

# THE NEUSPAPER

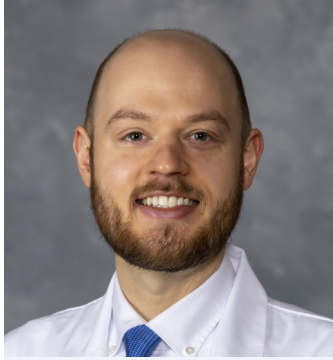
June 2024



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# Publications



Jordan Clay, MD

**Jordan L. Clay**, Farhan A. Mirza, Kamar D. Hulou, Flavius D. Raslau. Value and potential pitfalls of morphometric analysis of magnetic resonance imaging in epilepsy. [Epilepsia June 21, 2024](#)



Nakul Katyal, MBBS

**Nakul Katyal**, Raghav Govindarajan, Neelam Goyal, Suraj Muley, Srikanth Muppidi. Ravulizumab use for acetylcholine receptor-positive generalized myasthenia gravis in clinical practice. [Frontiers in Neurology Vol. 15 June 10, 2024](#)



Larry Goldstein, MD, FAAN, FANA, FAHA

**Larry Goldstein**, Weighing the Effect of Overweight/Obesity on Stroke Risk. [Stroke. 2024;55:1866-1868](#)



“ The reasons for the relatively higher burden of stroke in young adults are not entirely clear. In addition to causes of stroke unique to younger individuals, part of this disparity may be related to traditional, potentially modifiable stroke risk factors.

Larry Goldstein, MD, FAAN, FANA, FAHA

## Presentations



Meriem Bensalem-Owen, MD

**Dr. Bensalem-Owen** participated in the opening ceremony of the Chinese Clinical Neurophysiology Society. She provided introductory remarks about the [ACNS](#) guidelines on electrophysiologic critical care monitoring.

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## Faculty Achievements



Padmaja Sudhakar, MD

**Dr. Padmaja Sudhakar** was selected by her peers to represent them as the Adult Specialties Faculty Representative on the [KMSF](#) Board of Directors.

### Did you know?

The Kentucky Medical Services Foundation, Inc. (KMSF) was founded in 1978.



Sharoon Qaiser, MD

**Dr. Sharoon Qaiser** was presented the KY children's Hospital Chairman's Best Grand Rounds Award in recognition of his presentation "Headache Story."

“ Our headache clinic works on the philosophy of teaching and listening. At our clinic, we do not only treat ailments, but we provide education. Children and adolescents feel more empowered when they have a better understanding of their disease.

Sharoon Qaiser, MD

# Congratulations

to our faculty and residents who received awards at the  
2024 Neurology Resident & Fellow Graduation

## University of Kentucky Department of Neurology 2024 Resident & Fellow Graduation

### Resident Excellence in Education

*Dr. Alan Yaacoub, Dr. Saniya Pervin*

### Adult Neurology Excellence in Teaching Award

*Dr. Vish Kumaraswamy, Dr. Kevin O'Connor*

### CARES Award

*Caitlin Moran*

### PROSE Award

*Dr. Zain Guduru*

### Resident of the Year Award

*Dr. Molly Bates*

### Highest RITE Score Award

*Dr. Rani Vasireddy & Fatai Akemokwe*

### Program Director's Award

*Dr. Rani Vasireddy*

### Neurology Jeopardy Team Award

*REM Speedwagon:*

*Drs. Akemokwe, Wilkerson, Zhu, Bates,  
Menghani, Gowda, Yator, Jacinto,  
Yepez, Zambos, and Kaur*

### Wellness Champion Award

*Lauren Bojarski*

### DEI Champion Award

*Andrew Williams*

### Adult Neurology: Excellence in Clinical Care Award

*Yasodara Siddharthan*

### Trainee Research Day Best Platform Presentation Award

*Dr. Zhu Zhu*

### Trainee Research Day Best Poster Presentation Award

*Dr. Misbah Azeem*

### Recognition of Distinguished Service

*Dr. Kimberly S. Jones*

In recognition of dedicated and distinguished service as  
Program Directors for Child Neurology Residency

