

University of Kentucky Family and Community Medicine Residency Program



1972-2022

313 Graduates



Top Reasons to Choose the UK Department of Family and Community Medicine

State-of-the-Art Facilities
Excellent Reputation
Board Certified Faculty
Motivated Residents
Residency Curriculum
Residency Tracks and Sports Medicine Fellowship
Residents as Teachers Track
Transform Health Trans Track
Rich History
Competitive Benefits
A Great City
A Fun Extended Family



State-of-the-Art Facilities



UK GOOD SAMARITAN HOSPITAL

- FM inpatient service
- An unopposed training experience
- 200 bed facility
- 12 bed ICU
- Acute-care facility
- Community-hospital atmosphere
- All patient rooms are single-occupancy



UK GOOD SAMARITAN HOSPITAL



- The blending of UK and Good Samaritan traditions makes the “Good” truly Great.
- Located in the campus downtown, close to restaurants and shopping (Local Taco, Joe Bologna’s, Tin Roof, Target)

UK Chandler Hospital (Old Chandler)



- 569 bed facility
- Top 100 Hospital
- Markey Cancer Center and the Gill Heart Institute are connected to the main hospital
- Also connected to Veterans Affairs Medical Center
- Only Level I Trauma facility in central and eastern Kentucky
- 100 ICU beds

UK Chandler Hospital (New Chandler)



New Hospital & Medical Campus of Future



- 1 million square foot facility
- Emergency Department opened 2010

Turfland Clinic Family Medical Center



UK University of
Kentucky®

Turfland Clinic Family Medical Center

- NCQA Designated Level III Patient Centered Medical Home (PCMH) - 2015
- The Turfland Clinic contains clinical facilities for many medical specialties
 - Ophthalmology
 - Orthopedics
 - Physical Therapy
 - X-Ray
 - Lab
 - On-Site Pharmacy
 - Endocrinology
 - Plastic Surgery
 - Bariatric Surgery
 - Lexington Clinic Oncology
 - MRI



Turfland Clinic Family Medical Center

- Each resident manages their own patient panel in their continuity clinic
- Includes 50 exam rooms, 2 procedure rooms, clinical laboratory, and a counseling room.
- Clinic laptops provided, along with subscription to Fluency Direct voice recognition.



Excellent Reputation



U.S. News & World Report Recognition

UK HealthCare is No. 1 in KY in 2024-2025 U.S. News & World Report's Best Hospital Rankings for the 9th Consecutive Year

- Top 50 National Rankings:

- Cancer (#36)
- Ear, Nose, and Throat (#37)
- OB/GYN (#21)

- Adult Procedures and Conditions Ranked as High-Performing:

- Back Surgery (Spinal Fusion)
- Chronic Obstructive Pulmonary Disease (COPD)
- Colon Cancer Surgery
- Gynecological Cancer Surgery
- Heart Attack
- Heart Bypass
- Heart Failure
- Hip Replacement
- Kidney Failure
- Leukemia, Lymphoma and Myeloma
- Lung Cancer Surgery
- Pneumonia
- Prostate Cancer Surgery
- Stroke



University of Kentucky Health Care

“Triple Crown” of Research



- National Cancer Institute (NCI) designation at Markey
- NIH Clinical and Translational Science Awards grant (one of 61 nationally)
- Federally funded Alzheimer's Disease Center (Sanders-Brown Center on Aging)

Board Certified Faculty



Academics

As a university-affiliated institution, our faculty (both in department & off-service) are up-to-date, teaching-oriented, and at the top of their field.



Archana Kudrimoti, MD (PD)



Inpatient

Sarah Marks, MD (APD)



Core Faculty
Inpatient
OB

Mara Arterburn, DO



OMT

Keisa Fallin-Bennett, MD



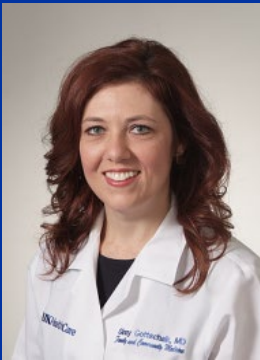
TransTrack

Tina Fawns, MD



Core Faculty

Ginny Gottschalk, MD (Chair)



Core Faculty
Inpatient

Diana Heiman, MD



Inpatient
Sports

Chandler Maguet, MD



Core Faculty
Inpatient

Jessica Setser, MD



Core Faculty
Inpatient

Neena Thomas-Eapen, MD



Integrative Medicine

Faculty (Cont.)

