Center Research Community Prevention & Engagement (2019-present)
  - Affiliate Faculty, Center for Health Equity and Transformation (2018-present)
  - Affiliate Faculty, Leveraging Clinical and Behavioral, Biomedical and Policy Innovations to Facilitate Tobacco Treatment in Kentucky (LIFT) (2020-present)
  - Program Faculty Chair – Health Promotion Undergraduate Studies (2011-2019)
  - Assistant Professor, Department of Kinesiology and Health Promotion, Graduate Faculty (2010-

Updated 1.2025

**Northern Kentucky University (2009 - 2010)**

Highland Heights, KY

*Department of Kinesiology and Health Lecturer*

- Teaching experience included the following courses:
  - Introduction to Health Education (HEA 125); Personal Health (HEA 160); Community Health (HEA 170); Drug and Alcohol Education (HEA 320); Sexuality Education (HEA 350); Group Fitness (PHE 108); Concepts of Lifetime Fitness (PHE 200)

**Wright State University (2003 - 2010)**

Dayton, OH

*Health and Physical Education Adjunct Faculty*

- Teaching experience included the following courses:
  - Health for Early and Middle Childhood Education (HED 331); Human Sexuality (HED 333)

**University of Cincinnati (2007 - 2009)**

Cincinnati, OH

*Graduate Assistant for College of Education, Criminal Justice and Human Services Graduate Studies*

- Coordinate graduate policy review and revision
- Maintain communications between the Dean's office and program coordinators
- Prepare institutional reports on graduate enrollment and trends

*Research Associate for the Family Based Prevention Program*

- Serve as the liaison with production and instructional team
- Prepare training materials and power point presentations as well as evaluation reports

**University of Cincinnati (2006 - 2009)**

Cincinnati, OH

*Graduate Assistant for the Health Promotion and Education Department*

- Teaching experience included the following courses:
  - Assessment and Prescription (HPE 311); Community Health (HPE 136); Fitness and Health (HPE 309); Lifestyle Health and Fitness (HFL 191); Stress Management (HFL 194); Weight Control (HFL 193)

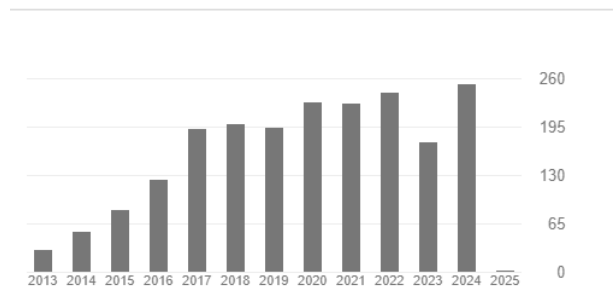
**University of Cincinnati (2002 - 2003)**

Cincinnati, OH

*Graduate Assistant for the Health Promotion and Education Department*

- Instructor for Lifestyle Health and Fitness course (HFL 191); Teaching Assistant for Assessment and Prescription (HPE 311)

## RESEARCH PRODUCTIVITY



Metrics (Google Scholar): total citations 2066, i10-index 46, h-index 23 Figure 1. Citations per year (2013-December 2024), Google Scholar

## PUBLICATIONS

### **Refereed Publications** (student authors underlined)

1. Chojnacky, M., Bartlette, J., Cochran, G., **Ickes, M.** (May 2025). Engaging Large Nursing Student Cohorts in E-cigarette Research Facilitation in Fundamentals Clinical. *Journal of Nursing Education*.
2. Feizy, S. Mattingly, D., **Ickes, M.**, Rayens, M.K., Christian, J., Abadi, M., Himelhoch, S., Rose, S. (May 2025 accepted). Tobacco marketing exposure and lifetime and current nicotine pouch use among US youth, 2022. *Preventive medicine*, 197, 108322.  
<https://doi.org/10.1016/j.ypmed.2025.108322>
3. Norrod, P., MacDonald, M., & **Ickes, M.** (March 2025 accepted). Bridging the Gap: Evaluating the Collaborative Assessment and Management of Suicidality (CAMS) Training for Rural Suicide Prevention in Farming Communities. *Issues in Mental Health Nursing*.  
<https://doi.org/10.1080/01612840.2025.2474117>
4. Al-kayed, J., Rayens, M.K., Williams, L., **Ickes, M.**, & Okoli, Z. (December 2024 accepted). The Association between Work- and Trauma-Related Factors and Risky Alcohol Use among Healthcare Providers: A Systematic Review" (the "Work"). *Journal of Addictions Nursing*.

5. Adebola, A., ... **Ickes, M.** (June 2024 accepted). Content validation of a Facebook HPV Vaccination Promotion Intervention (#HPVvaxtalks) created for Young Black Adults (18-26 years old). *Health Promotion Practice*.
6. Montemayor, B., Noland, M., & **Ickes, M.** (2024) Examining the utility of the Theory of Planned Behavior in Studying Intention to Reduce Drinking Among High-Risk College Students in the US. *American Journal of Health Education*,
7. Brown, H., & **Ickes, M.** (2024). Youth e-cigarette never-users and ever-users perceptions of novel educational comic book. *Health Education Journal*, 83 (6), 598-608.
8. Hahn, E., Bucher, A., Rademacher, K., Beckett, W., Taylor, LA., Darville, A., **Ickes, MJ.** (2024). Tobacco use disparities in rural communities. *The Journal of Rural Health*.
9. Adegboyega, A., Francis, D.B., Ebikwo, C., Ntego, **M Ickes.** (2023). Engagement With a Youth Community Advisory Board to Develop and Refine a Facebook HPV Vaccination Promotion Intervention (# HPVvaxtalks) for Young Black Adults (18–26 years old). *Health Promotion Practice*.
10. Koonmen LA, Lennie TA, Hiernymus LB, Rayens MK, **Ickes M**, Miller JL, Mudd G. (2023). COVID-19 Impact Predicts Diabetes Distress Among Individuals With Type 2 Diabetes. *The Science of Diabetes Self-Management and Care*, 49 (5), 392-400
11. Martin, C., Estes, J., **Ickes, M.** (2023). Engaging Appalachian Youth: Lessons Learned From a Virtual Tobacco Prevention and Advocacy Training, *Health Promotion Practice*, 15248399231196858
12. Miller, C., Xiao, M., Lay, D., Miley, S., Vanderford, N., & **Ickes, M.** (2023). The Impact of a Virtual Tobacco Prevention and Advocacy Training Among Youth in Kentucky Appalachian Communities. *Tobacco Use Insights*.
13. Middleton, C., Wiggins, A., Rayens, M. K., McMullen, J., & **Ickes, M.** (2023). Risk factors of emerging adults using e-cigarettes with cannabis/THC. *Journal of Substance Use*.
14. Sharma, M., Batra, K, Batra, R., Hayes, T., **Ickes, M.**, & Singh, T. (2022). Assessing the applicability of the Multi-theory Model (MTM) in predicting vaping quitting behavior among young adults in the United States: A cross-sectional survey. *International Journal of*

*Environmental Research and Public Health.*

15. Miley, S., Lay, D., Rostron, C., **Ickes, M** (2022). Reaching Youth Virtually During a Pandemic: Development and Process Evaluation of #iCANendthetrend, A Peer-Led E-cigarette Prevention and Empowerment Program. *Journal of Alcohol and Drug Education* .
16. Rose, S., **Ickes, M.**, Patel, M., Rayens, M.K., van de Venne, J., Annabathula, A., & Schillo, B. (2022). Centering equity in flavored tobacco policies: Implications for tobacco control researchers *Preventive Medicine*.
17. Montemayor, B., **Ickes, M.**, & Noland, M. (Published, May 23, 2022). Effectiveness of Mandated Interventions for Cannabis-Using American College Students: A Systematic Review. *Journal of Student Affairs Research and Practice*. <https://doi.org/10.1080/19496591.2022.2027244>

.....**Promoted to Full Professor (May 2022)**

18. Blair, L., McCubbins, A., **Ickes, M.**, Ashford, K. (Accepted April 29, 2022). PATH to Understanding Cannabis and Nicotine Initiation and Co-Use among Emerging Adults. *Public Health Nursing*.
19. Rayens, M.K., McGeeney, T., Wiggins, A.T., Bucher, A., **Ickes, M.**, Huntington-Moskos, L., Clark, P., and Hahn, E.J. (2022). Smoke-free ordinances and youth tobacco use in Kentucky. *American Journal of Health Promotion*, 36 (4), 673-677. DOI: 10.1177/08901171211066913
20. Mason, R., Hudgins, J., Campbell, M., Biddle, M., Dugan, A., **Ickes, M.**, & Bollinger, L. (2022). Changes in physical activity during the initial stages of the COVID-19 pandemic. *Journal of Sports Sciences*, 40(1). <https://doi.org/10.1080/02640414.2021.1976569>
21. Macy, G., Watkins, C., **Ickes, M.** (Accepted - January 21, 2022). Examining Factors Predicting Perceived Impact of Designated Use and Tobacco-free Policies on a University Campus. *American Journal of Health Studies*.
22. **Ickes, M.**, Zidzik, O., & Vanderford, N. (Accepted August 24, 2021). Engaging Rural High School Youth in E cigarette Prevention and Advocacy. *Online Journal of Interprofessional Health Promotion*.
23. Hester, J., Wiggins, A., & **Ickes, M.** (Accepted June 9, 2021). Examining Intention to Quit Using Juul Among Emerging Adults. *Journal of American College Health*. doi.org/10.1080/07448481.2021.1942885. IF = 2.14; TC = 0
24. Sharma, M., Batra, K., Singh, T. P., Dua, R., **Ickes, M.**, Batra, R., & Nahar, V. K. (2021). Explaining screen-time (ST) behavior among preschoolers in Northern India using multi theory model (MTM): A parental cross-sectional survey. *International Quarterly of Community Health Education*. <https://doi.org/10.1177/0272684X211006604>; IF = 1.04; TC = 0
25. Combs, L., & **Ickes, M.** (May 2021). Factors That Influence Maternal Feeding Decisions for Toddlers: Extending the Theory of Planned Behavior Journal of Nutrition Education and Behavior. *Journal of*

*Nutrition, Education & Behavior* doi: <https://doi.org/10.1016/j.jneb.2021.02.009>; IF = 2.50; TC = 0; article received 236 requests for the full-text article; one of the most downloaded articles for the second quarter of 2021.

26. Sharma, M., Batra, K., Singh TJ., Dua, R., **Ickes, M.**, Batra, R., & Nahar, VK. (2021). Explaining screen-time (ST) behavior among preschoolers in Northern India using multi theory model (MTM): A parental cross-sectional survey. *International Quarterly of Community Health Education*. doi: 10.1177/0272684X211006604
27. Cardarelli, K., **Ickes, M.**, Huntington-Moskos, L., Wilmhoff, C., Larck, A., Pinney, S., & Hahn, E. (February 2021). Authentic youth engagement in environmental health research and advocacy. *International Journal of Environmental Research and Public Health*, 18, 2154. <https://doi.org/10.3390/ijerph18042154>; IF = 2.035; TC = 0
28. **Ickes, M.**, Hester, J., Wiggins, A., Rayens, M.K.. (2021). Juul use among emerging adults. *Journal of American College Health*. doi: [10.1080/07448481.2021.1873790](https://doi.org/10.1080/07448481.2021.1873790); IF = 2.14; TC = 0
29. **Ickes, M.**, Cofer, J., Hall, T., & Wilcox, D. (January 2021). Addressing e-cigarette use and vaping on college and university campuses. *American College Health Association*. White Paper.
30. Hudson, L., Prichard, C., Weiss, T., **Ickes, M.**, & Vanderford, N. (June 2021). Training Appalachian Kentucky Youth Cancer Advocates. *Southern Medical Journal*, 114(6), 356-360. DOI: [10.14423/smj.0000000000001256](https://doi.org/10.14423/smj.0000000000001256); IF = 0.80; TC = 0
31. Hudson, L., Sharp, K, Prichard, C., **Ickes, M.**, Alameh, S., & Vanderford, N. (January 2021). Cancer Curricula for Appalachian Kentucky Middle and High Schools. *Journal of Appalachian Health*, 3(1). <https://doi.org/10.13023/jah.0301.05>; IF = N/A; TC = 1
32. Tran, T., **Ickes, M.**, Hester, J., & Kavuluru, R. (accepted November 20, 2020). Predicting current Juul use among emerging adults through Twitter feed. *International Journal of Medical Informatics*. doi: <https://doi.org/10.1101/19010553>; IF = 3.025; TC = 0
33. Harrington, R., **Ickes, M.**, Bradley, K., & Noland, M. (October 2020). The Theory of Planned Behavior and the USDA Summer Food Service Program. *Journal of Nutrition Education and Behavior*, 52(10), 944-951. <https://doi.org/10.1016/j.jneb.2020.07.010> ; IF = 2.50; TC = 1
34. **Ickes, M.**, Wiggins, A., Rayens, M. K., & Hahn, E. (June 2020). Readiness for tobacco-free policy in a statewide university system. *Health Promotion Practice*. <https://doi.org/10.1177/1524839920934799> IF = 1.78; TC = 1
35. Ashford, K., McCubbin, Rayens, M.K., Wiggins, A., Doughtery, K., Sturgill, J., & **Ickes, M.** (Sept. 2020). ENDS use among college students: Salivary biomarkers and persistent cough. *Addictive Behaviors*, 108. <https://doi.org/10.1016/j.addbeh.2020.106462>; IF = 3.56; TC = 1

36. **Ickes, M.**, Wiggins, A., Rayens, M. K., & Hahn, E. (Feb 2020). Student tobacco use behaviors on college campuses by strength of tobacco campus policies. *American Journal of Health Promotion*, 34(7), 747-753. doi: 10.1177/0890117120904015 ; IF = 2.232; TC = 5
37. McMullen, J., Kercsmar, S., Poole, K., & **Ickes, M.** (2020). Walking for transportation on campus: perspectives from faculty, staff, and students. *Building Healthy Academic Communities Journal*. doi: 10.18061/bhac.v4i1.7152; IF = N/A; TC = 1
38. **Ickes, M.**, Sampson, J., Parsons, J., Rayens, M.K., Xiao, M., Fisher, A., Mundy, M., & Hahn, E. (2020). Tobacco-free ambassador partnership: Training youth advocates in Appalachia. *Health Promotion Practice Special Issue*, 21(S1), 98-109. doi: 10.1177/1524839919880563; IF = 1.78; TC = 3
39. **Ickes, M.**, Hester, J., Wiggins, A., Rayens, M. K., Hahn, E. J., Kavuluru, R. (2020). Prevalence and reasons for Juul use among college students. *Journal of American College Health*, 68(5), 455-459.. doi: 10.1080/07448481.2019.1577867; **IF = 2.14; TC = 46**
40. Hahn, E., **Ickes, M.**, Wiggins, A., Parento, E., & Polivka, B. (March 29, 2019). Short- and long-term of a tobacco-free executive order on employee tobacco use. *Policy, Practice and Public Nursing*, 20(2), 74-81. doi: 10.1177/1527154419833174; IF = 0.89; TC = 5
41. **Ickes, M.**, Butler, K., Wiggins, A., Rayens, M. K., & Hahn, E. J. (January 2019). Support for Tobacco 21 in a tobacco-growing state. *Western Journal of Nursing Research*, 41(8), 129. DOI: [10.1177/0193945918822523](https://doi.org/10.1177/0193945918822523) ; IF = 1.217; TC = 5
42. **Ickes, M.** Butler, K., Wiggins, A., Kercsmar, S., Rayens, M. K., & Hahn, E. (2020). Truth ® ads, receptivity, and motivation to use or quit tobacco among college students. *Journal of American College Health*, 68 (4). <https://doi.org/10.1080/07448481.2018.1549559> [Epub ahead of print]. IF = 2.14; TC = 0
43. **Ickes, M.**, Wiggins, A., & Hahn, E. (October 15, 2018). Readiness to adopt physical activity policies in rural communities. *Health Promotion Practice*. doi: 10.1177/1524839918807449. ; IF = 1.78; TC = 3
44. **Ickes, M.**, Wiggins, A., Edwards, J., Rayens, M. K., & Hahn, E. J. (2018). Employee adherence to a tobacco-free executive order in Kentucky. *American Journal of Health Promotion*. <https://doi.org/10.1177/0890117118771310> ; IF = 2.232; TC = 4
45. **Ickes, M.**, Wiggins, A., & Hahn, E. (2018). Online Readiness Assessment for Smoke- and Tobacco-free Campus Policies. *Journal of American College Health*, 15, 1-5. <https://www.ncbi.nlm.nih.gov/pubmed/29447622>; IF = 2.14; TC = 4
46. Butler, K. M., **Ickes, M.**, Wiggins, A. T., Rayens, M. K., & Hahn, E. J. (June 2018). Intention to quit smoking and polytobacco use among college student smokers. *Preventive Medicine Brief*, 10, 72-75. <https://doi.org/10.1016/j.pmedr.2018.02.006>; IF = 3.788; TC = 3
47. Mason, M. R., **Ickes, M. J.**, Campbell, M. S., Bollinger, L. M. (2018). An incentivized, workplace physical activity intervention preferentially increases daily steps in inactive employees. *American Journal of Health Promotion*, 32(3), 638-645. <https://www.ncbi.nlm.nih.gov/pubmed/28851235>; IF = 2.232; TC = 13



