

# University of Kentucky Graduate Medical Education Orientation 2024

IMG Resources –Morehead Campus

Double Click on the links on PPT to access the linked websites



# Transitioning to Residency Post Match



## Apply for Social Security

### Social Security

J-1s cannot apply for a Social Security until ECFMG has validated SEVIS record after arrival to the U.S. Applying prior to SEVIS will delay issuance of Social Security card.



## Health Insurance

### Insurance and retirement benefits | UK Human Resources (uky.edu)



## Set up Bank Account

First Federal Savings & Loan  
Stockyards Bank & Trust  
Morehead Federal Community Credit Union  
Morehead National Bank  
The Citizens Bank  
US Bank  
Whitaker Bank  
Woodforest Bank



## Apply for a credit card and start building credit score

<https://www.nerdwallet.com/article/credit-cards/how-to-get-a-credit-card-for-international-students-and-immigrant-workers>

FICO credit score could be assigned only after 6 months of history

Getting a secured credit (without SSN) card can give you score a month earlier

# Transitioning to Residency *cont....*

---

- **Housing and Renting**

- [Housing](#)
- [Bluegrass Realtors](#)

- **Transportation**

- [Federated Transportation Services of the Bluegrass](#)

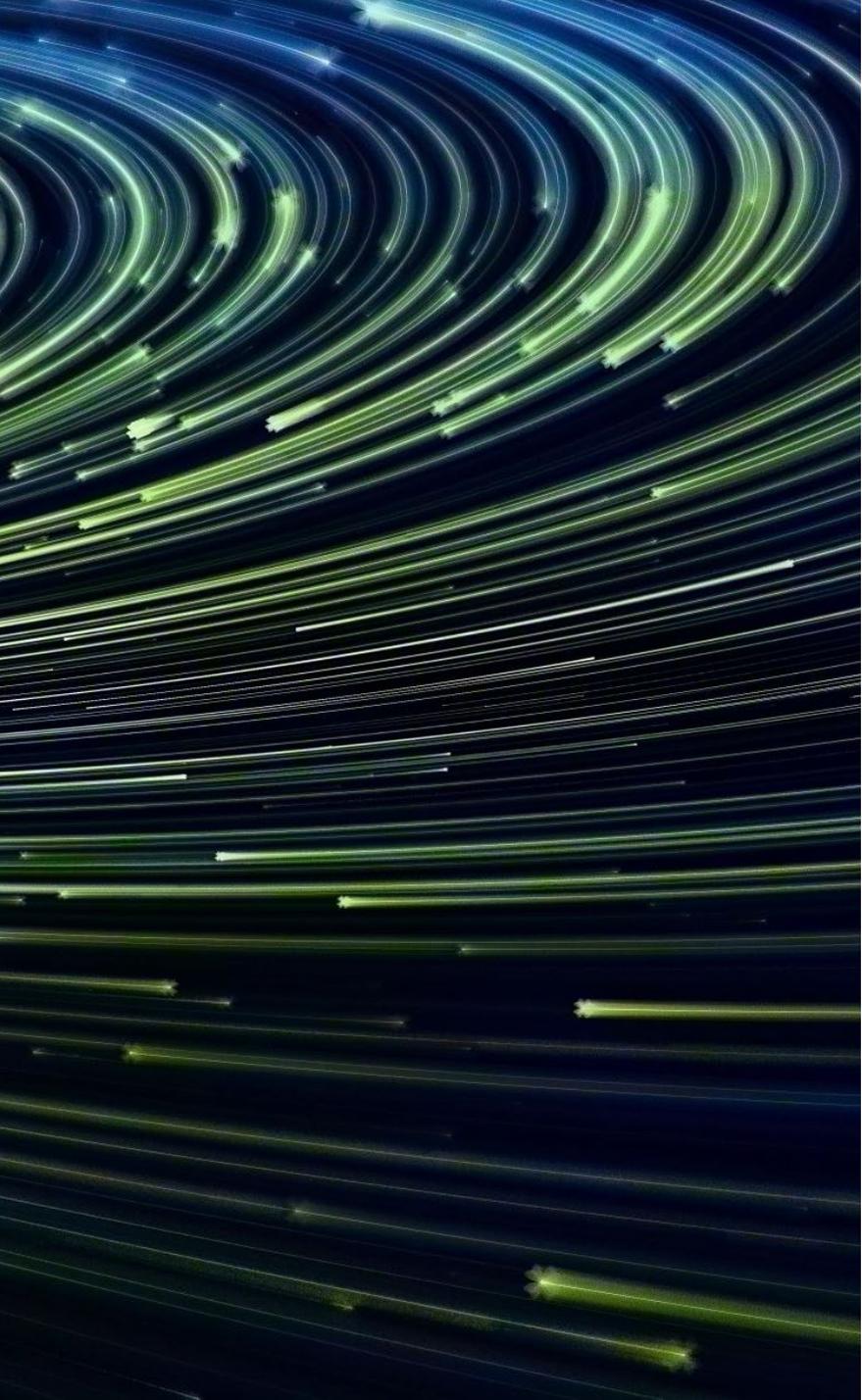
- **Health Insurance**

- [Insurance and retirement benefits | UK Human Resources \(uky.edu\)](#)

# Transitioning to Residency *cont....*

## UK payroll Tax Questionnaire

- Newly hired or rehired nonresident employees holding H-1B, J-1, J-2 or F-1 visas must complete a UK payroll Tax Questionnaire
- For additional details, please see: <https://www.uky.edu/ufs/payroll-services-non-resident-alien>



# Transitioning to Residency *cont....*

## Driving and obtaining a license

- [Drivers License](https://drive.ky.gov/Drivers/Pages/Non-US-Citizen.aspx) - <https://drive.ky.gov/Drivers/Pages/Non-US-Citizen.aspx>
- Some foreign driver licenses and international driving license work in Kentucky for up to a year
- Can do writing and driving exam anywhere in the state, not only in Morehead

## Buy/Lease a car

- [Car Lease/ Purchase](#)

## Decide on additional Benefits

- [Life insurance](#)



# Transitioning to KY and building connections

☐ [Visit Morehead](#)

☐ Schools

- [Rowan Board of Education](#)
- [Rowan County Pre-School Center](#)
