

2017 YEAR IN REVIEW

Excellence in Action

Office of the Director



What an exciting year 2017 was for the University of Kentucky College of Medicine's **Center of Excellence in Rural Health**. The Center has partnered with communities, providers, students and individuals, since its establishment in 1990, to provide health professions education, health policy research, health care service and community engagement. Together we all strive to play distinct and critical roles in addressing the unique health care needs of our rural communities.

This past year the words of our mission, "To improve the health and wellbeing of rural Kentuckians" echoed across all the Center programs. Through the process of developing a strategic plan for the Center, leadership from programs came together to discuss ways to move the work of the Center forward. Our vision of "A Healthier Kentucky" became the motivation for improving communication, refining research efforts, and exploring how the Center could expand or create new services to meet the needs of the rural communities across Kentucky.

In 2017, we began exploring ways to use social media in our efforts to share information about the Center and the services available to community members. This is proven to be beneficial in helping us disseminate information. Our team is small in number but as you will see in the pages to follow we possess a selfless, creative and community-minded spirit, and work together to benefit our communities and the Commonwealth of Kentucky we call home. Service on boards and committees is one of the many ways employees make a difference. In 2016, employees had a time commitment of 1,450 hours of service on boards and committees; in 2017, this increased to 1,734 hours.

A research committee was also established in 2017 to help reach our research goals to "Improve the efficiency and effectiveness of health care for rural Kentuckians by addressing health disparities and barriers to access quality care" and "To raise public awareness of rural health issues research findings will be disseminated at the local, state, national and international level through publications and presentations". The committee is comprised of faculty from the academic programs represented at the Center and North Fork Valley Community Health Center. The committee is guided by the Center's research mission "Conduct rural health research related to health disparities, health outcomes, health policy, health care delivery systems and workforce needs" and hopes to capture ways to engage our students more frequently in research projects, specifically related to inter-professional opportunities.

I'm proud of all we accomplished in 2017 and hope you enjoy this summary of the highlights of our year. We are already working hard in 2018 to make even more strides. The Center employees truly are an example of "Excellence in Action".

Sincerely,

Frances & Feltner

Director, Center of Excellence in Rural Health

Center Binder Table of Contents

About the Center

- Welcome from the Director
- Programs
 - o Kentucky Office of Rural Health
 - o Kentucky Homeplace
 - o Connecting Kids to Coverage
- Strategic Plan
 - o Goals and Initiatives
 - o Climate Survey Summary
 - o Social Media Plan
 - o Excellence in Action
 - o Committees
- The Bridge
- Recognition
 - o Presentations
 - o Publications
 - o Media
 - o Awards
- Staff/Faculty Directory
- Employee Appreciation Day
- North Fork Valley Community Health Center

Academics

- Programs
 - o College of Health Science
 - Medical Laboratory Science
 - Doctor of Physical Therapy

- o College of Social Work
 - Bachelors of Arts in Social Work
 - Master of Social Work
 - > MSW 20 Year Celebration
- o College of Medicine
 - East Kentucky Family Medicine Residency
- Overall numbers for programs at Center
- Student Awards
- Student Lounge Update

Research

- Mission and Goals
- Committee Members
- Center Research
- Partnerships
- Appalachian Research Day

Community Engagement/Service

- Trainings offered by Center
- Boards and Committees
- Events hosted by Center
- Community Partnerships
 - o Events held at Center
 - o CLIK
 - o AHEC Careers Healthcare Camp
 - o Diabetes Coalitions
 - o Kentucky Appalachian Rural Rehabilitation Network
 - o KVEC Fire Summit
 - o Kentucky River Health Coalition

Programs of the Center

Kentucky Office of Rural Health

Kentucky Office of Rural Health (KORH) serves as a resource for clinicians, students, community leaders, state agencies and legislators for information about rural health issues.

KORH works to promote the improvement of rural health care through partnerships with public and private entities statewide and at the regional and national levels. This program provides a framework for linking small rural communities with local, state and federal resources while working toward longterm solutions to rural health issues.



KORH is pleased to administer the following in Kentucky:

- Small Rural Hospital Improvement Grant Program
- Kentucky State Loan Repayment Program
- Rural Hospital Flexibility Program
- Critical Access Substance Abuse Project
- National Health Service Corps

"The KORH has done a great job in promoting and supporting rural health clinics by bringing awareness to the services we provide. Through the coordination of education and annual rural health summits, the KORH is making major strides toward expanding the knowledge-base and networking opportunities for rural health clinics. This has allowed us to band together and be one strong voice, versus many different clinics with individual voices. That helps us tremendously."

> Barry Martin, CEO Primary Care Centers of Eastern Kentucky

During 2017, the KORH staffing grew from 4 full-time and 1 part-time employees to 7 full-time employees.



Kentucky Office of Rural Health

Small Rural Hospital Improvement Grant Program

In 2017, the Small Rural Hospital Improvement Grant Program (SHIP) supported 35 of Kentucky's small rural hospitals in the areas of Value Based Purchasing, Accountable Care Organizations, and Payment Bundling/PPS (ICD-10).

Kentucky State Loan Repayment Program

The Kentucky State Loan Repayment Program (KSLRP) currently supports 25 providers located in 15 rural or underserved counties across the Commonwealth. The 2017/2018 application window closed October 2, 2017 with 36 providers submitting applications.

Rural Hospital Flexibility Program

Kentucky's Rural Hospital Flexibility (Flex) Grant Program endeavors to stabilize the smallest and most vulnerable rural hospitals, and to improve access to hospital-based care for rural populations. During 2017, the Flex program continued to provide support to Kentucky's 27 Critical Access Hospitals (CAHs) and the communities they serve. As part of the Flex program, KORH was awarded funding for the Critical Access Substance Abuse Project (CASAP).

Critical Access Substance Abuse Project

Through the Consolidated Appropriations Act of 2017, the KORH was fortunate to have received a supplemental funding award to develop additional projects with measurable improvements targeting a cohort of 9 CAHs. These CAHs were among 40 CAHs nationwide that were identified by HRSA's Federal Office of Rural Health Policy (FORHP) as being located in rural communities with the highest rates of poverty, unemployment, and substance abuse. This supplemental funding provides an opportunity for the KORH to engage in more in-depth technical assistance than could be provided through the existing Flex program.

National Health Service Corps

The National Health Service Corps (NHSC) is a competitive Federal program that awards scholarships to students in return for a commitment to provide care in underserved communities. The program pays tuition and fees and provides a living stipend to students enrolled in accredited medical (M.D. or D.O.), dental, nurse practitioner, certified nurse midwife, or physician assistant training. By way of contract with the Kentucky Primary Care Association, the KORH continues to provide technical assistance to clinicians and facilities across Kentucky in regards to the promotion of the NHSC programs as well as promote the programs of the NHSC to the community at large.



Kentucky Office of Rural Health

KORH in the Community

Through the provision of direct and indirect technical assistance, coordination of rural health resources as well as through the dissemination of rural relevant information, the KORH is continually engaged with the community in every aspect of its work.

The mission of the KORH is to support the health and well-being of Kentuckians by promoting access to rural health services. The program provides a framework for linking small rural communities with local, state, and federal resources while working toward long-term solutions to rural health issues. The KORH assists clinicians, administrators and consumers to find ways to improve communications, finances and access to quality health care while insuring that funding agencies and policy makers are made aware of the needs of rural communities.



"The KORH is a great partner for us. They've worked with our EMS and helped us with our rural health clinics. We've done education so others have a good understanding of what is important about rural health and why our hospital is important to the community both as a healthcare provider and as an economic driver. You really can get quality care in a rural setting; to be able to provide a strong foundation for primary care and keep people healthy, that's our role." Susan Starling, CEO Marcum & Wallace Hospital

2018 Outlook

The KORH continues to develop programmatic activities based on the needs of its rural stakeholders within the guidelines of its funders. The goal of maintaining adequate funding for KORH programs amidst the changing political environment remains an area of constant focus. The KORH continues to seek additional opportunities in order to better diversify its funding streams.



Kentucky Homeplace is recognized at the national, state and local levels as a Community Health Worker (CHW) model that works. Residents of rural Kentucky have unusually high levels of certain diseases, including cancer, heart disease, hypertension, asthma, and diabetes. Lifestyle choices, environmental factors, inadequate health insurance and general lack of understanding of the healthcare system are often cited as contributing factors. To help address these issues, Kentucky Homeplace began in 1994 as a demonstration project in 14 Appalachian counties. After more than two decades, Kentucky Homeplace CHWs have linked tens of thousands of rural Kentuckians with medical, social and environmental services they otherwise might have gone without. Kentucky Homeplace CHWs are also available to help enroll eligible children in Medicaid and CHIP as part of the Connecting Kids to Coverage campaign. Eligibility for Kentucky Homeplace is not based on income, though nearly all clients are between 100% - 133% of the federal poverty level. All services are offered at no charge to the clients.

Outcomes

From July 2016 - June 2017, Kentucky Homeplace served over 4,629 clients and provided 85,743 services with a combined medication and service value of \$7,574,181. The return on investment (ROI) was \$6.47.



Grants/Contracts Awarded

- Connecting Kids to Coverage continuation for FY 2017
- CDC Arthritis Grant in collaboration with the Cabinet for Health and Family Services to conduct Chronic Disease Self-Management Program (CDSMP) workshops
- Wellcare grant of \$10,000 to provide assistance for clients to attend Chronic Disease Self-Management Program workshops



Kentucky Homeplace in the Community

The following is a sample of the types of events Kentucky Homeplace community health workers participated in during this year:

- Diabetic coalitions
- Diabetic shoe clinics
- Partnered with the Colon Cancer Prevention project to inform individuals on risks and assistance available
- Meetings conducted with the Mountain Air project in Letcher and Harlan Counties
- Partnered with UK extension offices on customer appreciation day
- Smile Faith Dental Clinic and Fun in the Golden Years
- Child abuse prevention
- Healthy Choices for Healthy Communities
- Kentucky Association of Community Health Workers 2017 conference
- Boyd and Johnson County colon cancer awareness event
- Food drives
- Health Fairs
- Interagency meetings across service area
- SOAR Obesity & Diabetes Roundtable: Disease Detection and Management discussion Knox County,
- American Heart Association red ribbon luncheon event.

2018 Outlook

Kentucky Homeplace will continue efforts to obtain sustainable funding in order to meet their mission to provide access to medical, social, and environmental services for the citizens of the Commonwealth.



"It may not seem like a lot to some people but me and my husband will be able to buy meat or more groceries, go to our doctor's appointments with the money Homeplace saved us."

- Kentucky Homeplace Client



Walk with Ease (WWE)

Developed by the Thurston Arthritis Research Center and the Institute on Aging of the University of North Carolina, the WWE program can be experienced on your own or with a group. Comprehensive studies demonstrate that WWE reduces pain, increases balance and strength and improves your overall health. The Arthritis Foundation's six week WWE program can teach individual how to safely make physical activity part of their everyday life. The program also can be done in a group setting as you follow the six-week WWE program. Classes are taught by an Arthritis Foundation certified leader.

