



# University of Kentucky Graduate Medical Education Orientation

IMG Resources\* - Bowling Green Campus

# Transitioning to Residency Post Match

- ❑ **Apply for Social Security**
  - [Social Security](#)
  - J-1s cannot apply for a Social Security until ECFMG has validated SEVIS record after arrival to the U.S. Applying prior to SEVIS will delay issuance of Social Security card.
- ❑ **Health Insurance**
  - [Insurance and retirement benefits | UK Human Resources \(uky.edu\)](#)
- ❑ **Set up Bank Account**
  - [UK Credit Union](#)
  - Can do online for BG Learners
- ❑ **Apply for a credit card and start building credit score**
  - <https://www.nerdwallet.com/article/credit-cards/how-to-get-a-credit-card-for-international-students-and-immigrant-workers>
  - FICO credit score could be assigned only after 6 months of history
  - Getting a secured credit (without SSN) card can give you score a month earlier

# Transitioning to Residency *cont...*

- **Housing and Renting**

- [Housing](#)
- [Bluegrass Realtors](#)

- **Transportation**

- [GO BG Transit \(270\) 782-3162](#)
- <https://www.bgky.org/transit>

- **Health Insurance**

- [Insurance and retirement benefits | UK Human Resources \(uky.edu\)](#)

# Transitioning to Residency *cont...*

## UK payroll Tax Questionnaire

- Newly hired or rehired nonresident employees holding H-1B, J-1, J-2 or F-1 visas must complete a UK payroll Tax Questionnaire
- For additional details, please see: <https://www.uky.edu/ufs/payroll-services-non-resident-alien>

# Transitioning to Residency *cont....*

## ❑ **Driving and obtaining a license**

- Drivers License - <https://drive.ky.gov/Drivers/Pages/Non-US-Citizen.aspx>
- Some foreign driver licenses and international driving license work in Kentucky for up to a year
- Can do writing and driving exam anywhere in the state, not only in Bowling Green

## ❑ **Buy/Lease a car**

- Car Lease/ Purchase

## ❑ **Decide on additional Benefits**

- Life insurance

## ❑ **Set up Primary Care**

- Primary Care Options in BG

# Set Up Your Utilities

## Electricity, Water , Gas etc.

- **Warren Rural Electric Cooperative Corporation (WRECC)** electricity for properties outside of the Bowling Green city limits but within Warren County  
<https://www.wrecc.com/residential/apply-for-service/>  
951 Fairview Avenue, Bowling Green, KY 42101

270-842-6547

- **Warren County Water District (WCWD)** – water and sewer for properties outside the Bowling Green city limits but within Warren County  
<https://www.warrenwater.com/establish-service/>  
523 U.S. 31W Bypass, Bowling Green, KY 42101

270-842-0052

- **Bowling Green Municipal Utilities (BGMU)** – electric, water and sewer for properties within the Bowling Green city limit [bgmu.smarthub.coop/Login.html#newconnect](http://bgmu.smarthub.coop/Login.html#newconnect): 801 Center Street, Bowling Green, KY 42102

270-782-1200

- **Atmos Energy Corporation** – natural gas  
<https://www.atmosenergy.com/accountcenter/moveininf/bpMoveInStart.html>

2850 Russellville Road, Bowling Green, KY 42101

270-901-1677

- **Cable and Internet Providers in the area:**

Spectrum 1-844-935-2254

AT&T 1-844-908-1254

Kinetic 1-844-929-0349

T-Mobile 1-844-431-1362

# Transitioning to KY and building connections

## Visit Bowling Green

- [Things to Do in BG](#)

## International Grocery stores

- [Grocery Stores](#)

## Schools

- [Warren County Public Schools](#)

- [Bowling Green Independent School District](#)

# Local Organizations and Affinity Groups

## Religious and cultural organizations

### ➤ **Islamic Center of Bowling Green**

2140 Morgantown Rd, Bowling Green, KY 42101

(270) 846-0806

<http://islamiccenterbgky.wordpress.com/>

### ➤ **(ISSO) Hindu Temple of Bowling Green, KY**

6085 Scottsville Rd, Bowling Green, KY 42104

(270) 894-5151

<http://issobgky.org/>

## UK COM Employee Affinity Groups

### ➤ Affinity Groups

## Faculty of color network

### ➤ Diversity

## International Center of Kentucky

➤ 806 Kenton St, Bowling Green, KY 42101

➤ (270) 781-8336

➤ <http://icofky.org/>



# Additional Resources

- ❑ J1 Twitter

- [ECFMG J1](#)

- ❑ Journeys in Medicine Vlog

- [ECFMG Medicine Vlogs](#)

- ❑ AMA IMG toolkit

- [AMA toolkit](#)

- ❑ GME frequently asked questions

- [Graduate Medical Education FAQ's](#)

# Ways to get involved

- ❑ Wellness in training Committee
  - <https://medicine.uky.edu/sites/gme/well-being>
- ❑ Office of Diversity, Equity, and Inclusion
  - [Diversity, Equity & Inclusion](#)
- ❑ AMA IMG Group
  - [International Medical Graduate AMA Group](#)
- ❑ US Ethnic Physician Organizations
  - [Ethnic Physicians](#)

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# Contacts

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