

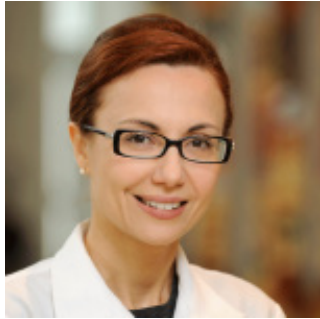
The Newspaper

**University of Kentucky
Department of Neurology
March 2023**

Table of Contents

1. Table of Contents
2. [Publications/Presentations/Invited Speaker](#)
3. [Faculty Achievements/Research News/Resident Achievements/Resident Kudos](#)
4. [Trainee of the Month](#)
5. [Faculty and Staff Seen and Heard/National Accreditation/Department Achievement](#)
6. [Welcome and Thank You/Welcome to the Department](#)
7. [Philanthropy](#)
8. [Wellness and Support Resources](#)
9. [Save the Dates](#)

Publications



Nascimento FA, Friedman D, Peters JM, Bensalem-Owen, MK, Cendes F, Rampp S, Wirrell E, Blumcke I, Tatum W, Beniczky S. Focal epilepsies: Update on diagnosis and classification. *Epileptic Disord.*

Presentations



Meriem Bensalem-Owen co-directed the American Clinical Neurophysiology Society Annual Courses in March.

Invited Speaker



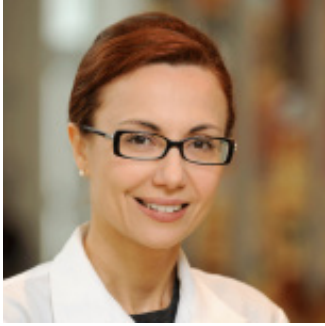
Ima Ebong, MD, gave a talk for the closing plenary session of the University of Kentucky's 29th Annual Voluntary Faculty Conference: New Directions in Health Professions Education. The title of her talk was, "Diimensions of the Ethical Dilemma Experienced by Providers and Learners."

Dr. Ebong was an invited panelist for the 135 years of UK Women Luncheon on Recognition for the first female graduate.



Ima Ebong, MD, and Fred Schmitt, MD, PhD, were invited speakers for the 2023 American Society for Neuro-Chemistry Annual Meeting Public Forum. The topic was, "Healthy Brain Aging: Addressing Risks and Disparities in our Community."

Faculty Achievements



Meriem Bensalem-Owen, MD, is the Vice President of the American Clinical Neurophysiology Society. Congratulations!

Research News



Sharoon Qaiser, MD, received funding for 2 new clinical trials.

Resident Achievements



Andrew Williams, DO, PGY 1, won first place in the Lexington Medical Society Essay Contest resident category. He will enjoy a nice dinner meeting in May. [Click here](#) to read the essay.

Resident Kudos



Elif "Pinar" Coskun, MD, PGY4, received a nice compliment from a patient's family member, "I ran a doctors office for twenty years and today was the best experience we have ever had receiving medical care. Everyone, including Dr. Coskun, were so on point, and friendly. My husband had one of the best blood pressure readings we've seen in a long time and I think it is a result of the care we received. I can't say thank you enough about our care."

Trainee of the Month - March



Elif "Pinar" Coskun, MD, PGY 4

Comments:

"I have worked with Dr. Coskun many times and she is always thorough and inquisitive. Her passion for neurology and discovering new information is contagious. She is an excellent advocate for her patients. I have observed her interactions with patients and she is caring in discerning in her communication. Even with the most difficult situations, she has remained calm, compassionate, and focused. Additionally, she is always willing

to help her colleagues and go the additional mile for the team."

"Dr. Coskun's interest in tough/complicated cases in infectious. She makes sure that she learns from each of these tough cases and shares her knowledge with co-residents. She longitudinally (remotely) monitors the management and progress of these cases. This is something all trainees should learn to do, to learn the most from every case they encounter."

"Learn and sharing knowledge, grow and lets other grow together is the principle she follows."

"Dr. Coskun has represented UK at many regional and national conferences and her contribution to the program and department have been significant, throughout her residency."

"I have had the opportunity to work with Dr Coskun in various settings- inpatient, outpatient, UK and VA and she is such a pleasure to work with. There is never a dull moment when she is on service. She thrives on the interesting cases, often times, thinks out of the box, and is not afraid to question prior diagnoses or tests. She often has a solid backing to her thoughts, and she spends a lot of time doing literature review. She also takes special interest in presenting and being very involved in our monthly Interesting Case Conference (ICC). She spends a lot of time with patients, and is always curious to know more about them. In addition, she has a skill set in research- be it critically analyzing published papers, or asking thoughtful questions during journal clubs. These are all qualities expected from a senior neurology resident, which she delivers perfectly. It also feels like she is the heart of every team, and her peers love her support and affection. She is also very respectful in her interactions with everyone, a great team player, thus displaying excellent interpersonal skills. For her hard-work, intellectual curiosity and involvement with various program related offerings, she deserves the Resident of the Month nomination."

"Pinar is fantastic in her evaluation and interactions with patients and their families. Several times, I witnessed her patients and family members giving her a big hug to express their thanks for the care she provided."

"Genuinely cares about her patients. Pleasure to work with."