48. McMullen, J., & **Ickes, M.** (2017). The influence of a campus-based culinary, nutrition education program, "College CHEF," on college students' self-efficacy with cooking skills and nutrition behaviors. *Building Healthy Academic Communities Journal*, 1(2), 61-76. IF = N/A; TC = 4
49. Rayens, M. K., **Ickes, M.**, Butler, K. B., Wiggins, A., & Anderson, D., & Hahn, E. (2017). University students' perceived risk of and intention to use waterpipe tobacco. *Health Education Research*, 32(4), 306-317. <https://www.ncbi.nlm.nih.gov/pubmed/28854575> ; IF = 1.108; TC = 14
50. **Ickes, M.**, Wiggins, A. T., Rayens, M. K., & Hahn, E. J. (2017). Students beliefs about and perceived effectiveness of a tobacco-free campus policy. *Nursing Policy, Practice*, 18(1), 17-25. DOI: <https://doi.org/10.1177/1527154417700633>; IF = 0.89; TC = 11
51. McMullen, J., **Ickes, M.**, Helme, D., & Noland, M. (2017). Evaluation of "College CHEF," a Campus-based, Culinary Nutrition Education Program. *BHAC Journal*, 1(1). <https://library.osu.edu/ojs/index.php/BHAC/article/view/5436/4627> ; IF = N/A; TC = 6
52. McMullen, J., **Ickes, M.**, Noland, M., Erwin, H., & Helme, D. (2017). Development of College CHEF, a campus-based culinary nutrition program. *American Journal of Health Education*, 48(1). <http://dx.doi.org/10.1080/19325037.2016.1250016> ; IF = 1.163; TC = 7
53. Ashford, K., Butler, K., Rayens, M. K., Wiggins, A., **Ickes, M.**, & Hahn, E. (2016). E-cigarette use and perceived harm among women of childbearing age. *Nursing Research*, 65(5), 408-414. doi: 10.1097/NNR.0000000000000176 IF = 2.020; TC = 35
54. **Ickes, M.**, Butler, K., Rayens, M.K., Noland, M., Wiggins, A., & Hahn, E. (2016). Recall and believability of the Tips from former smokers campaign among university students. *American Journal of Health Education*, 47 (5), 324-331. DOI: 10.1080/19325037.2016.1203841; IF = 1.163; TC = 3
55. Nahar, V. K., Sharma, M., Priest Catalono, H., **Ickes, M. J.**, Johnson, P., & Ford, A. (2016). Testing multi-theory model (MTM) in predicting initiation and sustenance of physical activity behavior among college students. *Health Promotion Perspectives*, 6(2), 58-65. doi: [10.15171/hpp.2016.11](https://doi.org/10.15171/hpp.2016.11) IF = 1.767; TC = 44
56. Reeves, B., **Ickes, M.**, & Mark, K. (2016). Gender differences and condom-associated embarrassment in the acquisition of purchased versus free condoms among college students. *American Journal of Sexuality Education*, 11(1). <http://dx.doi.org/10.1080/15546128.2016.1146188> ; IF = 0.741; TC = 19
57. Noland, M., **Ickes, M.**, Rayens, M.K., Wiggins, A., & Hahn, E. (2016). Social influences on hookah and e-cigarette use among college students. *American Journal of College Health*, 64(4). <http://dx.doi.org/10.1080/07448481.2016.1138478>; IF = 2.14; TC = 62
58. **Ickes, M.** & McMullen, J. (2016). Preparing future health promotion professionals through a health coaching experiential learning collaboration. *Pedagogy in Health Promotion*, 2(3), 161-169. DOI: 10.1177/2373379916649193 ; IF = N/A; TC = 7
59. Harrington, R., & **Ickes, M.** (2016). Comparing risky health behaviors among healthy weight and overweight and obese college students. *American Journal of Health Education*, 47(1). IF = 1.163; TC = 18

60. **Ickes, M., McMullen, J., Pflug, C., & Westgate, P.** (2016). Impact of a university-based program on obese college students' physical activity behaviors, attitudes, and self-efficacy. *American Journal of Health Education*, 47(1). IF = 1.163; TC = 18

-----[Received Tenure May 2016]-----

61. **Ickes, M., Haider, T., & Sharma, M.** (2015). Alcohol abuse prevention programs in college students. *Journal of Substance Abuse*, 20(3), 208-227. doi: 10.3109/14659891.2013.85648
62. Okoli, Z., Rayens, M. K., Wiggins, A., **Ickes, M.**, Butler, K., & Hahn, E. (2015-July). Secondhand tobacco smoke exposure and susceptibility to smoking, perceived addiction, and psychobehavioral symptoms among college students. *Journal of American College Health*.
63. **Ickes, M.**, Brown, J., Reeves, B., & **Zephyr, D.** (2015). Exploring differences in stress and coping strategies among undergraduate and graduate students. *Californian Journal of Health Promotion*, 13(1), 13-25.
64. Butler, K., **Ickes, M.**, Rayens, M. K., Wiggins, A., & Hahn, E. (2015). Poly-tobacco use among college students. *Nicotine and Tobacco Research*. doi: 10.1093/ntr/ntv056
65. **Buchanan, J., & Ickes, M.** (2015). Energy drink consumption and the relationship to risky behavior in college students. *Californian Journal of Health Promotion*, 13(1), 38-48.
66. **Wilson, A., & Ickes, M.** (2015). Purchasing condoms near a college campus: Environmental barriers. *Sexual Health*, 12, 67-70. <http://dx.doi.org/10.1071/SH14155>
67. **Ickes, M.**, Rayens, M. K., Wiggins, A., & Hahn, E. (2015). A tobacco-free campus Ambassador program and policy compliance. *Journal of American College Health*. Epub ahead of print. DOI: 10.1080/07448481.2014.99097.
68. **Ickes, M.**, Gokun, Y., Rayens, M. K., & Hahn, E. (2014). Comparing two observational measures to evaluate compliance with tobacco-free campus policy. *Health Promotion Practice*. Epub ahead of print. DOI: 10.1177/1524839914561060
69. **Ickes, M., McMullen, J., Hajder, T., & Sharma, M.** (2014). Global school-based childhood obesity prevention: A review. *International Journal of Environmental Research and Public Health*, 11(9), 8940-8961, doi:[10.3390/ijerph110908940](https://doi.org/10.3390/ijerph110908940)
70. **Lineberry, M., & Ickes, M.** (2014). The role and impact of nurses in American elementary schools: A systematic review of the research. *Journal of School Nursing*. Epub ahead of print. DOI: 10.1177/1059840514540940
71. **Deninson, O., Wu, S., Ickes, M.** (2014). Prevalence of HIV testing and associated risk factors in college students. *American Journal of College Health*, 62(5), 309-318. doi: 10.1080/07448481.2014.899232
72. Knowlden, A., **Ickes, M. J.**, Sharma, M. (2013). Systematic analysis of tobacco cessation interventions implemented in worksite settings. *Journal of Substance Abuse*, 19(4), 283-294. doi: 10.3109/14659891.2013.799240

73. **Ickes, M.,** & Sharma, M. (2013). A systematic review of community-based childhood obesity prevention programs. *Journal of Obesity and Weight Loss*, 3(5), 188-196. doi: 10.4172/2165-7904.1000188
74. **Ickes, M.,** & Slagle, K. (2013). Targeting obesity in rural and Appalachian children and families: A systematic review of prevention and treatment interventions. *Universal Journal of Public Health*, 1(3), 51-64. doi: 10.13189/ujph.2013.010303
75. Erwin, H. E., **Ickes, M. J.,** Fedewa, A. F., & Ahn, S. (2013). A meta-analysis of the impact of recess interventions on children's physical activity. *American Journal of Health Promotion*. Epub ahead of print. <http://dx.doi.org/10.4278/ajhp.120926-LIT-470>
76. **Ickes, M. J.,** Hahn, E. J., McCann, M., & Kerckmar, S. (2013). Tobacco-free Take Action!: Increasing policy compliance on a college campus. *World Medical & Health Policy*, 5(1), 47-56. doi: 10.1002/wmh3.20
77. **Ickes, M.,** Erwin, H., & Beighle, A. (2013). Systematic review of recess interventions to increase physical activity. *Journal of Physical Activity and Health*, 10(6), 910-926.
78. **Ickes, M.,** & Sharma, M. (2012). Does behavioral intention predict physical activity behaviors related to adolescent obesity? *Archives of Exercise in Health and Disease*, 3(1-2), 173-182.
79. **Ickes, M.,** & Sharma, M. (2012). A systematic review of physical activity interventions in Hispanic adults. *Journal of Environmental and Public Health*. doi:10.1155/2012/156435
80. **Ickes, M.** (2011). Stigmatization of obesity: Implications for mental health promotion. *International Journal of Mental Health Promotion*, 13(3), 37-45. DOI: 10.1080/14623730.2011.9715660
81. **Ickes, M.,** & Gambescia, S. (2011). Tools of the Trade: Abstract art - How to write competitive conference and journal abstracts. *Health Promotion Practice*, 12(4), 493-496. DOI: 10.1177/1524839911413128
82. **Ickes, M.,** & Sharma, M. (2011). A review of childhood obesity prevention interventions targeting African American children. *Vulnerable Children and Youth Studies*, 6(2), 103-123. DOI: 10.1080/17450128.2011.564227
83. **Ickes, M. J.** (2011). The Freirian model: A place in health promotion and education. *American Journal of Health Studies* The Freirian model: A place in health promotion and education. *American Journal of Health Studies*, 26, 18-24.
84. **Ickes, M. J.,** & Sharma, M. (2011). Does behavioral intention predict nutrition behaviors related to adolescent obesity? *Infant, Child, and Adolescent Nutrition*, 3(1), 38-48. doi: 10.1177/1941406410395017
85. **Ickes, M.,** & Sharma, M. (2010). Establishing validity and reliability of an instrument using the Theory of Planned Behavior to predict behaviors related to obesity in middle school students. *The International Quarterly of Community Health Education*, 31(3), 291-307.
86. **Ickes, M.,** & Cottrell, R. (2010). Evaluating healthy literacy levels in college students. *Journal of American College Health*, 58, 491-498. doi: 10.1080/07448481003599104

87. **Ickes, M.,** & Sharma, M. (2009). Worksite health promotion: A practical strategy for obesity prevention. *American Journal of Health Studies*, 24, 343-352.
88. Sharma, M., & **Ickes, M.** (2008). Psychosocial determinants of childhood and adolescent obesity. *Journal of Social, Behavioral, and Health Sciences*, 2, 33-49.
89. Wagner, D., **Ickes, M.,** & King, K. (2008). Social-emotional learning of young children: A distance-based professional development model. *Journal of Experiential Psychotherapy*, 43, 45-49.
90. **Ickes, M.,** & Sharma, M. (2007) Community, family and school-based interventions for HIV/AIDS prevention in African American adolescents. *Californian Journal of Health Promotion*, 5(1), 39-54.

### **Book Chapters**

1. Cochran, G., Shepherd, L, Murphy, D., Abeni El-Amin, **Ickes, M.** (2024 – in press). EMPOWER: Empowering and mobilizing intergenerational community partners to reduce menthol and flavored tobacco use among communities at risk for use in Kentucky. Building Health, Resiliency, and Unity in the Black Community. IGI Global Publication.
2. Adesyan, R., & Ickes, M. (2024 – in press). Clearing the Air: Advancing Tobacco-Free Communities in African American Populations. Building Health, Resiliency, and Unity in the Black Community. IGI Global Publication.
3. **Ickes, M.,** McMullen, J., Sharma, M. (2016). Environmental changes as part of multi-component school-based obesity prevention interventions: A review. *Obesity Research*. Hong Kong: iConcept Press. <https://www.iconceptpress.com/book/obesity-research/11000157/1407001203/>
4. **Ickes, M.,** & Sharma, M. (2013). Status of nutrition education in school-based childhood obesity prevention programs. *Obesity Epidemic*. Hong Kong: iConcept Press.
5. **Ickes, M.J.,** & Sharma, M. (2011). Nutrition education in school-based childhood and adolescent obesity prevention programs. In C.M. Segal (Ed.) *Childhood obesity: Risk factors, health effects and prevention*. New York: Nova Science Publishers.
6. **Ickes, M. J.,** & Sharma, M. (2010). Nutrition education in school-based childhood and adolescent obesity prevention programs. In I. R. Laidy (Ed.) *Nutritional education*. (pp. 69-89). New York: Nova Science Publishers.
7. Sharma, M., & **Ickes, M.** (2009). Behavioral interventions for treating and preventing adult obesity. In *International handbook of behavior, diet and nutrition*. London: Springer.

### **Manuals/Reports**

1. **Ickes, M.** (2013). Recess for elementary school children. *Encyclopedia of school health*. SAGE Publications. ISBN: 1412996007
2. **Ickes, M.** (2013). Surveillance: Weight. *Encyclopedia of school health*. SAGE Publications. ISBN:

1412996007

3. **Ickes, M.** (2013). Academic achievement and school health programs. *Encyclopedia of school health*. SAGE Publications. ISBN: 1412996007
4. **Ickes, M.** (2013). Physical activity: Reducing screen time. *Encyclopedia of school health*. SAGE. ISBN: 1412996007
5. Dignan, M., & **Ickes, M.** (2012). Professional preparation in school health educators: A review of the literature. *American Cancer Society*.
6. Cottrell, R., **Ickes, M.**, & Evans. C. (2007). Research and evaluation for professional development. *American Journal of Health Education*.

### **Under Review**

1. Adseyan, Omotilewa, A., Feizy, S., & **Ickes, M.** (Resubmit May 28, 2025). Exploring the relationship between social influence, vaping behaviors, and susceptibility across grade levels in Kentucky. *American Journal of Health Promotion*.
2. Okoli, C.T.C., Abufarsakh, B., Vazsonyi, A.T., Seng, S., **Ickes, M.J.** (submitted Feb 26 2025) Assessing the Psychometric properties of a Comic Book Rating Scale. *PLOS ONE*
3. MacDonald, M., Norrod, P. & **Ickes, M.** (December 2024). Evaluating the Training of Agriculture Education Student Teachers to Implement DBT STEPS-A. *School Mental Health*.
4. Feizy, S., Mattingly, D., **Ickes, M.**, Rayens, M. K., Christian, J., Abadi, M., Himelhoch, S., & Rose, S. (December 2024). Tobacco marketing exposure and lifetime and current nicotine pouch use among US youth. *American Journal of Preventive Medicine*.
5. Adegboyega, A., Wiggins, A., Wuni, A. & **Ickes, M.** (November 2024). Impact of a Facebook Intervention (#HPVVaxTalks) to Promote HPV Vaccination Among Young Black (African American and Sub-Saharan African immigrants) Adult. *Journal of Prevention and Health Promotion*.
6. Rose, S., ..... **Ickes, M.** (September 2024). National longitudinal risk of tobacco use among youth and young adults in US local jurisdictions with and without flavor and comprehensive smokefree policies, 2014-2019. *JNCI Monographs*.

### **Scoping & Systematic Review Protocols**

Robinson, C., Martin, C., Robinson, L. E., & **Ickes, M.** (2022, August 29). Parent Attitudes towards E-cigarettes and Self-efficacy in Communicating with their Children: A Scoping Review Protocol.

<https://doi.org/10.17605/OSF.IO/AN58W>

Adesyan, R., Nichols, L., Ickes, M. (2024). E-cigarette use and attitudes among African American Youth: A Scoping Review Protocol

## PRESENTATIONS

**National** (denotes student author/presenter)

1. Feizy, S., **Ickes, M.**, Mattingly, D., Shorey Fennell, B., Rose, S. (June 2025). The Prevalence and Sociodemographic Factors Associated with Exclusive, Dual, and Poly Current Nicotine Pouch Use Among US Middle and High School Students, 2021-2024. ASHE.
  2. MacDonald, M. K., Norrod, P.E., Aspiranti, K. B. and **Ickes, M.J.** (February 2025) Training Agriculture Education Student Teachers to Implement an SEL Curriculum. Paper to be presented at the 2025 National Association of School Psychologists National Conference. Seattle, Washington.
  3. MacDonald, M. K., Baker, M., Aspiranti, K. B. and **Ickes, M.J.** (February 2025) School-based DBT Interventions for Adolescents: A Meta-Analysis. Paper to be presented at the 2025 National Association of School Psychologists National Conference. Seattle, Washington.
  4. Rose, S., ...**Ickes, M.** (2025 March). Commercial Tobacco Retail Marketing in Rural Communities in Appalachian Kentucky, 2024. SRNT. New Orleans, LA
  5. Feizy, S., ...**Ickes, M.** (2025 March). Nicotine Pouch Use among Middle and High School Students in Kentucky, 2023-24. SRNT. New Orleans, LA (poster).
  6. Adesyan, & **Ickes, M.** (2025 April). Exploring Risk and Protective Factors of vaping among African American Youth: A Scoping Review. SOPHE 2025 Annual Conference. Hilton Long Beach, Long Beach, California. (poster)
  7. Brown, H. & **Ickes, M.** (202 March). The Villainous Vape: Youth E-Cigarette Education Provided Through Novel Comic-Book. SHAPE National Conference. Cleveland, OH.
  8. Martin, C., & **Ickes, M.** (2022 October). Exploring tobacco use through Photovoice. SOPHE Advocacy. Washington, DC.
  9. Brown, H., & **Ickes, M.** (2022 October). The rural experience. E-cigarette risk perception and cultural influence among Appalachian youth. SOPHE Advocacy. Washington, DC.
  10. Torr, G., & **Ickes, M.** (2022 October). Moving in the right direction. Promoting physical activity in Kentucky. SOPHE Advocacy. Washington, DC.
  11. Oo, K., Kinnarney, M., Corrone, R., **Ickes, M.** (July 22, 2022). Piloting a Student-Led Bingocize® Nutrition Workshop for Marginalized Community-Dwelling Older Adults. 2022 Food & Nutrition Conference & Expo. Orlando, FL.
- [Promoted Full Professor May 2022]-----
12. Abufarsakh, B., Seng, S., Otachi, J., **Ickes, M.**, Okoli, C. T. C. (accepted April 20, 2022). Examining the psychometric properties of the Comic Book Rating Scale to assess tobacco-use health communication dissemination for people with mental illnesses. *36th American Psychiatric Nurses Association Conference*, Long Beach, California, October 19-22, 2022 (poster)
  13. **Ickes, M.**, Estes, J., Cochran, G., & Wild, O. (June 2022). *National Conference on Tobacco or Health*. New

Orleans, LA.

