

THE NEUSPAPER

October 2024



SPOOOOooky CONTENTS



COVER/TABLE OF CONTENTS



College of
Medicine

Department of Neurology

Faculty Achievements



Nakul Katyal, MBBS

Dr. Nakul Katyal was selected to serve on the American Association of Neuromuscular & Electrodiagnostic Medicine and the American Neuromuscular Foundation board.



Meriem Bensalem-Owen, MD

Dr. Meriem Bensalem-Owen was invited to serve on the [International Federation of Clinical Neurophysiology \(IFCN\)](#) Artificial Intelligence Task Force.



International Federation of
CLINICAL NEUROPHYSIOLOGY



Ima Ebong, MD

Dr. Ima Ebong was elected a Fellow of the [American Academy of Neurology](#).



Did you know?

The AAN has updated its branding with a new suite of logos and a refreshed website design. Learn more from [their launch update](#).

Seen & Heard

2024 International Jockey Concussion, Safety, and Wellness Conference

Safety and Prevention Management: (Some) History

Han, PsyD, CELM, FANA, FRSPH
Professor of Neurology, Senior Consultant
in Medical & Rehabilitation
Department of Neurophysiology
James H. Brown Institute for
Kentucky Neurotrauma Research
U.S. Brain Injury Research Center
University of Kentucky College of Medicine



Dr. Dan Han was an invited plenary session panelist and speaker to discuss the international unification of return-to-riding protocols for horse-riding-related neurotrauma at the [2024 International Jockey Concussion, Safety, and Wellness Conference](#), hosted by the [Horseracing Integrity and Safety Authority](#) and the [Jockeys' Guild](#). His panel represented the Saddle Up Safely program, the University of Kentucky, the University of Alabama at Birmingham, the University of Washington, the U.S. Equestrian Federation, the Fédération Équestre Internationale, and the International Olympic Committee.

Resident Achievements

Resident of the Month - October



Misbah Azeem, MBBS, PGY-4

Congratulations to **Misbah Azeem, MBBS PGY-4** for being chosen as the October Resident of the Month.

Dr. Azeem was selected for his leadership skills and demonstrations of medical knowledge.

Dr. Azeem was also selected as the as October 2024 GME Resident of the Month from a pool of more than 600 residents.



Misbah is always helpful, supportive and approachable. I appreciate knowing he always has our backs.

You can see our current Trainee of the Month as well as an archive of awardees dating back to 2020.

[Trainees of the Month](#)



If you click on any page number you will return to the first page >

News Wrap Up

News Wrap Up



Nakul Katyal, MBBS

CMTA Announces New Center of Excellence in Kentucky

The Charcot-Marie-Tooth Association (CMTA), the world's largest philanthropic funder of research aimed at bringing treatments to patients and improving the lives of those living with Charcot-Marie-Tooth disease (CMT), announced it has awarded the CMTA Center of Excellence designation to the University of Kentucky Neuroscience Institute. The new center will be led by [Dr. Nakul Katyal](#).

Dr. Katyal is an Assistant Professor of Neurology and is an active member of several leading organizations, including the American Academy of Neurology, the American Association of Neuromuscular and Electrodiagnostic Medicine, and the Peripheral Nerve Society. Additionally, he serves as the Young Leadership Liaison for the American Association of Neuromuscular and Electrodiagnostic Medicine.

[READ MORE](#)



Philanthropy

Philanthropy

Robert J. Baumann, MD
Resident Endowment Fund



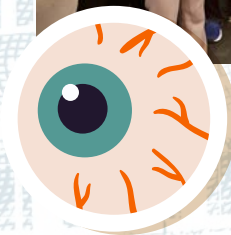
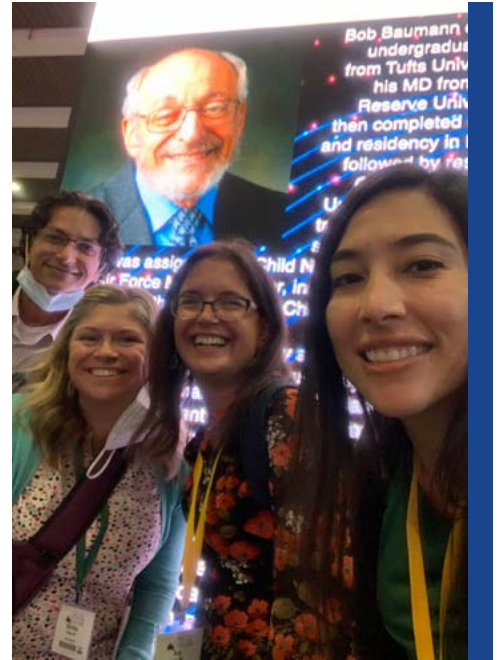
The endowment was established in honor of Dr. Baumann's skills as a clinician and educator. It provides much needed funding for resident learning opportunities and research-related needs that are not otherwise supported.

