THE NEUSPAPER

August **2024**

Contents

1 Cover/Table of Contents

2 Presentations, Faculty Achievements, Promotions

3 University of Kentucky College of Medicine Awards Convocation

4 Faculty Kudos, Patient Experience Award

5 ACGME 2025 David C. Leach Award

6 Resident Achievements

7 Welcome

8 Philanthropy

9 Wellness & Support Resources

10 Events

11 Save the Dates

College of Medicine

Department of Neurology

Presentations

Nakul Katyal, MBBS

Dr. Nakul Katyal gave a virtual presentation titled "Genetic Testing for CMT" at the Southeastern Kentucky CMTA Branch meeting on August 17, 2024.

CMTA
Charcot-Marie-Tooth Association

Faculty Achievements

Ima Ebong, MD

WIMS Leadership Award

Each year, WIMS recognizes faculty members, students, and trainees who encourage and support women in their academic and professional endeavors in the UK College of Medicine. Congratulations to **Dr. Ebong** as the 2024 recipient of the WIMS Leadership Award.

Promotions

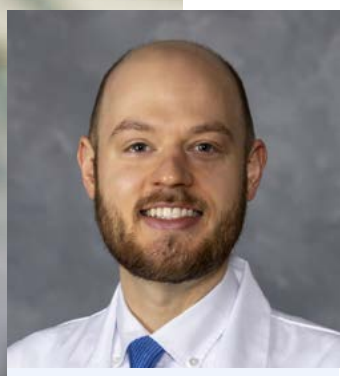
Timothy Ainger, PhD

Jordan Harp, PhD

Richard D King, MD, PhD

Congratulations to Doctors **Ainger** (to Associate Professor), **Harp** (to Associate Professor), and **King** (to Professor) on their recent promotions.

2024 UK University of Kentucky College of Medicine Awards Convocation



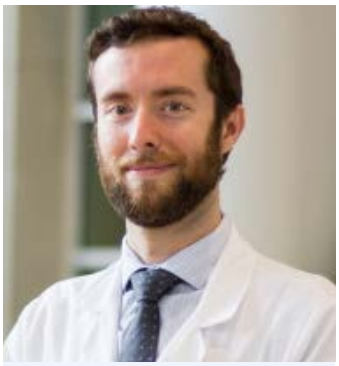
Jordan Clay, MD

Zabeen Mahuwala, MD

Sharoon Qaiser, MD

Kara Swafford, MD

David Neil Toupin, MD



Kevin O'Connor, MD

Andrew Welleford, MD, PhD

Congratulations to all of our awards recipients.

Academy of Medical Educator Excellence in Medical Education Award

- **Dr. Clay** recognized in the category of Teaching.
- **Dr. Mahuwala** recognized in the category of Leadership and Innovation.
- **Dr. Qaiser** recognized in the category of Innovation.
- **Dr. Swafford** recognized in the category of Mentorship.
- **Dr. Toupin** recognized in the category of Teaching.

Office of Graduate Medical Education Awards

- **Dr. O'Connor** received the GME Faculty Excellence in Teaching Award.
- **Dr. Welleford** received the GME Resident/Fellow Excellence in Teaching Award.

Faculty Kudos

Mangayarkarasi Thandampallayam Ajjeya, MBBS

Dr. Thandampallayam received a very positive acclamation from a patient. Thank you for all you do for our patients. Your hard work and compassion are very appreciated.

> *I just wanted to thank you for working so hard to help me. My vision is better than it's been in many months! I cannot thank you enough!*

Sharoon Qaiser, MD

Dr. Qaiser received a very positive acclamation from a patient's family. Thank you for all you do for our patients. Your hard work and compassion are very appreciated.

> *We are so thankful for the kindness Dr. Qaiser showed us.*
> *...*
> *Dr. Qaiser is the best and we are so thankful for him!*

Patient Experience Award

HealthCare
KENTUCKY NEUROSCIENCE INSTITUTE

The Kentucky Neuroscience Institute, as the recipient of the Patient Experience Award, has added to a long list of accolades. The KNI Child Neurology department achieved **top 25%** in patient experience when compared to academic medical centers across the nation for FY24 Q4.