14. **Ickes, M.**, Hall, A., Sanders, B., Thompson, J. (June 2022). Communicating Science and Engaging Young People in E-cigarette Prevention Through Comics. *National Conference on Tobacco or Health*. New Orleans, LA.
15. **Ickes, M.**, Cartmell, E., & Branch, K. (June 2022). Impact of and Receptivity Toward a Statewide Tailored Youth Tobacco Treatment Media Campaign. *National Conference on Tobacco or Health*. New Orleans, LA.
16. Okoli, C.T.C., Robertson, H., Abufarsakh, B. M., Seng, S., & **Ickes, M.** (accepted March 23rd, 2022). Enhancing behavioral health promotion through tailored comic books. 2022 National Conference on Tobacco or Health, New Orleans, Louisiana, U.S.A. (Podium)



17. Montemayor, B., Noland, M., & **Ickes, M.** (June 2022). Examining intentions to reduce alcohol use among college students mandated to substance use interventions: An exploration of the Theory of Planned Behavior. *Research Society on Alcoholism*. Orlando, FL.
18. Koonmen, L. A., Mudd, G., Lennie, T., Miller, J., **Ickes, M.** (June 2022). COVID-19 Impact Predicts Type 2 Diabetes Self-Management during the Pandemic. American Diabetes Association National Conference.
19. Miller, C., Lay, D., Miley, S., & **Ickes, M.** (October 2021). Lessons Learned from a Campus-Community Partnership to Support Youth Advocacy. The [Society for Public Health Education's 23<sup>rd</sup> virtual Annual Advocacy Summit](#). *Health Education: Advancing Health Equity at Every Level*. [virtual]
20. Miley, S., Lay, D., & **Ickes, M.** (October 2021). Engaging youth virtually through a peer-led e-cigarette prevention and empowerment program. *APHA Annual Conference*. Denver, CO. (abstract accepted).
21. Lay, D., Miller, C., Miley, S., Vanderford, N., Prichard, C., & **Ickes, M.** (October 2021). The impact of a virtual tobacco prevention and advocacy training among youth in Appalachian communities *APHA Annual Conference*. Denver, CO.
22. Middleton, S., Lay, D., Wiggins, A., Ickes, M. (June 2021). Risk Factors of Emerging Adults Using E-cigarettes with THC/Cannabis. *ACHA*. New Orleans, LA. Virtual poster presentation.
23. Lay, D., Middleton, S., Wiggins, A., Ickes, M. (June 2021). Perceptions of COVID among Emerging Adults *ACHA*. New Orleans, LA. Virtual poster presentation.
24. Whitney, E., & **Ickes, M.** (April 2020). Training Future Health Professionals to Delivery E-Cigarette Prevention Education. Art and Science of Health Promotion Conference. Hilton Head, SC. Presentation submitted.
25. Rayens, M., .....**Ickes, M.** (October 2020). Effect of smoke-free laws on youth tobacco use prevalence in Kentucky. *APHA*. San Francisco, CA.
26. Singh, T., Rohini, D. Vinayak, V., Sharma, M., **Ickes, M.** (October 2020). Developing a parental survey of measuring the change in screen time behavior among preschool children in India. *APHA*. San Francisco, CA.
27. Whitney, E. & **Ickes, M.** (April 2020). An Overview of Lessons Learned from a Pilot Prevention and Empowerment Program Targeting the E-Cigarette Epidemic in Kentucky. Head 2 Toe Conference. Albuquerque, NM.
28. **Ickes, M.**, Rose, S., & Wiggins, A. (March 2020). Association of Current E-cigarette Use with Upper Respiratory Infections among Emerging Adults. *SRNT*. New Orleans, LA. Poster.
29. **Ickes, M.**, Whitney, L., & Miley, S. (April 2020). #iCANendthetrend: Can A Peer-Led E-cigarette Prevention and Empowerment Program Work? *Reduce Tobacco Use Conference*. Alexandria, Virginia.
30. **Ickes, M.**, Leach, H., & Miley, S. (February 2020). Empowering Young People Through a Peer-Led E-cigarette Prevention Program. *Agents of Change Summit*. San Diego, CA.

31. Hahn, E., Pinney, S., Cardarelli, K., **Ickes, M.**, Wimhoff, C. (February 2020). Youth engagement in environmental citizen science and advocacy training in rural and urban areas [workshop]. *PEPH*. Durham, NC.
32. Bourg, H., & **Ickes, M.** (October 2019). Tackling Tobacco with Youth Advocacy. *National American School Health Association Conference*. Poster presentation. Cincinnati, OH.
33. Rayens, M.K., McGeeney, T., Wiggins, A., Bucher, A., **Ickes, M.**, Huntington Moskos, L., Clark, P., Hahn, E. (October 2019). Smoke-free Laws and Youth Tobacco Use Prevalence in Kentucky. *American Public Health Association National Conference*. Philadelphia, PA.
34. Whitney, L., Leach, H., Centers, R., & **Ickes, M.** (October 2019). Incorporating meaningful course experiences in professional preparation programs: A train-the-trainer approach. *National American School Health Association Conference*. Cincinnati, OH
35. Mundy, M., **Ickes, M.**, & Hahn, E. (August 2019). A Systematic Review of Youth and Young Adult Empowerment Programs in Tobacco Control. *National Conference on Tobacco and Health*. Poster presentation. Minneapolis, MN.
36. Hester, J., Wiggins, & **Ickes, M.** (August 2019). Juul use among emerging adults transitioning from high school to college. *National Conference on Tobacco and Health*. Minneapolis, MN.
37. **Ickes, M.**, Mundy, M., Parsons, J., Sampson, S., Fisher, A., Miley, S. (August 2019). Training Youth Tobacco Policy Advocates in Rural Communities. *National Conference on Tobacco and Health*. Minneapolis, MN.
38. **Ickes, M.**, Everett, K., & Miley, S. (August 2019). The Development, Sustainability, and Long-term Impact of an Ambassador Program on a Tobacco-free University Campus. *National Conference on Tobacco and Health*. Poster presented. Minneapolis, MN.
39. Rayens, M. K., McGeeney, T., Wiggins, A., Bucher, A., **Ickes, M.**, Huntington-Moskos, L., Clark, P., & Hahn, E. (August 2019). Smoke-free ordinances and youth tobacco prevalence. *National Conference on Tobacco and Health*. Minneapolis, MN.
40. Clements, Z. A., Wiggins, A., Brown, J., & **Ickes, M.** (August, 2019). Factors that Influence Polytobacco Use in College Students. *National Conference on Tobacco and Health*. Poster presentation. Minneapolis, MN.
41. Poole, K., McMullen, J., Kerscar, S., & **Ickes, M.** (2019 April). Assessing individuals' attitudes and barriers related to walking for transportation on a college campus. *Building Healthy Academic Communities Conference*. Columbus, OH. Poster presented.
42. Buchanan, A. & **Ickes, M.** (2019 April). Project WELL. *Building Healthy Academic Communities Conference*. Columbus, OH. Poster presented.
43. **Ickes, M.** & Hester, J., & Wiggins, A. (2019 May). Student Tobacco Use Behaviors on College Campuses by Strength of Tobacco-free Campus Policies. *American College Health Association Annual Conference*. Denver, CO. Poster presented.

44. Hester, J. & **Ickes, M.** (2019 May). Patterns of Juul use among incoming college students. *American College Health Association Annual Conference*. Denver, CO. Poster presented.
45. **Ickes, M.**, Hester, J., Wiggins, A. (2019 March). Attitudes toward Juul regulation and tobacco control policies among emerging adults. *SOPHE Annual Conference*. Salt Lake City, Utah.
46. Hester, J., Wiggins, A., Kavuluru, R., & Ickes, M. (2019 March). Juul patterns of use and purchase among college students. *SOPHE Annual Conference*. Salt Lake City, Utah. Poster presented.
47. Harrington, R. & **Ickes, M.** (2019 March). The effects of the USDA summer food service program on rural adolescents' nutrition attitudes, knowledge, behavioral intentions and behaviors. *SOPHE Annual Conference*. Salt Lake City, Utah.
48. **Ickes, M.**, Butler, K., Wiggins, A., Rayens, M. K., & Hahn, E. (2018 November). Predictors of support for Tobacco 21 in a tobacco-growing state. *American Public Health Association National Meeting*. San Diego, CA. Poster presentation.
49. Macy, G., **Ickes, M.**, Watkins, C., & Murphy, A. (2018-May). Assessment of awareness and comparison of the perceived effectiveness of designated tobacco use areas to a 100% tobacco-free campus policy among faculty, staff and students. *American College Health Association National Meeting*, Washington, DC. Poster presentation.
50. **Ickes, M.**, Wiggins, A., Brown, J., Berger, M., & Bursac, V. (2018-May). Polytabacco Use, Substance Use, and Depression Among College Students. *American College Health Association National Meeting*, Washington, DC. Poster presentation.
51. Montemayor, B., **Ickes, M.**, & Noland, M. (2018-May). Efficacy of College Mandated Alcohol Focused Interventions on Drug Use: A Systematic Review. *American College Health Association National Meeting*, Washington, DC. Poster presentation.
52. **Ickes, M.**, Wiggins, A., & Hahn, E. (2018 April). Assessing readiness for tobacco-free policy adoption in a statewide university system. *SOPHE Annual Conference*. Columbus, OH. Poster presentation.
53. **Ickes, M.**, Erwin, H., McMullen, J., Bollinger, L., Wiggins, A., Berger, M., & Cantrell, C. (2018 April). An evaluation of WalkUK: Wayfinding signs to promote walking for transportation among college students. *SOPHE Annual Conference*. Columbus, OH. Poster presentation.
54. Mason, M. R., & **Ickes, M. J.**, & Bollinger, L. (2017 May). An incentive-based wellness challenge preferentially increases physical activity in individuals with low physical activity. *ACSM*.
55. **Ickes, M. J.**, Wiggins, A., Rayens, M. K., Noland, M., Mundy, M., & Hahn, E. J. (2017 March). Social influences and intention to use emerging tobacco products among college students. *National Conference on Tobacco or Health*. Austin, TX. Poster presentation.
56. **Ickes, M. J.**, Wiggins, A., Rayens, M. K., Shore, M., & Hahn, E. J. (2017 March). Truth ® ads, receptivity, and motivation to use or quit tobacco among college students. *National Conference on Tobacco or Health*. Austin, TX. Poster presentation.

57. **Ickes, M. J.**, Wiggins, A., Rayens, M. K., Parento, E., Polivkia, B., & Hahn, E. J. (2017 March). Employee adherence to tobacco-free executive order on state property. *National Conference on Tobacco or Health*. Austin, TX. Poster presentation.
  58. Butler, K., **Ickes, M.**, Wiggins, A., Rayens, M. K., & Hahn, E. (2017 March). Intention to quit smoking among college student polytobacco users. *National Conference on Tobacco or Health*. Austin, TX. Poster presentation
  59. Rayens, M. K., **Ickes, M.**, Butler, K. M., Wiggins, A., Anderson, D., & Hahn, E. (2016 November). University students' perceived risk of intention to use hookah and e-cigarettes. *APHA Annual Meeting*. Denver, CO. Poster presentation.
  60. Sharma, M., Nahar, V., **Ickes, M.**, Priest, H., & Johnson, P. (2016 October). Developing an instrument based on multi-theory model (MTM) for predicting initiation and sustenance of physical activity behavior. *APHA Annual Meeting*. Denver, CO. Submitted for presentation.
- [Received tenure May 2016]-----
61. **Ickes, M.** (2016 March). Assessing readiness for physical activity policy. *SOPHE Annual Meeting*. Charlotte, NC.
  62. Butler, K., **Ickes, M.**, Wiggins, A., Rayens, M. K., & Hahn, E. (2015 October). Intention to quit and polytobacco use among college student smokers. *APHA*. Chicago, IL.
  63. **Ickes, M.** (2015 April). Assessing campus readiness for tobacco- or smoke-free policies. *Society for Public Health Education Annual Meeting*. Portland, OR.
  64. **Ickes, M.** (2015 April). Tobacco-free Take Action! Ambassador program improving compliance on a tobacco-free college campus. *Annual Art & Science of Health Promotion Conference*. San Diego, CA.
  65. Holland, L., Solie, S.A., & **Ickes, M.** (2014 June). PTA 5K: Healthy lifestyles, partnerships & more. *Presentation at the 2014 National PTA Convention*. Austin, TX.
  66. **Ickes, M.** (2014 March). Impact of a tobacco-free ambassador program on policy compliance: A year in review. *Poster presentation at the American Academy of Health Behavior Annual Meeting*. Charleston, SC.
  67. Fallin, A., **Ickes, M.**, & Simpson, N. (2013 November). College campus tobacco-free policies: A systematic literature review. *Poster presentation at the American Public Health Association Annual Meeting*. Boston, MA.
  68. Knowlden, A., Sharma, **Ickes, M.** & Branscum, P. (2013 November). Self-esteem, social support, and optimism as antecedents of college student mental health. *Presentation submitted to the American Public Health Association Annual Meeting*. Boston, MA.
  69. Knowlden, A., Sharma, M., Branscum, P., & **Ickes, M.** (2013 November). Validity and reliability of a self-report instrument to measure social cognitive theory correlates of obesity in college students. *Presentation submitted to the American Public Health Association Annual Meeting*. Boston, MA.

70. Brown, J., Reeves, B., & **Ickes, M.** (2013 May). Stress and coping behaviors among undergraduate and graduate students. *American College Health Association Annual Meeting*. Boston, MA.
71. **Ickes, M.** & Hahn, E. (2013 April). Training ambassadors to increase compliance on a tobacco-free campus. *Society for Public Health Education Annual Meeting*. Orlando, FL.
72. Wilson, A., & **Ickes, M. J.** (2012 October). The availability and accessibility of male condoms within a two-mile radius of a university campus. *Poster presentation at the Society for Public Health Education Annual Meeting*. San Francisco, CA.
73. **Ickes, M. J.** (2012 October). A social ecological approach to obesity prevention: Children and families in Appalachian and rural communities. *Society for Public Health Education Annual Meeting*. San Francisco, CA.
74. Knowlden, A., **Ickes, M.**, & Sharma, M. (2012 October). Systematic analysis of smoking cessation interventions implemented in worksite settings. *American Public Health Association Annual Meeting*. San Francisco, CA.
75. **Ickes, M.**, Hahn, E., McMann, M., & Kercksmar, S. (2012 August). Tobacco-free Take Action: Increasing compliance on a college campus. *The National Conference on Tobacco or Health*. Kansas City, MO.
76. **Ickes, M.** & Sharma, M. (2012 April). Impacting the obesity epidemic: Lessons learned from physical activity interventions among Hispanic adults. *Society for Public Health Education Mid-Year Meeting*. Nashville, TN.
77. **Ickes, M.**, Erwin, H., & Beighle, A. (2012 March). Systematic review of recess interventions to increase physical activity. *American Alliance for Health, Physical Education Recreation and Dance Annual Conference*. Boston, MA.
78. **Ickes, M.** (2012 March). Targeting obesity prevention and treatment in Appalachian and rural communities. *American Alliance for Health, Physical Education Recreation and Dance Annual Conference*. Boston, MA.
79. **Ickes, M.**, & Sharma, M. (2011 October). The changing demographics of students: Obesity prevention in African American children. *The American School Health Association Annual Conference*. Louisville, KY.
80. **Ickes, M.** (2011 April). Does behavioral intention predict modifiable behaviors related to adolescent obesity? *Poster presented at the American Alliance for Health, Physical Education Recreation and Dance Annual Conference*. San Diego, CA.
81. **Ickes, M.** (2010 November). How to achieve a healthy campus 2020. *Society for Public Health Education Annual Meeting*. Denver, CO.
82. **Ickes, M.** (2010 November). The future is in your hands: Key components of professional preparation and success. *Workshop presented at the Society for Public Health Education Annual Meeting*. Denver, CO.
83. **Ickes, M.**, & Sharma, M. (2009 November). Predictors of behaviors related to obesity using the theory of planned behavior in middle school students. *Poster presented at the American Public Health Association Annual Meeting*. Philadelphia, PA.

84. **Ickes, M.**, & Sharma, M. (2008 November). Using theory of planned behavior to predict childhood obesity prevention behaviors. *Poster accepted at the American School Health Association Conference*. Tampa, FL.
85. **Ickes, M.**, & Cottrell, R. (2008 October). Evaluation of CDCynergy. *Poster presented at the Society for Public Health Education Annual Meeting*. San Diego, CA.
86. **Ickes, M.**, & Sharma, M. (2008 October). Prediction of behaviors related to childhood obesity using theory of planned behavior. *Society for Public Health Education Annual Meeting*. San Diego, CA.
87. **Ickes, M.**, & Cottrell, R. (2008 May). Evaluating health literacy levels in college students. *Poster presented at the Society for Public Health Educators Midyear Conference*. Chicago, IL.
88. **Ickes, M.** (2008 April). HIV/AIDS prevention interventions in African American adolescents. *Presentation accepted at the American Alliance for Health Physical Education Recreation and Dance National Convention*. Ft. Worth, TX.

### **International**

1. **MacDonald, M. K.**, Norrod, P. E., and **Ickes, M. J.** (June 2024) Supporting Rural Student Resilience Through a Mental Health and Wellbeing Curriculum in Agriculture Education Classrooms. Oral presentation presented at the 2024 International Society for Agricultural Safety and Health Conference. Portland, Oregon.
2. **Ickes, M.** (June 2024). Youth-engaged research to support tobacco prevention. *Athens Institute for Education and Research*, Annual International Conference on Public Health.
3. **Ickes, M.**, **Lay, D.**, & **Miley, S.** (2020 June). Supporting Youth E-cigarette Prevention Through Innovative Approaches. *Athens Institute for Education and Research*, Annual International Conference on Public Health. [virtual due to COVID/conference cancellation]
4. Whitney, E. & **Ickes, M.** 2020 January). Targeting the E-cigarette Epidemic Among Youth: Lessons Learned from a Pilot Prevention and Empowerment Program. *International Conference on the Health Risks of Youth*. Cabo, Mexico.
5. **Ickes, M.** & Whitney, L. (2020 January). Risk for E-cigarette Dependence among High School Youth Transitioning to College. *International Conference on the Health Risks of Youth*. Cabo, Mexico.
6. **Ickes, M.**, **Hester, J.**, Wiggins, A. (2019 June). E-cigarette use among emerging adults: Is Juuling just a trend? *Athens Institute for Education and Research*, Annual International Conference on Public Health. Athens, Greece.
7. **Ickes, M.**, Wiggins, A., Rayens, M. K., & Hahn, E. (2016 October). Students' perceived effectiveness of a campus tobacco-free policy. *Union World Conference on Lung Health*. Liverpool, England. Poster presentation.
8. **Ickes, M.**, Wiggins, A., & Hahn, E.. (2016 September). Promoting walking for transportation in a university community. *Pro Walk Pro Bike Pro Place Moving Towards A Healthier World*. Vancouver, Canada. Poster presentation.