Chronic Disease Self-Management Program (CDSMP)

The program consists of small group workshops lasting 2 ½ hours per session, 1session per week for 6 weeks. Classes are highly participatory. Mutual support and success builds participants' confidence in their ability to manage their health and maintain active and fulfilling lives.

Funding

Funding for both the CDSMP and WWE programs is a joint collaboration of the Kentucky Cabinet for Health and Family Services in conjunction with a grant from the Centers for Disease Control and the UK Center of Excellence in Rural Health.

Outcomes

The FY 2017 totals regarding these two programs are as follows: CDSMP - 292 new participants with 200 completing four or more sessions; WWE - 126 self-led participants and 69 group led participants. The number of participants attending at least one session of CDSMP and WWE was 487. Fifty-one CDSMP and WWE sessions were conducted in the 30 -county service area. During the process of recruiting individuals to participate in these programs, many new clients were enrolled into Kentucky Homeplace and multiple client needs were discovered and met during the process.

2018 Outlook

The goal for next year is to have 600 individuals complete either CDSMP or WWE in the Kentucky Homeplace 30-county service area.



Connecting Kids to Coverage

The Connecting Kids to Coverage (CKTC) campaign is a national outreach and enrollment initiative funded under the Children's Health Insurance Program Reauthorization Act (CHIPRA) and the Affordable Care Act. The CKTC program helps raise awareness about health coverage that is available, what benefits children can get and how to apply for coverage. Community health workers in 40 counties of the Appalachian region of Kentucky reach out to and help enroll families with children and teens eligible for Medicaid and the Children's Health Insurance Program (CHIP).

Outcomes

- 233 children were enrolled/renewed for KCHIP or Medicaid
- 107 parents were enrolled/renewed for Medicaid

"You have truly changed my life." - CKTC Client

Additional Information

Connecting Kids to Coverage employees are trained as community health workers (CHWs) and are able to access a wealth of resources for the people they encounter. Often CKTC CHWs encounter individuals who have just lost their jobs or facing some type of financial crisis and are in need of assistance. Not only are they enrolling clients for insurance, they are also helping clients with referrals for Medicare D, medication, medical assistive devices, glasses, hearing aids, dentures, heating assistance, food, and clothing. These are obtained directly or indirectly through Kentucky Homeplace employees.

Connecting Kids to Coverage in the Community



Connecting Kids to Coverage CHW's attend events with the school Family Resource Centers in each county. They also attend community events such as back to school events, interagency meetings, local festivals, re-entry meetings, resource fairs, Halloween festivals/events and many others.

2018 Outlook

The CKTC CHWs will continue to promote outreach in hopes of reaching children and their families that are uninsured or underinsured to obtain the health coverage that will enable them to have a better quality of life. Plans are to increase enrollment numbers of families with children for insurance.





2017-2020 Strategic Plan

Goals & Initiatives

Dr. Feltner requested a strategic plan to guide the Center's work in the coming years. An initial meeting, held in early October 2016, occurred to begin this process. The meeting focused on updating our Mission and Vision statements to ensure they accurately reflected the work of the Center.

Project managers, program heads and Dr. Feltner then had individual meetings with project leaders. These meetings helped to identify strengths, weaknesses and needs of each program and the Center from the individual's perspective. All Center employees received an electronic survey requesting their input concerning what works well, areas of improvement and resources needed.

Regular meetings with Dr. Feltner occurred throughout the process to provide updates. Additionally, Center committees were reviewed and restructured to ensure the purpose was clear and each had appropriate membership. Streamlining processes and reducing work redundancy played a large role in the planning.

The project leaders drafted potential goals and actions after analyzing information from all sources. The core group met to review the plan and all staff meetings were held to disseminate the plan. Implementation of the strategic plan began in July 2017.

Goals:

Create a Vibrant Learning Community Cultivate a Robust Research Environment Foster a Positive Work Environment Ensure a Meaningful Impact on the Commonwealth and the Community Develop a Strong and Sustainable Infrastructure

Updated Vision and Mission Statements for the Center:

Vision: A Healthier Kentucky Mission: Improve the Health and Wellbeing of Rural Kentuckians



Create a Vibrant Learning Community

Initiatives:

- Define our recruitment needs
- Academic committee will collaborate to ensure success of academic programs
- Engage and track alumni
- Interdisciplinary opportunities for all programs at the Center

Cultivate a Robust Research Environment

Initiatives:

- Core Research Team developed
- Research Mission updated for the Center
- Implement systematic review for how projects are selected
- Increase student involvement in research activities
- Connect researchers and the community to ensure successful collaborations

Foster a Positive Work Environment

Initiatives:

- Consistent way of welcoming new hires to the Center
- Onboarding to Center and Clinic for new residents and increase involvement in research activities and with other programs
- Employees updated on Center projects/programs/ expectations consistently
- Strengthen and support our talent
- Best practices in recruiting and hiring to support our goals





CERH Strategic Plan

Ensure a Meaningful Impact on the Commonwealth and the Community

Initiatives:

- Trainings offered to the community and commonwealth via Center employees
- Optimize relationships with community partners to have a more meaningful impact

Develop a Strong and Sustainable Infrastructure

Initiatives:

- Technology used in a way that benefits the Center, faculty and staff
- Maximize space in a way to best accommodate the mission of the Center
- Technology (social media) to promote the Center
- Explore the housing needs of students applying for Center academic programs









Climate Survey Results

	Strongly Agree	Agree
The positive things about working at the Center significantly	Agree	Agree
outnumber the negative.	44.64	46.43
I would recommend working at the Center to others.	53.57	37.5
I intend to stay with this organization for the next 2 years.	69.64	30.36
I generally feel informed about issues that affect me within the		
Center.	21.82	47.27
The direction and goals of the organization are communicated to		
all employees regardless of position.	25.45	43.64
I feel that there is a spirit of "we're all in this together" in the		
organization.	25.45	40
The Center provides a supportive work environment for its		
employees.	33.33	54.41
Employees are treated with respect regardless of position.	48.15	42.59
Considering everything, I am satisfied with my employment with		
the Center.	64.81	29.63
Overall, I am satisfied with the core function of my role.	51.85	42.59
I am generally satisfied with the leadership of the Center.	50	46.3
l am satisfied with the organizational structure of the Center.	38.89	55.56
Hiring and/or job promotions within the organization are fair and		
reasonable.	24.7	42.59
l am involved in assignments that stretch my capabilities.	16.67	42.59
I feel that I have the training necessary to do my job.	53.7	42.59
I know what is expected of me in my job.	57.41	33.33
I understand the policies related to overtime and alternate work		
arrangements.	46.3	50
Note: Green rows represent the combined total of Strongly Agree		
and Agree responses that were above 90%, while orange rows	Above	Below
	90	70
	Highest	Lowest

Themes from Comments:

- Find ways to make off campus employees feel more involved
- Improve Communication
- Accountability for supervisors and all employees
- Onboarding process for new employees
- Using skills and talents of employees/involving in project decisions



%

%

2017 Social Media Plan

Goal:

Promote the Center in a positive manner through social media.

Plan:

<u>Facebook</u>

- Roll out Facebook page center wide, encouraging all workers to submit post ideas, photographs, check-in to the Center when possible and share on their personal pages
- Training and handouts for Center staff on how to participate in contributing to and posting to the Center Facebook page
- Daily posts including Center happenings, employee introductions, employee submissions
- Promotion of awareness months and related activities
- Facebook introductions will be part of the onboarding process
- Official Hashtags #UKCERH

Expansion of Social Media Accounts

- Survey Center employees and students on which form of social media to explore next: Instagram, Twitter or Snapchat
- Snapchat frame for Appalachian Research Day
- Training and handouts for Center staff on additional social media
- Constant Contact: How to use for Center announcements, registration, holiday cards, etc.

Increase awareness of Center and various projects and programs

- Students will be invited to assist with our social media efforts and work with UK CERH staff on capturing events at the Center from a student perspective.
- Develop "a day with..." and capture various program staff in their activities
- Academic spotlight to talk about program, degree, requirements, etc.
- Create and share information to the Center website



Excellence in Action

The Excellence in Action Newsletter and Excellence in Action-Live event are two ways we try to keep all employees engaged and informed about the happenings at the Center. The newsletter is bi-monthly and goes out to all Center employees. All employees are encouraged to submit articles and information to the newsletter. Our Excellence in Action-Live events occur the months between the newsletter and provide opportunities for sharing about our various programs and projects, includes a staff development activity and opportunity for employees to ask questions of Center Administration.



We would love to hear your

BRIGHT IDEA

Please share your thoughts on ways we can improve the Center. Your name is not required but we are acknowledging those that make suggestions we put in practice.











CERH Committees

Academic Committee

Purpose: Identify needs of the academic programs at the Center and develop plans/ recommendations to promote meeting these needs.

Duties:

- Ensure communication among academic programs at the Center and their respective Colleges.
- Assess the feasibility of new academic programs interested in coming to the Center and assist with integration.
- Develop and implement academic policies that pertain to all programs at the Center.
- Promote academic support staff collaboration and development.
- Serve as an advisory committee to the Center Director.

Policy Committee

Purpose: Create, communicate and maintain the policies and procedures of the UK CERH. Duties:

- Yearly review of policies to ensure still relevant and/or up-to-date to UK CERH needs.
- Develop UK CERH specific policies and procedures needed to address administrative, business or HR processes.
- Dissemination of policies and procedure changes/updates to supervisors and make available to individual employees.
- Communicate with supervisors about other external policies (accrediting sources, research requirements, etc.) influencing the Center and department/program functioning.
- Communicate with our partners any policy updates/changes that may affect working relationship.



CERH Committees

Research Committee

Purpose: Provide guidance to CERH in regards to research/grant opportunities and engagement of others in the process.

Duties:

- Review and evaluate possible research/grant opportunities for UK CERH.
- Assist with grant writing and review/edit of applications.
- Identify opportunities for students to engage in research projects and establish a way of ensuring communication about opportunities to students and faculty connected to UK CERH and the University.
- Monitor workforce needs of the area served by UK CERH and make recommendations to Academic committee and Director of potential academic programs needed.
- Assess needs of the community and develop a research plan each year to assist in addressing these areas.
- Assist in identifying Appalachian Research Day topic area and speakers each year.

