

THE NEUSPAPER

July 2024

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Congratulations!

The University of Kentucky Hospital has been recognized, by the **American Heart Association**, with the **2024 Get With The Guidelines - Stroke Gold Plus Award, Target: Stroke Elite Plus Honor Roll, Target: Type 2 Diabetes Honor Roll**.

This achievement brings national attention to University of Kentucky Hospital for improving patient care and deserves to be celebrated!

Publications



Larry Goldstein, MD, FAAN, FANA, FAHA

Dr. Larry Goldstein,
Surviving a Stroke
Neurology Editorial, July 15, 2024



Although analyzing data related to post stroke mortality is important, it should be acknowledged that this provides an incomplete metric of the impact of stroke on patients and their families.

Neurology®

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Presentations



Padmaja Sudhakar, MD



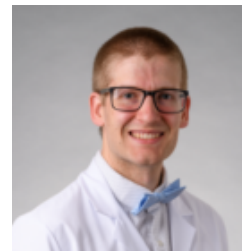
Mangayarkarasi Thandampallayam Ajjeya, MBBS



Divya Menghani, MBBS, PGY-3



Andreas Zambos, MD, PGY-2

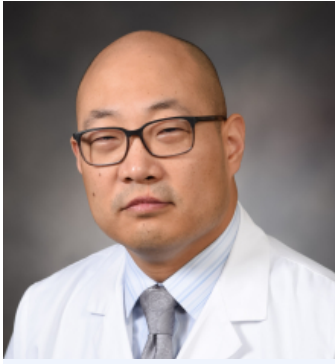


Cory Owens, MD, PGY-4

Presented at Upper Midwest Neuro-Ophthalmology Group Annual Meeting in Chicago.

[VIEW ALL PHOTOS](#)

Faculty Achievements



Dan Han, PsyD, CELM, FANA, FRSPH

Dr. Dan Han and Physiology Department's **Dr. Tim McClintock**'s Neurogastronomy Project R13 Award was renewed for 5 years for the FY25-FY30 cycle by the National Institute of Deafness and Other Communication Disorders/ National Institutes of Health.

Dr. Dan Han was awarded the Executive Clinical Expert Leadership Research Initiative (EXCEL) grant as a Principal Investigator for Program MERIT (Multidisciplinary Engagement for Recovery and Intervention in Tobacco-use), sponsored by the Office of the Provost.



Nakul Katyal, MBBS

Dr. Nakul Katyal has been elected to serve as the liaison for the [Young Leadership Council](#) with [AANEM](#).

Did you know?

On August 29, 1953, a gathering took place at the Palmer House in Chicago, IL, to formally organize the American Association of Electromyography and Electrodiagnosis (AAEE).



Timothy Ainger, PhD

With the continued growth of the Neuropsychology Division and its clinical services, **Dr. Tim Ainger** was selected to serve as the Assistant Director of the Neuropsychology Division.

Faculty Kudos



Nakul Katyal, MBBS

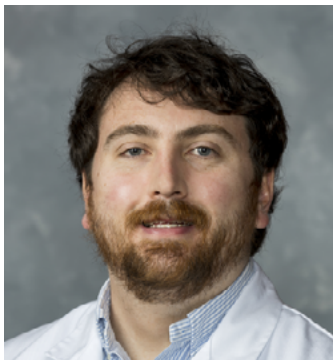
Dr. Nakul Katyal received a very positive acclamation from a patient.



Dr. Katyal has been great throughout her whole experience here at UK.

Staff Kudos

APP of the Month - July



Kenneth S Baker, APRN

Congratulations to **Kenneth Baker, APRN** in Neurology. His compassion, professionalism, and calming presence were touted in his nominations.



He is always kind to colleagues and patients. He is a great practitioner who is able to manage many complicated patients skillfully. He is a joy to work around.