ACGME Announces 2025 Graduate Medical Education Awardees David C. Leach Award

The David C. Leach Award recognizes residents and fellows who have fostered innovation and improvement in their programs, advanced humanism in medicine, and increased efficiency and emphasis on educational outcomes.

Lauren Bojarski, DO

Zain Guduru, MD

Trevor Logan, MD, PhD PGY-4

Jamie Roberts, APP

Andrew Williams, DO

Congratulations to **Dr. Bojarski** and the other UK College of Medicine team members recognized for the creation of, and continued work on, the Virtual Neurology Handbook. Honored alongside Dr. Bojarski are: **Dr. Guduru**, **Dr. Logan**, **Dr. Patricia Olson** (not pictured, completed her neurology residency in June 2023 before joining Indiana University School of Medicine, **Jamie Roberts** and **Dr. Williams**.

Resident Achievements

Resident of the Month - August

Andrew Welleford, MD, PhD

Congratulations to **Andrew Welleford, MD, PhD, PGY-4** for being chosen as the August Resident of the Month.

Dr. Welleford was selected for his care coordination and demonstrations of leadership.

> *An excellent teacher and great advocate for families and children. He was able to help a child who needed a procedure for a very long time.*

Patricia Bacus, MBBS, PGY-4

WIMS Rising Star Award

Each year, WIMS recognizes faculty members, students, and trainees who encourage and support women in their academic and professional endeavors in the UK College of Medicine. Congratulations to **Dr. Bacus** as the 2024 recipient of the WIMS Rising Star Award..

Welcome

Kaitlyn Cartwright, MD

Dr. Cartwright completed her medical education at the University of Kentucky in 2018. Residencies in Pediatrics and Communicable Diseases, as well as Child Neurology were at the University of Michigan. Her Fellowship on a Multiple Sclerosis and Neuroimmunology was completed this year at Ohio State University.

Ryan Sauer, MD

While at the University of Florida Medical School, he participated in research into mitochondrial transplant, and has further research background in population genetics from his undergraduate work at Pepperdine University. He completed a Child Neurology Residency at UK. His current clinical and research interests include neuro-oncology, epilepsy, and movement disorders.

In his spare time, Dr. Sauer enjoys hiking and watching movies with his wife when they're not volunteering at their church.

Philanthropy

Robert J. Baumann, MD
Resident Endowment Fund

The endowment was established in honor of Dr. Baumann's skills as a clinician and educator. It provides much needed funding for resident learning opportunities and research-related needs that are not otherwise supported.

Education is one of the core missions of our department - we are always looking for ways to improve the curriculum and educational opportunities we provide. Our goal is to continue to attract the highest caliber trainees to our programs, provide comprehensive neurological education, and increase the number of neurologists available in the commonwealth capable of providing cutting edge patient care and who are dedicated to lifelong learning. In 2015, the Robert J. Baumann, MD Fund for Neurology Residents was established to help us support our goals for the neurology resident program. Dr. Baumann has been a familiar face among neurology residents at the University of Kentucky for five decades. Dr. Baumann truly embodies the teaching mission of our department. His devotion to the field of medicine and training the next generation of providers is truly second to none.

In keeping with Dr. Baumann's passion for providing a strong medical education, the endowment will bolster the continued expansion of the Residency Program and ensure that our trainees have a well-rounded experience, positioning us to be among the best, and most sought out programs in the United States. Please consider contributing to the continued growth of our program and making an impact on future neurology residents by making a gift to the Robert J. Baumann MD Fund for Neurology Residents. All donations will be acknowledged and are tax deductible.

Donations can be made by contacting Taryn Derrick at taryn.derrick@uky.edu, for Neurology Alumni Philanthropy and Beth Wells at beth.wells@uky.edu for the Grateful Patient and Family Philanthropy.

GIVE NOW

Wellness & Support Resources

UK Wellness Resources

Academic Resources offer a wide variety of online and in-person tips, tools, and suggestions.