-----[Received tenure May 2016]-----

9. **Ickes, M.**, Butler, K., Rayens, M.K., Noland, M., Wiggins, A., & Hahn, E. (2015 November). Tips from former smokers campaign on a university campus. *International Organization of Social Sciences and Behavioral Research*. Boca Raton, FL.
10. **Ickes, M.** (2015 January). Time to change: Improving college students' physical activity and wellbeing. *Hawaii International Conference on Education*. Honolulu, HI.

11. **Ickes, M.** (2015 January). Improving health on college campuses: Implementing tobacco-free policies.

*Hawaii International Conference on Education*. Honolulu, HI.

**State/Regional**

1. MacDonald, M. K., Norrod, P. E., and **Ickes, M. J.** (November 2024) Evaluating QPR Training for Trainers with Community-Based Mental Health Advocates. 2024 Kentucky Rural Health Association Conference. Bowling Green, Kentucky. Poster.
2. MacDonald, M. K., Norrod, P. E., and **Ickes, M. J.** (2024) Training Rural Mental Healthcare Providers in Suicide-Focused Care. 2024 Kentucky Rural Health Association Conference. Bowling Green, Kentucky. Poster.
3. MacDonald, M. K., Norrod, P. E., and **Ickes, M. J.** (September 2024) Examining the Feasibility of Training Pre-Service Agriculture Educators in a Mental Health and Wellbeing Curriculum. Poster presented at the 2024 Kentucky Association of Psychology in the Schools conference. Bowling Green, Kentucky.
4. MacDonald, M. K., Norrod, P. E., and **Ickes, M. J.** (March 2024) Examining the Feasibility of Training Pre-Service Agriculture Educators in a Mental Health and Wellbeing Curriculum. Poster presented at the 2024 Southeast Regional Research Symposium. Lexington, Kentucky. *The poster won runner-up in the doctoral poster competition.*
5. MacDonald, M. K., Norrod, P. E., and **Ickes, M. J.** (March 2024) Engaging Community-Based Farmer Mental Health Advocates to Support Farmer Wellbeing. Poster presented at the 2024 Kentucky Public Health Association Education Conference, Louisville, Kentucky.
6. MacDonald, M. K., Norrod, P. E., and **Ickes, M. J.** (March 2024) Engaging Community-Based Farmer Mental Health Advocates to Support Farmer Wellbeing. Poster presented at the 2024 Southeast Regional Research Symposium. Lexington, Kentucky.
7. Martin, C., & **Ickes, M.** (2022 October). A Scoping Review: Parental attitudes towards youth e-cigarette use. *MWERA Annual Conference, Cincinnati, OH.*
8. Martin, C., & **Ickes, M.** (2022 September). Parental attitudes and communication self-efficacy about e-cigarettes. *Kentucky Prevention Network Annual Conference, Louisville, KY.*
9. Evans, G., Brown, H., & **Ickes, M.** (2022 September). Supporting Youth in Your Community with E-cigarette Prevention and Treatment Best Practices. *Kentucky Prevention Network Annual Conference. Louisville, KY.*
10. Blair, L. **Ickes, M.**, McCubbin, A., Ashford, K. (2022 February). Initiation of Tobacco and Cannabis Use in Emerging Adulthood: An Underappreciated Phenomenon. *SURE Conference.*
11. Lay, D., Middleton, C., Estes, J. & **Ickes, M.** (2021 September). Implementing a State-wide Youth Advisory Board Aimed to Empower, Educate, & Unite. *KATE Conference [virtual].*
12. Cochran, G., Wright, C. & **Ickes, M.** (2021 September). Engaging youth to develop effective media messaging. *KATE Conference [virtual].*



13. Schadt, T., & **Ickes, M.** (2021 September). Understanding youth e-cigarette use and supporting prevention and treatment efforts across Kentucky. *Kentucky Prevention Network Annual Conference* [virtual].
14. Middleton, S. & **Ickes, M.** (2021 October). Mental health and vaping among college students. *MWERA Conference*, Cincinnati, OH.
15. Lay, D. & **Ickes, M.** (2021 October). Addressing the Need for an E-Cigarette and Tobacco Prevention Professional Development Training for Educators. *MWERA Conference*, Cincinnati, OH.
16. Oo, K., & **Ickes, M.** (2021 April). Assessing Risk or Protective Factors for Juul Use Among Emerging Adults. *CCTS Spring Research Conference*. [virtual]
17. Koonmen, L., Mudd, G., Lennie, T., **Ickes, M.**, Moser, D. (2020 October). Effect of a Cardiovascular Disease Risk Reduction Intervention on Diabetes Risk. *Southern Nursing Research Society*. [virtual]
18. **Ickes, M.**, Estes, J., & Miley, S. (2020 September). Supporting Youth E-cigarette Prevention Through School Partnerships. *KATE*. [virtual due to COVID].
19. Whitney, L., **Ickes, M.**, Vorbeck, J., Peterson, S., & Brewer, S. (2020 April). The Power of Peers: Improving School and Community Health through a Youth-Led Suicide-Prevention Program. *Kentucky Public Health Association*.
20. Santos, T., Middleton, S., Wiggins, A, & **Ickes, M.** Risk factors of Emerging Adults Using E-cigarettes with THC/Cannabis. (2020 March). *University of Kentucky, Substance Use Research Day*. Lexington, KY.
21. Bourg, H., & **Ickes, M.** (October 2019). Tackling Tobacco with Youth Advocacy. KAHPERD. Louisville, KY. Poster presented.

22. Whitney, L., Leach, H., & **Ickes, M.** (October 2019). Strategies to address e-cigarette use with Kentucky youth. *KAHPERD*. Louisville, KY.
23. Rateri, D., Holloway, P., Turner, M., Jaspersen, M., Mullis, L., Charnigo, R., & **Ickes, M.** (2019 **October**). Adaptation of the American Heart Association's Healthy for Life 20 x 20 Program for Individuals with Disabilities and Caregivers: A Pilot Study. UK Cardiovascular Research Day. Lexington, KY
24. Rayens, M.K., McGeeney, T., Wiggins, A., Bucher, A., **Ickes, M.**, Huntington Moskos, L., Clark, P., Hahn, E. (April 2019). Smoke-free Laws and Youth Tobacco Use Prevalence in Kentucky. *CCTS Spring Conference*. Lexington, KY. Poster presented.
25. **Ickes, M.**, Leach, H., & Maharrey, S. (April 2019). Engaging college ambassadors in tobacco prevention, advocacy, and policy. *CCTS Spring Conference*. Lexington, KY.
26. Rateri, D., Szczapinski, B., Jaspersen, M., Mullis, L., **Ickes, M.** (April 2019). Self-esteem through exercise: "health & fitness for all" including individuals with intellectual and developmental disabilities. *CCTS Spring Conference*. Lexington, KY. Poster presented.
27. Ashford, K., **Ickes, M.** (March 2019). Is it really that cool to JUUL: A comparative study of male and female college age students' urine cotinine levels and nicotine dependence. Southern Nursing Research Society. Orlando, FL.
28. Rateri, D., Szczapinski, B., Jaspersen, M., Mullis, L., **Ickes, M.** (2018 November). Self-esteem through exercise: "health & fitness for all" including individuals with intellectual and developmental disabilities. *KAHPERD*. Lexington, KY. Poster presented.
29. **Ickes, M.**, McMullen, J., & Kerckmar, J. (2018 November). Influence of a walking campaign in promoting physical activity among employees. *KAHPERD*. Lexington, KY. Poster presented.
30. McMullen, J. & **Ickes, M.** (2018 August). WalkUK: Promoting Physical Activity Among University Employees Using Wayfinding Signs. *Kentucky Bike Walk Summit*. Lexington, KY. Poster presented.
31. Gates, B., Macy, G., Watkins, C., Murphy, P., & **Ickes, M.** (2018 April). Differences between faculty/staff and students on tobacco use and perceived impact of tobacco policies. *Kentucky Public Health Association Conference*. Covington, KY. Poster presented.
32. **Ickes, M.** & Donnelly, C. (2018 March). Health Promotion Specialists: Change agents. *Worksite Wellness Conference*. Lexington, KY.
33. Gates, B., Macy, G., Watkins, C., Murphy, P., & **Ickes, M.** (2018 March). Differences between faculty/staff and students on tobacco use and perceived impact of tobacco policies. *CHHS Showcase*. Poster presented.
34. **Ickes, M.**, Brown, J., Wiggins, A., Berger, M., & Bursac, V. (2017 November). Association between polytobacco use, substance use, and depression among college students. *KAHPERD*. Poster presented.

35. Mundy, M., & **Ickes, M.** (2017 November). Smoke-free Public Housing: Protecting Youth and Vulnerable Populations at Home. *KAHPERD*. Poster presented.
  36. Erwin, H., McMullen, J., Wiggins, A., Berger, M., Cantrell, C., & **Ickes, M.** (2017 April). Influence of a Walking Campaign on College Students' Perceptions of and their Actual Walking Behaviors. *Poster presented at the CCTS Spring Conference*. Lexington, KY.
  37. Mason, M. R., & **Ickes, M. J.**, & Bollinger, L. (2016 November). An incentive-based wellness challenge preferentially increases physical activity in individuals with low physical activity. *Southeast ACSM*. Presentation submitted.
  38. McMullen, J., & **Ickes, M. J.** (2016 November). Evaluating the impact of a campus-based culinary nutrition education program for college students. *Appalachian Translational Research Summit*. Cincinnati, OH. Poster presentation.
  39. McMullen, J., & **Ickes, M. J.** (2016 June). Development of College CHEF: A campus-based culinary nutrition education program for college students. *Poster presented at the Postdoctoral Research Symposium*. Lexington, KY.
  40. **Ickes, M.**, Boka, K., & Hahn, E. (2016 May). Readiness for physical activity policy in an Appalachian community. *Poster presented at the Appalachian Research Day*. Hazard, KY.
- [Received tenure May 2016]-----
41. **Ickes, M.**, McMullen, J., & Boka, K. (2016 April). Evaluating physical activity policy outcomes: A systematic review. *Poster presented at the CCTS Spring Conference*. Lexington, KY.
  42. McMullen, J., & **Ickes, M.** (2016 April). Impact evaluation of "College CHEF," a campus-based, culinary nutrition education program. *Poster presented at the CCTS Spring Conference*. Lexington, KY.
  43. Hahn, E. J., **Ickes, M.**, Wiggins, A., & Polvika, B. (2016 April). Impact of Kentucky Governor Beshear's tobacco-free executive order. *Poster presented at the CCTS Spring Conference*. Lexington, KY.
  44. McMullen, J., Pflug, C., Westgate, P., & **Ickes, M.** (2015 March). Time to Change Program. Poster presentation at the *CCTS Spring Conference*. Lexington, KY
  45. McMullen, J. & **Ickes, M.** (2014 October). Global school-based childhood obesity interventions: A review. *Southern Obesity Summit*. Louisville, KY.
  46. **Ickes, M.**, & Ford, L. (2014 February). Improving health on a college campus: Implementing smoke- and tobacco-free policies. *AAHPERD Southern District Conference*. Lexington, KY.
  47. Noland, M., **Ickes, M.**, Buchanan, J., Peritore, N., & Marani, J. (2014 February). Recent research in health promotion. *AAHPERD Southern District Conference*. Lexington, KY.
  48. Brown, J., Reeves, B., & **Ickes, M.**, & Smith, T. (2013 April). Stress and coping behaviors among undergraduate and graduate students. *Poster presented at the CCTS Spring Conference 2013*. Lexington, KY.

49. **Ickes, M., & Slagle, K.** (2011 November). Implications of after school programs on obesity prevention in African American children. *Kentucky Alliance for Health, Physical Education Recreation and Dance Annual Conference*. Lexington, KY
50. **Ickes, M.** (2011 April). Review of obesity prevention interventions in Appalachian and rural communities. *Poster presented at the CCTS Spring Conference 2011 – Appalachian Health Summit*. Lexington, KY.
51. **Ickes, M.** (2010 November). The impact of nutrition and physical activity behaviors in college students. *Kentucky Association for Health, Physical Education, Recreation and Dance Annual Conference*. Lexington, KY.
52. **Ickes, M., & King, K.** (2009 May). Strategies to improve nutrition behaviors in college students. *The Ohio Public Health Association Conference*. Columbus, OH.
53. Wagner, D., & **Ickes, M.** (2008 December). Social emotional learning: A prevention approach with young children. *Poster presented at the Ohio Alliance for Health Physical Education Recreation and Dance Conference*. Columbus, OH.
54. **Ickes, M., & Sharma, M.** (2008 June). Prediction of nutrition and physical activity behaviors in eighth graders using theory of planned behavior. *Poster presented at the American Association of Health Educators Midyear Conference*. Cincinnati, OH.
55. **Ickes, M., Wagner, D., King, K.** (2007 November). Best practices in childhood obesity for classroom teachers. *Poster presented at the Ohio Alliance for Health Physical Education Recreation and Dance Conference*. Columbus, OH.
56. Wagner, D., King, K., & **Ickes, M.** (2007 November). A collaborative approach for developing school-community partnerships in health education. *Ohio Alliance for Health Physical Education Recreation and Dance Conference*. Columbus, OH.
57. **Ickes, M.** (2007 April). Health Literacy in College Seniors. *Poster presented at the University of Kentucky Spring Research Conference*. Lexington, KY.

#### **Invited Professional Presentations**

1. **Ickes, M.** (2025 March). Supporting tobacco-free campus compliance – lessons learned over the years. MD Anderson National Tobacco Summit. Austin, TX.
2. **Ickes, M.** (2025 January). Engaging Youth and Intergenerational Champions in Tobacco Prevention. Markey Cancer Center Speaker Series.
3. **Ickes, M.** (2024). Engaging youth in cancer prevention efforts. National Colon Cancer Conference. Nashville, TN.
- 4.
5. **Ickes, M.** (2022 November). #iCANendthetrend: Engaging & Empowering Youth & Young Adults in Tobacco Prevention. *Foundation for Healthy Kentucky Steering Committee*. Louisville, KY.
6. **Ickes, M., Oo, K., Corrone, R., Kinneary, M.,** (2022 November). Piloting of a Student-

Led Bingocize Nutrition Workshop for Marginalized Community-Dwelling Older Adults. *Senior Hunger Summit* [virtual]

7. **Ickes, M.** & Miley, S. (2021 April). E-cigarette education in schools. *KCSP Spring Conference*. [virtual]
8. **Ickes, M.** (2021 April). Engaging college ambassadors as champions on a tobacco-free campus. *Eliminate Tobacco Use Summit*. [virtual]
9. **Ickes, M.** (2021 April). Supporting a successful tobacco-free campus policy. *Truth Initiative*. [virtual]

10. **Ickes, M.** (2021 April). Supporting tobacco-free policy implementation and compliance. *Meeting of the Minds*. [virtual].
11. **Ickes, M.** (2020 July). Strategies for achieving compliance and enforcing your smoke- or tobacco-free campus policy. *Eliminate Tobacco Use Summit*. [virtual]
12. **Ickes, M., Miley, S., & Lay, D.** (2020 June). The changing landscape of e-cigarette and what we can do about it. *EMPOWER KY Youth Conference*. [virtual]
13. **Ickes, M.** (2019 December). E-cigarettes and our youth. *American Heart Association, Executive Board Meeting*. Lexington, KY.
14. **Ickes, M.** (2019 October). Creating One Environmental Focus: #iCanendthetrend. *Children's Environmental Health Summit*. Somerset, KY.
15. **Ickes, M.** (2019 October). The E-cigarette Epidemic Among Our Youth and Why You Should Be Concerned. *Children's Environmental Health Summit*. Somerset, KY.
16. **Ickes, M. & Hoagland, E.** (2019 October). Working Together toward E-cigarette Prevention. *Children's Environmental Health Summit*. Somerset, KY.
17. **Ickes, M.** (2019 October). Walk UK: Lessons learned on implementation and student engagement. [webinar] *America Walks*.
18. **Ickes, M.** (2019 September). Tobacco – the designer drug: What you need to know about the e-cigarette epidemic. *University of Louisville Contemporary Health Issues course*. Louisville, KY.
19. **Ickes, M.** (2019 September). Celebrating 10 years of policy success: Lessons learned from UK's Tobacco-free Policy. *Western Kentucky Tobacco-free Committee*. Bowling Green, KY.
20. **Ickes, M.** (2019 September). Engaging students in tobacco policy. *Western Kentucky Public Health Students*. Bowling Green, KY.
21. **Ickes, M., Miley, S., & Dillon, L.** (2019 July). Fighting the epidemic of e-cigarette: #iCANendthetrend. *New Vista Regional Prevention Specialist Staff Training*. Lexington, KY.
22. **Ickes, M. & Lay, D.** (2019 July). The new pod-based e-cigarettes: What you need to know. *Kentucky Health Collaborative Board Meeting*. Lexington, KY.
23. **Ickes, M.** (2019 July). Strategies for Achieving Compliance and Enforcing Your 100% Smoke- or Tobacco-free Policy [Webinar]. *American Nonsmokers' Rights Foundation*.
24. **Ickes, M.** (2019 May). E-cigarettes and why you should care. *Lexington Kiwanis Club*. Lexington, KY.
25. **Ickes, M.** (2019 April). The new pod-based e-cigarettes: Too cool for Juul. *Kentucky Tobacco Conference*. Lexington, KY.
26. **Ickes, M.** (2019 February). Preventing e-cigarette use among youth: a peer-to-peer program. *Kentucky Department of Public Health E-cigarette Convening*. Frankfort, KY.
27. **Ickes, M.** (2018 October). Maximizing resources: Ensuring long-term policy success. *American Cancer Society Grantee Workshop*. Atlanta, GA.

