



University of Kentucky Graduate Medical Education Orientation

IMG Resources* - Hazard Campus

Transitioning to Residency Match to 1st weeks In training

□ Apply for Social Security

- [Social Security](#)
- J-1s cannot apply for a Social Security until ECFMG has validated SEVIS record after arrival to the U.S. Applying prior to SEVIS will delay issuance of Social Security card.

□ Health Insurance

- [Insurance and retirement benefits | UK Human Resources \(uky.edu\)](#)

□ Set up Bank Account

- [UK Credit Union](#)
- [Community Trust Bank](#)
- [1st Trust Bank](#)

□ Apply for a credit card and start building credit score

- <https://www.nerdwallet.com/article/credit-cards/how-to-get-a-credit-card-for-international-students-and-immigrant-workers>
- FICO credit score could be assigned only after 6 months of history
- Getting a secured credit (without SSN) card can give you score a month earlier

Transitioning to Residency *cont....*

- **Housing and Renting**

- [Housing](#)
- [Bluegrass Realtors](#)

- **Transportation**

- **Health Insurance**

- [Insurance and retirement benefits | UK Human Resources \(uky.edu\)](#)

Transitioning to Residency *cont....*

UK payroll Tax Questionnaire

- Newly hired or rehired nonresident employees holding H-1B, J-1, J-2 or F-1 visas must complete a UK payroll Tax Questionnaire
- For additional details, please see:
<https://www.uky.edu/ufs/payroll-services-non-resident-alien>

Transitioning to Residency *cont....*

Driving and obtaining a license

- Drivers License - <https://drive.ky.gov/Drivers/Pages/Non-US-Citizen.aspx>
- Some foreign driver licenses and international driving license work in Kentucky for up to a year
- Can do writing and driving exam anywhere in the state, not only in Bowling Green

Buy/Lease a car

- Car Lease/ Purchase

Set Up Your Utilities

- Electricity, Water , Gas etc.
 - <https://www.kentuckypower.com/>
 - <https://hazardky.gov/water.html>

Decide on additional Benefits

- Life insurance

Set up Primary Care

- UK North Fork Valley CHC, Quantum Healthcare, Primary Care Centers of Eastern Kentucky

Transitioning to KY and building connections

Visit Hazard

Schools

Perry County Schools

Hazard Independent Schools

Local Organizations and Affinity Groups

□ UK COM Employee Affinity Groups

- Affinity Groups

□ Faculty of color network

- Diversity

Additional Resources

□ J1 Twitter

➤ [ECFMG J1](#)

□ Journeys in Medicine Vlog

➤ [ECFMG Medicine Vlogs](#)

□ AMA IMG toolkit

➤ [AMA toolkit](#)

□ GME frequently asked questions

➤ [Graduate Medical Education FAQ's](#)

□ UK IMG Mentoring Program

➤ https://uky.az1.qualtrics.com/jfe/form/SV_d6BUvBcmRH1JRZQ

Ways to get involved

□ Wellness in training Committee

➤ <https://medicine.uky.edu/sites/gme/well-being>

□ Office of Diversity, Equity, and Inclusion

➤ [Diversity, Equity & Inclusion](#)

□ AMA IMG Group

➤ [International Medical Graduate AMA Group](#)

□ US Ethnic Physician Organizations

➤ [Ethnic Physicians](#)

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