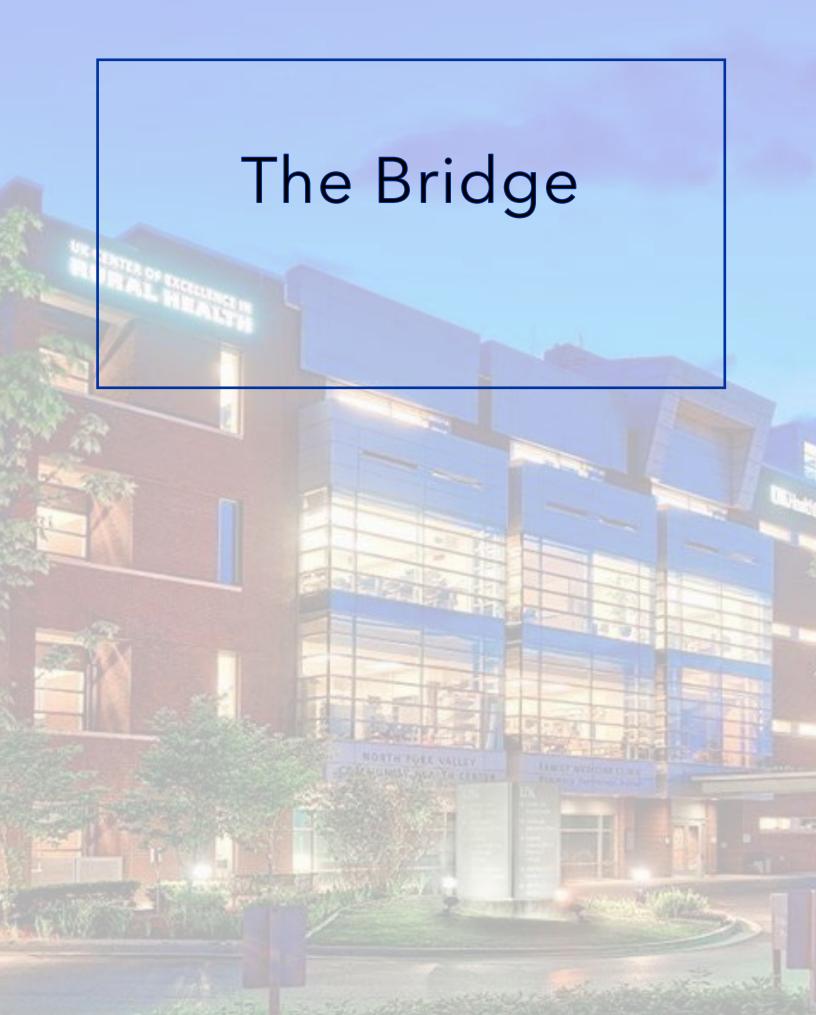
Safety Committee

Purpose: Address safety issues of employees, students and guest at the UK CERH.

Duties:

- Annually review and update the Building Emergency Action Plan (BEAP) Manual.
- Draft new policy protocols related to safety and forward to policy committee for input and approval.
- Conduct emergency drills per protocol and train floor leaders as needed.
- Address problems made known to the committee (i.e. sidewalks, lights etc.)
- Ensure all personnel have evacuated the building or have reached the assigned safety areas within the building during drills or actual emergencies.





The Bridge

The Bridge Magazine, Kentucky's Connection to Rural Health is a quarterly publication that focuses on rural health issues and topics pertaining to the Commonwealth, while spotlighting individuals and programs that exemplify innovation or excellence in Kentucky's rural health landscape. Available both electronically and in print, "The Bridge" features authentic stories and reporting from a variety of voices and perspectives to highlight best practices and accomplishments from across the Commonwealth. Recurring

articles spotlight rural health champions, hospitals and clinics each quarter. "The Bridge" targets health care providers, educators, researchers, leaders, community members and others who work in the rural health care arena or have interest in rural health issues, innovations and best practices. The themes and features of each quarterly issue of the Bridge are selected by the four-member editorial board based on current and future rural health issues, events and concerns. Suggestions for story topics and ideas for "The Bridge" are welcome and encouraged; there is an online suggestion form on the magazine's website. Many of the stories are written by staff and/or members of the



magazine's cross-disciplinary advisory committee, while other stories are submitted by guest authors. The Bridge Magazine has an annual outreach of approximately 4,000.





Presentations

- Feltner, F. (2017, November). *A journey to Appalachia*. Presentation at the Galen College of Nursing board meeting, Hazard, KY.
- Bowling, B., Feltner, F., Scott, E., Schoenberg, N., and Mudd, G. (2017, November). *Community Leadership Institute of Kentucky*. Poster presentation at the Kentucky Rural Health Association's 19th Annual Conference, Bowling Green, KY.
- Feltner, F. (2017, September). *Community health workers in the news*. Presentation at the Kentucky Association of Community Health Workers 2nd Annual Community Health Worker Conference, Lexington, KY.
- Feltner, F. (2017, September). *Roads to effective navigation: Community health workers.* Presentation at the Road to Better Healthcare: Patient Navigation & Certification Conference, Lexington, KY.
- Hudson, K. (2017, August). *Navigating the way back home*. Presentation at the Stroke Care Network Summit, Lexington, KY.
- Kitzman, P. (2017, August). *The road back home: Communication during transitions to improve outcomes*. Presentation at the Kentucky Appalachian Rural Rehabilitation Network 8th Annual KARRN Conference, Richmond, KY.
- Scott, E. (2017, August). *Lessons learned from partnerships with CBD Grantees*. Presentation at NOSORH Region B Regional Partnership Meeting, Biloxi, MS.
- Combs, K. (2017, July). *KORH CAH leadership development strategies*. Presentation at the Flex Reverse Site Visit, Bethesda, MD.
- Feltner, F. (2017, July). *UK Center of Excellence in Rural Health*. Presentation at the Georgia Lt. Governor's Healthcare Reform Taskforce and Rural Healthcare 180 legislative meetings, Tift, GA.
- Feltner, F. (2017, May). *Community health workers: Yesterday, today, and tomorrow*. Keynote speaker at the Community Health Worker & Certified Recovery Specialist Annual Spring Conference, Indianapolis, IN.
- Kitzman, P. (2017, May). *KARRN*. Disability Program panel presentation at the OVR- Hazard Asset Development Summit, Hazard, KY.



Presentations

- Feltner, F. & Thompson, S. (2017, May). *Community health workers supporting community based research in Appalachia*. Presentation at the National Rural Health Association's Rural Health Equity Conference, San Diego, CA.
- Feltner, F. & Pigman, M. (2017, April). *Center of Excellence in Rural Health and Kentucky Office of Rural Health overview*. Presentation at the Southeast Kentucky Health Information Management Association meeting, Hazard, KY.
- Combs, K. (2017, April). *Best practices for flex coordinators*. Presentation at the New Flex Employee Orientation, Duluth, MN.
- Kitzman, P. (2017, April). *Stroke readmission model: A case study*. Presentation at American Heart Association Advances in Stroke Care: Acute to the Beyond conference, Lexington, KY.
- Noble, W. (2017, April). Understanding the challenges and successes of recruiting in Appalachian communities. Presentation at the CCTS Participant Recruitment Workshop, Lexington, KY.
- Feltner, F. (2017, April). Community Health Workers: The Missing Link in Population Health. Health Education and Learning Program webinar for the National Rural Health Resource Center's Small Rural Hospital Transition Project.
- Scott, E. (2017, January). *Loan repayment and forgiveness programs*. Presentation at the Coalfield Rural Health Network Meeting, Madisonville, KY.





Publications

- Snell-Rood, C., Hauenstein, E., Leukefeld, C., Feltner, F., Marcum, A., & Schoenberg, N. (2017). Mental health treatment seeking patterns and preferences of Appalachian women with depression. *American Journal of Orthopsychiatry*, 87(3), 233-241. DOI: 10.1037/ort0000193
- Feltner, F., Thompson, S., Baker, W., & Slone, M. (2017). Community health workers improving diabetes outcomes in a rural Appalachian population. *Social Work in Health Care*, 56(2), 115-123. DOI: 10.1080/00981389.2016.1263269
- Cao, M., Pu, T., Wang, L., Marshall, C., He, H., Hu, G., & Xiao, M. (2017, August). Early enriched physical environment reverses impairments of the hippocampus, but not medial prefrontal cortex, of socially-isolated mice. *Brain, Behavior, and Immunity*, 64, 232-243. DOI: 10.1016/j.bbi.2017.04.009
- Kitzman, P., Hudson, K., Sylvia, V., Feltner, F., & Lovins, J. (2017, June). Care coordination for community transitions for individuals post-stroke returning to low-resource rural communities. *Journal of Community Health*, *42*(3), 565-572. DOI: 10.1007/s10900-016-0289-0
- Yin, M., Chen, Y., Zheng, H., Pu, T., Marshall, C., Wu, T., & Xiao, M. (2017, March 15). Assessment of mouse cognitive and anxiety-like behaviors and hippocampal inflammation following a repeated and intermittent paradoxical sleep deprivation procedure. *Behavioural Brain Research*, 321, 69-78. DOI: 10.1016/j.bbr.2016.12.034
- Cardarelli, R., Roper, K. L., Cardarelli, K., Feltner, F. J., Prater, S., Ledford, K. M., Justice, B., Reese, D. R., Wagner, P., & Cantrell, C. (2017, March). Identifying community perspectives for a lung cancer screening awareness campaign in Appalachia Kentucky: The terminate lung cancer (TLC) study. *Journal of Cancer Education*, 32 (1), 125-134. DOI: 10.1007/s13187-015-0914-0
- Miller, J. J., Benner, K., Pope, N., Dumas, T., Damron, L. J., Segress, M., Slone, M., Thrasher, S., & Niu, C. (2017, February). Conceptualizing effective foster parent mentor programs: A participatory planning process. *Children and Youth Services Review*, 73, 411-418. DOI: 10.1016/j.childyouth.2017.01.004
- Cardarelli, R., Reese, D., Roper, K. L., Cardarelli, K., Feltner, F. J., Studts, J. L., Knight, J. R., Armstrong, D., Weaver, A., & Shaffer, D. (2017, February). Terminate lung cancer (TLC) study–A mixed-methods population approach to increase lung cancer screening awareness and low-dose computed tomography in Eastern Kentucky. *Cancer Epidemiology*, 46, 1-8. DOI: 10.1016/j.canep.2016.11.003



Faculty & Staff

Charles Marshall Selected for 2017 Academic Leadership Academy Program

Center of Excellence in Rural Health Website

http://ruralhealth.med.uky.edu/news/charles-marshall-selected-2017-academic-leadershipacademy-program

Kentucky Rural Health Leader Receives National Award

Jennifer Molley Wilson – Center of Excellence in Rural Health Website

http://ruralhealth.med.uky.edu/news/kentucky-rural-health-leader-receives-national-award-0

Kentucky Care Coordination for Community Transitions

Community Transition Program for Stroke Survivors Improves Health, Saves Money

Mallory Powell – UKNow

https://uknow.uky.edu/research/community-transition-program-stroke-survivors-improveshealth-saves-money

Reprinted on Center of Excellence in Rural Health Website

http://ruralhealth.med.uky.edu/news/community-transition-program-stroke-survivorsimproves-health-saves-money