Education is one of the core missions of our department - we are always looking for ways to improve the curriculum and educational opportunities we provide. Our goal is to continue to attract the highest caliber trainees to our pro-

grams, provide comprehensive neurological education, and increase the number of neurologists available in the commonwealth capable of providing cutting edge patient care and who are dedicated to life-long learning. In 2015, the Robert J. Baumann, MD Fund for Neurology Residents was established to help us support our goals for the neurology resident program. Dr. Baumann has been a familiar face among neurology residents at the University of Kentucky for five decades. Dr. Baumann truly embodies the teaching mission of our department. His devotion to the field of medicine and training the next generation of providers is truly second to none.

In keeping with Dr. Baumann's passion for providing a strong medical education, the endowment will bolster the continued expansion of the Residency Program and ensure that our trainees have a well-rounded experience, positioning us to be among the best, and most sought out programs in the United States. Please consider contributing to the continued growth of our program and making an impact on future neurology residents by making a gift to the Robert J. Baumann MD Fund for Neurology Residents. All donations will be acknowledged and are tax deductible.

Donations can be made by contacting Taryn Derrick at taryn.derrick@uky.edu, for Neurology Alumni Philanthropy and Beth Wells at beth.wells@uky.edu for the Grateful Patient and Family Philanthropy.



Wellness & Support Resources

UK Wellness Resources

Academic Resources offer a wide variety of online and in-person tips, tools, and suggestions.

Workplace Safety

UK HealthCare is committed to safety and well-being of patients, visitors, and staff in our enterprise. We take all forms of aggression, violence, and threats seriously. Sometimes frontline staff don't report these incidents, because they feel disruptive behavior is "part of the job."

Childcare

Several childcare facilities are located on or adjacent to the UK campus. Please note that some of these programs have a 9-10 month waiting list, so if you are interested, please talk to the directors as early as possible.

Financial Health

You and your family have access to live financial experts for guidance on financial questions, big or small.

Community Advancement

As healthcare providers, we have an obligation to do no harm. But our obligations go further to prevent harm from befalling others because of our inaction or silence.

Spiritual

Various resources are available for spiritual support through the GME program.

Abuse Response & Reporting

For procedures to report abuse, and for details of patient rights, click the title.

The Vicarious Trauma Toolkit

The *Vicarious Trauma Toolkit* (VTT) was developed on the premise that exposure to the traumatic experiences of other people—known as **vicarious trauma**—is an inevitable occupational challenge for the fields of victim services, emergency medical services, fire services, law enforcement, and other...

Well-Being

The University of Kentucky GME Wellness In Training Committee is devoted to helping GME learners achieve their highest potential through the integration of the physical, social, emotional, environmental and economic aspects of wellness.

QPR Training

All of us are aware personally and professionally of the increase in our community of people with depression and anxiety, a trend that was significantly exacerbated by the pandemic. UK HealthCare is offering free online QPR Suicide Prevention training to employees...

Physician Support Line

This is a peer-to-peer support line for physicians by physicians that is available to US based DO / MD / international equivalents at the attending, fellow, resident, intern, medical student, or research level. Any discussions are confidential and protected.

Lexington Medical Society Physician Wellness Program

Services include individual counseling, couples/family sessions, and sessions with spouse/partners alone. These confidential and free counseling services are available to anyone.

UK Work-Life Counseling

Free and confidential counseling for life stress, work performance, substance abuse concerns, and mental health.

UK REFER Program

A Family Center Counseling service provided as a benefit to UK employees that focuses on personal, couple, and/or family concerns.

Emergent Psychiatry Services

UK Department of Psychiatry Outpatient Clinic provides confidential consultation during business hours, five days per week. Call **859-323-6021** and follow the prompts for the Outpatient Clinic.

The Ridge Behavioral System

Access to confidential consultation regarding the need for emergency psychiatric services is available to 24 hours per day, seven days a week. The house staff officer is to call **859-268-6400** and ask for the Assessment Office and identify oneself as a UK resident/fellow needing immediate evaluation.

