



## Learn About Family Medicine

Students may choose to participate in other Family Medicine related events including those sponsored by the American Academy of Family Physicians (AAFP) and the Society of Teachers of Family Medicine (STFM). These may include attending local, regional and/or national meetings. Students may also be invited to collaborate on scholarly activities such as posters, publications and presentation.

## FamTrack Core Committee

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Heidi Tirb, MD

## DFCM Faculty and Residents

<https://medicine.uky.edu/departments/familymedicine/about-us>

## More about Family Medicine

<https://www.aafp.org/students-residents/medical-students.html>



## Contact Information

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 **College of Medicine**  
*Family and Community Medicine*



# FamTrack:

A Longitudinal Clinical Experience  
& Mentorship in Family Medicine

## Why Family Medicine?

Family Medicine training prepares students to be leaders and advocates in tomorrow's healthcare system. The Family Medicine model of care provides an integrated approach that centers on patient needs and works collaboratively within our health system to improve outcomes for patients and communities.

**Family Medicine** is a core component of medical education for students interested in understanding **population health** and becoming **leaders in research, clinical practice and education.**

For students interested in a career in Family Medicine, there is no better way to understand these options than to spend time one-on-one with a practicing Family Physician.

## Career Advising and Mentoring

Understanding the role of a Family Physician in the health of individuals and the community is central to the formation of professional identity. Students considering a career in Family Medicine benefit from early and ongoing mentorship to help develop the important skills that will help them succeed in this career.



## Program Goals

The aim of this program is to identify potential leaders who distinguish themselves among their peers by demonstrating the humanistic qualities and the desire to advocate for the health of individuals and communities. These students will have the opportunity to participate in a longitudinal clinical experience with a faculty mentor in the Department of Family & Community Medicine (DFCM).

## Program Overview

This 18 month program provides early clinical experiences for a cohort of students who are interested in pursuing Family Medicine.

Students are partnered with a Family Medicine faculty physician from January of the M1 year through the end of the M2 year. They will be in clinic one half day per month and will meet once a month for facilitated discussions around their patient experiences.

Students will have the opportunity to develop interviewing and patient advocacy skills through an ongoing relationship with one patient or family.

During the M1-M2 summer break, students will have the opportunity to engage in an intensive experience in clinical medicine, research, practice management or a combination thereof.

## Mentored Experiences

Students will be matched with a preceptor for a 10 day/2 week clinical, research or practice management experience. Responsibilities and scope will be developed with the individual mentor. Opportunities include:

- Clinical sites
- Research Mentors
- Practice Management Mentor

## Enrollment and Participation Timeline

- Students may apply during the fall of the 1<sup>st</sup> year for participation through May of the 2<sup>nd</sup> year.
- Program applications will open in October and close early December.
- Observational experiences in half day clinics 1x month during the academic year beginning spring semester of 1<sup>st</sup> year through 2<sup>nd</sup> year.
- Summer immersion will occur between the 1<sup>st</sup> and 2<sup>nd</sup> year.