Article linked on NIH National Center for Advancing Translational Sciences

https://ncats.nih.gov/news/grantees

Diabetes Coalition

Perry County Diabetes Coalition Walks 33,000 Miles

Beth Bowling – Center of Excellence in Rural Health Website <u>http://ruralhealth.med.uky.edu/news/perry-county-diabetes-coalition-walks-33000-miles</u>

Local Diabetes Coalition Walks 33K Miles for Disease Awareness

Sam Neace – The Hazard Herald 07-05-17, Front Page





Community Health Workers Help Kentuckians Deal with the Multitude of Obstacles between Them and Better Health

Melissa Patrick – Kentucky Health News

http://kyhealthnews.blogspot.com/2016/12/community-health-workers-help.html

Reprinted on Center of Excellence in Rural Health Website

http://ruralhealth.med.uky.edu/news/community-health-workers-help-kentuckians-dealmultitude-obstacles-between-them-and-better

The Future of Health Care is Outside the Doctor's Office

Mattie Quinn – Governing Magazine

http://www.governing.com/topics/health-human-services/gov-community-healthworkers.html

Kentucky Homeplace Partnerships Increase Client Access to Chronic Disease Self-Management Education and Walking Programs

Beth Bowling - Center of Excellence in Rural Health Website

http://ruralhealth.med.uky.edu/news/kentucky-homeplace-partnerships-increase-clientaccess-chronic-disease-self-management

Kentucky Homeplace Featured by the National Centers for Disease Control and Prevention for Helping Clients with Arthritis in Rural Areas

Centers for Disease Control and Prevention

https://www.cdc.gov/features/ruralarthritis-help/index.html

Center of Excellence in Rural Health Website

http://ruralhealth.med.uky.edu/news/ kentucky-homeplace-featured-nationalcenters-disease-control-andprevention





Community Leadership Institute of Kentucky

Community Leadership Program Graduates Address Tobacco Use in High School Students in Appalachia

Mallory Powell – UKNow

https://uknow.uky.edu/research/communityleadership-program-graduates-addresstobacco-use-high-school-students-appalachia

Community Leadership Institute of Kentucky Accepting Applications

Mallory Powell– UKNow

https://uknow.uky.edu/research/communityleadership-institute-kentucky-acceptingapplications



Reprinted on Center of Excellence in Rural Health Website

http://ruralhealth.med.uky.edu/news/community-leadership-institute-kentucky-accepting-applications

Perry County Stroke Support Group

Perry County Stroke Support Group Joins National Registry; Celebrates Two Year Anniversary

Beth Bowling - Center of Excellence in Rural Health Website

http://ruralhealth.med.uky.edu/news/perry-county-stroke-support-group-joins-nationalregistry

Physical Therapy Workshop Offers Support for Victims and Families of Trauma

Sarah Anderson – WYMT

http://www.wymt.com/content/news/Medical-research-workshop-turns-support-group-forvictims-and-families-of--411715295.html

Stroke, Spinal and Brain Injury Support: Program to Help Patients and Caregivers

The Hazard Herald, 01-25-17, page 8A



Appalachian Research Day

Researchers Share Findings from Community Based Studies in Appalachia

Lauren Osborne – WYMT

http://www.wymt.com/content/news/-Researchers-share-findings-from-community-basedstudies-in-Appalachia-.html

Third Annual Appalachian Research Day Shares Results of Health Studies

Mallory Powell – UKNow

https://uknow.uky.edu/research/third-annual-appalachian-research-day-shares-resultshealth-studies

Reprinted on Center of Excellence in Rural Health Website

http://ruralhealth.med.uky.edu/news/third-annual-appalachian-research-day-shares-results -health-studies

Reprinted on The Lane Report, Kentucky's Business News Source

http:// www.lanereport.com/77861/2017/06/3rdannual-appalachian-research-day-sharesresults-of-health-studies/

Appalachian Research Day Calls for Abstracts

Mallory Powell – UKNow

http://uknow.uky.edu/research/ appalachian-research-day-calls-abstracts

Third Annual Appalachian Research Day

Center of Excellence in Rural Health Website http://ruralhealth.med.uky.edu/news/third-annual-appalachian-research-day





Others

Going Underground - Experiencing Coal Mines Firsthand

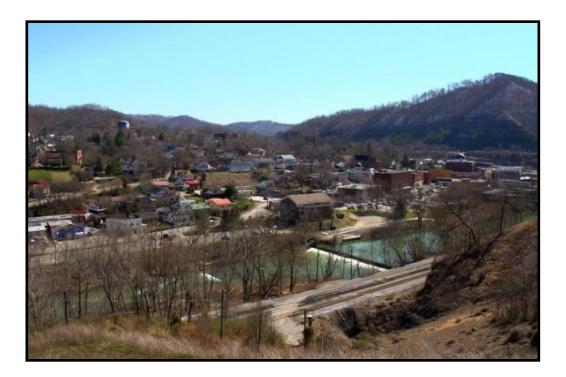
Melanie J. Sparks – *Gateway Magazine*, UK College of Health Sciences https://www.uky.edu/chs/gateway/spring2017/experiential

Reprinted on Center of Excellence in Rural Health Website <u>http://ruralhealth.med.uky.edu/news/going-underground-experiencing-coal-mines-</u> <u>firsthand</u>

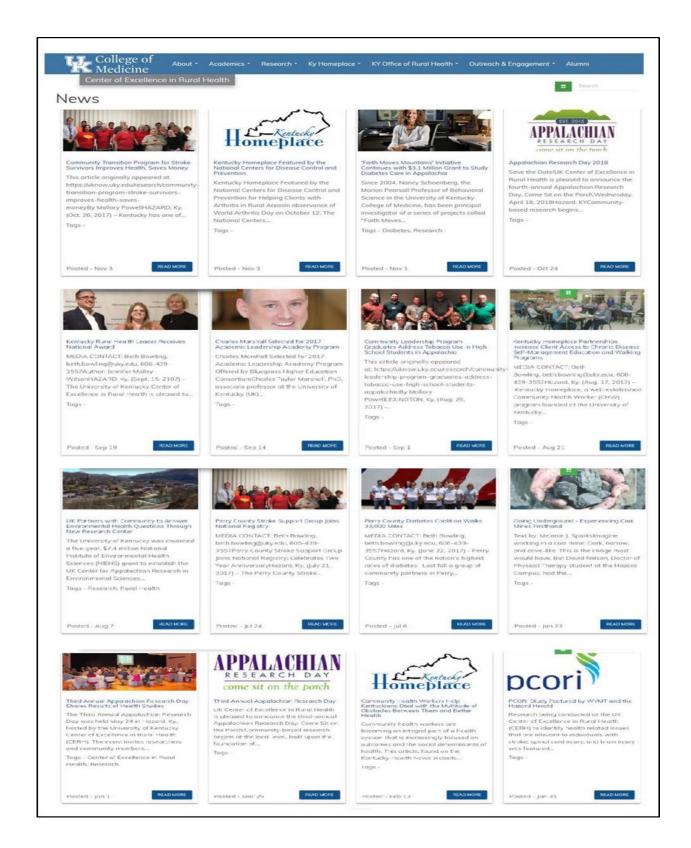
UK Partners with Community to Answer Environmental Health Questions through New Research Center

Center of Excellence in Rural Health Website

http://ruralhealth.med.uky.edu/news/uk-partners-community-answer-environmental-health -questions-through-new-research-center

















Dr. Fran Feltner

Honorary Membership Award

September 2017

Offered to members who have distinguished themselves through services and contributions to the community health worker profession.

Awarded by the Kentucky Association of Community Health Workers

Lifetime Commitment to Community Health Workers

September 2017

Acknowledges a lifetime commitment of outstanding individual service and dedication to the community health worker profession.

Awarded by the Kentucky Association of Community Health Workers

Unsung Hero: Champion for Social Change Award

April 2017

Recognizes outstanding commitment to social justice in the Commonwealth of Kentucky

Awarded by the UK College of Social Work









Awards

Pat Kitzman



Physical Therapy Richard McDougall Alumni Professorship

2010 - Present Inaugural recipient of the Endowed Professorship Awarded by the UK College of Health Sciences

Chuck Hazel

Kingston Award for Excellence in Teaching

2017

Established in recognition of Richard "Dick" Kingston's creativity and innovation in education. This award recognizes faculty for outstanding contributions and long-term consistent excellence in teaching.

Awarded by the UK College of Health Sciences



Beth Bowling

SOAR Innovation Solution Showcase

August 6, 2017

CLIK was selected as one of 100 solutions to be showcased at the Second Annual SOAR Innovation Summit in Pikeville, KY.

Presented by Shaping Our Appalachian Region (SOAR)



Awards

Charles Marshall

Academic Leadership Academy

2017

The academy's purpose is to build future leaders in higher education for the Bluegrass Region. Faculty and staff selected as fellows are encouraged to consider leadership career paths. They also receive guidance in developing the necessary knowledge base and skill sets required for effective institutional leadership.

Awarded by the Bluegrass Higher Education Consortium

Kayla Combs

National Organization of State Offices of Rural Health Emerging Leader Award

September 8, 2017

Presented to an individual SORH staff member who has demonstrated new leadership, initiative, involvement and commitment to the mission of NOSORH or State Offices of Rural Health. This individual may be a new staff member or an existing staff member who has newly demonstrated exemplary communication, passion, or understanding of an issue to enhance education, advocacy or partnerships to improve rural health.

Awarded by NOSORH/KORH





Staff/Faculty Directory

Staff Directory

Administration

Frances Feltner

Larry Quillen

Business Office

Peggy Combs

Karen Pratt

Susan Robertson

Custodial Worker/Bus Drivers

James Holland

Jack Combs

Ellie Parcel

Jerry Baker

James Mullins

Angelina Fugate

Richard Mee

Chester Ritchie

Jodi Munsen Melissa Slone

Kathy Grigsby Regina Davis Sherry Gayheart

James Gunter Sherrill Hall Lorene Johnson Nehemiah Johnson Brenda Whitaker

Wallace Napier

Information Systems

Maintenance

Gary Gilbert

Jon Henrikson

Willie Bates



Staff Directory

Kentucky Office of Rural Health

Ernie Scott

Johnnie Lovins

Kayla Combs

Research

Peggy Lewis

Ashley Gross

Sydney Thompson

Keisha Hudson

Academics

Bianna Music

Chuck Hazle

Charles Marshall

Ramona Carper

Angie Phipps

Yasman Olinger

Security

John P. Stidham

Kevin Fleming Marcus Pigman Alice Combs

Beth Bowling Wayne Noble Rose Shields Melissa Slone

Dana Hays Jessica Williamson Melissa Slone Robert Atkins Heather Pennington Sandra Gayhart

David Wiseman



Staff Directory

Kentucky Homeplace

Mace Baker Janet Kegley **Carole Frazier** Judy Bailey Whitney Bailey Whitney Bingham Amanda Goolman Kathy Slusher Ladonna Roberts Elizabeth Smith **Kimberly Smith** Shirley Prater Ratisha Puckett Katherina Hamilton Megan Holland Darla Shepherd

Kendra Ward Rita Owsley Kimberly Patterson Angela McGuire Samantha Bowman Mary Bowling Ashley Gilbert Barb Justice Barb Justice Pollyanna Gilbert Kala Gilliam Tonya Bowling Charlotte Tribble Melissa Seals Jesshia Fulkerson Megan Holland

Kentucky Homeplace



Center of Excellence in Rural Health

Employee Appreciation Day

Employee Appreciation Day

Employees from the UK Center of Excellence in Rural Health and the UK North Fork Valley Community Health Center gathered on August 25, 2017 for our annual Employee Appreciation Celebration. The celebration was held at the Perry County Park where employees enjoyed an afternoon of fun and laughs!











