

# Spring Time Activities For Caregivers

Wednesday, April 10th, 2024 @ 1:00 PM EST

Special  
Guests!

Join us to learn how to plan and organize engaging spring time activities for those living with dementia.

A person living with dementia will eventually need assistance in planning daily activities and maintaining an active lifestyle, which can:

- Enhance self-esteem.
- Structure time.
- Provide a sense of engagement, usefulness, accomplishment and dignity.
- Reduce behavior such as wandering.



Please join the  
**Alzheimer's Association & special  
guests for this virtual presentation.**

- Elizabeth Rhodus, PhD, MS, OTR/L - Assistant Professor at the University of Kentucky
- Celeste Roberts, MS OTR Occupational Therapist and Research Program Manager of the Engaged Aging Lab of UK Sanders-Brown Center on Aging

**Register at  
1-800-272-3900 or at  
[tinyurl.com/yntyak74](https://tinyurl.com/yntyak74)**