

Arts in Academic Medicine

2024

Everyone Welcome

Learners. Faculty. Staff.

About AiAM

Arts in Academic Medicine programming is curated to assist in the promotion of wellness and well-being for learners, faculty and staff within the University of Kentucky College of Medicine.

Introduction to Social Dance



Introductory Salsa and Merengue Social Dance Lesson

Tuesday, 12:00pm - 1:00pm :: Feb

Willard Science Building
Dean's Conference Room
MN 136

13



Introductory Waltz and Foxtrot Social Dance Lesson

Monday, 12:00pm - 1:00pm :: Apr

Willard Science Building
Dean's Conference Room
MN 136

15



Introductory Rumba and NC Two-Step Social Dance Lesson

Thursday, 12:00pm - 1:00pm :: June

Willard Science Building
Dean's Conference Room
MN 136

27

About this program

Have fun learning some of the basic patterns of popular social dances. Make new friends, listen to music, reduce stress, exercise - and smile!

Build new communities and develop new communication skills through social dance experiences.

Each class is an introduction to a different social dance. No prior dance knowledge or special equipment required! No dance partner needed.

No experience necessary. All welcome.

Register with QR code, or visit:
<https://medicine.uky.edu/wellness-and-well-being>



 **College of
Medicine**
Office of Wellness and Well-Being

Contact:
Renee.Gallagher@uky.edu
859-562-0893