### Child Neurology Excellence in Teaching

*Dr. Neil Toupin*

### Child Neurology Excellence in Clinical Care

*Dr. Ryan Sauer*



## Faculty Kudos



Zain Guduru, MD

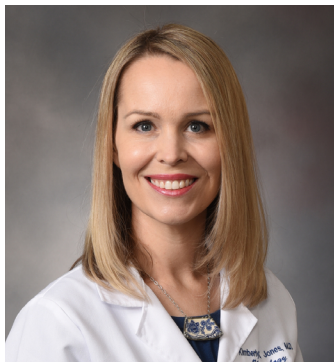
### Dr. Zain Guduru

received a very positive acclamation from a patient. Thank you for all you do for our patients. Your hard work and compassion are very appreciated.



*Dr. Guduru is kind and sincerely expresses his concern for the patient.*

*I commend both the University of Kentucky Hospital and Dr. Guduru he, his staff, and the hospital is providing for us. With sincere appreciation.*



Kimberly S. Jones, MD

Congratulations Dr. Kimberly S. Jones as she was chosen as one of the thirteen members of the inaugural cohort of the College of Medicine's Leadership in Academic Medicine Pathway (LAMP) program.

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## Resident Achievements

### Resident of the Month - June



Alan Yaacoub, MD, PGY-4

Congratulations to Dr. Alan Yaacoub PGY-4 for being chosen as the June's Resident of the Month.

Dr. Yaacoub's teamwork and care coordination skills were pinpointed as attributes worthy of recognition.



*A terrific resident to work with in both inpatient and outpatient settings. He's a great mentor and guide for the junior residents.*

# Resident Kudos



Congratulations to **Dr. Rani Vasireddy** for being selected as the winner of the **2024 Saha Patient-Centered Care Award** (Resident/Fellow Category).

► From left to right:

Dr. Zain Guduru, Dr. Rani Vasireddy, Dr. Larry Goldstein

## Did you know?

The award is presented annually to four UK HealthCare Employees. These individuals represent each of the designated categories of professional healthcare disciplines. They have exhibited a high commitment to our patients, quality of care and the UK HealthCare DIRECT Values.



Congratulations to **Dr. Lauren Bojarski** for her nomination for the **2024 Saha Patient-Centered Care Award** (Resident/Fellow Category).

► From left to right:

Dr. Lauren Bojarski, Dr. Zain Guduru, Dr. Rani Vasireddy



► From left to right:

Dr. Andrew Williams PGY3, Dr. Zain Guduru, Jennifer Ferguson, Dr. Sally Mathias, Dr. Alan Yaacoub PGY4, Dr. Rani Priyanka Vasireddy, Dr. Lauren Bojarski, Dr. Saniya Pervin PGY4, Dr. Forrest Sturgill, Dr. Yasodara Priyadharsini Senthamarai Siddharthan, Dr. Zhu Zhu, Caitlin Moran, Dr. Larry Goldstein

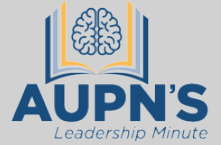
## Seen & Heard



Larry Goldstein, MD, FAAN,  
FANA, FAHA

**Dr. Goldstein** was the featured guest on Association of University Professors of Neurology's (AUPN) Leadership Minute podcast. Dr. Goldstein joined host Muhammad Alvi, MD to discuss "[Financial Planning & Budgeting - Best Practices.](#)"

[AUPN's Leadership Minute podcast](#) can be found on Apple Podcasts, Spotify, and other podcast aggregators.



Writing an article for UKNOW, Dr. Goldstein advocates for [Stroke Awareness: Understanding Risks and Need for Urgent Treatment.](#)

Speaking to [Everyday Health: Overweight Girls and Young Women Have Higher Stroke Risk as They Age](#) Dr. Goldstein encourages healthy lifestyle choices such as: regular exercise, a Mediterranean style diet, not smoking, and limiting alcohol consumption.



Meriem Bensalem-Owen, MD

**Dr. Bensalem-Owen** was featured in the June issue of Medscape Medical News "How a Mindset Shift Can Transform the Way You Practice."