28. **Ickes, M.** (2018 October). Long-term communication and engagement of stakeholders. *American Cancer Society Grantee Workshop*. Atlanta, GA.
  29. **Ickes, M.** (2018 March). Implementing a tobacco-free worksite. [Webinar]. *Kentucky Cancer Consortium*. Lexington, KY
  30. **Ickes, M.** (2017 October). Compliance, enforcement, and sustainability of a tobacco-free campus policy. *American Cancer Society Grantee Workshop*. Ann Arbor, MI.
  31. **Ickes, M.** (2017 October). Compliance, enforcement, and sustainability of a tobacco-free campus policy. *American Cancer Society Grantee Workshop*. Atlanta, GA.
  32. **Ickes, M.** (2017 September). Implementing a successful tobacco-free policy at the worksite. *KYSHRM Annual Conference*. Louisville, KY.
  33. **Ickes, M.** (2017 May). Including e-cigarettes in tobacco-free policies. *e-Prevent conference, Southeast AHEC*. Richmond, KY.
  34. **Ickes, M.** (2017 February). Collaborative efforts to promote physical activity in Kentucky. *Centers for Disease Control and Prevention*. [webinar].
- [Received tenure May 2016]-----
35. Akins, C., **Ickes, M.**, Collette, D., Maske, H., & Nuy, S. (2016 April). Perspectives on recruitment, promotion and retention of UK women faculty. *Bluegrass Leadership Academy*. Lexington, KY.
  36. **Ickes, M.** (2015 September). Tobacco-free post-secondary campus policy: Strategies and lessons learned. [Webinar]. *Canadian Program Training and Consultation Centre*.
  37. **Ickes, M.** (2015 September). Impacting obesity on a college campus through a collaborative partnership. [Webinar]. *Society of Public Health Educators*.
  38. **Ickes, M.** (2015 July). Considerations for implementing tobacco-free campus policies. [Webinar]. *Ohio Department of Health College Campus Stakeholders*.
  39. **Ickes, M.** (2015 June). Implementing a tobacco-free campus: 3Ts approach. [Webinar.] *Legacy Foundation*.
  40. **Ickes, M.** (2015 May). Celebrating 5 years tobacco-free: University of Kentucky. *Tobacco-free Sports and Recreation and Smoke-free and Outdoor Space CoP*. Toronto, Canada.
  41. **Ickes, M.** (2015 February). Worksite wellness and health promotion. *Bluegrass Academy of Nutrition and Dietetics*. Lexington, KY.
  42. **Ickes, M.** (2014 November). SUNY tobacco-free campus regional educational sessions. *SUNY State System*. Albany & Manhattan, NY.
  43. **Ickes, M.** (2014 October). Tobacco-free campus workshop: Promoting compliance with your policy. *American Lung Association, Illinois*. Chicago, IL.
  44. **Ickes, M.** (2014 April). Go tobacco-free. *Kentucky Center for Smoke-free Policy Spring Conference*. Lexington, KY

45. **Ickes, M.** (2014 April). Self-care: Boost your impact. *Kentucky Center for Smoke-free Policy Spring Conference*. Lexington, KY
  46. **Ickes, M.** (2014 March). The 3Ts of implementing a tobacco-free campus: Lessons learned. [Webinar.] *American Lung Association. New York State Campuses*.
  47. **Ickes, M.** (2014 February). Implementing a tobacco-free campus: Improving compliance. *Eastern Kentucky University Tobacco-free Taskforce*. Richmond, KY.
  48. **Ickes, M.** (2013 September). Tobacco-free campuses: The role of Tobacco coordinators. [Webinar]. *Kentucky Department of Public Health*.
  49. **Ickes, M.** (2013 September). The 3Ts of implementing a tobacco-free campus. *American Lung Association of Greater Chicago*. Chicago, IL.
  50. **Ickes, M.** (2013 June). University of Kentucky's ambassador program: Focusing on compliance. *The Summit on Tobacco Policy*. Kansas City, MO.
  51. **Ickes, M.,** Hahn, E., Brown, J., & Lowe, F. (2013 April). Lessons learned regarding UK's tobacco-free campus policy. [Virtual]. *Southern Illinois University Carbondale*.
  52. **Ickes, M.** (2013 February). UK's tobacco-free policy. *Northern Kentucky Breakfast Summit*. Highland Heights, KY.
  53. Erwin, H. E., & **Ickes, M.** (2011 September). Physical activity is academic! *Kentucky Childhood Obesity Task Force*. Frankfort, KY.
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## OTHER PROFESSIONAL WRITING, EARNED MEDIA

*Select blog posts, op-eds, podcasts, and earned media*

1. [Vaping Prevention Program to Empower Kentucky Youth Receives Continued Funding | UKNow \(uky.edu\)](#)
2. [Kinesiology and Health Promotion Co-Hosts White Ribbon 5K to Support Research & Community Health – UK College of Education \(uky.edu\)](#)
3. [\\$1.1 million grant to support healthy aging programming across Kentucky | UKNow \(uky.edu\)](#)
4. Ezarik, M. (November 3, 2021). Teaching students how mentors can help, expanding mentorship programs. *Inside Higher Ed*. [Teaching students how mentors can help, expanding mentorship programs \(insidehighered.com\)](#)
5. Ezarik, M. (October 22, 2021). College mentor relationships reach savvy students most. *Inside Higher Ed*. [College mentor relationships reach savvy students most \(insidehighered.com\)](#)
6. **Ickes, M.** Pauly, J., & Magner, B. (February 18, 2020). What K-12 leaders need to know about vaping. [Op-Ed] <https://districtadministration.com/what-k-12-leaders-need-to-know-about-vaping/>
7. **Ickes, M.** Pauly, J., & Magner, B. (February 18, 2020). What campus leaders need to know about vaping. [Op-Ed] <https://universitybusiness.com/what-campus-leaders-need-to-know-about-vaping/>
8. **Ickes, M.** (February 16, 2020). Empowering young people to make a difference to combat the e-cigarette epidemic. [Blog post]. <https://medium.com/@melinda.ickes/icanendthetrend-empowering-young-people-to-make-a-difference-to-combat-the-e-cigarette-epidemic-d9fe80c0cd1>
9. **Ickes, M.** & Leach, H. (February 10, 2020). WKYT Investigates: Fighting youth vaping. [Interview/News story] <https://www.wkyt.com/content/news/WKYT-Investigates--Fighting-youth-vaping-567713091.html>
10. **Ickes, M.,** Pauly, J., & Magner, B. (February 7, 2020). Opinion: Vaping is a serious threat to kids. Parents need to be aware. Herald Leader. <https://www.kentucky.com/opinion/op-ed/article240000163.html>
11. **Ickes, M.,** Pauly, J., & Magner, B. (February 7, 2020). Opinion: What you need to know about vaping and why we must stop this epidemic. Courier Journal. <https://www.courier-journal.com/story/opinion/2020/02/06/why-we-must-stop-vaping-epidemic-kentucky/4650029002/>
12. **Ickes, M.** The hidden dangers of vaping. *BottomLine Inc.* (December 2019). <https://bottomlineinc.com/health/diseases-conditions/the-hidden-dangers-of-vaping>

13. **Ickes, M. & Leach, H.** (November 2019). Spreading the truth about youth vaping: Kentucky group working to end dangerous trend. *Courier Journal*, *op-ed*. <https://www.courier-journal.com/story/opinion/2019/11/18/youth-vaping-kentucky-group-working-end-dangerous-trend/4201478002/>
14. **Ickes, M.** (August 2019). What's in the backpack? E-cigarette, Juul and vaping devices addicting our youth. *Richmond Register*, guest columnist. [https://www.richmondregister.com/opinion/columns/ickes-what-s-in-the-backpack-e-cigarette-juul-and/article\\_8107b935-3d5e-5bbd-a84a-7cea4a35c3db.html](https://www.richmondregister.com/opinion/columns/ickes-what-s-in-the-backpack-e-cigarette-juul-and/article_8107b935-3d5e-5bbd-a84a-7cea4a35c3db.html)
15. **Ickes, M.** (August 2019). What's in the backpack? E-cigarette, Juul and vaping devices addicting our youth. *Sentinel Echo* guest columnist. [https://www.sentinel-echo.com/opinion/columns/guest-column-what-s-in-the-backpack-e-cigarette-juul/article\\_2eec0f1e-8dfb-5b50-8393-6d17a26ff137.html](https://www.sentinel-echo.com/opinion/columns/guest-column-what-s-in-the-backpack-e-cigarette-juul/article_2eec0f1e-8dfb-5b50-8393-6d17a26ff137.html)
16. **Ickes, M.** (August 2019). E-cigarette, Juul and vaping devices addicting youth. *Medical Xpress*, guest columnist. <https://medicalxpress.com/news/2019-08-e-cigarette-juul-vaping-devices-addicting.html>
17. **Humphries, S.** (September 2019). Vaping and a culture that substitutes one risk for another. *Interviewed for Christian Science Monitor*. <https://www.csmonitor.com/USA/Society/2019/0918/Vaping-and-a-culture-that-substitutes-one-risk-for-another>

## GRANTS & CONTRACTS

### Current Funding

**Ickes, M.** (2025 June). #iCANendthetrend, Mobilizing Youth Tobacco Prevention and Treatment in Rural Kentucky Communities. Pallottine Foundation. (\$35,879). 6/1/2025-5/31/2026.

**Ickes, M.** (2024 October). #IChampionHealth. Opioid Abatement Commission. (\$380,572). 10/1/2024-9/30/2025

**Ickes, M.** (2024 February). Empowering youth for tobacco prevention. Pallottine Foundation. (\$50,000). 7/1/2024-5/30/2025

**Ickes, M.** (2023 December). E-cigarette youth prevention, education, and empowerment program. *Special Populations Project: Tobacco Use and Prevention and Cessation Program*. 2025-2027. (\$580,000).

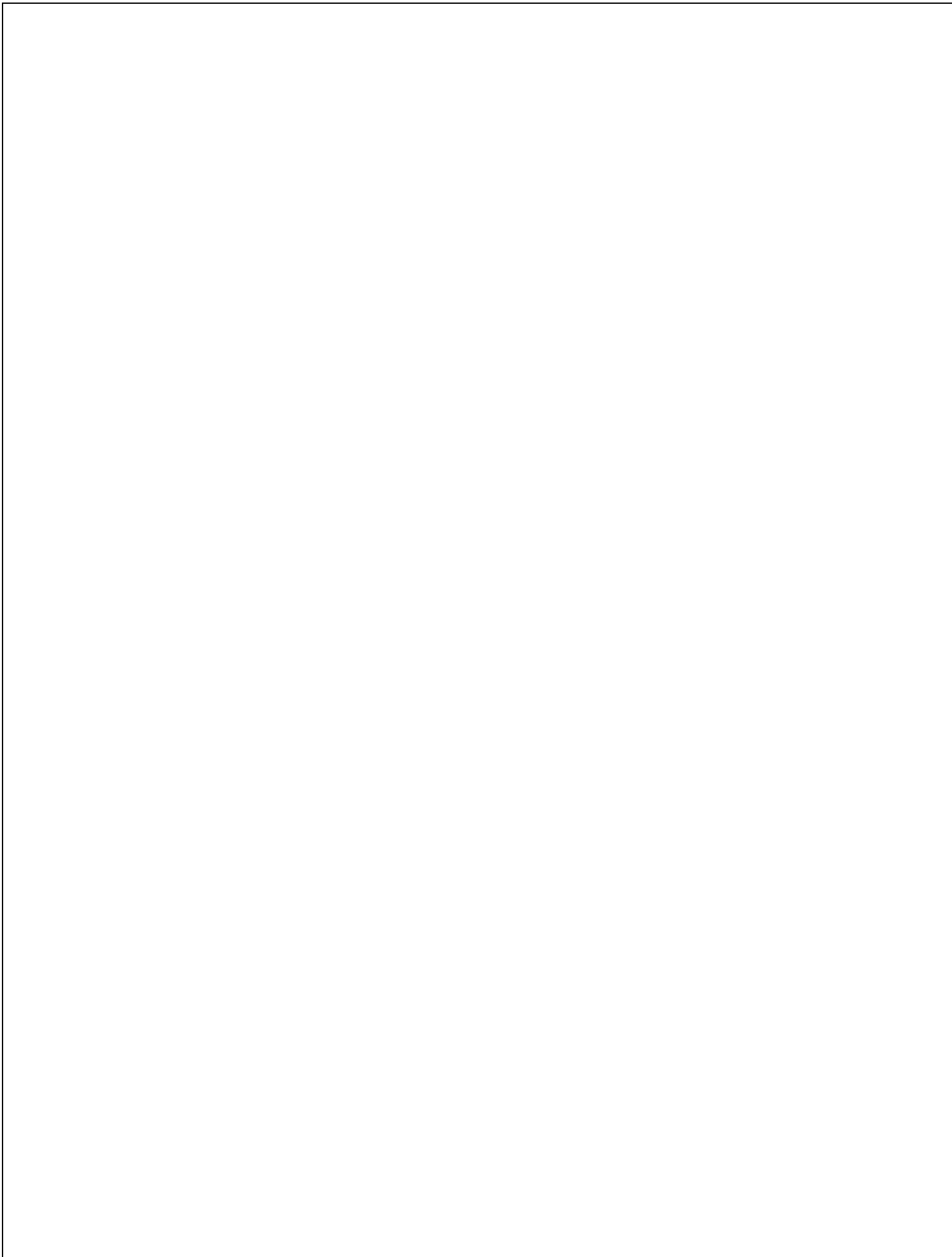
**Ickes, M.** (2023 October). EMPOWER. Center for Disease Control and Prevention (\$750,000 for Y1&Y2) 10/1/2023 - 9/30/2025

**Ickes, M.,** Ashford, K., Martin, C. Career Enhancement Core, AppalTRuST. Tobacco Center for Regulatory Science. (\$2,254,769 for 5-year). 10/1/2023 - 9/30/2028

**Ickes, M.** Mental Health Core, Southeast Center for Agricultural Health and Injury Prevention. NIOSH. (\$1,250,000 for 5-year). 10/1/2023 - 9/30/2027

**Ickes, M.,** Campbell, M. (2022 July). Promoting Health Across the Lifespan Among Kentucky Certified Nursing Facility Residents Through Bingocize®, an Evidence-based Health Promotion Program. *CMP*. (\$1,200,000-3-year).

Rose, S., ..... **Ickes, M.** (2021 April). Local flavor policies to enhance equity in tobacco. *National Institutes of Health – R01*. (\$2,445,607). Serving as Community & Engagement Lead. (5-year grant funded).



### **Pending**

**Ickes, M.** Hester, J., McCubbin, L., Scott, M. (2025 March). SAMHSA

**Ickes, M.** (2025 April). EMPOWERing Underserved Communities to Promote Lung Health. CHEST Foundation. (\$150,000).

**Ickes, M.** (2025 January). EMPOWERING Communities to Prevent Tobacco Use in BIPOC Communities in Kentucky. Foundation for a Healthy Kentucky (\$50,000).

### **Previously Funded**

**Ickes, M.** (College of Education). (2022 August). United Way of the Bluegrass Way Point Health Promotion Fellowship. *Gift acquired to support 1-year doctoral fellowship.* (\$15,750).

**Ickes, M.** (2022 January). E-cigarette youth prevention, education, and empowerment program. *Special Populations Project: Tobacco Use and Prevention and Cessation Program. 2022-2024.* (\$546,000).

Hahn, E. & **Ickes, M.** (2022 July). Community Partnerships for Tobacco Use Prevention (KDPH) 2022-2024 - MSA State. (\$401,000).

**Ickes, M.** Empowering youth in tobacco prevention. Pallottine Foundation. (\$28,000). 7/1/2023-5/31/2024

**Ickes, M.** (2022 September). Capacity building for Health Outcomes Inspired by Community Empowerment (CHOICE). KY Cabinet for Health and Human Services. (\$449,215).

Sampson, S., ..... **Ickes, M.** (2023 January). US Department of Education. Kentucky's Statewide Full-Service Community Schools Program. (Evaluation Funds: \$2,202,628). 1/2023-12/2027

Adegboyega, A., Francis, D., & **Ickes, M.** (2022 May). Development and Pilot Testing of a Facebook HPV Vaccination Intervention for Young Black Adults. *American Cancer Society Institutional Research Grant.* (\$30,000 – 1-year)

**Ickes, M.** (2022 January). Communicating science and engaging young people in e-cigarette prevention through comics. *CCTS Small Grant.* (\$5,000)

**Ickes, M.** (College of Education). (2021 August). United Way of the Bluegrass Way Point Health Promotion Fellowship. *Gift acquired to support 1-year doctoral fellowship.* (\$15,000).

**Ickes, M.,** Wiggins, A. (2020 January). E-cigarette youth prevention, education, and empowerment program. *Special Populations Project: Tobacco Use and Prevention and Cessation Program. 2020-2022.* (\$450,000).

Hahn, E. & **Ickes, M.** (2020 January). Community Partnerships for Tobacco Use Prevention (KDPH) 2020-2022 - MSA State. (\$407,000).

Hahn, E., **Ickes, M.,** Darville, A., & Edwards, J. (2019 October). Reducing Tobacco Disparities with Low-income Adults & Rural KY Communities. *Interact for Health Innovation to Reduce Disparities.* (\$75,000).

Bollinger, L., **Ickes, M.,** Campbell, M.. (2020 May). Effect of COVID-19 induced social distancing on university employees' physical activity behavior. *CCTS Special Call.* (\$4,000).

Hahn, E. & **Ickes, M.** (2018 July – 2020 June). Community Partnerships for Tobacco Use Prevention (KDPH) 2019-2020 - MSA State. (\$127,775).

**Ickes, M.**, Whitney, L., Wiggins, A. (2019 July). E-cigarette youth prevention, education, and empowerment program. *Special Populations Project: Tobacco Use and Prevention and Cessation Program*. (\$129,475).

**Ickes, M.** & Whitney, L. (2019 February). E-cigarette youth prevention and education program. *Tobacco Use and Prevention Cessation Program* (\$27,083).

**Ickes, M.** (2018 August). Evaluation of youth tobacco advocacy training initiative. *Tobacco Use and Prevention Cessation Program*. 1-year (\$57,000).

