

Welcome to Interview Day!

University of Kentucky
Department of Family & Community Medicine



Program Overview Video

<https://youtu.be/4-vDs9AoG4M>



University of Kentucky Family and Community Medicine Residency Program



1972-2022

307 Graduates



Top Reasons to Choose the UK Department of Family and Community Medicine

State-of-the-Art Facilities

Excellent Reputation

Board Certified Faculty

Motivated Residents

Residency Tracks and Sports Medicine Fellowship

Residents as Teachers Track

Transform Health Trans Track

Rich History

Competitive Benefits

A Great City

A Fun Extended Family



State-of-the-Art Facilities



UK GOOD SAMARITAN HOSPITAL

- FM inpatient service
- An unopposed training experience
- 200 bed facility
- 12 bed ICU
- Acute-care facility
- Community-hospital atmosphere
- All patient rooms are single-occupancy



UK GOOD SAMARITAN HOSPITAL



- The blending of UK and Good Samaritan traditions makes the “Good” truly Great.
- Located in the campus downtown, close to restaurants and shopping (Local Taco, Mellow Mushroom, Joe Bologna’s, Tin Roof, Target)

UK Chandler Hospital (Old Chandler)



- 569 bed facility
- Top 100 Hospital
- Markey Cancer Center and the Gill Heart Institute are connected to the main hospital
- Also connected to Veterans Affairs Medical Center
- Only Level I Trauma facility in central and eastern Kentucky
- 100 ICU beds

UK Chandler Hospital (New Chandler)



New Hospital & Medical Campus of Future



- New 1 million square foot facility
- Completed in 2 phases
- Emergency Department opened 2010
- New academic medical campus

Turfland Clinic Family Medical Center



UK University of
Kentucky®



Turfland Clinic Family Medical Center

- NCQA Designated Level III Patient Centered Medical Home (PCMH) - 2015
- The Turfland Clinic contains clinical facilities for many medical specialties
 - Ophthalmology
 - Orthopedics
 - Physical Therapy
 - X-Ray
 - Lab
 - On-Site Pharmacy





Turfland Clinic Family Medical Center

- Each resident manages their own patient panel in their continuity clinic
- Includes 50 exam rooms, 2 procedure rooms, clinical laboratory, library, and a counseling room.
- Clinic laptops provided, along with subscription to Fluency Direct voice recognition.



Excellent Reputation





BEST
REGIONAL HOSPITALS

U.S. News & WORLD REPORT

BLUEGRASS REGION
RECOGNIZED IN 13 TYPES OF CARE
2022-23

BEST
HOSPITALS

U.S. News & WORLD REPORT

CANCER
2022-23



U.S. News & World Report Recognition

UK HealthCare is No. 1 in KY in 2022-2023 U.S. News & World Report's Best Hospital Rankings for the 7th Consecutive Year

- Top 50 National Rankings:
 - Cancer (No.33)
- Adult Specialties Ranked as High-Performing:
 - Gastroenterology & Gastrointestinal Surgery
 - Geriatrics
- Adult Procedures Ranked as High-Performing:
 - Chronic Obstructive Pulmonary Disease (COPD)
 - Colon cancer surgery
 - Heart attack
 - Heart bypass surgery
 - Heart failure
 - Kidney failure
 - Lung cancer surgery
 - Ovarian cancer surgery
 - Pneumonia
 - Stroke



University of Kentucky Health Care

“Triple Crown” of Research



- National Cancer Institute (NCI) designation at Markey
- NIH Clinical and Translational Science Awards grant (one of 61 nationally)
- Federally funded Alzheimer's Disease Center (Sanders-Brown Center on Aging)

Board Certified Faculty



Academics

As a university-affiliated institution, our faculty (both in department & off-service) are up-to-date, teaching-oriented, and at the top of their field.