Resident Achievements

Resident of the Month - July



Patricia Bacus, MBBS, PGY-4

Congratulations to **Patricia Bacus, MBBS** PGY-4 for being chosen as the July's Resident of the Month.

Dr. Bacus was selected based on her medical knowledge, professionalism, and care coordination, which reflect her dedication to the missions and values of the Neurology Department.



Dr. Bacus is very friendly and professional. She is very thorough, kind, and compassionate. She goes above and beyond in taking care of her patients.

News Wrap Up



Gregory Jicha, MD, PhD

Doctor Gregory Jicha Honored as 2024-2025 University Research Professor

Gregory A. Jicha, M.D., Ph.D., Professor and Vice Chair for Academic Affairs in the Department of Neurology in the University of Kentucky College of Medicine, Associate Director of the Sanders-Brown Center on Aging and the Robert T. & Nyles Y. McCowan Endowed Chair in Alzheimer's Research at UK, has been honored as a 2024-25 University Research Professor.

“

Over 70,000 Kentuckians have Alzheimer's disease or related disorders, and another 70,000 are estimated to have mild cognitive impairment.

Gregory Jicha, MD, PhD

Did you know?

The professorship program was established by the Board of Trustees in 1976. It recognizes excellence across the full spectrum of research at UK and is sponsored by the Office of the Vice President for Research.

Dr. Jicha also serves as the director of the Clinical Core of the UK Alzheimer's Disease Research Center, funded by the National Institute on Aging, and is the founder and director of the UK Telemedicine Cognitive Clinic. He joined UK in 2005.

In summing up his research, Dr. Jicha said he investigates ways to unlock the secrets of healthy brain aging that can be made possible for all. He and his research team are working to develop new treatments for those affected by Alzheimer's disease and related disorders — most notably the FDA-approved drug lecanemab.

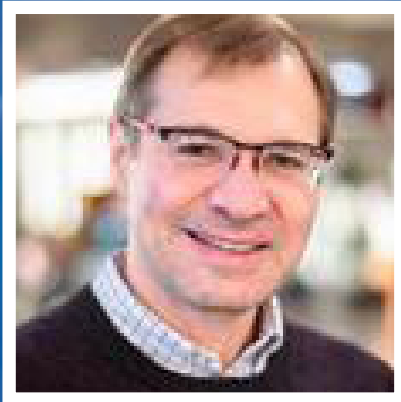
As part of this latest recognition Dr. Jicha spoke with UKNow for a Q&A session.

UKNow: What does it mean to you to be recognized as a University Research Professor?

Jicha: Recognition as a valuable member of the UK research community through the University Research Professorship is important. More importantly is the recognition that I am helping thousands of Kentuckians meet the challenges of fighting back against Alzheimer's and related dementias through meaningful contributions in the area of research that is focused on improving their care.

[READ MORE](#)

Welcome

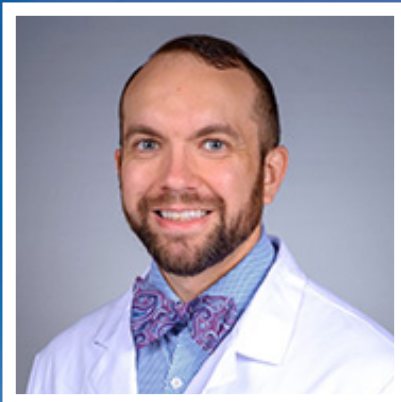


Gaston da Costa, MD

Dr. da Costa was born in Argentina more than half a century ago and as a child was sent to a Marist school where sports were an important part of our academic life. He played Futbol (soccer) and rugby for several years, competing nationally.

During his Neurology residence he was able to travel to the US to do a rotation in Wake Forest with the Neurology service. Years later he was able to enter Indiana University and was able to be trained, again, here in the US.

He loves to travel, is very interested in World War II history, Napoleon, and the history of Rome. Whenever possible he travels to Europe with his children and tries to visit significant sites.