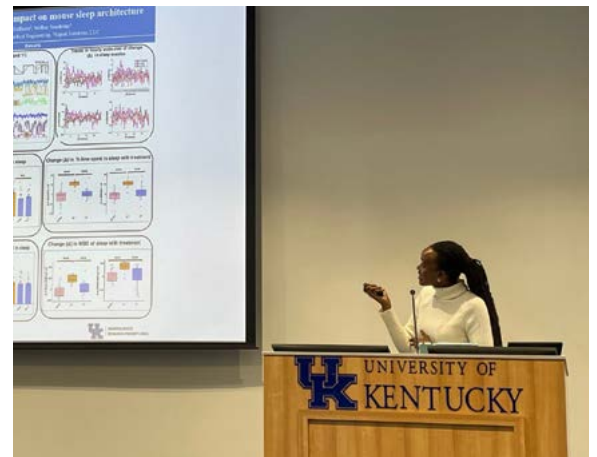
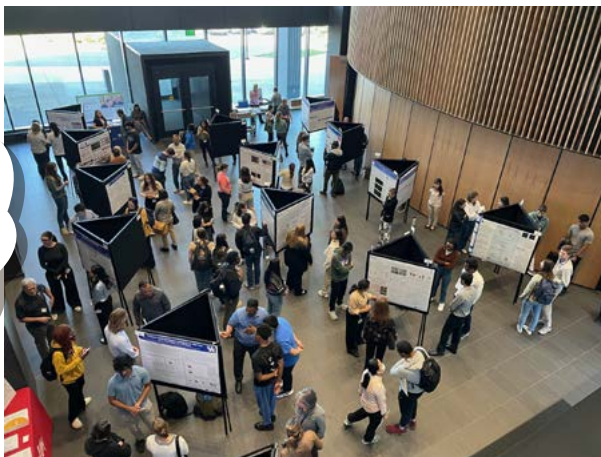
Events

Myasthenia Gravis Education Day



This October was the inaugural Myasthenia Gravis Awareness Day in Kentucky with a Patient Education event at the Campbell House.

UK Neuroscience Research Priority Area Annual Symposium



[VIEW MORE](#)

Events Continued

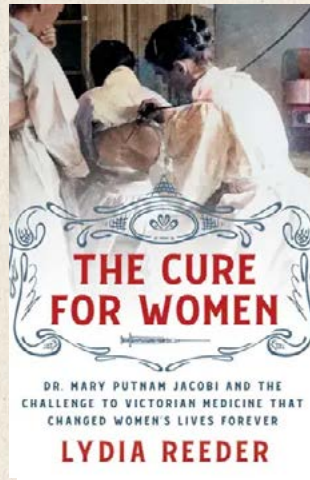
American Academy of Ophthalmology - Annual Meeting 2024



[VIEW MORE](#)



Recommended



The Cure for Women: Dr. Mary Putnam Jacobi and the Challenge to Victorian Medicine That Changed Women's Lives Forever

[Lydia Reeder](#)

After Elizabeth Blackwell became the first woman to graduate from medical school, more women demanded a chance to study medicine. Barred entrance to universities such as Harvard, women built their own first-rate medical schools and hospitals.

- [Amazon](#)
- [Lexington Public Library](#)
- [Apple Books](#)
- [Good Reads](#)
- [The Story Graph](#)

Recommended by:
Dr. Robert Baumann



Use this link to recommend something for an upcoming newsletter

[RECOMMEND](#)

Congratulations...

Dr. Neil Toupin, his wife Hana, and daughters Wren and Lilou
welcome *Minna Marie* to their family.



Save the Dates

Save the Dates

International Stroke Conference

ISC Sessions: February 5–7, 2025
Los Angeles Convention Center
Los Angeles, California
#ISC25

[ISC Website](#)

Practical Update in Neurology and Neurosurgery

May 9, 2025
HKRB.150

Central Kentucky Epilepsy Support Network - CKESN

Rachel Ward-Mitchell, BSN, RN, would like to invite you to the virtual epilepsy support group via Zoom. This meeting is the first Tuesday of the month from 6:30 pm to 8 pm. If you would like to join the meetings please contact Rachel at 859.218.5053 or through Central Kentucky Epilepsy Network.

[Facebook Group](#)



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Department of Neurology
<https://medicine.uky.edu/departments/neurology>

Department of Neurology — Newsletter
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Please submit contributions for the next edition of THE **NEUSPAPER** to Nathan Slone, (nathan.slone@uky.edu) and Lee Anne Rudd, (lee.rudd@uky.edu)