Shannon Voogt, MD



Inpatient
OB

Part Time Faculty

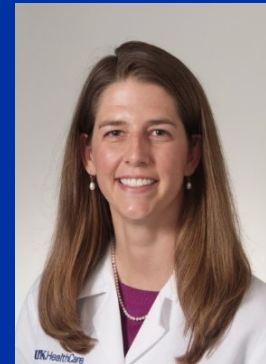
Kevin Pearce, MD



Lars Peterson, MD



Mary Sheppard, MD



Additional Staff / Faculty

Mikhail N Koffarnus, PhD



Research
Division Chair

Bethany Shorey Fennell, PhD



Research Faculty

Karen Roper, PhD



Director- Kentucky Ambulatory
Research network

Srikanth Nithyanandam, MD



Orthopaedic Surgery
and Sports Medicine

Claude Dotson, PsyD



Psychology

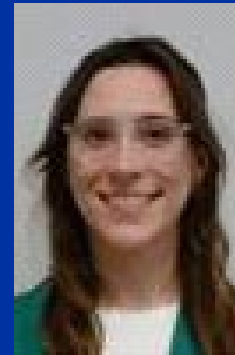
Martha Parks, MSW, LCSW



Curtis Montague, MSW, LCSW



Cheyenne Woodall, MSW, LCSW



Dept Social Workers



Department Research Faculty Areas of Interest



Mikhail Koffarnus, PhD, Vice Chair for Research

Interests: Tobacco Regulatory Science, Substance use disorder treatment, Behavioral economics, mHealth



Mary Sheppard, MD

Interests: Marfan syndrome, Aortic aneurysm/dissection



Bethany Shorey Fennell, PhD

Interests: Health communication for tobacco cessation, cancer prevention



Karen Roper, PhD, Kentucky Ambulatory Network Director

Interests: Mixed methods research, project evaluation, prediabetes, reproductive healthcare, buprenorphine prescribing



Lars Peterson, MD, PhD

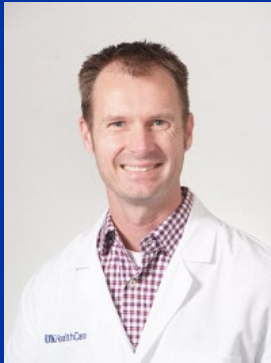
Interests: Family Medicine certification, residency training and outcomes, primary care, rural health

Sports Medicine Faculty

Robert Hosey, MD
Sports Fellowship PD



Kyle Smoot, MD
Sports Fellowship Faculty



Kim Kaiser, MD
Sports Fellowship Faculty



Kathleen Roberts, MD
Sports Fellowship Faculty



Kolt Pruitt, DO
Sports Fellowship Faculty



Special Opportunities

Because of our outstanding faculty, we have some special opportunities within our clinic:

- In-house behavioral therapy consults
- FM Sports Medicine Clinic
- FM Gynecology Procedures Clinic
- FM Dermatology Clinic
- FM Integrative Medicine Clinic
- FM Transform Health Clinic