Michael P. Hendricks, MD

I just finished my residency in Child Neurology at the University of Louisville. I am particularly interested in neuromuscular and neurocutaneous disorders. I like spending time with my kids, martial arts, languages, cooking, and history.

Welcome



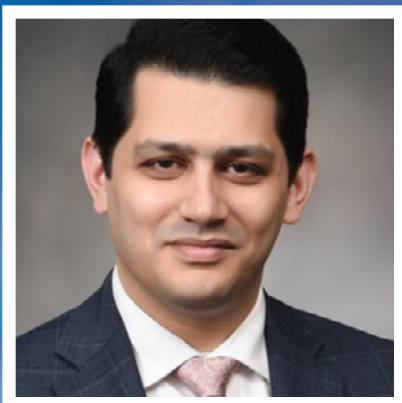
Cecilio M Hernandez, MD

Dr. Hernandez is a 2010 graduate of the University of Texas El Paso with a Bachelor of Science; a major in Biological Sciences and a minor in Chemistry. Professional interests are epilepsy, headache, and sleep.



Pinar Coskun, MD

Dr. Coskun completed her medical degree in Ankara, Turkey. Soon she would relocate to the US and began her first postdoctoral fellowship at Emory University. After gaining twenty years of experience in translational research she decided to return to clinical practice and in July 2023 began a geriatric neurology fellowship at the University of Kentucky.



Ashar Farooqi, MBBS

Dr. Farooqi is a 2012 graduate of the Punjab Medical College. Received Merit Scholarship, given to the top one-hundred students in Medical College Admission Testing (MCAT), during five years of medical school. Dr. Farooqi is a member of the Pakistan Medical and Dental Council/Pakistan Medical Commission, the American Academy of Neurology, and the American Epilepsy Society.

Welcome



Rani Priyanka Vasireddy, MBBS

Dr. Rani Priyanka Vasireddy completed her medical education at the Kamineni Institute of Medical Sciences, and Colorado State University. She joins us as a fellow/instructor after her neurology residence here at the University of Kentucky.



Lauren Bojarski, DO

Dr. Bojarski became very active in the neurology community early on in her training, attending the Annual AAN conferences during which she gave an educational talk about logistics and implementation of inter-regional events for medical schools worldwide. She has received recognition for her work to progress awareness of neurology as a specialty both in her school and community in the form of multiple scholarships, as well as a spot on an AAN Pipeline Subcommittee for dispelling neurophobia among students of all ages across the country.



Salman Assad, MBBS

Dr. Assad graduated from Shifa College of Medicine in Islamabad, Pakistan and completed his neurology residency at Marshall University in Huntington, WV. He has a strong interest in academics and clinical research with mixture of stroke and neuro-endovascular procedures.

Philanthropy

Robert J. Baumann, MD Resident Endowment Fund



The endowment was established in honor of Dr. Baumann's skills as a clinician and educator. It provides much needed funding for resident learning opportunities and research-related needs that are not otherwise supported.

Education is one of the core missions of our department - we are always looking for ways to improve the curriculum and educational opportunities we provide. Our goal is to continue to attract the highest caliber trainees to our pro-

grams, provide comprehensive neurological education, and increase the number of neurologists available in the commonwealth capable of providing cutting edge patient care and who are dedicated to life-long learning. In 2015, the Robert J. Baumann, MD Fund for Neurology Residents was established to help us support our goals for the neurology resident program. Dr. Baumann has been a familiar face among neurology residents at the University of Kentucky for five decades. Dr. Baumann truly embodies the teaching mission of our department. His devotion to the field of medicine and training the next generation of providers is truly second to none.

In keeping with Dr. Baumann's passion for providing a strong medical education, the endowment will bolster the continued expansion of the Residency Program and ensure that our trainees have a well-rounded experience, positioning us to be among the best, and most sought out programs in the United States. Please consider contributing to the continued growth of our program and making an impact on future neurology residents by making a gift to the Robert J. Baumann MD Fund for Neurology Residents. All donations will be acknowledged and are tax deductible.