- [Morehead State University](#)

# Local Organizations and Affinity Groups

- ❑ UK COM Employee Affinity Groups
  - [Affinity Groups](#)
- ❑ Faculty of color network
  - [Diversity](#)



# Additional Resources

## ❑ J1 Twitter

➤ [ECFMG J1](#)

## ❑ Journeys in Medicine Vlog

➤ [ECFMG Medicine Vlogs](#)

## ❑ AMA IMG toolkit

➤ [AMA toolkit](#)

## ❑ GME frequently asked questions

➤ [Graduate Medical Education FAQ's](#)

## ❑ GME Visas

➤ [Graduate Medical Education | Visas | University of Kentucky College of Medicine \(uky.edu\)](#)

## ❑ UK IMG Mentoring Program

➤ [https://uky.az1.qualtrics.com/jfe/form/SV\\_d6BUvBcmRH1JRZQ](https://uky.az1.qualtrics.com/jfe/form/SV_d6BUvBcmRH1JRZQ)

# Ways to get involved



- ❑ Wellness in training Committee

- <https://medicine.uky.edu/sites/gme/well-being>

- ❑ Office of Diversity, Equity, and Inclusion

- [Diversity, Equity & Inclusion](#)

- ❑ AMA IMG Group

- [International Medical Graduate AMA Group](#)

- ❑ US Ethnic Physician Organizations

- [Ethnic Physicians](#)

+

•

○

# Disclosure

\*UK GME does NOT endorse or recommend any of the companies or services listed in this presentation. Information on these companies and services is provided for informational purposes only. These companies and services may not be appropriate for your needs, and other companies and services may provide better benefits or value. You are solely responsible for investigating and choosing the companies with whom you choose to do business and/or the services you retain.

+

•

○

# Contacts

- ***Asha Shenoi ,MD, FAAP,FCCM***  
Assistant dean, Clinical Learning Environment, GME  
Email: [asha.shenoi@uky.edu](mailto:asha.shenoi@uky.edu)  
Cell number : 742-491-6527
- ***Melynda Burke, MA***  
Registrar Manager, GME  
Email: [melynda.burke@uky.edu](mailto:melynda.burke@uky.edu)  
Office Number : 859-323-5003
- ***Winnie Commare***  
Assistant Registrar, GME  
Email: [w.commare@uky.edu](mailto:w.commare@uky.edu)  
Office Number : 859-323-8240
- ***Danielle Hamm***  
Administrative Director,  
Graduate Medical Education  
Email: [Danielle.Hamm@st-claire.org](mailto:Danielle.Hamm@st-claire.org)  
Cell number: 606-783-6455
- ***Craig Burrows, MD***  
Program Director, Family Medicine  
Email: [Craig.Burrows@st-claire.org](mailto:Craig.Burrows@st-claire.org)  
Cell: 606-783-6455