**Ickes, M.** Predictors of Juul use among young adults. (2018 August). CCTS Small Grant. (\$5,000).

**Ickes, M.** Project WELL. (May 2018). KY Medical Association (transfer of funds from Dr. Sandy Bates). (\$6,000).

**Ickes, M.**, Bollinger, L., Campbell, M. (2017 July). Western Kentucky University Bingocize program subaward, 3-years. (\$26,000).

Hahn, E., Riker, C., & **Ickes, M.** (2017 April). Promoting responsive smoke- and tobacco-free policy adoption and implementation. *Foundation for a Healthy Kentucky, Promoting Responsive Health Policy, Year 5* (\$50,000).

**Ickes, M.** (2016 July). SEC Travel grant. University of Missouri (\$2,000).

**Ickes, M.** & Hahn, E. (2016 May). Tobacco-free ambassadors partnership (TAP): Linking K-12 schools and community colleges. *CVS Health Foundation.* (\$100,000).

**Ickes, M.,** Wiggins, A., & Hahn, E. (2016 January). Evaluating the impact of a mandated smoke- or tobacco-free campus policy on a statewide college system. *State University of New York (SUNY).* (\$40,000).

Hahn, E., Riker, C., & **Ickes, M.** (2016 April). Promoting responsive smoke- and tobacco-free policy adoption and implementation. *Foundation for a Healthy Kentucky, Promoting Responsive Health Policy, Year 4* (\$50,000).

-----[Received tenure May 2016]-----

**Ickes, M.** (2015 September). Evaluating Walk UK Campaign. *University of Kentucky Parking and Transportation.* (\$5,000).

Hahn, E., Riker, C., & **Ickes, M.** (2015 February). Promoting responsive smoke- and tobacco-free policy adoption and implementation. *Foundation for a Healthy Kentucky, Promoting Responsive Health Policy, Year 3* (\$50,000).

Hahn, E., **Ickes, M.,** & Wiggins, A. (2015 January). Community partnerships for tobacco use prevention: Executive order evaluation. *Cabinet for Health and Family Services* (13,000).

**Ickes, M.,** & Rayens, M. K. (2014 April). Feasibility of a stage-specific, tailored policy development intervention to promote physical activity policies in Appalachian Kentucky. *Center for Clinical and Translational Science Pilot Study* (\$25,000).

Hahn, E., Riker, C., & **Ickes, M.** (2014 February). Promoting responsive smoke- and tobacco-free policy adoption and implementation. *Foundation for a Healthy Kentucky, Promoting Responsive Health Policy, Year 2* (\$50,000).

Hahn, E., Riker, C., & **Ickes, M.** (2013 February). Promoting responsive smoke- and tobacco-free policy adoption and implementation. *Foundation for a Healthy Kentucky, Promoting Responsive Health Policy* (\$50,000).

**Ickes, M.** (2013 February). Campus readiness for tobacco-free. *Office of the Vice President for Research, University of Kentucky* (\$20,000).

**Ickes, M.,** & McVea-Smith, D. (2011 December). Raising awareness of sexual harassment in high school students. *AAUW Campus Action Project* (\$5,000).

**Ickes, M.** (2011 February). Reducing health disparities by preventing obesity among women and girls. *Office of Women's Health* (\$2,000).

**Ickes, M.** (2006 January). Evaluating health literacy in college seniors. *CECHS Mentoring Grant - University of Cincinnati Research Grant.*

**Submitted**

**Ickes, M.** Mundy, M. (2024 March). Mobilizing and Empowering Communities to Champion Health Equity and Health Policy for All in Kentucky. Center for Black Health Equity.

Record, R., **(MPI), Ickes, M. (MPI)**, Pareira, K., Elswic, A. (2022 September). *National Institutes for Health*. (\$2,700,000)

**Ickes, M.** (2022 March). Supporting Youth Through Community-engaged Out-of-School STEM Programming. *UNITE Community Engagement Pilot Grant*. (\$50,000)

**Ickes, M.**, Ashford, K., McCubbin, A. (2021 August). ENDS and Cannabis in College Students: Biopsychosocial Factors and Emerging Trends in Use and Co-Use. *CCTS University of Kentucky*. (\$50,000).

Ashford, K., **Ickes, M.**, Rayens,. (2021 July). ENDS and Cannabis in College Students: Biopsychosocial Factors and Emerging Trends in Use and Co-Use. *NIH*. (\$3,800,000-5-year).

**Ickes, M.** & Kostelic, A. (2021 July). Supporting Health, Wellbeing, and Equity through Intergenerational Community-engaged Programming in Low-income Communities. *Astrazeneca Community Well-being*. (\$25,000).

**Ickes, M.** (2021 April). *Markey Women Strong*. (\$50,000). E-cigarette prevention through comics. (\$50,000)

Crandall, J., Kostelic, A., & **Ickes, M.** (2021 January). Empowering Communities to Reduce Falls and Falls Risk. *Administration for Community Living*. (\$300,000).

Brewer, D., **Ickes, M.**, Lennie, T., Mudd, G. (2020 June). Appalachian Strong- Appalachians Eating Healthier, Moving More and Learning Together to Reduce CVD Risk. *NIH*.

Ashford, K., **Ickes, M.**, Rayens, M. K., Bush, H., Lille, J. (2020 October). ENDS and Cannabis in College Students: Immunological Effects and Emerging Trends in Patterns of Use and Co-Use. *NIH*. (\$2,500,000-5-year).

Bollinger, L., **Ickes, M.**, Campbell, M. (2020 May). Effects of social distancing during the COVID-19 pandemic on physical activity of healthcare workers. *PCORI*.

**Ickes, M.** (2020 June). College of Education, Diversity in HEALTH (Health Education, Advocacy, Leadership Training, & Health policy) Scholars. *University of Kentucky Women & Philanthropy*. (\$50,000).

Crandall, J., Kostelic, A., & **Ickes, M.** (2020 January). Empowering Communities to Reduce Falls and Falls Risk through Systematic Implementation. *Administration for Community Living*. (\$300,000).

Rose, S., ..... **Ickes, M.** (2019 October). Local flavor policies to enhance equity in tobacco. *National Institutes of Health – R01*. (\$2,445,607). Scored.

Ashford, K., McCubbin, A., Rayens, M. K., Mehdi, Strugill, J., Brown, J., **Ickes, M.** (2019 October). ENDS-RISC: ENDS use and Respiratory illness and Inflammation among Students in College. *National Institutes of Health – R01*. (\$2,548,258).

**Ickes, M.** & Wiggins, A. (2018-December). Perceptions and impact of emerging products such as Juul among young adults: Policy Implications *American Lung Association Public Policy Research Award*. (\$100,000).

Hahn, E., **Ickes, M.**, Roberts, M., Rose, Shyanika, Edwards, J. (2019 August). Leveraging community health workers in rural Kentucky and Ohio: An intergenerational, citizen science approach to tobacco policy change.

*RWJF Building Capacity to Reduce Tobacco Inequities in the South and Midwest - Brief Proposal.*



Cardarelli, K., **Ickes, M.**, Flunker, J., & Sanderson, W. (2019 August). Quantifying e-cigarette aerosol exposure: Validation of measures to use among youth via a novel citizen science approach. *CCTS High Impact Award LOI*.

Cardarelli, K. & **Ickes, M.** (2019 June). Youth Environmental Advocates for Health (YEAH). *University of Kentucky, Vice President for Research Igniting Research Grant. (\$45,000)*.

Ashford, K., Rayens, M.K., **Ickes, M.**, Sturgill, J., Brown, J., & Khosravi, M. (2019-February). Prospective respiratory outcomes of Juul and electronic use trial: PROJECT. *National Institutes of Health – R01*. Resubmission. (\$1,366,268).

Ashford, K., Rayens, M.K., **Ickes, M.**, Sturgill, J., Brown, J., & Khosravi, M. (2018-July). Prospective respiratory outcomes of Juul and electronic use trial: PROJECT. *National Institutes of Health – R01*. (\$1,366,268). Scored.

**Ickes, M.**, & Wiggins, A. (2018-August). Exploring Juul use through social media engagement among emerging young adults. *National Institutes of Health – R21 Supplement. (\$150,000)*

Bollinger, L., & **Ickes, M.** (2017-August). Improving the built environment through community engagement to combat physical inactivity-related diseases in Appalachian Kentucky. *CCTS Pilot Grant Program. LOI submitted. Follow-up meeting requested.*

Bollinger, L., **Ickes, M.**, Abel, M., Mark, K., Clasey, J., & Bergstrom, H. (2017-June). Advancing academic and professional development of Kinesiology and Health Promotion students. *University of Kentucky Women & Philanthropy Network Funding (\$20,000-selected for top 15)*.

**Ickes, M.** (2017 – April). Engaging youth to promote walkability in a rural Kentucky community. *Aetna, Letter of Intent*.

**Ickes, M.**, & Buchanan, J. (2017-February). Engaging Community and University Partners to Implement and Evaluate the Walk UC Campaign. *CCTS – UK & UC Collaborative Grant, Letter of Intent*.

Hahn, E., **Ickes, M.** (2017-February). Collaboration with Foundation for a Healthy Kentucky. (\$300,000).

Cooper, R., Zeidler, K., Mazur, J., **Ickes, M.**, McCrall, B., & Fettrow, L. (2016-June). Kentucky teach: Get healthy. *National Institutes of Health, Science Education Partnership Award – R25. (\$1,188,092)*. Scored.

**Ickes, M.** (2016-December). Promoting walkable Kentucky communities. *Humana, Letter of Intent. (\$75,000)*.

-----[Received tenure May 2016]-----

**Ickes, M.**, & Fettrow, L. (2015-November). Health impact project: Strengthening an Appalachian community in Kentucky. *RWJF & Pew Charitable Trust. (\$45,000)*.

**Ickes, M.**, Hahn, E., & Rayens, M. K. (2015-August). Using Research Evidence to Promote Tobacco-free Campus Policies. *William T. Grant Foundation, Letter of Intent. (\$433,793)*.

**Ickes, M.**, Wiggins, A., & Hahn, E. (2015-August). Evaluating the impact of the Walk Your City campaign. *CCTS Small Grant. (\$5,000)*.

Cooper, R., Zeidler, K., Mazur, J., **Ickes, M.**, McCrall, B., & Fettrow, L. (2016-June). Kentucky teach: Get healthy. *National Institutes of Health, Science Education Partnership Award – R25. (\$1,188,092)*. Scored.

**Ickes, M.** (2015-March). Strength of smoke- and tobacco-free policies in the U.S. *CCTS Small Grant*. (\$5,000)

**Ickes, M.** (2014-December). Evaluation of Quit & Win contest to encourage University of Kentucky employees to quit smoking. *2015 Summer Faculty Research Fellowship Program, University of Kentucky*. (\$7,000)

**Ickes, M.,** Fallin, A., & Hahn, E. (2014 August). Evaluating Legacy's smoke- and tobacco-free community college initiative. *Legacy Foundation* (\$150,000).

Hahn, E., **Ickes, M.,** & Rayens, M. K. (2014 February). An intervention to promote physical activity policy in rural communities. *National Institutes of Health (R01) PA-13-302* (\$3,679,469).

**Ickes, M.,** Orren, D., Rayens, M. K., & Hahn, E. (2013 November). Waterpipe smoking, secondhand hookah smoke, and cancer risk. *Pilot project grant from American Cancer Society Institutional Research Grant #IRG 85-001-25* (\$30,000).

**Ickes, M.,** Hahn, E., & Rayens, M.K. (2013 October). Secondhand hookah smoke and respiratory symptoms. *Letter of Intent submitted to FAMRI Clinical Innovator Award*.

**Ickes, M.,** Hahn, E., & Rayens, M.K. (2013 June). Initiation, switching, and maintenance of new and emerging tobacco use among college freshmen. *National Institutes of Health (R03) PAR-12-268* (\$100,000).

Helme, D., **Ickes, M.,** & Radulescu, A. (2013 May). An examination of the societal and cultural factors contributing to obesity and Type II diabetes among Kentucky youth. *Center for Clinical and Translational Science Pilot Study* (\$50,000-not funded).

Webber, K., **Ickes, M.,** Rose, S., & Vazsonyi, A. (2013 May). Does the addition of text messaging improve the outcomes of the Shapedown Weight Management for teens? *Center for Clinical and Translational Science Pilot Study* (\$50,000-not funded).

**Ickes, M.** (2012 December). Evaluation of *Tips from Former Smokers* campaign on college students' tobacco related attitudes and behaviors. *Regular Summer Faculty Fellowship, Office of the Vice President for Research, University of Kentucky* (\$7,500-not funded).

Anyaeibunam, C., Grossardt, T., **Ickes, M.,** Ripley, J. & Bailey, K. (2012 December). Modeling the socio-ecological constructs of adolescent obesity in rural Kentucky. *National Institutes of Health (R24) RFA-LM-12-002: Basic Social and Behavioral Research on Culture, Health, and Wellbeing* (\$414,701-not funded).

**Ickes, M.** (2012 June). The impact of tobacco-free ambassadors on a college campus. *American Heart Association*. (\$150,000-not funded).

**Ickes, M.** (2012 May). Campus readiness for tobacco-free. *Center for Clinical and Translational Science Junior Investigator Pilot Study* (\$25,000-not funded).

Mazur, J., Fedewa, A., Ault, M., & **Ickes, M.** (2012 February). Good to go. *National Institutes of Health* (\$275,000-not funded).

Anyaeibunam, C., Grossardt, T., Helm, D., Rose, S., & **Ickes, M.** (2011 October). Culture, health literacy and preventing early childhood obesity in rural Kentucky. *National Institutes of Health* (\$275,000-not funded).

Hanley, C., Krall, B., **Ickes, M.,** & Spence, C. (2011 August). University of Kentucky Gardens Ready to Educate and Eat (Healthy) Network (UK-GREEN). *U.S. Department of Agriculture* (149,117-not funded).

**Ickes, M., & Erwin, H.** (2011 February). PAWS for Good Health in Kentucky Schools. *Steele-Reese Foundation* (\$60,000-not funded).

**Ickes, M., Erwin, H., Beighle, A.** (2011 February). PAWS for Good Health in Kentucky Schools. *Active Living Rapid-Release grant* (\$150,000-not funded).

**Ickes, M., Erwin, H., Beighle, A.** (2011 January). PAWS for Good Health in Kentucky Schools. *The Humana Foundation* (\$50,000).

**Ickes, M., Erwin, H., Beighle, A., Noland, M., Childress, M., Jepson, C., & Buckner.** (2010 December). PAWS for Good Health in Kentucky Schools. *The Knight Foundation* (\$75,000-not funded).

Erwin, H., Fedewa, A., & **Ickes, M.** (2010 November). After School Physical Activity Program. *AETNA Foundation*. (\$139,667-not funded).

Erwin, H., **Ickes, M., & Beighle, A.** (2010 October). PAWS for Good Health in Kentucky Schools. *Berea Appalachian Fund* (\$10,033-not funded).

Erwin, H., Beighle, A., Noland, **M., Ickes, M.,** Childress, M., Jepson, C., & Buckner. (2010 October). PAWS for Good Health in Kentucky Schools. *The Foundation for a Healthy Kentucky, Healthy Futures Initiative* (\$400,000-not funded).

**Ickes, M.** (2009 October). Building an environment to encourage biking to school in a local middle school. *Safe Routes to School. Mini Grants* (not funded).

**Ickes, M.** (2008 December). Predictors of childhood obesity in middle school students using the theory of planned behavior. *CECHS Mentoring Grant - University of Cincinnati Research Grant* (not funded).

**Ickes, M., & Sharma, M.** (2008 April). An evaluation of a childhood obesity intervention based on the theory of planned behavior. *Centers for Disease Control and Prevention Dissertation Grant* (not funded).

**Ickes, M.** (2007 December). Evaluation of an interactive video game on children's physical activity. *CECHS Mentoring Grant - University of Cincinnati Research Grant* (not funded).

## Mentored Grants

Ortz, C., Smalls, B., Kruse-Diehr, **Ickes, M.** (2023). Diversity Supplement for Courtney Ortiz: Older Adults Using Social Support to Improve Self-Care (OASIS): Adaption, Implementation, and Feasibility of Peer Support for Older Adults with T2DM in Appalachia. National Institute Diabetes & Digestive & Kidney Number: 4/1/2023-3/31/2026. \$735,146 total cost

## TEACHING & CURRICULUM DEVELOPMENT

### University of Kentucky (2010-present)

#### *Courses Taught & Developed*

KHP 230 - Human Health and Wellness\*\*  
KHP 325/510 - Community Organizing in Health Promotion\*\*  
KHP 577/679 - Health Promotion Practicum\*\*  
KHP 590 - Advanced Health Concepts  
KHP 609 - College Health Promotion\*  
KHP 609 - Substance Use Prevention and Health Promotion\*  
KHP 609 - Health Coaching\*  
KHP 673 - Health Promotion and Behavior Change\*  
KHP 674 - Foundations of Health Promotion  
KHP 677 - Program Planning and Health Promotion  
KHP 781 - Applied Worksite Wellness Strategies\*

#### *Programs Developed*

MS - Health Promotion Specialization – online option (2020)  
Health Coaching Graduate Certificate (2015)  
BS – Health Promotion non-teaching formalized option (2017)

#### *Funded Course/Curriculum/Program Initiatives*

**Ickes, M.** (2021 May). Health Promotion Online Degree. *UK Online Marketing*. (\$3,000).

**Ickes, M.** (2014 April). Enhanced student learning through online and blended learning. *eLearning Innovation Initiative, University of Kentucky* (\$6,000).