Donations can be made by contacting Taryn Derrick at taryn.derrick@uky.edu, for Neurology Alumni Philanthropy and Beth Wells at beth.wells@uky.edu for the Grateful Patient and Family Philanthropy.



Wellness & Support Resources

UK Wellness Resources

Academic Resources offer a wide variety of online and in-person tips, tools, and suggestions.

Workplace Safety

UK HealthCare is committed to safety and well-being of patients, visitors, and staff in our enterprise. We take all forms of aggression, violence, and threats seriously. Sometimes frontline staff don't report these incidents, because they feel disruptive behavior is "part of the job."

Childcare

Several childcare facilities are located on or adjacent to the UK campus. Please note that some of these programs have a 9-10 month waiting list, so if you are interested, please talk to the directors as early as possible.

Financial Health

You and your family have access to live financial experts for guidance on financial questions, big or small.

Community Advancement

As healthcare providers, we have an obligation to do no harm. But our obligations go further to prevent harm from befalling others because of our inaction or silence.

Spiritual

Various resources are available for spiritual support through the GME program.

Abuse Response & Reporting

For procedures to report abuse, and for details of patient rights, click the title.

The Vicarious Trauma Toolkit

The *Vicarious Trauma Toolkit* (VTT) was developed on the premise that exposure to the traumatic experiences of other people—known as **vicarious trauma**—is an inevitable occupational challenge for the fields of victim services, emergency medical services, fire services, law enforcement, and other...

Well-Being

The University of Kentucky GME Wellness In Training Committee is devoted to helping GME learners achieve their highest potential through the integration of the physical, social, emotional, environmental and economic aspects of wellness.

QPR Training

All of us are aware personally and professionally of the increase in our community of people with depression and anxiety, a trend that was significantly exacerbated by the pandemic. UK HealthCare is offering free online QPR Suicide Prevention training to employees...

Physician Support Line

This is a peer-to-peer support line for physicians by physicians that is available to US based DO / MD / international equivalents at the attending, fellow, resident, intern, medical student, or research level. Any discussions are confidential and protected.

Lexington Medical Society Physician Wellness Program

Services include individual counseling, couples/family sessions, and sessions with spouse/partners alone. These confidential and free counseling services are available to anyone.

UK Work-Life Counseling

Free and confidential counseling for life stress, work performance, substance abuse concerns, and mental health.

UK REFER Program

A Family Center Counseling service provided as a benefit to UK employees that focuses on personal, couple, and/or family concerns.

Emergent Psychiatry Services

UK Department of Psychiatry Outpatient Clinic provides confidential consultation during business hours, five days per week. Call **859-323-6021** and follow the prompts for the Outpatient Clinic.

The Ridge Behavioral System

Access to confidential consultation regarding the need for emergency psychiatric services is available to 24 hours per day, seven days a week. The house staff officer is to call **859-268-6400** and ask for the Assessment Office and identify oneself as a UK resident/fellow needing immediate evaluation.

Save the Dates

Save the Dates

Central Kentucky Epilepsy Support Network - CKESN

Rachel Ward-Mitchell, BSN, RN, would like to invite you to the virtual epilepsy support group via Zoom. This meeting is the first Tuesday of the month from 6:30 pm to 8 pm. If you would like to join the meetings please contact Rachel at 859.218.5053 or through Central Kentucky Epilepsy Network.

Facebook Group





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Department of Neurology

THE NEUSPAPER

Department of Neurology

<https://medicine.uky.edu/departments/neurology>

Department of Neurology — Newsletter

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Please submit contributions for the next edition of THE **NEUSPAPER** to Nathan Slone, (nathan.slone@uky.edu) and Lee Anne Rudd, (lee.rudd@uky.edu)

