


Clinical Trial Opportunities

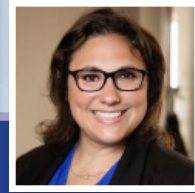
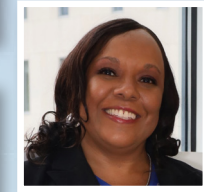
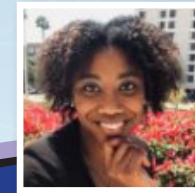
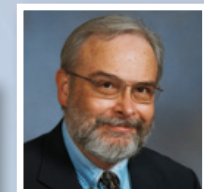
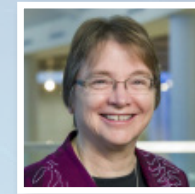
New medicines and treatment strategies must first be tested in people before being approved for clinical use. Clinical trials are the primary way researchers find out if a promising new treatment is safe and effective.

The University of Kentucky Sanders-Brown Center on Aging conducts many clinical studies for people with Alzheimer's disease as well as prevention studies. These studies provide an opportunity for you and your loved ones to possibly benefit from new treatments and to receive regular study visits involving detailed medical evaluations that can be shared with your personal family physician.



Become Part of our Healthy Brain Campaign!

 Alzheimer's Disease Center
at the Sanders-Brown Center on Aging



**Working to Make
Alzheimer's
Disease a *Faded* Memory**

Healthy Brain Aging Research Volunteers

For More information about
Volunteer Opportunities Contact:

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At the present time, we are looking to recruit non-Caucasian individuals who are age 65+

 Sanders-Brown
Center on Aging

You can Make a
Difference



What is a Longitudinal Study?

Our longitudinal study (a study over a period of time) is aimed at better understanding normal brain aging and dementia. Volunteers join the longitudinal study when they have no memory or thinking problems. Volunteers will visit one of our Sanders-Brown Center on Aging Research Clinics once a year where they will receive complete memory and thinking tests and a medical examination by one of our clinicians.

A study partner or responsible caregiver is also needed to assist clinicians in determining changes in thinking or daily skills over time. Volunteers may also be asked to consider lumbar puncture or brain imaging, as well as brain donation at death.

Why should I Volunteer?

By becoming a volunteer, you can help us develop a better understanding of age-related changes in memory and thinking. The benefits of participating in this study include:

- ✓ Free medical history review and neurological exam
- ✓ Establish a starting point for year-to-year comparisons
- ✓ Possible early detection of health issues leading to memory and thinking changes
- ✓ Access to clinical trials and other studies on aging
- ✓ Awareness of healthy brain aging
- ✓ Family caregiver support
- ✓ Keep up-to-date and stay informed on the latest advances in aging and Alzheimer's disease
- ✓ Access to educational materials, newsletters, seminars, etc.
- ✓ A small honorarium provided during your visit

What should I Expect?

At the initial clinic visit, participants will receive a review of the study procedures and a copy of a consent form to keep. Participants can expect to take part in an evaluation (memory and thinking check-up, medical work-up, medical history review, neurological exam and interview by the medical professional) and research blood work.

Subsequent visits will include a general physical and neurological exam, review of medical history, and complete blood tests to check you are in good general health.

“This is something that’s going to be out here for a long time, so we need to get as many people as we can”

**- B. Smith,
Interview with
Dr. Manny
Alvarez for
FOX News**

