# the Neuspaper

University of Kentucky Department of Neurology November 2023

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# **Publications**



Bae J, Clay J, Thapa BR, Powell D, Turpin H, Partovi ST, Ward-Mitchell R, Krishnan B, Koupparis A, Bensalem-Owen B, Raslau FD. Equipment Setup and Artifact Removal for Simultaneous Electroencephalogram and Functional Magnetic Resonance Imaging for Clinical Review in Epilepsy. *J.Vis Exp 2023*. doi 10.3791/64919.



Mohammaden MH, Tarek MA, Aboul Nour H, et al. Rescue intracranial stenting for failed posterior circulation thrombectomy: analysis from the Stenting and Angioplasty in NeuroThrombectomy (SAINT) study. *Journal of Neurointerventional Surgery*. 2023. jnis-2023-020676

## **Faculty Achievements**



Tritia Yamasaki, MD, PhD, was elected a Fellow of the American Academy of Neurology.

In recognition of her outstanding contributions to our research missions, Dr. Yamasaki was appointed to the Endowed Neurology Research Professorship.

### **Faculty Achievements Cont.**



Ann Stowe, PhD, was appointed to the James W. Holsinger, Jr. Endowed Professorship in Neuroscience for her outstanding contributions to our research missions.



Jordan Clay, MD, was accepted into the UK Grow Leadership Program.



D. Neil Toupin, MD, was accepted into the UK Leadership Grow Program. Dr. Toupin also achieved board certification in Pediatrics in addition to his prior ABPN Certification in Neurology with special Qualifications in Child Neurology.

## Awards



Kevin O'Connor, MD, received the Stroke Stars Certificate of Achievement from the Stroke Care Network. Stroke Stars shine as beacons of light embodying the resilience, compassion, and determination required to make a difference in stroke care.

## **Resident Kudos**



Divya Menghani, MBBS, PGY 2, and Pranav Prabu, MD, PGY 2 received a very nice compliment for a nurse at the VA, "They were prompt, professional, and communicated well."

### **Trainee of the Month - November**



### Ana Roman Guzman, MD, PGY 4

### **Communication Skills:**

"If there was a family facing a difficult diagnosis, I would want Ana to be their resident. She gets down on the level of the family and she actively listens and spends unrushed time with them. I have seen families open up after speaking to Ana that had been closed off with others. She has a calming and caring nature that feels very genuine."

"During her month in clinic rotation, she made sure patients felt heard. She went the extra mile in taking care of patients

in marginal communities with language barriers and many times, would call the parents the next day to reiterate the plan. Also, important to note, she was self-motivated to this."

### **Care Coordination:**

"Dr. Roman Guzman is an exceptional resident. She is very knowledgeable, thoughtful, and respectful. She is efficient and thorough in patient's evaluations and communications with patients and the care team. She is comfortable managing complex patients. She is an outstanding listener and my patients and their caregivers absolutely enjoyed meeting her. With these attributes and her enthusiasm for our field, I am confident that she will continue to excel during this academic year and in all her future endeavors."

### Teamwork:

"In August, her colleagues need help covering inpatient coverage due to workload. She stepped up and volunteered to cover the inpatient service over the weekend while she was on her elective month, while also taking extra calls to help her colleagues. This is a prime example of team work."

### Seen and Heard



Julie Youssefi, MD, was featured in an article, from the Dean's Desk, entitled, "The more I learned about it, the more I was drawn in." <u>Click here to read the story</u>.

# **Epilepsy Sparks & Epilepsy Awareness Month**



Meriem Bensalem-Owen, MD, share some fun and innovative ways to raise Epilepsy Awareness. <u>Click here</u> to listen.

# Research



Gregory A. Jicha, MD, PhD, Larry B. Goldstein, MD, and Charles Smith, MD, are in the top 2% of the worlds most-cited researchers. <u>Click here</u> to read the article and see the other UK scientists and scholars who made the list.

### **Philanthropy**

# Robert J. Baumann, MD Resident Endowment Fund

The endowment was established in honor of Dr. Baumann's skills as a clinician and educator. It provides much needed funding for resident learning opportunities and research-related needs that are not otherwise supported.



Education is one of the core missions of our department - we are always looking for ways to improve the curriculum and educational opportunities we provide. Our goal is to continue to attract the highest caliber trainees to our programs, provide comprehensive neurological education, and increase the number of neurologists available in the commonwealth capable of providing cutting edge patient care and who are dedicated to life-long learning. In 2015, the Robert J. Baumann, MD Fund for Neurology Residents was established to help us support our goals for the neurology resident program. Dr. Baumann has been a familiar face

among neurology residents at the University of

Kentucky for four decades. Dr. Baumann truly embodies the teaching mission of our department. His devotion to the field of medicine and training the next generation of providers is truly second to none.