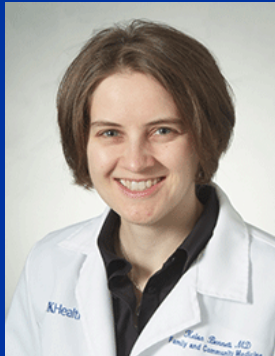
Archana Kudrimoti, MD (PD)



Sarah Marks, MD (APD)



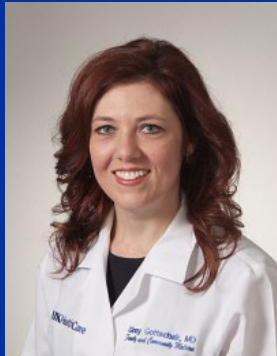
Keisa Fallin-Bennett, MD



Tina Fawns, MD



Ginny Gottschalk, MD (Chair)



Diana Heiman, MD



Neelima Kale, MD



Srikanth Nithyanandam, MD



Kathleen Roberts, MD



Neena Thomas-Eapen, MD



Faculty (cont.)

Jessica Setser, MD



Shannon Voogt, MD



Part Time Faculty

Kevin Pearce, MD



Lars Peterson, MD



Mary Sheppard, MD



Additional Faculty

Charles Shaw, DO



Assistant Professor

Carol Hustedde, PhD



Dir of Comm Medicine Educ,
Division of Population
Medicine

Brittany Smalls, PhD, MHSA



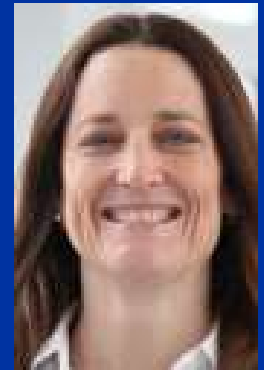
Assistant Professor

Claude Dotson, PsyD



Positive Psychology,
Mindfulness Meditation

Karen Roper, PhD



Director of Research,
Division of Population Medicine

Mikhail N Koffarnus, PhD



Associate Professor

Brent Kaplan, PhD

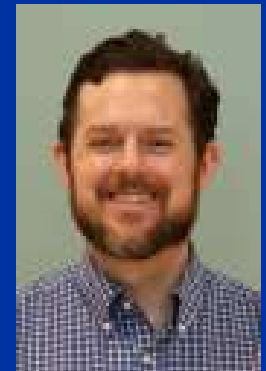


Assistant Professor

Martha Parks, MSW, LCSW



Curtis Montague, MSW, LCSW



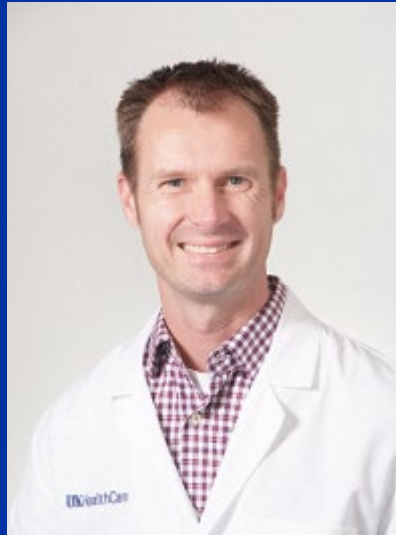
Dept Social Workers

Sports Medicine Faculty

Robert Hosey, MD
Sports Fellowship PD



Kyle Smoot, MD
Sports Fellowship APD



Kim Kaiser, MD
Sports Fellowship Faculty



Sports Medicine Fellows

Joseph Blessman, MD



Bishop Carmichael, DO



Catherine Stacks, MD



Special Opportunities

Because of our outstanding faculty, we have some special opportunities within our clinic:

- In-house behavioral therapy consults
- FM Sports Medicine Clinic
- FM Gynecology Procedures Clinic
- FM Dermatology Clinic
- FM Integrative Medicine Clinic
- FM Transform Health Clinic