North Fork Valley Community Health Center

North Fork Valley _____ Community Health Center _____

UK North Fork Valley Community Health Center is a joint venture between the UK College of Medicine and the North Fork Valley Community Health Center Board. It is the first community health center in Kentucky to be affiliated with a university and family medicine residency training program. It is located in Hazard at the UK Center of Excellence in Rural Health.

Services Provided:

- Family Practice
- Women's Health
- Psychology
- Dental (Fixed and Mobile)
- Pharmacy (340B)
- Laboratory





Academic Programs

Academics

The UK Center of Excellence in Rural Health's academic offerings are focused on curbing health professions shortages within rural Kentucky. Regional workforce analyses are conducted periodically to project the need to add or change academic offerings to meet market demands. Long-term tracking of the Center's graduates indicate approximately 80% of the graduates work in rural communities.

ACADEMIC PROGRAMS

College of Health Sciences

Bachelor of Health Sciences with a Major in Medical Laboratory Science

Doctor of Physical Therapy

College of Social Work

Bachelor of Arts in Social Work

Master of Social Work

College of Medicine

East Kentucky Family Medical Residency



College of Health Sciences

Medical Laboratory Science (MLS)

Medical laboratory scientists help improve lives by providing essential clinical information to health care providers. They are responsible for assuring reliable results that contribute to the prevention, diagnosis, prognosis, and treatment of physiological and pathological conditions. Laboratory tests are extremely valuable and contribute up to 70 percent of medical decisions made by health care providers.

Number admitted for 2017 - 9



Total currently enrolled - 16



Expected Job Growth

Employment of medical laboratory technologists and technicians is projected to grow 16 percent from 2014 to 2024, much faster than the average for all occupations. An increase in the aging population is expected to lead to a greater need to diagnose medical conditions, such as cancer or type 2 diabetes, through laboratory procedures.*

Student Impact in the Community

MLS Class of 2017 volunteered during "Lab Week Celebration" on April 11th from 3:30-6:30pm held at the Center of Excellence in Rural Health. Students helped prepare activities for both children and adults, which included making slime, DNA necklaces, and White Blood Cell Identification using microscopes. "Because of the UK MLS program at the Center of Excellence in Hazard, I was able to obtain a degree without having to leave home, giving me the chance to stay and give back to my community."

- Chasity

"This program is both a means and an end. It can be your stepping stone, or it can be your pathway to a career as a Medical Laboratory Scientist." - Adam

* Cited From https://www.bls.gov/ooh/healthcare/medical-and-clinical-laboratory-technologists-and-technicians.htm



College of Health Sciences

Doctor of Physical Therapy (DPT)

According to the American Physical Therapy Association website (www.apta.org), "Physical therapists (PTs) are highly-educated, licensed health care professionals who can help patients reduce pain and improve or restore mobility - in many cases without expensive surgery and often reducing the need for long-term use of prescription medications and their side effects. Physical therapists can teach patients how to prevent or manage their condition so that they will achieve long-term health benefits. PTs examine each individual and develop a plan, using treatment techniques to promote the ability to move, reduce pain, restore function, and prevent disability. In addition, PTs work with individuals to prevent the loss of mobility before it occurs by developing fitness- and wellness-oriented programs for healthier and more active lifestyles."

Number admitted for 2017 - 18



Total currently enrolled - 52



Expected Job Growth

The Bureau of Labor Statistics (BLS) projects employment of physical therapists to grow 34 percent from 2014 to 2024, much faster than the average for all occupations. Demand for physical therapy services will come from the aging baby boomers, who are staying active later in life. In addition, physical therapists will be needed to treat people with mobility issues stemming from chronic conditions, such as diabetes or obesity. Consequently, the BLS projects that more than 71,800 new physical therapist jobs will open up in the next decade.

Student impact in the Community

Students participated in National PT Day of Service by cleaning up Bobby Davis Park in Hazard and preparing dinner for the Hope House Homeless Shelter. First year DPT students participated in Spina Bifida Walk-n-Roll event in Hazard. "I genuinely enjoy being a student at the Center of Excellence in Rural Health for many reasons. One is the rural setting that feels like my home away from home. Second, I am very grateful for the close one on one relationships that we have with our instructors on this campus. This has made a huge difference in my educational journey knowing that I am welcome in their office whenever their doors are open." - 2017 Student



College of Social Work

Bachelors of Arts in Social Work (BASW)

A career in social work offers the opportunity to help groups of people in many different settings. As the only helping profession that emphasizes both human wellbeing and social justice, social workers strive to empower others to make the changes they desire in their lives and advocate to bring about social change on both individual and community levels.

Number admitted for 2017 - 14

Total currently enrolled - 28



"I always wanted to attend UK, but traveling to Lexington wasn't possible. The BASW program at the Center of Excellence in Rural Health made it possible for me to attend UK and become the first college graduate in my family."

- Mike

Student Impact in the Community

- Over 4000 practicum hours in various agencies throughout eastern Kentucky in 2017.
- Students also put together a UK basket to raffle off as fundraiser for a local youth fighting cancer in the community.



College of Social Work

Master of Social Work (MSW)

The College of Social Work at the University of Kentucky offers an innovative and exciting MSW curriculum based on ethical imperatives, research to practice and sound assessments and interventions. Its aim is to equip MSW graduates for the tasks and responsibilities they will encounter in professional Social Work practice.

Number admitted for 2017 – 13

Total currently enrolled - 27



"The MSW program at the Center for Rural Excellence allowed me to complete my MSW in a comfortable environment while maintaining full time employment. As a non-traditional student with a family having classes close to my office and home was important. The MSW allowed me to increase my knowledge of the field of Social Work while increasing my confidence as a professional. " - Lee

Student Impact in the Community

 Over 8000 practicum hours in various agencies throughout eastern Kentucky in 2017.

Expected Job Growth for Social Workers

Overall employment of social workers is projected to grow 15 percent from 2016 to 2026. Increased demand for healthcare and social services will drive demand for social workers. Employment of child, family, and school social workers is projected to grow 13 percent from 2016 to 2026. Employment of healthcare social workers is projected to grow 19 percent from 2016 to 2026, much faster than the average for all occupations. Employment of mental health and substance abuse social workers is projected to grow 18 percent from 2016 to 2026.*

*Cited From: Bureau of Labor Statistics, U.S. Department of Labor, *Occupational Outlook Handbook*, Social Workers, on the Internet at <u>https://www.bls.gov/ooh/community-and-social-service/social-workers.htm</u>



College of Social Work

Southeast Kentucky MSW 20 Year Celebration

On August 18th 2017, the University of Kentucky's College of Social Work (COSW) celebrated 20 years as an off-campus program at the UK Center of Excellence in Rural Health (CERH). The extended campus gives the students of Eastern KY the opportunity to earn a degree from the UK COSW without leaving their homes and community. The program has proven to be an invaluable asset to our rural residents. To date, 242 students have completed their Master of Social Work (MSW) degree, and 17 have completed their Bachelor of Arts in Social Work (established in 2013) at the Hazard campus. This milestone was celebrated with an open house reception at the UK CERH and a 20-year class reunion at Hazard Community and Technical College.













College of Medicine

East Kentucky Family Medicine Residency

The UK East Kentucky Family Medicine Residency Program selects and trains residents to meet the unique demands of a rural practice and provide quality care in rural settings. The residency program is a community-based, university-administered program accredited by the Accreditation Council for Graduate Medical Education and American Osteopathic Association.

Number admitted for 2017 – 4



Total currently enrolled - 12



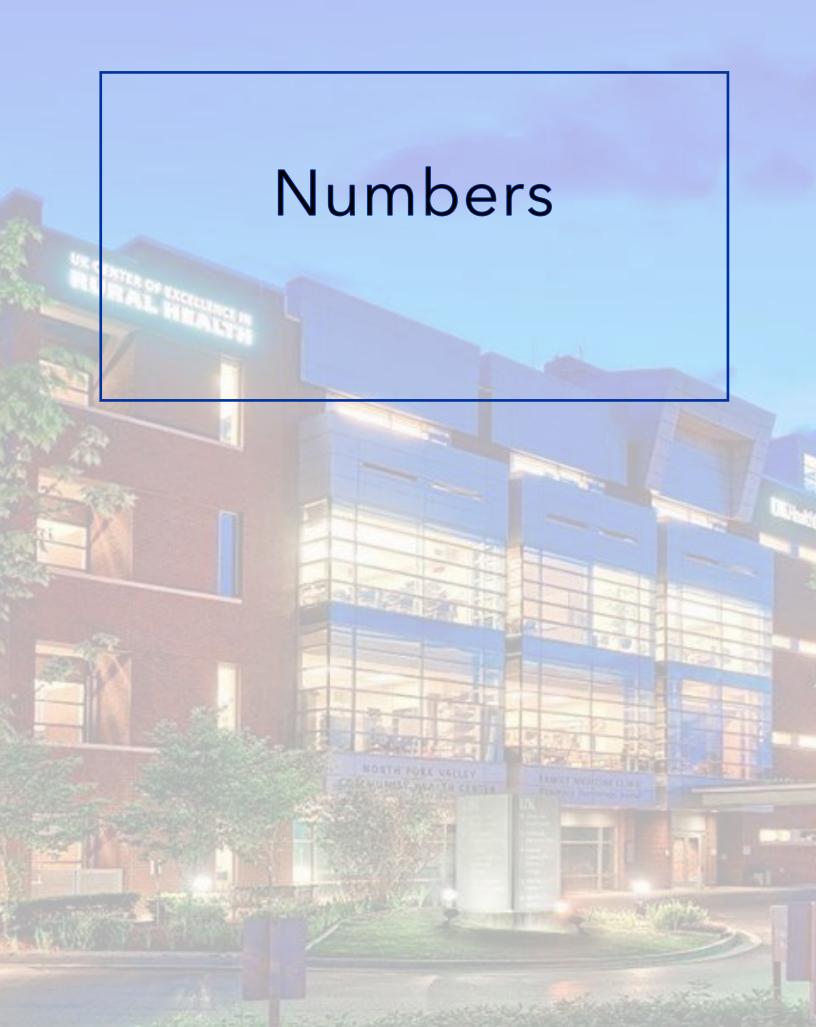
Residents Impact in the Community

The residency program hosts an annual health fair offering free screenings, including blood pressure, glucose, along with pediatric school and sports physicals. The fair hosts a variety of community partners offering assistance and promoting better health and providing information to an underserved population.