In keeping with Dr. Baumann's passion for providing a strong medical education, the endowment will bolster the continued expansion of the Residency Program



and ensure that our trainees have a well-rounded experience, positioning us to be among the best,



and most sought out programs in the United States. Please consider contributing to the continued growth of our program and making an impact on future neurology residents by making a gift to the Robert J. Baumann MD Fund for Neurology Residents. All donations will be acknowledged and are tax deductible.

Donations can be made by contacting our Director of Philanthropy, Lisa Deaton Greer. (859-323-5374 or lisa.greer@uky.edu) or by clicking here <u>https://</u> <u>neurology.med.uky.edu/neurology-alumni</u>.

### **Wellness and Support Resources**



# <u>Click here</u> to find more helpful information on our Department of Neurology website.

#### UK Wellness Resources

Academic Resources offer a wide variety of online and in-person tips, tools, and suggestions.

#### Workplace Safety

UK HealthCare is committed to safety and wellbeing of patients, visitors, and staff in our enterprise. We take all forms of aggression, violence, and threats seriously. Sometimes frontline staff don't report these incidents, because they feel disruptive behavior is "part of the job". There is uncertainty about how and where to report.

#### Diversity and Inclusion

As healthcare providers, we have an obligation to do no harm. But our obligations go further to prevent harm from befalling others because of our inaction or silence.

#### The Vicarious Trauma Toolkit

The Vicarious Trauma Toolkit (VTT) was developed on the premise that exposure to the traumatic experiences of other people–known as vicarious trauma–is an inevitable occupational challenge for the fields of victim services, emergency medical services, fire services, law enforcement, and other allied professionals; however, organizations can mitigate the potentially negative effects of trauma exposure by becoming vicarious trauma-informed.

#### <u>Lexington Medical Society</u> Physician Wellness Program

Services include individual counseling, couples/family sessions, and sessions with spouse/partners alone. These confidential and free counseling services are available to anyone.

#### Emergent Psychiatry Services

UK Department of Psychiatry Outpatient Clinic Access to confidential consultation is available through the UK Outpatient Clinic during business hours, five days per week. Call 859-323-6021 and follow the prompts for the Outpatient Clinic.

#### Childcare

Several childcare facilities are located on or adjacent to the UK campus. Please note that some of these programs have a 9-10 month waiting list, so if you are interested, please talk to the directors as early as possible.

#### **Spiritual**

Various resources are available for spiritual support through the GME program.

#### Well-Being

The University of Kentucky GME Wellness In Training Committee is devoted to helping GME learners achieve their highest potential through the integration of the physical, social, emotional, environmental and economic aspects of wellness.

#### UK Work-Life Counseling

Free and confidential counseling for life stress, work performance, substance abuse concerns, and mental health.

#### The Ridge Behavioral System

Access to confidential consultation regarding the need for emergency psychiatric services is available to 24 hours per day, seven days a week. The house staff officer is to call 859-268-6400 and ask for the Assessment Office and identify oneself as a UK resident/fellow needing immediate evaluation.

#### Financial Health You and your family have access to live

financial experts for guidance on financial questions, big or small.

#### Abuse Response and Reporting

For procedures to report abuse, and for details of patient rights, click the title.

#### Physician Support Line

This is a peer-to-peer support line for physicians by physicians that is available to US based DO / MD / international equivalents at the attending, fellow, resident, intern, medical student, or research level. Any discussions are confidential and protected.

#### **UK REFER Program**

A Family Center Counseling service provided as a benefit to UK employees that focuses on personal, couple, and/or family concerns.

### **Save the Dates**

# International Stroke Conference February 7, 2024 - February 9, 2024 Phoenix, Arizona

### Stroke Translational Research Advancement Workshop (STRAW)

### April 24-25, 2024

### Lexington, KY

This meeting regularly attracts researchers and clinicians interested in stroke across the Commonwealth and throughout the USA. **STRAW V: Understanding Stroke: Novel Insights into Prognostics and Treatments** will focus on a translational approach to stroke and related cerebrovascular diseases. Topics will include new insights into novel approaches to pharmacotherapies for cerebrovascular diseases, as presented and discussed by clinical and basic scientists.

As per tradition, the meeting will have no registration fee and will also include an optional excursion in the 'land of horses and bourbon', facilitating opportunities for networking with like-minded research scientists.

### Location

Embassy Suites by Hilton Lexington Green

Rachel Ward-Mitchell, RN, BSN, would like to invite you to the virtual epilepsy support group via Zoom. This meeting is the first Tuesday of the month from 6:30 pm to 8 pm. If you would like to join the meetings please contact Rachel at 859.218.5053 or through Central Kentucky Epilepsy Network https://www.facebook.com/CentralKentuckyEpilepsySupportNetwork.

Please submit contributions for the November Neuspaper to Lee Anne Rudd, (lee.rudd@uky.edu).