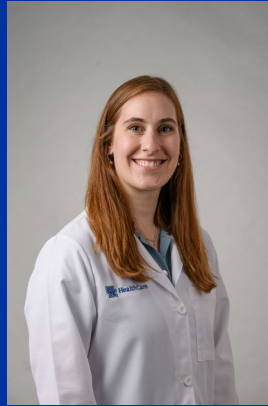
Motivated Residents



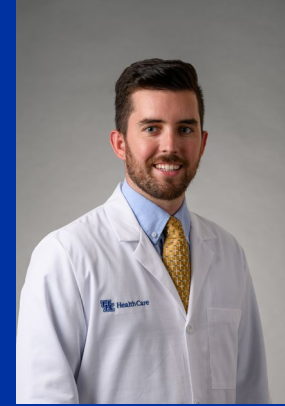
First Year Residents



Devin Clark, MD



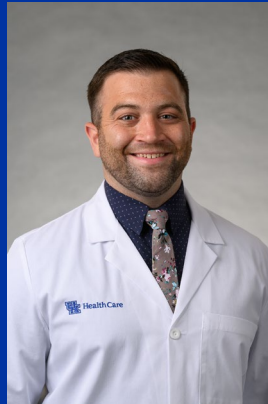
Carolyn Del Chiaro, MD



Graham Hall, MD



Chandler Maguet, MD



Kyle Polley, MD



Poulomee Tripathi, MD

Second Year Residents



Jordan DeAngelis, DO



Austin Kirksey, DO



Alexandria Larsen-Hallock, DO



Franceska Maxwell, MD



Kolt Pruitt, DO



Cassidy Randle, DO

Third Year Residents



Mara Arterburn, DO



Luboslav Dimitrov, DO



Lucas Edelen, MD



Justin Hayes, MD



Jarrell Rayner, MD



Nova White, DO

Medical Schools of Current Class

- University of Kentucky College of Medicine
- University of Louisville School of Medicine
- University of Pikeville, Kentucky College of Osteopathic Medicine
- Northeastern Ohio University College of Medicine
- Virginia Commonwealth University
- Lincoln Memorial University, DeBusk Col of Osteopathic Med
- Kansas City University College of Osteopathic Medicine
- University of South Carolina School of Medicine



Residency Tracks



Sports Medicine Track

Longitudinal experience in a variety of primary care sports medicine clinical and scholarly activities.

Great opportunity for residents who are interested in applying to a sports medicine fellowship.

SPORTS TRACK RESIDENTS & FACULTY
AT THE 2019 AMSSM NATIONAL
CONFERENCE IN HOUSTON, TX



Residents in this track are:

- Paired with a sports medicine fellow on event and high school coverage
- Scheduled for sports medicine rotations in the PGY1 and PGY3 year
- Given opportunities to present at ACSM and AMSSM conferences

Sports Medicine Fellowship

Highlights

- Three full-time, one year fellowship positions
- All aspects of sports injuries and illnesses with athletes at the scholastic, collegiate and professional levels.
- UK sports coverage
- Opportunity to pursue research interests with faculty guidance.



Two Sports Track interns' HS FB teams go head-to-head

TransTrack

PGY1

- Attend TransKY or Transparent Lex meetings
- Learn about basic trans history and disparities
- Online modules
- Case discussions
- Role play
- Shadow Transform Health clinic

PGY2

- Lead discussions on trans history and disparity (popular press article or media)
- Advanced online modules
- Case discussions
- Role play
- Fall – see patients independently in Transform Health clinic
- Spring – take patients into own clinic

PGY3

- Lead discussions on trans history and disparity (research article)
- Advanced online modules
- Case discussions
- Role play
- See patients in own clinic
- Participate in Transform Health clinic when needed
- Develop and present scholarly project



TransTrack:

A certificate clinical track in
transgender care
for Family Medicine residents.