Workplace Safety

UK HealthCare is committed to safety and well-being of patients, visitors, and staff in our enterprise. We take all forms of aggression, violence, and threats seriously. Sometimes frontline staff don't report these incidents, because they feel disruptive behavior is "part of the job."

Childcare

Several childcare facilities are located on or adjacent to the UK campus. Please note that some of these programs have a 9-10 month waiting list, so if you are interested, please talk to the directors as early as possible.

Financial Health

You and your family have access to live financial experts for guidance on financial questions, big or small.

Community Advancement

As healthcare providers, we have an obligation to do no harm. But our obligations go further to prevent harm from befalling others because of our inaction or silence.

Spiritual

Various resources are available for spiritual support through the GME program.

Abuse Response & Reporting

For procedures to report abuse, and for details of patient rights, click the title.

The Vicarious Trauma Toolkit

The *Vicarious Trauma Toolkit* (VTT) was developed on the premise that exposure to the traumatic experiences of other people—known as **vicarious trauma**—is an inevitable occupational challenge for the fields of victim services, emergency medical services, fire services, law enforcement, and other...

Well-Being

The University of Kentucky GME Wellness In Training Committee is devoted to helping GME learners achieve their highest potential through the integration of the physical, social, emotional, environmental and economic aspects of wellness.

QPR Training

All of us are aware personally and professionally of the increase in our community of people with depression and anxiety, a trend that was significantly exacerbated by the pandemic. UK HealthCare is offering free online QPR Suicide Prevention training to employees...

Physician Support Line

This is a peer-to-peer support line for physicians by physicians that is available to US based DO / MD / international equivalents at the attending, fellow, resident, intern, medical student, or research level. Any discussions are confidential and protected.

Lexington Medical Society Physician Wellness Program

Services include individual counseling, couples/family sessions, and sessions with spouse/partners alone. These confidential and free counseling services are available to anyone.

UK Work-Life Counseling

Free and confidential counseling for life stress, work performance, substance abuse concerns, and mental health.

UK REFER Program

A Family Center Counseling service provided as a benefit to UK employees that focuses on personal, couple, and/or family concerns.

Emergent Psychiatry Services

UK Department of Psychiatry Outpatient Clinic provides confidential consultation during business hours, five days per week. Call **859-323-6021** and follow the prompts for the Outpatient Clinic.

The Ridge Behavioral System

Access to confidential consultation regarding the need for emergency psychiatric services is available to 24 hours per day, seven days a week. The house staff officer is to call **859-268-6400** and ask for the Assessment Office and identify oneself as a UK resident/fellow needing immediate evaluation.

Events

VIEW MORE

Winning Recipes!

1st

1. **Scotcharoos** by Mallory Richards
2. **Beef Empanadas** by Ricardo Vivanco Menoscal
3. **Indian Vegetarian Nachos Bhel** by Zabeen Mahuwala
4. **Red and Green Tamales** by (unknown)
5. **Gulab Jamun** by Mangay Thandampallayam

Did you know?

The modern picnic table was patented in 1918 by Harold R. Basford. Enjoy this illustrated history of the picnic table.

Did you know?

Little is known about the origin of the Scotcheroo, but the first known printing of the recipe is on the back of a Rice Krispies box in the mid-1960s.

Central Kentucky Epilepsy Support Network - CKESN

Rachel Ward-Mitchell, BSN, RN, would like to invite you to the virtual epilepsy support group via Zoom. This meeting is the first Tuesday of the month from 6:30 pm to 8 pm. If you would like to join the meetings please contact Rachel at 859.218.5053 or through Central Kentucky Epilepsy Network.

Facebook Group

College of Medicine
Department of Neurology

THE **NEUSPAPER**

Department of Neurology
https://medicine.uky.edu/departments/neurology

Department of Neurology — Newsletter
https://medicine.uky.edu/departments/neurology/neuspaper

Please submit contributions for the next edition of THE **NEUSPAPER** to Nathan Slone, (nathan.slone@uky.edu) and Lee Anne Rudd, (lee.rudd@uky.edu)