## Family Caregiver Workshop

## Thursday, June 6 | 9am-12:00pm CT

## Join Us In-Person in Bowling Green or Virtually.

The Family Caregiver Workshop is specialized for family caregivers navigating the dementia journey. Local and statewide experts who specialize in aging and Alzheimer's care will present topics that will provide you with a better understanding of the disease and strategies to help you care for your loved one.

**Topics will include:** 

- Disease Education
- Effective Communication Strategies
- Caregiver Support
- Safety Tips

## Join Us In-Person

Barren River Area Development District 177 Graham Avenue Bowling Green, KY 42101

Join Us Online

Zoom link will be sent after you register.

Sanders-Brown Center on Aging



Bluegrass Area Agency on Aging and Independent Living

Register online at <u>http://tinyurl.com/3s9ezj97</u> or call 859-323-5550.