Motivated Residents



1st Year Residents



Sadeq Abdullahi, MD



Bret Crawford, DO



Garrett Dickinson, MD



Maeve Murray, MD



John Nelson, MD



Madeline Porter, DO

2nd Year Residents



Madeline Dunne, DO



Kaitlin Dyer, MD



Mark Farag, MD



Kaylee Fugate, DO

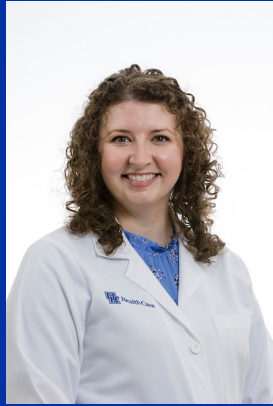


Dalton Hall, DO



James Long, MD

3rd Year Residents



Haley Blake, MD



Melissa Delaney, MD



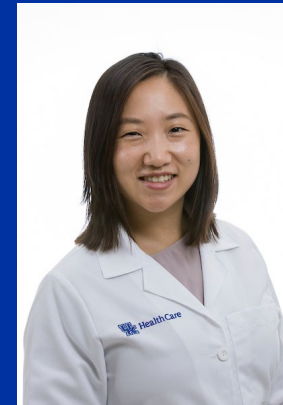
Ali Khan, MD



Davis Ranburger, DO



Eric Vogt, MD



Laura Wang, MD

Medical Schools of Current Residents

- University of Louisville School of Medicine
- University of Pikeville, Kentucky College of Osteopathic Medicine
- Wake Forest University School of Medicine
- University of Kentucky College of Medicine
- Lake Erie College of Osteopathic Medicine, Bradenton
- Edward Via College of Osteopathic Medicine Virginia Campus
- American University of Antigua College of Medicine
- Lincoln Memorial University, DeBusk Col of Osteopathic Med
- West Virginia University School of Medicine
- University of Tennessee Health Science Center
- Edward Via College of Osteopathic Medicine Auburn Campus
- Northeastern Ohio Medical University



Residency Curriculum



Residency Curriculum

Family & Community Medicine Residency Curriculum

PGY1

| | | |
|---|----------|--|
| Family & Community Medicine Orientation | 1 block | UK Clinic – FMC/ UK Good Samaritan Hospital |
| Family Medicine Inpatient | 4 blocks | UK Good Samaritan Hospital |
| Newborn Nursery | 1 block | UK Chandler Hospital |
| Pediatric Inpatient | 1 block | UK Children's Hospital |
| Adult Emergency Medicine | 2 blocks | UK Chandler Hospital |
| Sports Medicine Outpatient | 1 block | UK Sports Medicine Clinic |
| Obstetric Labor & Delivery | 2 blocks | UK Chandler Hospital |
| Intersession | 1 block | UK Clinic – FMC/ UK Good Samaritan Hospital |

PGY2

| | | |
|---------------------------------------|----------|--|
| Pediatrics Outpatient | 1 block | UK KY Clinic South |
| Family Medicine Inpatient Days | 2 blocks | UK Good Samaritan Hospital |
| Pediatric Emergency Medicine | 1 block | UK Chandler Hospital |
| Family Medicine Nights/Outpatient FMC | 4 blocks | UK Clinic – FMC/UK Good Samaritan Hospital |
| Medicine ICU | 1 block | UK Chandler Hospital |
| Orthopaedics Outpatient | 1 block | UK Clinic |
| Gynecology Outpatient | 1 block | UK Clinic |
| Elective | 1 block | Varies |
| Intersession | 1 block | UK Clinic – FMC/ UK Good Samaritan Hospital |

PGY3

| | | |
|--|----------|--|
| Elective Cardiology | 1 block | UK Chandler Hospital |
| Derm/Surgical Subspecialties Outpatient (ENT, Urology, Ophthalmology, Podiatry) | 1 block | Lexington, Kentucky |
| Family Medicine Inpatient | 2 blocks | UK Good Samaritan Hospital |
| Family Medical Center Outpatient | 2 blocks | UK Clinic – FMC |
| Selective Family Medical Center Outpatient | 1 block | UK Clinic – FMC |
| Geriatrics/Nursing Home | 1 block | Bluegrass Care Navigators |
| Pediatrics Outpatient | 1 block | UK KY Clinic South |
| Elective | 3 blocks | Varies |
| Intersession | 1 block | UK Clinic – FMC/ UK Good Samaritan Hospital |

Residency Tracks



Sports Medicine Track

- Paired with a sports medicine fellow on event and high school coverage
- Scheduled for sports medicine rotations in the PGY1 and PGY3 year
- Given opportunities to present at ACSM and AMSSM conferences
- Longitudinal experience in a variety of primary care sports medicine clinical and scholarly activities
- Great opportunity for residents who are interested in applying to a sports medicine fellowship



Sports Medicine Fellowship

Highlights

- Four full-time, one year fellowship positions
- All aspects of sports injuries and illnesses with athletes at the scholastic, collegiate and professional levels.
- UK sports coverage
- Opportunity to pursue research interests with faculty guidance.



