

Fitness Facility List



BOWLING GREEN

*Harmony Yoga 830 Fairview Avenue 270.792.0010 www.harmonytherayoga.com	*Be Happy Yoga & Salt Cave 2710 Nashville Rd. Suite 104 270.779.8070 behappybg.com
*Executive Fitness 513 State Street 270.779.0337 www.executivefitness.club	*Hot Yoga 730 Fairview Avenue, Suite C-2 270.793.0011 hotyogabowlinggreen.com
*Orange Theory – Buckhead Square 760 Campbell Lane 270.957.8866 www.orangetheory.com/en-us/locations/bowling-green-kentucky-1218	Anytime Fitness 164 Iron Skillet Court 270.904.8329 www.anytimefitness.com/gyms/4213/bowling-green-ky-42104/
LiveActive – 50 Plus Fitness 1249 US-31W 270.904.7439 www.liveactivebgky.com	BG Parks & Recreation – BGPR Fitness 225 East Third Ave 270.393.3582 www.bgky.org/bgpr/fitness
Total Fitness Connection 2235 Russellville Rd 270.781.1151 totalfitnessconnection.com	Planet Fitness 1751 Scottsville Rd 270.599.0376 www.planetfitness.com/gyms/bowling-green-ky
HOTWORX 1945 Scottsville Rd, Suite C2 270.770.5111 www.hotworx.net/studio/bowling-green	Workout Anytime – Greenwood Square 2945 Scottsville Rd, Ste F2 270.495.1895 workoutanytime.com/greenwood-square
BAC - Bowling Green Athletic Club (North) 1640 Scottsville Road 270.282.0749 bgathleticclub.com	BAC - Bowling Green Athletic Club (South) 121 Flex Park Lane 270.282.0749 bgathleticclub.com
Fuel Fortress 3268 Nashville Rd 270.599.0367 fuelfortress.com/locations/bowling-green	Absolutely Pilates 1051 Fairview Ave 270.793.2728 www.absolutelypilates.org
The Spot 326 East Main Ave 270.597.4209 www.thespotbg.com	Club Pilates 5833 Scottsville Rd, Suite 201 270.715.0881 www.clubpilates.com/location/southbowlinggreen

*Offers MCH discount. Much present Badge ID



ALBANY

Twin Lakes Family Wellness Center

325 Bobby Grant Lane | 606.387.9622
www.twinlakesfamilywellnesscenter.com

FRANKLIN

The Grande

707 E Cedar St | 270.776.0462
thegrandefitness.com

Anytime Fitness

1425 Nashville Rd | 270.925.0149
www.anytimefitness.com/gyms/3933/franklin-ky-42134/

Fuel Fortress

835 S Main St | 270.586.0366
fuelfortress.com/locations/franklin

SCOTTSVILLE

*The Core of Scottsville

309 W Cherry St | 270.237.5704
www.thecoreofscottsville.org

RUSSELLVILLE

Quik Fit of Russellville

1144 W 9th St | 270.717.5664
quikfitrussellville.com

Carpenter Center

265 N Main St | 270.726.5052
russellvilleky.gov/index.php/services/carpenter-center

For His Glory Fitness

109 Robins Way | 270.883.2601
 Can be found on Facebook & Instagram

Turning Point Fitness

117 Thurston Dr | 270.725.1913
 Can be found on Facebook

GLASGOW

Workout Anytime

930 Happy Valley Rd | 270.629.4111
workoutanytime.com/glasgow

Barren County YMCA

1 YMCA Way | 270.651.9622
www.barrencountyyymca.org

Extreme Fitness *for women*

105 Moran Street | 270.629.3036
www.extremeky.com

RNF Cross Fit

210 Leslie Ave | 270.479.6757
www.rnfcrossfit.com

Fitness Barre Glasgow

1407 N Race St | 937.215.2654
 Can be found on Facebook

CAVERNA

Cave Region Fitness (Cave City)

401 N Dixie Hwy | 270.537.5007
 Can be found on Facebook

Asha Yoga (Cave City)

103 Broadway St | 270.372.3033
ashayogaky.com