Residents as Teachers Track

- Academically focused track
- Additional teaching opportunities with M3 students and residency didactics
- Attend and present at STFM conference

Integrative Medicine Track

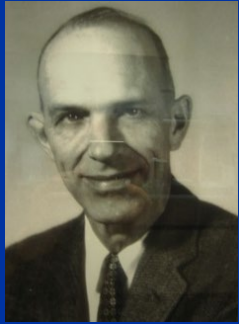
- Funded by a Grant from the Weil Foundation through the University of Arizona's Center for Integrative Medicine
- Complete modules/curriculum over 3 years of residency training
- 200 hour online curriculum. Complete 80% of modules and pass final exam with at least 70% score to receive certificate of training



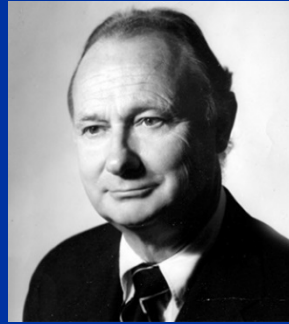
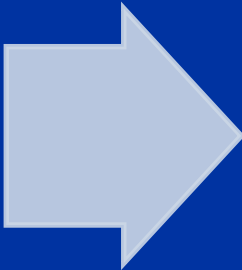
Rich History



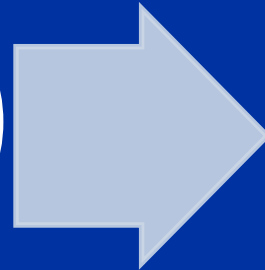
Founders & Leaders of Family Medicine



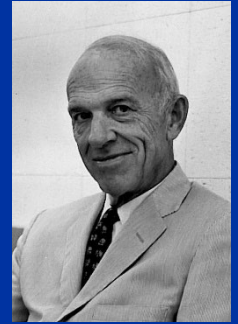
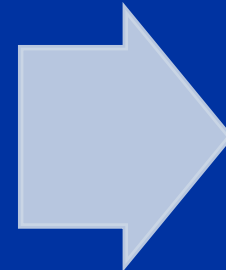
1956-1965
William Willard, MD served as founding Dean, UK COM.



1960 - Kurt Deuschle, MD founded the 1st department of community medicine at the UK COM



1969 - Nicholas Pisacano, MD founded the American Board of Family Medicine, still based in Lexington



1972 - The William R. Willard Department of Family Practice

Competitive Benefits



Benefits

<https://medicine.ukv.edu/sites/gme/resources>

(UK GME Stipends/Benefits, Contract Example, Policy and Procedures Handbook,)

- Residents receive a parking allowance (added to payroll)
- 3 lab coats per year (choice of scrubs or lab coats)
- Individual pagers featuring text messaging
- Continuing medical education allowance
- Eligible for UK Student Athletic Association
 - Campus gym, football & basketball tickets
- Badge acts as credit account at hospital cafeterias
- GME Phone Stipend (\$300 - \$400 in 1st paycheck, then approximately \$40 each following paycheck to pay for a new phone).



Benefits

- Salary
 - 1st year: \$57,189/year
 - 2nd year: \$59,326/year
 - 3rd year: \$61,242/year
- Paid bi-weekly via direct deposit
- Educational Stipend
 - Annual August education stipend
(\$250 – PGY1s; \$500 – PGY2s; \$1,000 – PGY3s)



Benefits

- Health Insurance (UK HMO Single Person) *Most popular plan
 - \$612 monthly total cost: UK Pays \$577, You Pay \$35 (single person)
 - As a resident with UK HMO, see any UK physician
 - No co-payments or deductibles for preventive care
 - Additional \$12.24 for Dental coverage (single person)
- Long Term Disability insurance is provided at no cost, effective after twelve months of employment
- Life Insurance
 - Coverage at 1 x amount of annual stipend provided at no cost
 - Optional coverage up to eight times stipend may be purchased



Benefits- Professional

- Kentucky Medical Licensure
 - Original cost for Residency Training (R)/Institutional Permit (IP) plus yearly renewal
- Membership in American Academy of Family Physicians (AAFP)
- Certification costs for Advanced Cardiac Life Support (ACLS) Pediatric Advanced Life Support (PALS), Neonatal Resuscitation Certification (NRP), Advanced Life Support in Obstetrics (ALSO)
- Institutional DEA registration fees



Benefits- Time Off

- Vacation

- 1st year: 10 Days

- 2nd year: 15 Days

- 3rd year: 15 Days

- Holidays

- 9 holidays (10 in year of President Election) and 4 Holiday Bonus days

- Sick Leave

- Accrue one day of sick time per month for sick leave. Up to two sick days per year may be used as Wellness days.