Our Graduates

Program	2017 Number of Graduates	Total Graduates from Hazard location
Medical Laboratory Science	7	36
Doctor of Physical Therapy	18	160
Bachelor of Arts in Social Work	9	17
Master of Social Work	15	242
East Kentucky Family Medical Residency	4	83





Student Awards

2017 Student Awards

Medical Laboratory Science Faculty Award for the UK Center of Excellence in Rural Health campus

Colby Allen

Bachelor of Arts in Social Work Outstanding Southeast Kentucky Student Award

Karen Combs



Master of Social Work Outstanding Southeast Kentucky Student Award

Lee Daniels (Southeast Kentucky Hazard Campus)

Emily Patrick (Southeast Kentucky Prestonsburg Campus)

Kentucky Physical Therapy Association All-Academic Team

Philip Dale

Physical Therapy Outstanding Student Award Makensie DeRossett

Physical Therapy Student Excellence in Rural Health Award

Matthew Cody Gumm

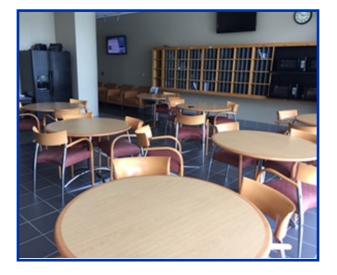


Marie Vittetoe Award for Excellence in Service to the Community Makensie DeRossett Marsena Morgan



Student Lounge Update

Student Lounge Area



Student Lounge at the start of the project.

Summer provided an opportunity for updates to the student lounge area. Through a team effort, the room got a new coat of paint and updated tables and chairs. The academic programs and students really appreciate the upgrade. Pictures of the finished room show the update to color and style.







Research Mission and Goals

Research

UK CERH's dedicated research team of faculty, providers and staff conducts rural health research related to health disparities, health outcomes, health policy, health care delivery systems and workforce needs. Through research efforts in local communities, the UK CERH works to improve the efficiency and effectiveness of health care for rural Kentuckians by addressing health disparities and barriers to access to quality care. Research outcomes are disseminated through publications and presentations to help raise awareness, develop solutions and identify best practices for rural health issues. As an invested stakeholder in the local community, UK CERH is uniquely positioned to facilitate partnerships between community members and other researchers interested in community-based research in rural areas.

Center of Excellence in Rural Health Research Mission:

Conduct rural health research related to health disparities, health outcomes, health policy, health care delivery systems and workforce needs.

Research Goals:

Improve the efficiency and effectiveness of health care for rural Kentuckians by addressing health disparities and barriers to access quality care.

To raise public awareness of rural health issues research findings will be disseminated at the local, state, national and international level through publications and presentations.





Research Committee Members

Research Committee



Frances J. Feltner, DNP, MSN, RN, FAAN Director, UK Center of Excellence in Rural Health <u>fjfeltn@uky.edu</u>



Michele Staton, PhD Faculty, Department of Behavioral Science College of Medicine <u>mstaton@uky.edu</u>



Patrick Kitzman PhD, MSPT Director, Kentucky Appalachian Rural Rehabilitation Network College of Health Sciences <u>phkitz1@uky.edu</u>



Key Douthitt, MD Medical Director UK North Fork Valley Community Health Center key.douithitt@uky.edu



Melissa Slone, MSW, CSW Clinical Faculty College of Social Work <u>melissa.slone@uky.edu</u>



Robert Atkins, MD Residency Director UK North Fork Valley Community Health Center <u>robert.adkins@uky.edu</u>



Center Research

CERH Research Projects

Kentucky Homeplace

Provide access to medical, social, and environmental services for the citizens of the Commonwealth.

AHEC Summer Camp

Health Career Enrichment Camp is a two-week, hands-on day camp designed to increase awareness of healthcare careers among 9th and 10th graders, co-hosted in partnership with Southeast Kentucky Area Health Education Center (AHEC).

Employee Wellness

Study the implementation process and health impact of a new worksite wellness program to be offered to employees at a small rural worksite in Appalachia.

Family Resource and Youth Services Centers (FRYSC)

Survey FRYSC coordinators to assess educational levels, experience on the job, feelings of preparedness for their positions and other factors that may influence their job success.





National Institute of Diabetes and Digestive and Kidney Diseases 08/01/17 - 07/31/22

"Community to Clinic Navigation to Improve Diabetes Outcomes"

(PI: Schoenberg, N.) (CI: Feltner, F.)

Goals: Reduce adverse outcomes from Type 2 Diabetes Mellitus by combining an evidence-based intervention to improve diabetes self-management with individually-tailored patient navigation to improve appropriate clinical care.

Centers for Medicare and Medicaid Services

05/01/17 - 04/30/22

"Accountable Health Communities Track 3 Alignment - Kentucky Consortium for Accountable Health Communities"

(PI: Williams, M.) (CI: Feltner, F.)

Goals: Determine whether providing a combination of tailored community service referrals and patient navigation services assistance, as well as clinical partner alignment at the community level, will yield improvement in patient outcomes, health care utilization and costs for vulnerable populations in economically depressed and medically underserved geographic areas across the Commonwealth of Kentucky.

National Institute of Environmental Health Sciences

05/01/17 - 03/31/22

"UK Center for Appalachian Research in Environmental Sciences"

(PI: Shi, X.) (CI: Feltner, F.)

Goals: Expand our extensive history of partnerships with Appalachian communities and address community concerns linked to prevalent environmental exposures and to leverage community perspectives and UK-CARES's strengths to facilitate new understandings of environmental factors in disease and their community impact.

National Institute of Nursing Research

09/01/16 - 08/31/21

"Rural Intervention for Caregivers' Heart Health (RICHH)"

(PI: Moser D. K. and Chung M. L.) (CERH Research Assistant)

Goals: Study the effects of the RICHH intervention on the primary outcomes of cardiovascular disease (CVD) risk factors, self-management behaviors, depressive factors and the impact of the caregivers' gender has at 4 and 12 months.



Health Resources and Services Administration

07/01/16 - 06/30/21

"State Office of Rural Health"

(PI: Scott, E.) (CI: Feltner, F.)

Goals: This project provides a framework for linking small, rural communities with state and federal resources while working toward a long-term solution to rural health issues.

National Center for Advancing Translational Sciences 08/15/16-05/31/20

"Kentucky Center for Clinical and Translational Science"

(PI: Kern, P.) (CI - Community Engagement/ATRN Cores: Feltner, F.)

Goals: The UK Center for Clinical and Translational Science (CCTS) accelerates the translation of basic science discoveries into tangible improvements in public health.

National Institute of Mental Health

"Creating & Testing a Training Packet for Consultants in COMPASS"

(PI: Ruble, L.) (CERH Project Manager)

Goals: Tested and replicated the effectiveness of a school-based parent-teacher consultation intervention called the Collaborative Model for Promoting Competence and Success (COMPASS).

Centers for Disease Control and Prevention

Rural Cancer Prevention Center University of Kentucky College of Public Health-FIT **Kits Distributed**

(PI: Crosby, R.) (Partner: Kentucky Homeplace CHWs)

Goals: Develop, implement, and disseminate an intervention to promote a simple, athome screening test called FIT (fecal immunochemical test) that could drastically increase rates of annual colorectal cancer screening in rural areas.

National Institute of Nursing Research

"Effects of Family Sodium Watchers Program on Outcomes in Heart Failure Patient-Family Caregiver Dyads."

(PI: Chung M. L.) (CERH Research Assistant)

Goals: The intervention is designed to improve adherence to a sodium-restricted diet (SRD) by both patients and family caregivers through education and strategies for gradual taste adaptation to low salt foods.



2014 - 2019

09/26/14 - 07/31/19

2017 - 2020

National Institute on Drug Abuse

"The Impact of Electronic Cigarettes (E-cigs) on Perinatal Immune Responsiveness and Birth Outcomes in Appalachia"

(PI: Ashford, K.) (CI: Feltner, F.)

Goals: Determine the impact of electronic cigarettes (e-cigs) on perinatal immune responsiveness and birth outcomes in Appalachia.

CO-17895-C2-17

"Appalachian Cancer Patient Navigation Project"

(PD/PI: Dignan, M.) (CERH Project Manager)

Goals: Coordinated, culturally-sensitive, standardized patient navigation training for patient navigators in Appalachia.

Centers for Medicare & Medicaid Services

07/01/16 - 06/30/18

10/01/17 - 09/30/18

09/15/15 - 07/31/19

"Connecting Kids to Coverage: Outreach and Enrollment Cooperative Agreements"

(PI: Feltner, F.)

Goals: Increase enrollment in KCHIP and Medicaid by providing application and renewal assistance in 40 Appalachian counties of Kentucky utilizing community health workers; partner with existing programs to complement and fill gaps within the rural communities; and expand the capacity and build upon an existing community health worker program.

Comprehensive Health Management, Inc.

12/31/16 - 02/28/18

2016-2018

"WellCare CDSMP and DSMP Project"

(PI: Feltner, F.)

Goals: Provide Chronic Disease Self-Management (DSMP) and Diabetes Self-Management health coaching to Kentucky Homeplace clients who are WellCare members and other clients identified by Kentucky Homeplace CHWs.

UK College of Social Work

Children' Worlds Survey

(PI: Giger, J.) (CI: Feltner, F.) (CERH Project Manager and Faculty)

Goals: Gather information on 3rd, 5th and 7th graders on their perspective related to safety, health, family status, etc., that could impact health and wellbeing of the child.



National Institute of Mental Health

03/01/15 - 02/28/18

"Systematically Adapted Delivery of the Family Check-up in Underserved Communities"

(PI: Studts, C.) (CI: Feltner, F.)

Goals: The major goals of this project are to systematically adapt the delivery model of the Family Check-Up and pilot-test its implementation by community health workers in four high-need, under-resourced Appalachian communities to assess feasibility, acceptability, and costs.

National Cancer Institute

09/01/10 - 02/28/18

"Appalachian Community Cancer Network"

(PI: Dignan, M.) (CERH Project Manager and Faculty)

Goals: Maintain community partnerships to facilitate cancer health disparities research; conduct community based participatory research to address cancer health disparities in Appalachia; develop a training program in community based participatory research for junior investigators; and disseminate research findings to community and scientific partners.

UK Markey Cancer Center - Center Support Grant Pilot Funding 2016 - 2017

"Using Texting and Social Media to Reduce Multiple Risk Factors for CRC in Rural Appalachians"

(PI: Hatcher, J.) (Kentucky Homeplace CHWs)

Goals: Use of social media to support healthy change in regards to colorectal awareness and screenings.

Community Garden supported by Appalachian Community Cancer Network in Floyd County, KY.





