

CAREGIVER RESOURCES

- **Area Agency on Aging:**
[Kentucky aging and disability support services \(AAAIL\)](#)
 - 502-564-6930
 - Information and assistance
 - Caregiver support programs
 - Medicaid waiver programs
- **Alzheimer's Association 24/7 hotline:**
[Alzheimer's Association education, support, and resources for Alzheimer's disease and dementia](#)
 - 1-800-272-3900
 - Community Resource Finder: [Alzheimer's Association tool to locate care and community resources](#)
- **Eldercare Care:**
 - 1-800-677-1116
 - Information and assistance
 - Caregiver support programs
 - Medicaid waiver programs
- **National Institute On Aging:**
[Caregiving information and support resources from the National Institute on Aging](#)
 - Information and assistance



RESEARCH

For more information about the research we do here at
Sanders-Brown or ways to get involved:
[UK Sanders-Brown Center on Aging clinical trials](#)
or call us 859-323-5550



For additional caregiver resources and educational programming
from **Sanders-Brown Center on Aging**:
[Dementia caregiving guidance and training from the University of Kentucky](#)



Department for Aging and Independent Living Caregiver Support Services National Family Caregiver Support Program

The National Family Caregiver Support program offers supports services to informal caregivers of people 60 + years of age, and individuals with Alzheimer's disease or a related disorder. The services include:

- Information about available programs and services
- Counseling, support groups, and caregiver training
- Respite care to give caregivers time off from care giving responsibilities
- Monetary funds are available on a limited basis, no asset information is collected

CONTACT YOUR LOCAL AREA AGENCY ON AGING AND INDEPENDENT LIVING

Bluegrass AAA | Anderson, Boyle, Bourbon, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, and Woodford
699 Perimeter Drive Lexington, KY 40517 | Phone: 859-266-1116 or 866-665-7921

Barren River AAA | Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson and Warren
177 Graham Avenue Bowling Green, KY 42101 | Phone: 270-781-2381 or 1-800-395-7654

Big Sandy AAA | Floyd, Johnson, Magoffin, Martin, and Pike
110 Resource Court Prestonsburg, KY 41653 | Phone: 606-886-2374 or 1-800-737-2723

Buffalo Trace AAA | Bracken, Fleming, Lewis, Mason, and Robertson
201 Government St., Suite 300 Maysville, KY 41056 | Phone: 606-564-7084 or 1-877-564-7084

Cumberland Valley AAA | Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle and Whitley
342 Old Whitley Road London, KY 40743 | Phone: 606-864-7391

FIVCO AAA | Boyd, Carter, Elliott, Greenup, and Lawrence
32 FIVCO Court Grayson, KY 41143 | Phone: 606-929-1366 or 1-800-499-5191

Gateway AAA | Bath, Menifee, Montgomery, Morgan and Rowan
110 Lake ark Drive Morehead, KY 40351 | Phone: 855-882-5307

Green River AAA | Daviess, Hancock, Henderson, McLean, Ohio, Union and Webster
300 GRADD Way Owensboro, KY 42302 | Phone: 270-926-4433 or 1-800-928-9094

KIPDA AAA | Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, and Trimble
11520 Commonwealth Drive Louisville, KY 40299 | Phone: 502-266-5571

Kentucky River AAA | Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry and Wolfe
941 North Main Street Hazard, KY 41701 | Phone: 606-436-3158

Lake Cumberland AAA | Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne
2384 Lakeway Drive Russell Springs, KY 42642 | Phone: 270-866-4200 or 800-264-7093

Lincoln Trail AAA | Breckinridge, Grayson, Hardin, Larue, Marion, Meade, Nelson and Washington
613 College Street Road Elizabethtown, KY 42702 | Phone: 800-264-0393

Northern Kentucky AAA | Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, and Pendleton
22 Spiral Drive Florence, KY 41042 | Phone: 859-692-2480

Pennyrile AAA | Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd, and Trigg
300 Hammond Drive Hopkinsville, KY 42240 | Phone: 270-886-9484 or 1-800-928-7233