- Educational Leave (CME, Interviews)

- 3 days (PGY1), 4 days (PGY2), 5 days (PGY3)



Resident Wellness

- Dedicated onsite exercise room at Turfland
- July orientation month and resident retreat
- Faculty advisors
- Monthly resident group outings
- Annual department holiday party and Summer cookout.
- Lexington Medical Society Physician Wellness Program: Free and confidential counseling services not connected to UK or your insurance. 6 free sessions per year. Available 24/7.
- UK Work-Life Counseling Program: Individual counseling for life stress, work performance, substance abuse concerns, mental health.
- UK REFER Program: UK Family Center counseling focused upon personal, couple, or family concerns



Fitness/Recreation: Bernard Johnson Center



- Recreational facility on UK campus
- \$20/month for residents
- Features racquetball and basketball courts, climbing wall, indoor track, aerobic classes, free weights and fitness machines
- Three YMCA facilities in the city are also available

A Great City



UK University of
Kentucky®

About Lexington

The Heart of the Bluegrass

- Lexington was named #7 in the **Kiplinger's Most Affordable Big Cities in the U.S.** based on cost of living & housing, quality of health care, low crime rate, economic vitality & quality of life
- “Horse Capital of the World”
- #3 safest city in the U.S. (2019 Annual SafeWise Report)
- #3 best city to raise a family (2018 Zumper)
- #23 most educated US city (2021 WalletHub)
- Lexington is within a day's drive of two-thirds of the population of the United States.
- More than 3,000 acres of Fayette County are designated as park facilities and it is home to 15 public and semi-private golf courses
- Average temperature is 54.9°F with four distinct seasons



Downtown Lexington



- Fine dining
- Cultural heart of the city
- Unique shopping experiences
- Farmer's Market



 University of
Kentucky

Keeneland Racetrack

- Hosts two meets annually, one in April and the other in October
- Frequent resident destination
- Home of some of the nation's top thoroughbred sales



Area Sports

Minor League Baseball



- Lexington Legends
 - Single-A Baseball Team affiliated with the Kansas City Royals
 - Play at Whitaker Bank Ballpark



Area Sports

University of Kentucky Athletics

- 22 Varsity Sports that compete in the Southeastern Conference along with 13 other top schools such as LSU, Florida, Georgia, and Tennessee
- Most athletic activities are discounted for residents



Area Sports

UK Basketball & UK Football



- Basketball games played at nationally known Rupp Arena
 - Most wins in NCAA basketball
 - Eight national titles...so far
 - Big Blue Madness



- Football games played at Kroger Field
 - Compete against annual national title favorites like Florida, Tennessee, Alabama, and Georgia
 - Numerous tailgate parties and fun atmosphere with each home game

Bourbon Country



- Kentucky is home to more whiskey distilleries than anywhere else in the world
- Whether you enjoy bourbon or not, the gorgeous and historic distilleries are a beautiful site to see
- Bourbon Trail
- Maker's Mark Distillery
- Woodford Reserve Distillery
- Buffalo Trace Distillery
 - Oldest continuously operating distillery in the US
 - Makers of Pappy Van Winkle