Center for Clinical and Translational Science (CCTS)

CCTS Appalachian Research Site

The overall goal of the Community Engagement and Research Program is to connect lay, practice, and academic communities as partners in community-engaged research to address priority health needs of Appalachian populations in Kentucky, contributing to improved health outcomes.

The Community Engagement and Research program is supported by a central office at UK and two field offices located within the UK Center of Excellence in Rural Health (Hazard, KY) and St. Claire Regional Medical Center (Morehead, KY). Both field offices are located in Appalachian Kentucky and are staffed with a clinical faculty liaison and a research study coordinator.

Services from the Community Engagement Core include:

- Study coordination support from either or both of the 2 CCTS Community Engagement field offices (Hazard or Morehead);
- Research consultation on community engaged grant applications, project implementation, and/or research dissemination;
- Identification of collaborative partnerships with community organization, practice based research networks;
- Identification of collaborative opportunities within the Appalachian Translational Research Network







Center for Clinical and Translational Science (CCTS)

CCTS Appalachian Research Hazard Site 2017 Projects

09/1/17-012/30/17

"Implementing Cancer Precision Medicine in Kentucky" (PI: Kolesar, J)

08/1/17-4/31/18

"Evaluating Cognitive Behavioral Therapy to Reduce Insomnia, Sedative Hypnotic Use, and Stress in Middle-Aged and Older Women in Appalachia."

(PI:Moloney, M)

3/1/15-2/28/18

"Systematically Adapted Delivery of the Family Check-Up in Underserved Communities "

(PI: Studts, C)

5/28/15-5/31/17

"Promoting Colorectal Cancer Screening in Rural Emergency Departments"

(PI: Hatcher, J)

9/1/16-2/1/17

"Understanding Adult Perspectives Regarding Hearing Healthcare" (PI: Bush, M)





Appalachian Research Day

Appalachian Research Day



Community-based research begins at the local level, built upon the foundation of relationships with individuals, neighborhoods, and groups who have common questions and concerns. UK CERH hosts Appalachian Research Day each year in Hazard to provide an opportunity to join in the discussion and learn about findings from research studies that have occurred in local communities.

2017 Appalachian Research Day was held on May 24, 2017 at Hazard Community and Technical College.

<u>Keynote speaker:</u> Diabetes in Appalachia: Cookin' Up Our Own Solutions Omope' Carter-Daboiku, Appalachian Foodways Scholar

<u>Topics covered:</u> Environmental, Physical and Molecular Drivers of Lung Cancer and How to Combat Them Suzanne Arnold, University of Kentucky Markey Cancer Center

The Health of Grandfamilies in Rural Appalachia Nancy Schoenberg, University of Kentucky College of Medicine and College of Public Health

Child Wellbeing in Eastern Kentucky: A Kid's Perspective Jarod Giger, University of Kentucky College of Social Work

Establishing a Syringe Service Program Judith Feinberg, West Virginia University

Number of attendees - 122







Trainings Offered by Center

Training	Number trained 2017
Chronic Disease Self-Management Program (CDSMP) Train the Trainer (Master Trainer)	42 trained to be lay leaders in CDSMP
Diabetes Self-Management Program (DSMP) (Master Trainer)	27 trained to be lay leaders in DSMP
Chronic Disease Self-Management Program (CDSMP)	Approximately 200
Diabetes Self-Management Program (DSMP)	Community members have been trained by lay leaders from 7/2016-6/2017
Community Health Worker Training	32 CHWs trained between 7/2016 and 6/2017
Youth Mental Health First Aid	Approximately 200 community members and educators
Suicide Prevention	Approximately 400 school staff, KVEC staff and 4-7 th grades
American Heart Association Basic Life Support (BLS) for	13 Heartsaver
Healthcare Providers and HeartSaver Cardiopulmonary Resuscitation (CPR)	6 BLS



Boards and Committees

CERH leadership encourages community involvement through service on various boards and committees. Participation usually occurs based on professional association or areas of interest. The majority of the service occurs in six focus areas: academics, community engagement, economic development, health and wellbeing, health policy and research. We have classified each board or committee to one specific area, however, most fall under more than one focus area. Roles held by employees also vary, ranging from simple membership to leadership positions with the various boards or committees.





COMMUNITY ENGAGEMENT

Appalachian Regional Healthcare (ARH) Local Advisory Council

Big Sandy Diabetes Coalition

Buckhorn Children's Center Board & Committee

Community Health Worker Advisory Workgroup

Elliott County Interagency

Family & Consumer Sciences Advisory Council-UK Extension

Foundation for a Healthy Kentucky Community Advisory Committee

Guardian Angel Advisory Board

Health Advisory Team

Homeless Community Committee

Kentucky Association of Community Health Workers (KYACHW)

Knott County Food Bank Committee

Lawrence County Diabetes Support Group

Lawrence County Oral Coalition Board

Letcher County Food Pantry

Letcher County Interagency/Resource Fair Planning Committee

LKLP Interagency

Morgan County Diabetes Coalition

Morgan County Interagency

National Cooperative of Health Networks Association (NCHN) Membership Committee

Partnership for a Healthy Elliott County

Perry County Diabetes Coalition

The Bridge Advisory Committee and Editorial Board

United Way Board

University of Kentucky, Markey Cancer Center Community Advisory Board



ECONOMIC DEVELOPMENT

East Kentucky Workforce Innovation Board

HEALTH AND WELL-BEING

Appalachian Regional Healthcare Stroke Committee

Breast Cancer Advisory Committee

Elliott County Federal Emergency Management Agency

Homeplace Clinic Advisory Board–Paintsville

Kentucky Appalachian Rural Rehabilitation Network (KARRN)

Kentucky Cancer Consortium

Mid-Atlantic Telehealth Resource Center Advisory Board Committee

North Fork Valley Community Health Center Board

Perry County Wellness Coalition Steering Committee for Investing in KY Youth Grant

ACADEMICS

Central Appalachian Regional Education Research Center - Advisory Board

College of Social Work Curriculum Committee

Hazard Community and Technical College Human Services Program Advisory Committee

Imaging Special Interest Group of Orthopedic Section of American Physical Therapy Association

University of Kentucky College of Health Sciences Advancement Council

University of Kentucky, College of Nursing Advisory Board for Continuing Education



HEALTH POLICY

Appalachian Kentucky Health Care Access Network Committee (AKHCAN) Community Health Workers: Implementing a System in KY (State Team) Foundation for a Healthy Kentucky Oversight Committee Kentucky Physical Therapy Association, Legislative Committee Kentucky Primary Care Association Board Kentucky Rural Health Association (KRHA) Board of Directors Kentucky Rural Health Association (KRHA) Education Committee Mobile Integrated Healthcare and Community Paramedicine (MIH/CP) Subcommittee Appointment National Conference of State Legislatures (Kentucky Team) National Organization of State Offices of Rural Health (NOSORH) Board of Directors

RESEARCH

Appalachia Community Cancer Network (ACCN) Grant - Community Advisory Board

Appalachian Regional Healthcare Institutional Review Board (IRB)

Center for Clinical and Translational Science Internal Advisory Board

Center for Clinical and Translational Science Community Champions Cabinet

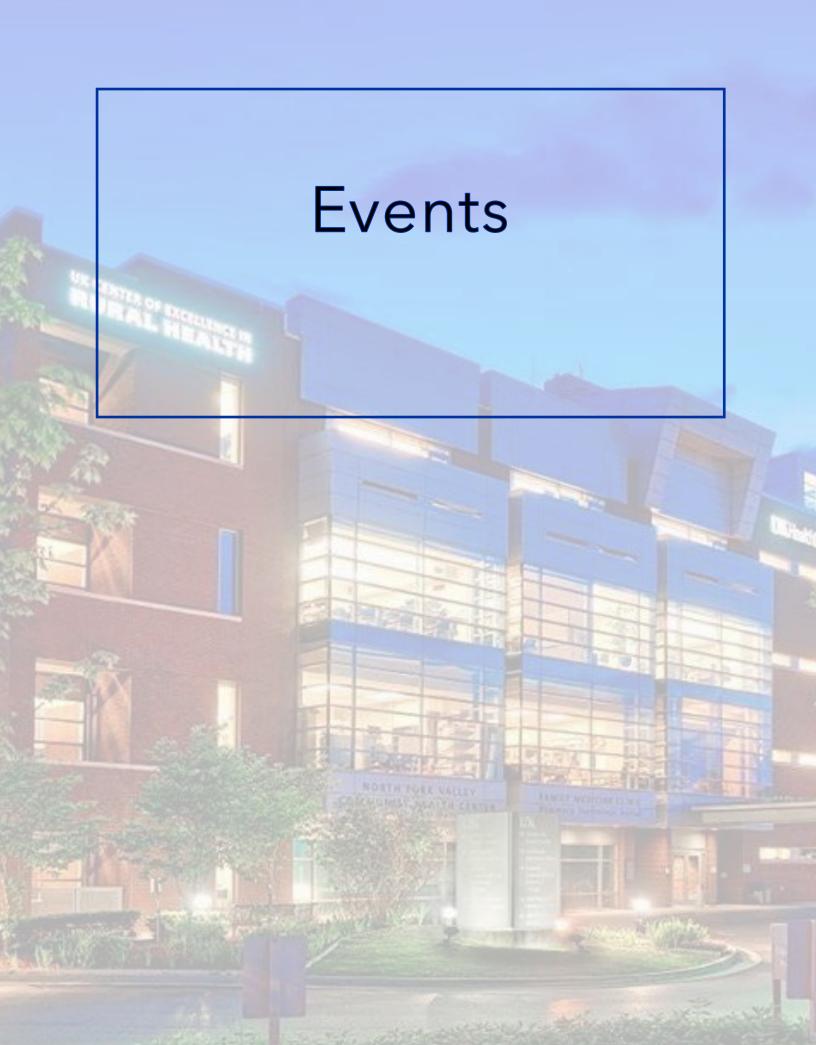
Lung Cancer Prevention and Early Detection Network

Perry County Early Childhood Community Advisory Board

UK Center for Appalachian Research in Environmental Sciences Stakeholder Advisory Board

University of Kentucky Superfund Research Center External Advisory Board





Events Hosted by Center

Art of the Way Leadership Symposium (KORH)

June 21-22, 2017 @ Old Talbott Tavern, Bardstown, KY

Conference Focus/theme: Leadership

Keynote speakers: Michelle Rathman, Impact! Communications

Major topics covered: Outmigration and community engagement, strategic communications, customer service, internal communications, and priority setting.

Statewide event – 20 attendees



Shaping Our Appalachian Region Provider Education (SOAR and University of Pikeville)

October 3, 2017 @ UK CERH, Hazard, KY (Host site for event)

Conference Focus/theme: Substance Use Disorder

Keynote speakers: Various

Major topics covered: Management of Substance Use Disorder in the Primary Care Setting; Special Circumstances: Pregnancy and Newborn Considerations; Consequences of Injection drug use: Hepatitis C and HIV Testing and Reporting; and Prevention of Substance Use Disorder: Role of the Primary Care Provider.