[READ MORE](#)

*"It's really a battle against yourself, against your fears. Some people may have more time, so they can train more, and if I compare myself to them, I'll be miserable."*

Meriem Bensalem-Owen, MD



Zain Guduru, MD

**Dr. Guduru**, as part of an expert panel, appeared on "[Healthy Aging: A KET Forum.](#)" The panel offered advice on improving lifestyle habits, undergoing medical procedures, and best practices to ensure optimal health as we age.

[WATCH ON KET](#)

*"Alzheimer's can manifest in early stages with a loss of short-term memory and/or word recall that occurs regularly."*

Zain Guduru, MD



# News Wrap Up



Jagannadha Avasarala,  
MD, PhD

## UK Neurologist Advocates for AI, Ultrasound to Help Prevent Blindness from Giant Cell Arteritis

UK HealthCare's **Jagannadha (Jay) Avasarala, MD, PhD**, professor of neurology, outlines the promise of point of care ultrasound (POCUS) in the diagnosis of Giant Cell Arteritis (GCA). Misdiagnosis or a missed diagnosis of GCA can result in blindness that is preventable.



*The goal is to save patients from becoming blind. An instant diagnosis of GCA is the only way to prevent blindness.*

Jagannadha Avasarala, MD, PhD

[READ MORE](#)



Larry Goldstein, MD, FAAN,  
FANA, FAHA

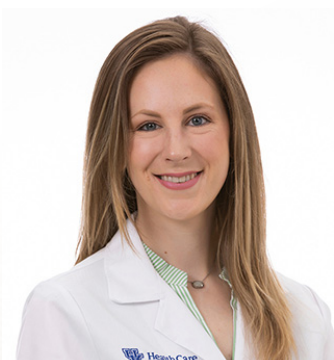
## American Heart Association: Use of statins does not pose undue risk of neurological complications

Statins, drugs often used in the treatment of patients with or at higher risk of atherosclerotic cardiovascular disease, do not put people at an increased risk of neurological complications, the American Heart Association (AHA) said in a recently issued scientific statement.

A committee I have the privilege of chairing recently wrote the AHA statement, which is connected to a core function of statins: reducing low-density lipoprotein cholesterol (LDL-C).

[READ MORE](#)

[WATCH ON YOUTUBE](#)



Lauren Bojarski, DO

## Dr. Lauren Bojarski: Resident Advocate Extraordinaire

**Lauren Bojarski, DO**, joined the UK College of Medicine as a neurology resident in 2020, just as COVID-19 began to spread across the U.S.

For Dr. Bojarski, like many others, working in health care during such unprecedented times was incredibly difficult.



*I started my very first day learning how to gown up with personal protective equipment (PPE), which I was not expecting, but once I met my co-residents and the attendings, I felt more at ease.*

Lauren Bojarski, DO

[READ MORE](#)



# Philanthropy

## Robert J. Baumann, MD Resident Endowment Fund

The endowment was established in honor of Dr. Baumann's skills as a clinician and educator. It provides much needed funding for resident learning opportunities and research-related needs that are not otherwise supported.

Education is one of the core missions of our department - we are always looking for ways to improve the curriculum and educational opportunities we provide. Our goal is to continue to attract the highest caliber trainees to our programs, provide comprehensive neurological education, and increase the number of neurologists available in the commonwealth capable of providing cutting edge patient care and who are dedicated to life-long learning. In 2015, the Robert J. Baumann, MD Fund for Neurology Residents was established to help us support our goals for the neurology resident program. Dr. Baumann has been a familiar face among neurology residents at the University of Kentucky for five decades. Dr. Baumann truly embodies the teaching mission of our department. His devotion to the field of medicine and training the next generation of providers is truly second to none.

In keeping with Dr. Baumann's passion for providing a strong medical education, the endowment will bolster the continued expansion of the Residency Program and ensure that our trainees have a well-rounded experience, positioning us to be among the best, and most sought out programs in the United States. Please consider contributing to the continued growth of our program and making an impact on future neurology residents by making a gift to the Robert J. Baumann MD Fund for Neurology Residents. All donations will be acknowledged and are tax deductible.