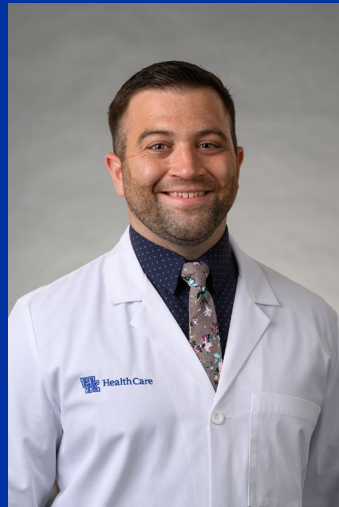
Two Sports Track interns' HS FB teams go head-to-head

Sports Medicine Fellows

Brooks Platt, MD



Kyle Polley, MD



Karen Reynolds, MD



Tyler Williford, MD



TransTrack

- Attend TransKY or Transparent Lex meetings
- Learn about basic trans history and disparities
- Online modules
- Case discussions
- Role play
- See Transform Health patients in your own clinic



TransTrack:

A certificate clinical track in
transgender care
for Family Medicine residents.

Residents as Teachers Track

- Academically focused track
- Additional teaching opportunities with M3 students and residency didactics
- Attend and present at STFM conference



Integrative Medicine Track

- Work under the guidance of a faculty who is board certified in integrative medicine.
- Complete modules/curriculum over 3 years of residency training
- 200 hour online curriculum. Complete 80% of modules and pass final exam with at least 70% score to receive certificate of training



Rich History



History of UK Family Medicine

- **1956:** UK College of Medicine is founded.
- **1960:** UK Department of Community Medicine is founded at the UK College of Medicine.
- **1969:** The American Board of Family Medicine is founded in Lexington, KY.
- The board is still located here in Lexington!
- **1972:** UK's Department of Family Medicine is founded.



Competitive Benefits



Benefits

<https://medicine.ukv.edu/sites/gme/resources>

(UK GME Stipends/Benefits, Contract Example, Policy and Procedures Handbook,)

- Residents receive a parking allowance (added to payroll)
- 3 lab coats per year (choice of scrubs or lab coats)
- Individual pagers featuring text messaging
- Continuing medical education allowance
- Eligible for UK Student Athletic Association
 - Campus gym, football & basketball tickets
- Approximately \$50 stipend meal money added to each paycheck.
- GME Phone Stipend (\$300 - \$400 in 1st paycheck, then approximately \$40 each following paycheck to pay for a new phone).



Benefits

- Salary (Current 25-26 Stipends)
 - 1st year: \$64,822/year
 - 2nd year: \$65,581/year
 - 3rd year: \$66,575/year
- Paid bi-weekly via direct deposit
- Educational Stipend
 - Annual August education stipend
(\$325 – PGY1s; \$650 – PGY2s; \$1,300 – PGY3s)
 - Dept paying Board fees- \$1,300



Benefits

- Health Insurance (UK HMO Single Person) *Most popular plan
 - \$799 monthly total cost: UK Pays \$744, You Pay \$55 (single person)
 - As a resident with UK HMO, see any UK physician
 - No co-payments or deductibles for preventive care
 - Additional \$12.24 for Dental coverage (single person)
- Long Term Disability insurance is provided at no cost, effective after twelve months of employment
- Life Insurance
 - Coverage at 1 x amount of annual stipend provided at no cost
 - Optional coverage up to eight times stipend may be purchased