Shopping

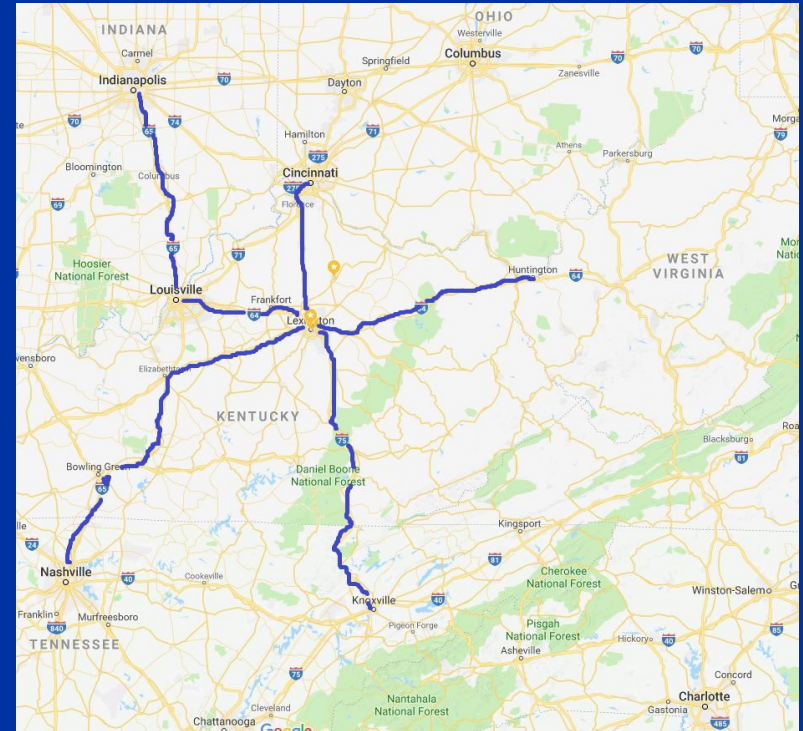
- Fayette Mall
 - 2nd Largest indoor mall in KY with over 120 shops and growing
 - Anchor stores include Dillard's, Macy's, and others
- Hamburg Pavilion
 - Large outdoor complex of major retailers and department stores
 - Anchor stores include Meijer's, Target, Old Navy, Dick's Sporting Goods, and many others
- The Summit
- Grocery
 - Whole Foods
 - Trader Joes
 - Fresh Market
 - Sam's Club
 - Good Foods Co-op
 - Meijer, Kroger, Wal-Mart
 - Farmers Markets
 - Costco

Restaurants

- Most national chains represented
 - Cheesecake Factory, Olive Garden, etc.
- Many unique, local restaurants
 - Jeff Ruby's Steakhouse
 - "Ky Proud" Dining
 - Small "country-style" diners
 - Elegant dining experiences
 - Quaint family restaurants
 - Diverse styles of bars and grills

Close to everything else, too!

- Lexington is strategically located at the intersection of interstates 64 and 75
- Louisville, KY is a 1 hour drive
- Cincinnati, OH is within a 1 ½ hour drive
 - Bengals, Reds games, Cincinnati Zoo
 - Oktoberfest
- Nashville, TN is within a 3 hour drive
- Chicago, St. Louis, Atlanta within a 6 hour drive



Hiking Trails

- The immediate area is home to several nature sanctuaries and hiking spots
 - Raven Run Nature Sanctuary (trail running, hiking)
 - McConnell Springs
 - Natural Bridge State Resort Park
 - Red River Gorge Geological Area
 - On-campus arboretum has a 3-mile walking nature trail
 - And many others



A Fun Extended Family



Resident Retreat



- Annual event hosted by the chief residents where all residents meet to get to know each other, explore the area, and have fun!
- Past events include trips to Cumberland Falls, Natural Bridge, paintball, boating at Taylorsville Lake, kayaking in Berea and Elkhorn creek, golfing and Keeneland.

Annual Holiday Party/Summer Picnic

- Hosted in December by Chair of the Department. Venues vary around Lexington, but it's always nice, the food is always delicious, and the night is always a yearly highlight.
- Annual Summer department picnic.



Thank You!

- We appreciate you spending time with us and learning about our program today!
- If you have *any* questions, please don't hesitate to email our Medical Education Specialist, Joshua Ward at joshua.ward@ukv.edu
- Dr. Kudrimoti (PD): archana.kudrimoti@ukv.edu
- Dr. Marks (APD): sarah.marks@ukv.edu

