#### **NOTES**



# EMBRACING HEALTHY BRAIN AGING

### Mind Matters Health Summit

April 21, 2025

Sanders Brown Center on Aging 2199 Harrodsburg Road | Lexington, KY 40504-3504 Phone: 859.323.5550

## **SCHEDULE OF EVENTS**

8:30 am	Doors Open
Continental Breakfast provided to attendees	
9:15 am	Welcome
9:30 am	"From Sandbox to Solitude: How Socialization Can Improve Brain Health in the Elderly"
	Dr. Lauren Bojarski
10:30 am	Community Resources and Exhibits
12:00pm	"From Plaques to Progress: Breaking Ground in Alzheimer's Science"
	Dr. Gregory Jicha
1:00 pm	Program End

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### THANK YOU TO OUR EXHIBITORS

# Office of Lifelong Learning Osher Lifelong Learning Institute











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# ALZHEIMER'S \( \) ASSOCIATION





Create your own bookmark at the Sanders-Brown Center on Aging art table!

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Accelerating discoveries to improve health<sup>™</sup>