Benefits- Professional

- Kentucky Medical Licensure
 - Original cost for Residency Training (R)/Institutional Permit (IP) plus yearly renewal
- Membership in American Academy of Family Physicians (AAFP)
- Certification costs for Advanced Cardiac Life Support (ACLS) Pediatric Advanced Life Support (PALS), Neonatal Resuscitation Certification (NRP), Advanced Life Support in Obstetrics (ALSO)
- Institutional DEA registration fees



Benefits- Time Off

- Vacation

- 1st year: 15 Days

- 2nd year: 15 Days

- 3rd year: 15 Days

- Holidays

- 9 holidays (10 in year of President Election) and 4 Holiday Bonus days

- Sick Leave

- Accrue one day of sick time per month for sick leave. Up to two sick days per year may be used as Wellness days.

- Educational Leave (CME, Interviews)

- 3 days (PGY1), 4 days (PGY2), 5 days (PGY3)



Resident Wellness

- Dedicated on-site exercise room at Turfland (T2046)
- July orientation month and resident retreat
- Faculty advisors
- Resident-led Wellness Committee
- Monthly resident group outings
- Annual department holiday party and Summer cookout.
- Lexington Medical Society Physician Wellness Program: Free and confidential counseling services not connected to UK or your insurance. 6 free sessions per year. Available 24/7.
- UK Work-Life Counseling Program: Individual counseling for life stress, work performance, substance abuse concerns, mental health.
- UK REFER Program: UK Family Center counseling focused upon personal, couple, or family concerns



Fitness/Recreation: Bernard Johnson Center and Lancaster Aquatic Center



- Recreational facility on UK campus
- \$20/month for residents
- Features racquetball and basketball courts, climbing wall, indoor track, aerobic classes, free weights and fitness machines
- Three YMCA facilities in the city are also available



A Great City



UK University of
Kentucky®

About Lexington

The Heart of the Bluegrass

- Lexington was named #7 in the **Kiplinger's Most Affordable Big Cities in the U.S.** based on cost of living & housing, quality of health care, low crime rate, economic vitality & quality of life
- “Horse Capital of the World”
- #3 safest city in the U.S. (2019 Annual SafeWise Report)
- #3 best city to raise a family (2018 Zumper)
- #23 most educated US city (2021 WalletHub)
- Lexington is within a day's drive of two-thirds of the population of the United States.
- More than 3,000 acres of Fayette County are designated as park facilities and it is home to 15 public and semi-private golf courses
- Average temperature is 54.9°F with four distinct seasons



Downtown Lexington



- Fine dining
- Cultural heart of the city
- Unique shopping experiences
- Farmer's Market



 University of
Kentucky

Keeneland Racetrack

- Hosts two meets annually, one in April and the other in October
- Frequent resident destination
- Home of some of the nation's top thoroughbred sales



Area Sports

Lexington Legends



- Member of the South Division of the Atlantic League of Professional Baseball
- Play at Wild Health Field



Area Sports

University of Kentucky Athletics

- 22 Varsity Sports that compete in the Southeastern Conference along with 13 other top schools such as LSU, Florida, Georgia, and Tennessee
- Most athletic activities are discounted for residents



Area Sports

UK Basketball & UK Football



- Basketball games played at nationally known Rupp Arena
 - Most wins in NCAA basketball
 - Eight national titles...so far
 - Big Blue Madness



- Football games played at Kroger Field
 - Compete against annual national title favorites like Florida, Tennessee, Alabama, and Georgia
 - Numerous tailgate parties and fun atmosphere with each home game

Bourbon Country



- Kentucky is home to more whiskey distilleries than anywhere else in the world
- Whether you enjoy bourbon or not, the gorgeous and historic distilleries are a beautiful site to see
- Bourbon Trail
- Maker's Mark Distillery
- Woodford Reserve Distillery
- Buffalo Trace Distillery
 - Oldest continuously operating distillery in the US
 - Makers of Pappy Van Winkle