Statewide event – 5 attendees at UK CERH site

CE Mini Boot Camp (CERH and College of Social Work Training Resource Center)

October 20, 2017 @ The Center for Rural Development, Somerset, KY

Conference Focus/theme: Social Work Required CEU

Keynote speakers: Various

Major topics covered: Ethics, Pediatric Abusive Head Trauma, Domestic Violence, LCSW Supervision

Statewide event – 15 attendees





Events Hosted by Center

Kentucky Telehealth Summit (KORH)

May 25, 2017 @ Boone Tavern and Hotel, Berea, KY

Conference Focus/theme: Providing telehealth education to rural providers and stakeholders across Kentucky.

Keynote speakers:

Vickie Yates Brown Glisson, Secretary CHFS Steve North and Amanda Martin, Center for Rural Health Innovation

Major topics covered: School based telehealth, Tele-behavioral health, Telehealth workforce, Legal and regulatory update, Remote patient monitoring, ECHO

Statewide event -150 attendees

4th Annual Kentucky RHC Summit (KORH)

June 9, 2017 @ Perkins Conference Center, EKU Campus, Richmond, KY

Conference Focus/theme: Sessions and topics on RHC related issues

Keynote speakers: Steven Miller, Medicaid Commissioner, Kentucky Department of Medicaid

Major topics covered: Cybersecurity in a Healthcare Setting, Medicaid Update, Emergency Preparedness, Behavioral Health, RHC Annual Evaluation, Medicaid MCO Discussion Panel, Kentucky Medicaid RHC Rate Setting & Scope Change 101, Common ICD-10 Documentation Deficiencies for Rural Health

Statewide event –138 attendees

Songs for Sounds

June 1-2, 2017 @ UK CERH, Hazard, KY (Sponsored by Songs for Sounds)

Event Overview: A community event promoting awareness, access & action so everyone can #HEARtheMUSIC. The event provided free hearing screenings, hearing protections and prevention education.

Hazard Event – Approximately 75 Screenings





Community Partnerships

Events Held at CERH

Event	Number of Guests
Southeast Community and Technical College Guest Lecture Series (Jan. 11, 2017)	25
Marshall University Appalachian Diabetes Control Project (Feb. 22, 2017)	15
Mental Health First Aid Training (March 3, 2017)	45
UK HealthCare Patient Experience Interviews (May 11, 2017)	10
Area Health Education Center (AHEC) Scrubs Camp- week long camp (July 3-7, 2017)	25
UK Center for Appalachian Research in Environmental Sciences (CARES) Stakeholders Advisory Board (Aug. 2, 2017)	16
Delta Dental Regional Oral Health Network Meeting (Aug. 8, 2017)	25
Appalachian Regional Healthcare (ARH) Executive Team Meeting (Aug. 30, 2017)	20
Behavioral Health Developmental and Intellectual Disabilities (BHDID) Frankfort Motivational Interview Training (Sept. 19, 2017)	35
UK HealthCare Patient Experience Interviews (October 6, 2017)	10
ARH Board of Trustees Meeting (Nov. 2, 2017)	65
BHDID Frankfort Motivational Interview Training (Nov. 6, 2017)	35
Quarterly Rural Caregivers Tele-med for Alzheimer's (Jan/April/July/Oct 2017)	Open to community -varies
Total Visitors	326+



Community Leadership Institute of Kentucky (CLIK)

CLIK is a leadership development training program designed to enhance community research and capacity-building competencies in community leaders, directors, and administrators.

The overall goal of the program is to assist community leaders associated with organizations that engage and empower communities to reduce health disparities, leverage funding, and learn how to use data to improve services and programs.



Participants are selected based on leadership qualities and a proposed real-world project that will positively impact their community.

CLIK at a Glance

- 22 CLIK Graduates Since 2014 (Includes current 9 participants for 2017-18)
- 22 Real-World Projects Implemented
- 17 Appalachian Counties Impacted
- 12,000 Adults and Children Impacted
- \$70,000 In Additional Funding and In-kind Services/Supplies
- 2 CLIK Graduates Now Employed in Appalachian Research Projects
- 6 CLIK Graduates Featured in News/Media
- 2 CLIK Graduates Presented Research Posters at 3 Venues
- 1 CLIK Graduate Selected for Shaping Our Appalachian Region Innovation Showcase

"After being involved in several other leadership programs, I must say CLIK has by far been the best one yet. The small group along with the content of the presentations has made this a worthwhile event for myself. Everything about this program will help me in my chosen field."

Stephen Richardson Director of Pupil Personnel Knott County Schools



CLIK



2017 Participants	Project
Jimmy Cantrell	Morgan County Health Extravaganza
Betsy Clemons	Extending the Walking Path of the River Arts Greenway
Elisha Fisher	Wellness Works
Morgan Fowler	Community Guided Focus Group: Disparities in Treatment for Breast Cancer
Ashley Nicole Gibson	A School-Based Tobacco Cessation Program: An Alternative Approach to Disciplinary Action
Mary Alive Prater	Fit for Life
Mayur Ramesh Shah	Learning Lessons from Community Backpack Programs: Best Practices and Opportunities
Sherrie Stidham	100% Tobacco Free Schools





Area Health Education Center Health Career Enrichment Camp

Health Career Enrichment Camp is a two-week, hands-on day camp designed to increase awareness of healthcare among 9th and 10th graders, co-hosted in partnership with Southeast Kentucky Area Health Education Center.

"Being part of camp introduced me to a variety of fields in heath care. I was able to explore what a day is like for each of these individuals. It gave me a lot to think about as far as where I see myself in the future. I was able to apply my interests along with what I learned to think more about where I see myself in the future."

Chloe Jent (2017 Camp)









Diabetes Coalitions

The Center acts as a community partner and advisor for the Perry, Knott, and Leslie County Diabetes Coalitions. The Center helped community members secure funding through Marshall University. Each coalition is made up of a group of concerned community members - professionals, people with diabetes, family members, and others - who want to raise awareness of diabetes as well as provide education on diabetes prevention and effective management.









Kentucky Appalachian Rural Rehabilitation Network (KARRN)

KARRN is a statewide network of people with spinal cord injury (SCI), stroke, and brain injury (TBI), healthcare providers, educators, researchers, and other community members committed to the health and well-being of people with neurological impairments who live in the Appalachian region. The Center is a long standing partner of the network. Under the umbrella of KARRN are KC3T, Project CARAT, and the new Kentucky Appalachian Assistive and Rehabilitation Technology Center initiative.

Additional Information

The network continually engages community members and conducts research in the areas of SCI, TBI and stroke. Each year, KARRN holds an annual conference which provides CEUs for physicians, nurses, social workers, physical therapists, occupational therapists, and speech therapists. In addition, KARRN helps provides assistance with the Kentucky Congress on Spinal Cord Injury Conference.

In 2017, KARRN was awarded a PCORI grant that focuses on finding out what health information people with SCI, TBI and stroke need in order to make their health and healthcare decisions and where do they go for this information.

Coordinating and Assisting the Reuse of Assistive Technology (Project CARAT)

Project Carat is a community outreach, service learning program that aims to make assistive technology and durable medical equipment (DME) more accessible to those who need it in underserved areas of Kentucky. UK CERH was one of the first locations for Project CARAT and is the only location ran by Physical Therapy students. Students are trained to clean and refurbish DME to distribute to those in need.

Outcomes

In 2017, Project CARAT at the Hazard location donated 51 pieces of equipment to the community valued at \$2,578. They also received a grant through the Christopher and Dana Reeves Foundation to purchase portable ramps.





KARRN

Kentucky Care Coordination for Community Transition (KC3T)

The KC3T program provides patient navigation services to help individuals who have had a stroke, transient ischemic attack (TIA) or other neurological condition, to successfully transition back into their community. The KC3T navigator assists individuals and their caregivers to find community resources, link them with their healthcare provider and provide education about living with a stroke, to help improve quality of life and minimize the number of times they have to seek medical assistance. A stroke survivor and



caregiver support group meeting is offered each month. The Center services as a partner in this program and provides office and meeting space for the Neuro Navigator.

# clients served	84
# of encounters	890
Services provided	2,297
access to insurance, medication waiver, access community resources	747
Education	2,010
30-Day Admissions	2 (both appropriate)
30-Day ED visits	0

Outcomes

Major Accomplishments

KC3T: Invited to present at the American Heart Association: Advances in Stroke Care Conference as well as the Stroke Care Network Conference .

Stroke Support Group: Only in its 2nd year, the Stroke Support Group is nationally registered and recognized through the National Stroke Association. The group maintains about 25 - 30 members and continues to grow. The Stroke Support Group was nominated at the National Stroke Association's RAISE Awards for outstanding support group.

"The Support Group is like family. Sometimes you just need a little help and they always step up," said Tonya, a caregiver to her husband, Mark and a member of our group."





KVEC Fire Summit

As part of the Kentucky Valley Educational Cooperative's (KVEC) Appalachian Renaissance Initiative (ARI) teams from Pikeville, Paintsville, and Magoffin County convened to brainstorm creative solutions toward the looming opioid crisis at its semi-annual FIRE (Forging Innovation in Rural Education) Summit. This initiative, entitled Healthalachia, encourages teams to identify a specific "problem" they want to address collectively. By reviewing local data, trends, and research, the group strategically develops a plan of action with key stakeholders and timelines.

Bringing additional excitement and resources to the table for this project is the University of Kentucky College of Medicine's Center of Excellence in Rural Health. Dr. Fran Feltner, Director of the Center, participated as a "team mentor" during the event and expressed "It's our goal to provide a framework for linking small rural communities with local, state and federal resources while working toward long-term solutions to rural health issues."

The University of Kentucky's Center of Excellence in Rural Health has graciously provided funding and technical assistance to all three community teams following their presentations during the FIRE Summit. Each group will continue working on their project through March 2018. In April they will present their findings at the ARI FIRE Summit and UK Center of Excellence in Rural Health's Appalachian Research Day.







Kentucky River Health Coalition

The University of Kentucky Center of Excellence in Rural Health and the Foundation for a Healthy Kentucky hosted health coalitions from the Kentucky River Region and others with an interest in improving the health and wellbeing of individuals. The meeting was held on Friday, December 1, 2017, at the Center of Excellence in Rural Health. Dr. Feltner welcomed all to the Center and introduced Ben Chandler, President and CEO of the Foundation for a Healthy Kentucky. Mr. Chandler shared information on "Policy Changes to Improve Kentucky's Health" and discussed ways to get involved with promoting the policy changes. Perry and Breathitt are two counties funded by the Foundation through their Investing in Kentucky's Future (IKF) grants. Each of these coalitions did a presentation on the work they are doing with the youth. Participants then shared information about coalitions in the area and topics they are addressing.







Vision:

A Healthier Kentucky

Mission:

Improve the Health and Wellbeing of Rural Kentuckians