Donations can be made by contacting Taryn Derrick at [taryn.derrick@uky.edu](mailto:taryn.derrick@uky.edu), for Neurology Alumni Philanthropy and Beth Wells at [beth.wells@uky.edu](mailto:beth.wells@uky.edu) for the Grateful Patient and Family Philanthropy.



**GIVE NOW**



# Wellness & Support Resources

## UK Wellness Resources

Academic Resources offer a wide variety of online and in-person tips, tools, and suggestions.

## Workplace Safety

UK HealthCare is committed to safety and well-being of patients, visitors, and staff in our enterprise. We take all forms of aggression, violence, and threats seriously. Sometimes frontline staff don't report these incidents, because they feel disruptive behavior is "part of the job."

## Childcare

Several childcare facilities are located on or adjacent to the UK campus. Please note that some of these programs have a 9-10 month waiting list, so if you are interested, please talk to the directors as early as possible.

## Financial Health

You and your family have access to live financial experts for guidance on financial questions, big or small.

## Diversity & Inclusion

As healthcare providers, we have an obligation to do no harm. But our obligations go further to prevent harm from befalling others because of our inaction or silence.

## Spiritual

Various resources are available for spiritual support through the GME program.

## Abuse Response & Reporting

For procedures to report abuse, and for details of patient rights, click the title.

## The Vicarious Trauma Toolkit

The *Vicarious Trauma Toolkit* (VTT) was developed on the premise that exposure to the traumatic experiences of other people—known as **vicarious trauma**—is an inevitable occupational challenge for the fields of victim services, emergency medical services, fire services, law enforcement, and other...

## Well-Being

The University of Kentucky GME Wellness In Training Committee is devoted to helping GME learners achieve their highest potential through the integration of the physical, social, emotional, environmental and economic aspects of wellness.

## QPR Training

All of us are aware personally and professionally of the increase in our community of people with depression and anxiety, a trend that was significantly exacerbated by the pandemic. UK HealthCare is offering free online QPR Suicide Prevention training to employees...

## Physician Support Line

This is a peer-to-peer support line for physicians by physicians that is available to US based DO / MD / international equivalents at the attending, fellow, resident, intern, medical student, or research level. Any discussions are confidential and protected.

## Lexington Medical Society Physician Wellness Program

Services include individual counseling, couples/family sessions, and sessions with spouse/partners alone. These confidential and free counseling services are available to anyone.

## UK Work-Life Counseling

Free and confidential counseling for life stress, work performance, substance abuse concerns, and mental health.

## UK REFER Program

A Family Center Counseling service provided as a benefit to UK employees that focuses on personal, couple, and/or family concerns.

## Emergent Psychiatry Services

UK Department of Psychiatry Outpatient Clinic provides confidential consultation during business hours, five days per week. Call **859-323-6021** and follow the prompts for the Outpatient Clinic.

## The Ridge Behavioral System

Access to confidential consultation regarding the need for emergency psychiatric services is available to 24 hours per day, seven days a week. The house staff officer is to call **859-268-6400** and ask for the Assessment Office and identify oneself as a UK resident/fellow needing immediate evaluation.



# Events

## Did you know?

Juneteenth National Independence Day is the first federal holiday established since Martin Luther King Jr. Day in 1983 and is at least the 11th federal holiday recognized by the US government.



[VIEW MORE](#)

## Main Event Outing

## Did you know?

The first Main Event center opened in Lewisville, Texas in 1998 because the founders were looking for ways to be more inviting to families by offering more than the dusty bowling centers of the past.



[VIEW MORE](#)

## Save the Dates

# Central Kentucky Epilepsy Support Network - CKESN

**Rachel Ward-Mitchell, BSN, RN**, would like to invite you to the virtual epilepsy support group via Zoom. This meeting is the first Tuesday of the month from 6:30 pm to 8 pm. If you would like to join the meetings please contact Rachel at 859.218.5053 or through Central Kentucky Epilepsy Network.

Facebook Group







# College of Medicine

*Department of Neurology*

## THE NEUSPAPER

Department of Neurology — Newsletter  
<https://medicine.uky.edu/departments/neurology>

Please submit contributions for the next edition of THE **NEUSPAPER** to Lee Anne Rudd, ([lee.rudd@uky.edu](mailto:lee.rudd@uky.edu))