Shopping

- Fayette Mall
 - 2nd Largest indoor mall in KY with over 120 shops and growing
 - Anchor stores include Dillard's, Macy's, and others
- Hamburg Pavilion
 - Large outdoor complex of major retailers and department stores
 - Anchor stores include Meijer's, Target, Old Navy, Dick's Sporting Goods, and many others
- The Summit
- Grocery
 - Whole Foods
 - Trader Joes
 - Sam' Club
 - Costco
 - Good Foods Co-op
 - Meijer, Kroger, Wal-Mart
 - Farmers Markets
 - Publix

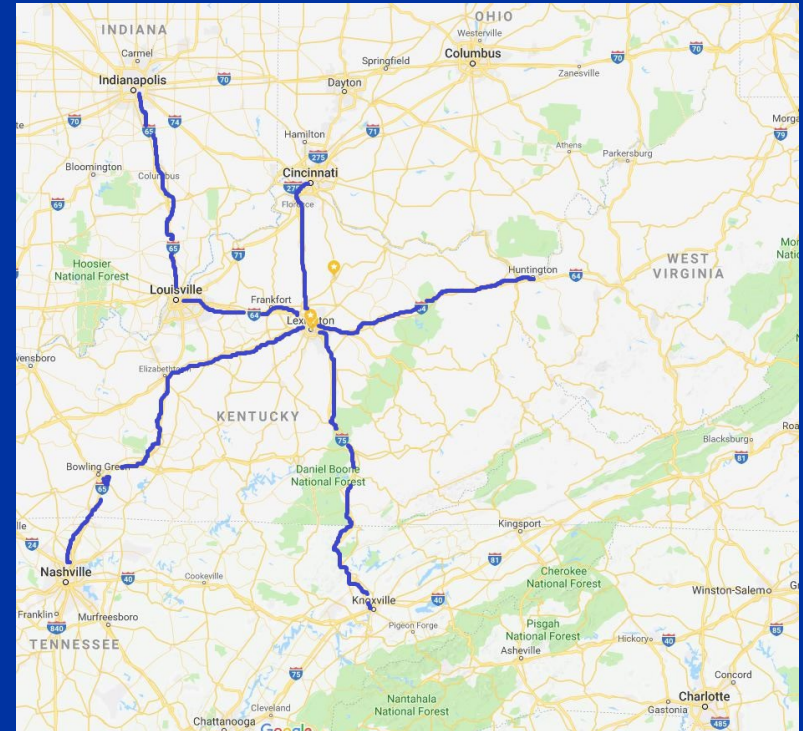
Restaurants

- Most national chains represented
 - Cheesecake Factory, Olive Garden, etc.
- Many unique, local restaurants
 - Jeff Ruby's Steakhouse
 - "Ky Proud" Dining
 - Small "country-style" diners
 - Elegant dining experiences
 - Quaint family restaurants
 - Diverse styles of bars and grills



Close to everything else, too!

- Lexington is strategically located at the intersection of interstates 64 and 75
- Louisville, KY is a 1 hour drive
- Cincinnati, OH is within a 1 ½ hour drive
 - Bengals, Reds games, Cincinnati Zoo
 - Oktoberfest
- Nashville, TN is within a 3 hour drive
- Chicago, St. Louis, Atlanta within a 6 hour drive



Hiking Trails

- The immediate area is home to several nature sanctuaries and hiking spots
 - Raven Run Nature Sanctuary (trail running, hiking)
 - McConnell Springs
 - Natural Bridge State Resort Park
 - Red River Gorge Geological Area
 - On-campus arboretum has a 3-mile walking nature trail
 - And many others



A Fun Extended Family



Resident Retreat



- Annual event hosted by the chief residents where all residents meet to get to know each other, explore the area, and have fun!
- Past events include trips to Cumberland Falls, Natural Bridge, paintball, boating at Taylorsville Lake, kayaking in Berea and Elkhorn creek, golfing and Keeneland.



Annual Holiday Party/Summer Picnic

- Hosted in December by Chair of the Department. Venues vary around Lexington, but it's always nice, the food is always delicious, and the night is always a yearly highlight.
- Annual Summer department picnic.