### Northern Kentucky University (2009-2010)

HEA 125 - Introduction to Health Education  
HEA 160 - Personal Health  
HEA 170 - Community Health  
HEA 320 - Drug and Alcohol Education  
HEA 350 - Sexuality Education  
PHE 108 - Group Fitness  
PHE 200 - Concepts of Lifetime Fitness

### Wright State University (2003 - 2010)

HED 331 - Health for Early and Middle Childhood Education  
HED 333 - Human Sexuality

### University of Cincinnati (2006 - 2009)

HPE 311 - Assessment and Prescription

HPE 136 – Community Health  
HPE 309 – Fitness and Health  
HFL 191 – Lifestyle Health and Fitness  
HFL 194 – Stress Management  
HFL 193 – Weight Control

\*Developed & taught

\*\*Online or hybrid delivery experience

## SERVICE AND LEADERSHIP

### Profession

- Leveraging clinical, behavioral, biomedical, and policy Innovations to Facilitate Tobacco treatment in Kentucky (LIFT KY), University of Kentucky, Alliance Member (2020-present)
- Campaign for Tobacco-free Kids: Youth Engagement Alliance Leadership Team (application process, selected) (Jan 2019-present)
- Society for Public Health Education (SOPHE)
  - Health Promotion Policy Expert (2011-present)
  - University Faculty Community of Practice Co-chair (2012-2018)
  - Policy Communication Planning Tool Reviewer (2012)
  - Student Sub-committee for 2011 Annual Meeting (2011)
  - Midyear Meeting abstract reviewer (2011)
  - Social Marketing Contest Reviewer (2010)
  - Annual Meeting abstract reviewer (2010, 2011, 2012, 2013)
  - Electronic Communications Committee (2010-2012)
  - 2011 Midyear Planning Committee (2010-2011)
  - Nominations Committee (2010)
  - Students/New Professionals Community of Practice Co-chair (2009-2012)
  - Student Trustee (2009-2010)
  - Strategic Planning Committee (2009-2011)
- American Association for Health, Physical Education, Recreation and Dance (AAHPERD)
  - Annual Meeting abstract reviewer (2010, 2011, 2012)
- American Public Health Association (APHA)
  - ATOD Policy Committee (2018-present)
  - Student Assembly Liaison (2008-2009)

- Public Health Education and Health Promotion Annual Meeting abstract reviewer (2008, 2009, 2010, 2011)
- Building Healthy Academic Communities (BHAC)
  - Evidence-based Practice and Research Committee (2015-2018)

#### **Requested Panel of Experts Member**

- Manoj Sharma – Ph.D. – Using multi-theory model to measure vaping cessation. University of Las Vegas Nevada. Requested Panel of Experts. (September 2021)
- Hannah Catalano, PhD. – Attitudes toward COVID-19 vaccination among college students. North Carolina State Wilmington. Requested Panel of Experts. (August 2021).
- Manoj Sharma – Ph.D. – Using multi-theory model to measure change from binge drinking to responsible drinking/abstinence in college students. Jackson State University. Requested Panel of Experts. (January 2016)
- Manoj Sharma – Ph.D. – Using multi-theory model to measure portion size in college students. Jackson State University. Requested Panel of Experts. (January 2016)
- Manoj Sharma – Ph.D. – Using multi-theory model to measure physical activity in college students. Jackson State University. Requested Panel of Experts. (August 2015)
- Manoj Sharma – Ph.D. - Using multi-theory model of health behavior change to predict duration and quality of sleep in college students. Jackson State University. Requested Panel of Experts. (July 2015)
- Paul Branscum – Ph.D. Designing a survey based on the Integrative Model. University of Oklahoma. Requested Panel of Experts. (February 2015)
- Manoj Sharma, PhD – Perceived stress, social support, emotional intelligence and job performance in health educators. Jackson State University. Requested Panel of Experts (October 2014)
- Nataraja Sarma Vaitinadin – MPH. Health Belief Model predicting childhood obesity among elementary aged school children. Masters of Public Health, College of Medicine, University of Cincinnati, Dissertation Panel of Experts. (January 2014)
- Paul Branscum – Ph.D. Designing and evaluating social cognitive theory comic book based intervention for the prevention of childhood obesity among elementary aged school children. Health Education, University of Cincinnati, Dissertation Panel of Experts. (September 2010)

#### **University**

- UK DREAM Scholars Mentor (2 separate students) (2019-2023)
- UK Newman Civic Fellowship Mentor (2 separate students) (2020-2022)
- UK Tobacco-free Take Action Student Organization Faculty Mentor (2018-2022)
- UK Graduate School Fellowship Committee – 3-year term (2018-present)

- UK Health and Wellness Coaching Committee (2018-2023)
- University of Kentucky #IAmAWomanInSTEM Mentoring program. (2017-2023)
- University of Kentucky Underrepresented Minority Graduate Scholars mentoring program (2016-2023)
- University of Kentucky *Tobacco-Free Take Action!* Director (2011-2022)
- University of Kentucky Tobacco-free Campus Committee (officially established under AR 6:5), Co-chair (2017-2020)
- University of Kentucky Graduate Council – elected 3-year term (2017-2020)
- DIHC Course Committee (2016-2019)
- University of Kentucky Pedestrian Advisory Committee (2017-2019)
- University of Kentucky Health Management Strategic Planning Committee (2013-2018)
- University of Kentucky Substance Education and Responsibility Advisory Committee (2013-2018)
- University of Kentucky Student Code of Conduct Committee (2013-2018)
- University of Kentucky Tobacco-free Campus Initiative Taskforce (2011-2017)
- University of Kentucky Nursing Public Health Student Site Coordinator (2011-2016)
- University of Kentucky, College of Nursing, Research Internship Supervisor (2013-2016)
- University Kick Butts Day Coordinator/Volunteer (2012-2020)
- University of Kentucky Great American Smoke Out Coordinator/Volunteer (2011-2020)
- World AIDS Day 2011 University of Kentucky Planning Group (2011)
- Northern Kentucky University Teaching Evaluation and Effectiveness Committee (2009-2010)
- University of Cincinnati Graduate Education Association (2007-2009)
- University of Cincinnati Graduate Student Governance Health Insurance Committee (2007-2008)

### College

- UK College of Education, Graduate Retention Student Success Committee, (2018-2023)
- UK College of Education Faculty Council (elected for 3-year at-large position) (2017-2020)
- UK College of Education, Search Committee for the Clinical Assistant Professor/Evaluation Center Director (2017)
- UK College of Education, Chair of Education Policy Periodic Program Review Committee (2016-2017)
- UK College of Education, Co-Director of New Faculty Mentoring Program (2016-2020)
- UK College of Education, Evaluation Advisory Board Committee (2015-2018)
- UK College of Education Strategic Planning Committee (2014-2016)
- UK College of Education Social Welfare Committee (2013)
- Northern Kentucky University CEHS Best Partner's Committee (2009-2010)
- Northern Kentucky University CEHS Diversity Committee (2009-2010)
- University of Cincinnati Health Promotion Search Committee (2007-2008)

- University of Cincinnati CECH Student Grievance Committee (2008)

### Department

- UK Department of Kinesiology and Health Promotion, Coordinator, Undergraduate Health Promotion Badges (2020-present)
- UK Department of Kinesiology and Health Promotion, Graduate Affairs Committee (2021-2024)
- UK Department of Kinesiology and Health Promotion, Faculty Performance Evaluation Committee (2021-present)
- UK Department of Kinesiology and Health Promotion, Search Committee Co-Chair for Assistant/Associate Professor Health Promotion (2021-2023)
- UK Department of Kinesiology and Health Promotion, Search Committee for Assistant Professor Sport and Exercise Psychology (Jan 2020-2021)
- UK Department of Kinesiology and Health Promotion, Director of Graduate Certificate in Health Coaching (2017-present)
- UK Department of Kinesiology and Health Promotion, Chair's Advisory Committee (2015-present)
- UK Department of Kinesiology and Health Promotion, Health Promotion Graduate Program Coordinator (2014-present)
- UK Department of Kinesiology and Health Promotion, Search Committee Co-Chair for Assistant/Associate Professor Health Promotion (2020-2021)
- UK Department of Kinesiology and Health Promotion, Chair of Internal 3-year Review Ad Hoc Committee. (2017-2020)
- UK Deans' Interprofessional Honors Colloquium, Department of Kinesiology and Health Promotion Faculty Affiliate (2016-2019)
- UK Department of Kinesiology and Health Promotion, Search Committee for Assistant Professor Sport Leadership (2017)
- UK Department of Kinesiology and Health Promotion, Chair of Special Title Series, Sport Psychology, Search Committee (2016-2017)
- UK Department of Kinesiology and Health Promotion, Periodic Program Review Committee (2016-2017)
- UK Department of Kinesiology and Health Promotion, Chair of Lecturer Search Committee (2016)
- UK Department of Kinesiology and Health Promotion, Special Title Series Committee (2015-2016)
- UK Department of Kinesiology and Health Promotion, Chair of Departmental Strategic Planning Committee (2014- 2016)
- UK Department of Kinesiology and Health Promotion, Organizer Teaching Research Innovation and Inspiration (TRII) (2013-2020)



- UK Department of Kinesiology and Health Promotion, Awards Committee (2012-2020)
- UK Department of Kinesiology and Health Promotion, Department Chair Search Committee (2014-2015)
- UK Department of Kinesiology and Health Promotion, Chair of Assistant Professor in Health Promotion Search Committee (2014)
- UK Department of Kinesiology and Health Promotion, Future Directions Committee (2012-2015)
- UK Department of Kinesiology and Health Promotion, Department Chair Search Committee (2012)
- UK Department of Kinesiology and Health Promotion, Hackensmith Award Committee (2012)
- UK Department of Kinesiology and Health Promotion, Chair of Assistant Professor in Health Promotion Search Committee (2012)
- UK Department of Kinesiology and Health Promotion, Developed Health Promotion Graduate Student Internship Manual (2012)
- UK Department of Kinesiology and Health Promotion, Lecturer in Health Promotion Search Committee (2011)
- UK Department of Kinesiology and Health Promotion, Lovaine Lewis Scholarship Committee (2011)
- UK Department of Kinesiology and Health Promotion, Travel Award Scholarship Committee (2011)

### Community

- Kids Make It, Advisory Board Member (2022 – 2023)
- United Way of the Bluegrass, Centennial Committee Member (2021-2023)
- Breath of Hope, Inaugural 5K Planning Committee Chair (2021-2023)
- Aetna, Tobacco Cessation Work Group (2019-present)
- American Heart Association, content expert (2019-present)
- DrugFree Lex Committee Member (2018-present)
- Kentucky State Health Department, Youth Tobacco Training Committee (2018-present)
- American Cancer Society, State of Cancer in the Commonwealth Policy Forum, Planning Committee (2018)
- Coalition for a Smoke-free Tomorrow (2017-present)
- Go Tobacco-free Director (2013-present)
- American Cancer Society, All in to End Cancer Committee, Secretary (2017-2018)
- Health in the Know (2013-2020)
- 16<sup>th</sup> District PTA – program coordinator, volunteer (2012-2017)
- Montessori High School – developed activity collaboration with KHP students (2012-2014)
- Carnegie Center for Literacy and Learning – book drive, volunteer (2012)

- Lexington Youth Partner Agency volunteer (2012)
- Growing Healthy Kids Planning Committee (2011-2012)
- Local Offices of Minority Health project interviewer (2008)
- Nutrition Council Volunteer (2008-2009)

### Associate Editor in Chief

- American Journal of Health Promotion, Associate-Editor-in-Chief (December 2019-December 2022)

### Reviewer

- Conference Mentor/Reviewer
  - CCTS Spring Conference poster reviewer (2019, 2021)
- Grant Proposals, Program Review
  - CCTS Early Investigator (2021)
  - Undergraduate Research – Posters on the Hill presentation reviewer (2016)
  - The Louisiana Board of Regents Research Competitiveness Subprogram (2015)
  - The University of Kentucky Center for Clinical & Translational Science Community Engagement program (2011)
  - 2011 NCAA CHOICES Alcohol Education Grant reviewer (2011)
  - American Cancer Society Scholarship reviewer (2009-2010)
  - Northern Kentucky Health Department grant proposal reviewer (2008)
  - University of Cincinnati Spring Research Conference proposal reviewer (2008)
- Text Books
  - Two Chapter Review of Personal Health Text – Pearson Education (2012)
  - Two Chapter Review of Personal Health Text – Pearson Education (2011)
  - Measurement and Evaluation for Health Educators – Jones and Bartlett (2011)
  - Health, Kinesiology, & Nutrition: Benjamin Cummings – Pearson Education (2011)
- Peer-reviewed Journals
  - American Journal of Health Behavior (2011-present)
  - BMC Public Health (2011-present)
  - Californian Journal of Health Promotion (2013 – present)
  - Health Behavior and Policy Review, Associate Editor (2013-present)
  - Health Education (2013-present)
  - Health Education and Behavior (2011 – present)
  - Health Promotion Practice (2010 – present)

- Infant, Child, and Adolescent Nutrition (2010 – 2020)
- International Journal of Child Health and Nutrition (2013 – 2020)
- International Journal of Environmental Research and Public Health (2011-present)
- Journal of Alcohol and Drug Education (2013-present)
- Journal of Obesity and Weight Loss Therapy, Editorial Board (2013-2020)
- Journal of the National Medical Association (2011-present)
- Obesity Reviews (2011-2020)
- Pedagogy in Health Promotion: The Scholarship for Teaching and Learning (2015-present)
- PLOS One (2012 – present)
- Psychology, Health and Medicine (2011 – present)
- Research Quarterly for Exercise and Sport. (2014 - 2020)
- SAGE Open, article Editor (2013 – present)
- The Journal of Rural Health (2015 – present)
- Vaccine (2011 – present)
- Web MD Central (2011 – present)
- Western Journal of Nursing (2018-present)
- Women's Health Issues (2012 – present)
- World Medical and Health Policy (2014 - present)

## **INTERNATIONAL ENGAGEMENT**

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### **Athens Institute for Education and Research** (Summer 2019, 2020, 2024)

- Member, Academic Council (2020-present)
- Coordinator of Tobacco Prevention and Control Symposium (June 2020)  
\*Postponed due to COVID-10

### **KIIS Costa Rica** (Summer 2017)

*Program Faculty: Latin American Studies and Health*

- Taught the following courses:
  - Human Health and Wellness
  - Health and Society in a Global Context

### **Sport for Change Workshop - Tanzania** (Summer 2016)

## MENTORING

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### *Doctoral -Dissertation Committee Member - Completed*

1. Shelley Meyer – Ed. D. Health Promotion, UK, Dissertation Committee Chair (defended)(2020-2024)
2. Monica Mundy - Ph.D. Health Promotion, UK, Dissertation Committee Chair (defended) (2019-2023)
3. Thomas Ard - Ph.D. Health Promotion, UK, Dissertation Committee Chair (defended) (2019-2023)
4. Mallory Brown - Ph.D. Health Promotion, UK, Dissertation Committee Chair (defended) (2019-2021)\*
5. Leigh Anne Koonmen, Ph.D. Behavioral Sciences, UK, Dissertation Committee (defended) (2019-2021)
6. Ben Montemayor - Ph.D. Health Promotion, UK, Dissertation Committee (defended). (2016-2020)
7. Julie Lasslo, PhD, Health Promotion, UK, Dissertation Committee (defended). (2015-2019)
8. Michael Dalessio – Ed.D. Health Promotion, UK, Dissertation Committee Chair (defended). (2013-2019)\*
9. Liz Combs – Ed.D. Health Promotion, UK, Dissertation Committee Chair (defended) (2015-2019)\*
10. Rachel Harrington – Ed.D. Health Promotion, UK, Dissertation Committee Chair (defended) (2015-2019)\*
11. Eric Moore – Ph.D. Physical Education, College of Education, University of Kentucky, Dissertation Committee Member (defended). (November 2018)
12. Christine Leistner – Ph.D. Health Education, College of Education, University of Kentucky, Dissertation Committee Member (defended). (April 2018)
13. Shannon Phelps – Ph.D. Health Promotion, College of Education, University of Kentucky, Dissertation Committee Member (defended). (October 2017)
14. Carrie Davidson – Ed.D. Health Promotion, College of Education, University of Kentucky, Dissertation Committee Member (defended). (May 2017)
15. Jennifer McMullen – Ph.D. Development of the College CHEF. Health Education, College of Education, University of Kentucky, Dissertation Committee Chair (defended). (May 2016)
16. Christine Johnson – Ph.D. Physical Education, UK, Dissertation Committee (defended). (November 2015)
17. Julia Buchanan – Ph.D. The role of Kentucky state-supported postsecondary education in creating a healthier citizenship. Ed Leadership, College of Education, University of Kentucky, Dissertation Committee (defended). (May 2015)
18. Jeannine Oldham – Ed.D. Dating violence on small rural college campuses: Are student and administrator perceptions the same? KHP, College of Education, University of Kentucky, Dissertation Committee (defended). (June 2014)
19. Gretchen Macy – Ed.D. Evaluation of life is cool curriculum. KHP, College of Education, University of Kentucky, Dissertation Committee (defended). (June 2012)
20. Jodi Marani – Ed.D. Relationships of access and affordability to household food security status among rural, low income caregivers. KHP, College of Education, University of Kentucky, Dissertation

Committee (defended). (*May 2012*)

21. Gina Siconolfi-Morris – Ph.D. Use of WiiFit on balance on function in children with disabilities. Rehabilitation Science, University of Kentucky, External Reviewer, Dissertation Committee (defended). (*September 2012*).
22. Whitney Katirai – Ed.D. Factors associated with tobacco use among rural and urban pregnant women. KHP, College of Education, University of Kentucky, Doctoral Dissertation Committee (defended). (*May 2011*)
23. Margaret Stickney – Ed.D. A qualitative study of the perceived health benefits of a therapeutic riding program for children with autism spectrum disorders. KHP, College of Education, University of Kentucky, Dissertation Committee (defended). (*November 2010*)

**Doctoral -Dissertation Committee Member – In Progress (\*Chair)**

1. Erica Hill - EdD. Health Promotion, UK, Dissertation Committee Chair (2022-present)\*
2. Melissa Messman - Ed.D. Health Promotion, UK, Dissertation Committee Chair (2021-present)\*
3. Raphael Adesyan - Ph.D. Health Promotion, UK, Dissertation Committee Chair (2022-present)\*
4. Erika Karle - Ph.D. Health Promotion, UK, Dissertation Committee Chair (2022 - present)\*
5. Jana Michalik - Ph.D. Health Promotion, UK, Dissertation Committee Chair (2023-present)\*
6. Rachael Corrone - Ph.D. Health Promotion, UK, Dissertation Committee Chair (2021-present)\*
7. Maranda Brooks - Ph.D. Health Promotion, UK, Dissertation Committee Chair (2023 - present)\*
8. Erin Aiello - Ph.D. Health Promotion, UK, Dissertation Committee Chair (2020-present)\*
9. Kendra OoNorasak - Ph.D. Health Promotion, UK, Dissertation Committee Chair (2020-present)\*
10. Lindsey Mulliss – Ph.D. Health Promotion, UK, Dissertation Committee (2020-present)

