

FALL 2025 **DONOVAN FORUM SERIES**

FREE TO ATTEND! IN-PERSON & ON ZOOM!

MAXIMUM ENROLLMENT
80 IN-PERSON | 80 ON ZOOM

IN-PERSON AT:
LEXINGTON SENIOR CENTER
195 LIFE LANE
LEXINGTON, KY 40502

REGISTER HERE



OCTOBER 23 2025 | 2 - 3 PM

Healthy Brain Aging & Reducing Dementia Risk

Dr. Frederick Schmitt

Professor

Sanders-Brown Center on Aging, UK Neurology

Dr. Schmitt will describe current approaches for healthy brain aging and will also discuss current approaches to diagnosing memory loss with advancing age. Learn why your Annual Wellness Visit is important for your memory and thinking.



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Osher Lifelong Learning Institute

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