**Doctoral-Advisory Committee Member (\*Chair or Co-chair)**

1. Jarrah Al-Kayed - PhD College of Nursing, UK, Doctoral Advisory Committee (2022-present)
2. Lily Silverstein – PhD College of Nursing, UK, Doctoral Advisory Committee (2022-present)
3. Ming Zhang – PhD Counseling Psychology, UK, Doctoral Advisory Committee (2022-present)
4. Erica Hill – Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2022-2024)\*
5. Raphael Adesyan – Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2022-2024)\*
6. Erika Karle – Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2022-present)\*
7. Rachael Corrone – Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2021-2024)\*
8. Melissa Messman - Ed.D. Health Promotion, UK, Doctoral Advisory Committee (2021-present)\*
9. Shelley Meyer - EdD. Health Promotion, UK, Doctoral Advisory Committee (2020-2024)\*
10. Erin Aiello - Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2020-2022)\*
11. Casey Quickel - Ed.D. Health Promotion, UK, Doctoral Advisory Committee (2020-2022)\*
12. Thomas Ard - Ed.D. Health Promotion, UK, Doctoral Advisory Committee (2020-2022)\*
13. Kendra Oo - PhD. Health Promotion, UK, Doctoral Advisory Committee (2020-2022)\*
14. Danielle Augustine - Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2021-2022)\*
15. Lindsey Mullins – Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2015-2020)\*
16. Leigh Anne Koomen, Ph.D. Behavioral Sciences, UK, Doctoral Advisory Committee (2017-2019)

17. Monica Mundy - Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2017-2019)\*
18. Julie Laslo - Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2018-2019)
19. Mallory Brown - Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2018-2019)\*
20. Ben Montemayor - Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2017-2018)
21. Liz Combs – Ed.D. Health Promotion, UK, Doctoral Advisory Committee (2014-2015)\*
22. Rachel Harrington – Ed.D. Health Promotion, UK, Doctoral Advisory Committee (2013-2015)\*
23. Christine Leistner – Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2015-2017)
24. Jennifer McMullen – Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2014-2015)\*
25. Shannon Phelps – Ph.D. Health Promotion, UK, Doctoral Advisory Committee (2014-2015)
26. Mona Abushareb – Ph.D. College of Nursing, UK, Doctoral Advisory Committee (2013-present)
27. Marjorie Stanek - Ed.D. Health Promotion, UK, Doctoral Advisory Committee (2014-2015)
28. Mabruk Quabili – Ed.D. Health Promotion, UK, Doctoral Advisory Committee (2013-2014)
29. Eric Moore – Ph.D. Physical Education, UK, Doctoral Advisory Committee (2013-2014)
30. Christine Johnson – Ph.D. Physical Education, UK, Doctoral Advisory Committee (2014)
31. Michelle Lineberry – Ed.D. Health Promotion, UK, Doctoral Advisory Committee. (2011-2013)
32. Michael Dalessio – Ed.D. Health Promotion, UK, Doctoral Advisory Committee. (2011-2013)\*
33. Carrie Davidson – Ed.D. Health Promotion, UK, Doctoral Advisory Committee. (2011-2013)
34. Miranda Martin Scully – Ed.D. Health Promotion, UK, Doctoral Advisory Committee. (2010-present)
35. Julia Buchanan – Ph.D. Ed Leadership, UK, Doctoral Advisory Committee. (2013-2014)

**Masters-Thesis Committee Member (\*Chair)**

1. Hannah Brown, MS Health Promotion (2024-present)
2. Courtney Martin, MS Health Promotion (2023-present)
3. Kamryn Michel - University of Kentucky, Thesis Committee Member (2019-2020).
4. Shannon White – Health priorities, current lifestyle behaviors, and barriers to a healthy lifestyle among emergency department nurses. Department of Kinesiology and Health Promotion, University of Kentucky, Thesis Committee Member (defended). (May 2020).
5. Jakob Hester – Identifying and Predicting Intention to Quit Using Juul Among Emerging Adults, University of Kentucky, Thesis Committee Chair (defended). (May 2020)\*.
6. Liz Greer – Mindfulness and sexuality. Department of Kinesiology and Health Promotion, University of Kentucky, Thesis Committee Member (defended). (May 2017).
7. Julia Buchanan – MS. Energy drink consumption (with and without alcohol) and its relationship to risky behavior, risk awareness, and behavioral intention in college students. University of Kentucky, Thesis Committee Chair (defended). (July 2012)\*
8. Annie Wilson – MS. The availability and accessibility of male condoms within a two-mile radius of the University of Kentucky. University of Kentucky, Thesis Committee Chair (defended). (July 2012)\*

9. Nicole Peritore – MS. Factors relating to HPV behaviors of female college students. University of Kentucky, Thesis Committee (defended). (*January 2012*)



**Masters- Committee Member-Non Thesis Track (\*Chair)**

1. Amber Smith - MS Health Promotion (2022-2024)\*
2. Hannah Kopriwa - MS Health Promotion (2022-2024)\*
3. Bryce Hutson - MS Health Promotion (2022-2024)
4. Laura Witherington - MS Health Promotion (2022-2024)\*
5. Jakob Whitacre - MS Health Promotion (2021-2023)\*
6. Dwight St. Hillaire - MS Health Promotion (2021-2023)\*
7. Gillian Torr – MS Health Promotion (2021-2023)\*
8. Christin Sherrad – MS Sport Leadership (2022)
9. Liya Yang – MS Sport Leadership (2022)
10. Tyler Malone – MS Sport Leadership (2022)
11. Dillon Lay - MS Health Promotion (2020-2022)\*
12. Claire Miller - MS Health Promotion (2020-2022)\*
13. Kaitlyn Kyger - MS Health Promotion (2020-2022)\*
14. Shelby Watkins - MS Health Promotion (2020-2022)\*
15. Lauren Moore - MS Health Promotion (2020-2022)\*
16. Jaclyn West - MS Health Promotion (2019-2021)\*
17. Alina Kennedy - MS Health Promotion (2019-2021)\*
18. Savanajh Black – MS Sport & Exercise Psychology (2020-2021)
19. Ken Knox – MS Sport & Exercise Psychology (2020-2021)
20. McKenzie Watson – MS Sport & Exercise Psychology (2020-2021)
21. Samantha Leavens – MS Sport & Exercise Psychology (2020-2021)
22. Tanika Santos - MS Health Promotion (2019-2021)\*
23. Tre’Veon Deguild - MS Health Promotion (2019-2021)\*
24. Alexis LaPrelle - MS Health Promotion (2019-2021)\*
25. Katarina Hoskins - MS Health Promotion (2019-2021)
26. Hannah Bourg – MS Health Promotion (2018-2020)
27. Harold Corrales – MS Health Promotion (2018-2020)\*
28. Dominique Floyd – MS Health Promotion (2018-2020)\*
29. Hend Alotaibi – MS Health Promotion (2018-2020)\*
30. Danielle Augustin - MS Health Promotion (2017-2019)\*
31. Anna Buchanan - MS Health Promotion (2017-2019)\*
32. Neil Goldstein - MS Health Promotion (2017-2019)\*
33. Jennifer Miller - MS Health Promotion (2017-2019)\*
34. Kim Poole - MS Health Promotion (2017-2019)\*
35. Lindsey Woods - MS Health Promotion (2017-2019)\*

36. Vilma Bursac – MS Health Promotion (2016-2018)\*
37. Cassidy Cantrell – MS Health Promotion (2016-2018)\*
38. Meghan Berger – MS Health Promotion (2016-2017)\*
39. Shannon Vinci - MS Health Promotion (2015-2017)\*

40. Chanetta Cottrell - MS Health Promotion (2014-2017)\*
41. Ethan Mattingly - MS Health Promotion (2015-2017)\*
42. Kathy Adams - MS Health Promotion (2015-2017)\*
43. Ashley Miller - MS Health Promotion (2015-2017)\*
44. Nicole Brooks – MS Health Promotion (2014-2016)\*
45. Caitlin Ottaway – MS Health Promotion (2014-2016)\*
46. Kristi Faber – MS Health Promotion (2014-2016)\*
47. Alana Miller – MS Health Promotion (2014-2016)\*
48. Courtney Gill – MS Health Promotion (2014-2016)\*
49. Nana Amaniampong – MS Health Promotion (2014-2016)\*
50. Christopher Berger – MS Health Promotion (2014-2016)\*
51. Jon Nichols – MS Health Promotion (2014-2016)\*
52. Megan Kidd – MS Health Promotion (2012-2016)\*
53. Robin Klevin – MS Health Promotion (2012-2015)\*
54. Zachary Seagroves – MS Health Promotion (2014-2015)\*
55. Mark Spellmire – MS Health Promotion (2013-2015)\*
56. Kristy Young– MS Health Promotion (2013-2015)\*
57. Kelsey Sheron– MS Health Promotion (2013-2015)\*
58. Ashley Jones– MS Health Promotion (2013-2015)\*
59. Courtney Pflug – MS Health Promotion (2012-2015)\*
60. Michael Westneat– MS Health Promotion (2013-2015)
61. Christopher Meidl– MS Health Promotion (2013-2015)
62. Anna Fuller – MS Sport Leadership (2014)
63. Melissa Albers – MS Exercise Physiology (2013-2014)
64. Amy Chamberlain – MS Health Promotion. (2011-2013) \*
65. Lauren Ford – MS Health Promotion. (2011-2013)
66. Erin McWilliams – MS Health Promotion. (2011-2013) \*
67. Fielding Trapp – MS Health Promotion. (2011-2013)
68. Olivia Dennison – MS Health Promotion. (2011-2013) \*
69. Leia Eldreth – MS Health Promotion. (2011-2013)
70. Brandon McDaniel – MS Health Promotion. (2011-2013)
71. Melissa Scheelk – MS Health Promotion. (2011-2013)
72. Emily Waits – MS Health Promotion. (2011-2013)
73. Kira Slagle – MS Health Promotion. (2011-2012)
74. Tiffany Orcena – MS. Sport Leadership. (2010-2012)\*

75. Cheryl Estes – MS. Health Promotion. (2010-2012)\*
76. Michael Thornton – MS. Health Promotion. (2010-2012)
77. Kaitlyn Shaw – MS. Health Promotion. (2010-2012)
78. Aly Nonn – MS. Health Promotion. (2010-2012)
79. Brian Williams – MS. Health Promotion. (2010-2011)
80. Michael Wigger – MS. Health Promotion. (2010-2011)
81. Nicholas Drake – MS. Health Promotion. (2010-2011)
82. Gary Hall – MS. Health Promotion. (2010-2011)
83. Megan Yates – MS. Health Promotion. (2010-2011)
84. Julie Tate – MS. Health Promotion. (2010-2011)
85. Jessica Kline – MS. Health Promotion. (2010-2011)
86. Miranda Roark – MS. Health Promotion. (2010-2011)

#### **Supervised Independent Study/Independent Research**

1. Kendra Oo – Doctoral Student, UK. Understanding the process of developing a systematic review protocol. Intergenerational nutrition interventions. *(Summer 2021)*.
2. Jennifer Miller - Masters Student, UK. Understanding substance abuse. Resource guide development, community engagement/coalition, understanding health promotion and treatment efforts. *(Fall 2018)*.
3. Jakob Hester - Masters Student, UK. Understanding Juul use among college students. Research study; implementation; development of manuscript, conference submission/poster development. *(Fall 2018)*.
4. Anna Buchanan - Masters Student, UK. Impact of a university based employee wellness program among high risk females. Program implementation and development, abstract submission, poster development. *(Fall 2018)*.
5. Lindsey Woods – Masters Student, UK. *(Summer 2018)*
6. Cassidy Cantrell – Masters Student, UK. Understanding barriers and facilitators to walking for transportation. Poster development, focus group facilitation. *(Spring 2018)*.
7. Courtney Pflug – Masters Student, UK. Physical activity and wellness. Manuscript development – Evaluation of Time to Change Program. *(Spring 2015)*.
8. Marley Foertsch – Undergraduate Student, Chellegren Fellow, UK. Go Tobacco-free. *(Spring 2015)*.
9. Kristy Young – Masters Student, UK. Physical activity and wellness – PTA 5K Training Program. *(Fall 2014)*.
10. Rachel Harrington – Doctoral Student, UK. Manuscript development – BMI and risky health behaviors. *(Summer 2014)*.
11. Elizabeth Marshall – Doctoral Student, UK. Investigation of sources of nutrition information for mothers with toddlers. *(Spring 2014)*

12. Jennifer McMullen –Doctoral Student, UK. Systematic review of school-based childhood obesity prevention and treatment interventions. *(Spring 2014)*
13. Olivia Dennison – Masters Student, UK. Manuscript development HIV Testing. *(Fall 2012)*
14. Michelle Lineberry – Doctoral Student, UK. Literature review, dissertation topic exploration. *(Summer 2012)*
15. Daneila McVea Smith – Masters Student, UK. Toolkit development sexual harassment. *(Spring 2012)*
16. Aly Nonn – Masters Student, UK. Develop Wildcat Wellness program. *(Spring 2012)*
17. Kaitlyn Shaw – Masters Student, UK. Develop materials for physical activity kit. *(Fall 2011)*

### **Select Supervised Research Experience**

1. Sadie Middleton – MS, Research Assistant, Go Tobacco-free *(2019-2021)*
2. Dillon Lay – MS, Research Assistant, #iCANendthetrend *(2019-present)*
3. Claire Miller – MS, Research Assistant, Youth Advocacy *(2020-present)*
4. Hannah Bourg – MS, Research Assistant, Youth Engagement in Tobacco Prevention *(2018-2020)*
5. Anna Buchanan – MS, Research Assistant, Project WELL *(2017-2020)*
6. Natalie Jones – M.S., Research Assistant. WalkUK Research Project.
7. Keyana Boka – M.S. Research Assistant. CCTS Community Engagement grant. Readiness for physical activity. *(January 2016-2019)*
8. Madison Shore – Undergraduate Research Assistant. SUNY & Go Tobacco-free. *(January 2016-2018)*
9. Nana Amaniapong – M.S., Research Assistant. CCTS Community Engagement grant. Readiness for physical activity. *(November 2014-2016)*
10. Jennifer McMullen –Doctoral Student, Research Assistant. Incorporating proper nutrition and physical exercise into everyday life: Strategies for obese youth and their families to promote healthy lifestyles. University of Kentucky. *(January 2014-2016)*
11. Mabruk Quabili & Michael Westneat – Health Promotion Graduate Students, Research Assistant. Evaluation of the Time to Change program. University of Kentucky. *(November 2013-May 2014)*
12. Lauren Ford – M.S., Research Assistant. Campus readiness for tobacco free. University of Kentucky. *(February 2013-February 2014)*

### **AWARDS AND RECOGNITION**

- Nominated for the Ken Freedman Outstanding Advisor award (2024)
- Nominated for the College of Education, Criminal Justice, and Human Services Distinguished Alumni Award at the University of Cincinnati (2024)
- University of Kentucky Research Professor (2023)
- University of Kentucky Alumni Professor (2023)

- Recipient of the 2021 Excellent Undergraduate Research Mentor Award (2021)
- Nominated for Sarah Bennett Holmes Team Award (2021)
- Nominated for Teachers Who Make A Difference, University of Kentucky (2024, 2021, 2020, 2019, 2018, 2016, 2015, 2014)

- *American Journal of Health Promotion* (AJHP) Michael P O'Donnel Paper of the Year for 2019: <https://journals.sagepub.com/doi/abs/10.1177/0890117118771310?journalCode=ahpa>
- Health Policy Champion, Tobacco-free Ambassador Partnership. Foundation for a Healthy Kentucky (2019)
- Nominated for the William B. Sturgill Award, University of Kentucky (2015)
- Nominated for the 2015 Ken Freedman Outstanding Advising Award, University of Kentucky (2015)
- Nominated for Sarah Bennett Holmes Award, University of Kentucky (2012)
- Society for Public Health Education (SOPHE) 21<sup>st</sup> Century Scholarship Recipient (2008)
- Accepted for SOPHE State Health Policy Institute (2011-Feb)

## PROFESSIONAL AFFILIATIONS

- Action for Healthy Kids (AFHK) (2008-2013)
- American Academy of Health Behavior (AAHB) (2014-2017)
- American Alliance for Health Physical Education Recreation and Dance (AAHPERD) (2006-2013)
- American Alliance for Health Education (AAHE) (2006-2013)
- American College Health Association (ACHA) (2017-present)
- American Public Health Association (APHA) (2008-2011, 2017-present)
- American School Health Association (ASHA) (2007-2008, 2011-2013, 2018-present)
- Athens Institute for Education and Research, *Academic Member* (2019-present)
- Athens Institute for Education and Research, *Academic Council* (2020-present)
- Building Healthy Academic Communities (BHAC) (2015-2020)
- Eta Sigma Gamma (ESG) (2006-2009)
- Kentucky Association for Health, Physical Education, Recreation and Dance (KAHPERD) (2009-2012, 2014-present)
- National Association of Professional Women (NAPW) (2009-present)
- Ohio Alliance for Health Physical Education Recreation and Dance (OAHPERD) (2006-2008)
- Ohio Public Health Association (OPHA) (2008-2009)
- Society for Public Health Education (SOPHE) (2006-present)

## PROFESSIONAL TRAINING & CERTIFICATION

- University of Kentucky Research Leadership Academy (2023-2024)
- University of Kentucky Chairs Academy (2023)
- Rutgers Certified Tobacco Treatment Specialist Training (March 2022)
- Robert Wood Johnson Foundation Health Policy Fellow (applied-November 2019)
- Women's Executive Leadership Development program 2017-18 Cohort 2 (participated 2017-2018)

- Bluegrass Higher Education Consortium Academic Leadership Academy (*participated January 2016*)



- Training Institute for Dissemination and Implementation Research (*applied April 2015*)
- Nutrition Environment Measures Training (*2014*)