"Dr. Coskun is very professional and a great team player. She always follows up on the cases which were seen by her overnight. This reflects her zeal to learn from every case. She is passionate about the tough cases and does her best to learn in depth about these cases. One more incident I want to commend her about. Even though she was on night float, she took out time to attend the jeopardy to support her team."

"Sincere and kind resident, demonstrates strong attributes of character."

Faculty & Staff Seen and Heard

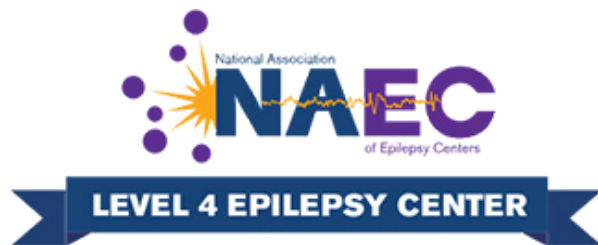


Julie Gurwell, PhD, PA-C, Megan Craft, PA-C, and Daniel Lee, MD, were quoted in an article entitled, "More new training programs emerge for advanced practice providers in neurology," for *Neurology Today*.



Sharon Qaiser, MD, conducted a National Workshop training families of children with special health care needs focusing on headaches.

National Accreditation



Thanks to the Epilepsy team we have been re-accredited as a Level 4 Epilepsy Center!

Department Achievement



The ACGME has accredited the Neurology Department with a Clinical Neuro-physiology Fellowship!

Welcome & Thank You



To the Child Neurology team:

I wanted to thank everyone on the child neurology team and I wish there was a way to recognize their exceptional care to the whole hospital. I have worked with the team for years and have seen how much they truly care for each patient and recently, I experienced this from the parent perspective.

We welcomed my miracle baby on January 20 of this year and it did not go as planned. He came into the world needing to go to the NICU. While in the NICU he was placed on a cooling blanket, got an EEG, LP, MRI and a neurology consult... it was terrifying to say the least. Everyone in child neurology, however, helped me get through this time by taking such good care of my baby and my family. I will forever be grateful to them and hope the team realizes the blessing they are to my entire family and community. There are not

enough words to express my thanks, but I am proud to work with a team that cares for people in such a beautiful way. Thank you!

Walter Miguel is doing wonderfully...happy and healthy!

Sincerely,

Amanda Castro

Welcome to the Department



Sheliza Ali, PhD, joined the department in March. She is an Assistant Professor and will be seeing patients referred for neuropsychological assessments. She is from Trinidad and Tobago and LOVES Caribbean music (Soca, Calypso, Dancehall) and literature – ask her for recommendations! She enjoys travelling, painting, gardening, and tending to her growing collection of house plants. She has a healthy obsession with turtles.

Philanthropy

Robert J. Baumann, MD Resident Endowment Fund

The endowment was established in honor of Dr. Baumann's skills as a clinician and educator. It provides much needed funding for resident learning opportunities and research-related needs that are not otherwise supported.



Education is one of the core missions of our department - we are always looking for ways to improve the curriculum and educational opportunities we provide. Our goal is to continue to attract the highest caliber trainees to our programs, provide comprehensive neurological education, and increase the number of neurologists available in the commonwealth capable of providing cutting edge patient care and who are dedicated to life-long learning. In 2015, the Robert J. Baumann, MD Fund for Neurology Residents was established to help us support our goals for the neurology resident program. Dr. Baumann has been a familiar face among neurology residents at the University of Kentucky for four decades. Dr. Baumann truly embodies the

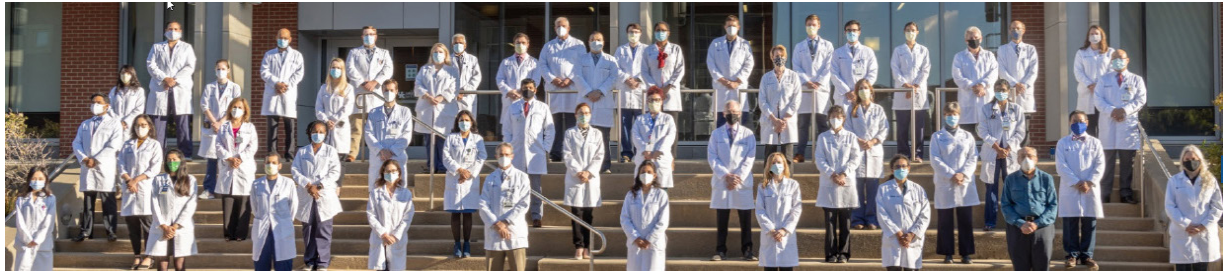
teaching mission of our department. His devotion to the field of medicine and training the next generation of providers is truly second to none.

In keeping with Dr. Baumann's passion for providing a strong medical education, the endowment will bolster the continued expansion of the Residency Program and ensure that our trainees have a well-rounded experience, positioning us to be among the best, and most sought out programs in the United States. Please consider contributing to the continued growth of our program and making an impact on future neurology residents by making a gift to the Robert J. Baumann MD Fund for Neurology Residents. All donations will be acknowledged and are tax deductible.



Donations can be made by contacting our Director of Philanthropy, Lisa Deaton Greer. (859-323-5374 or lisa.greer@uky.edu) or by clicking here <https://neurology.med.uky.edu/neurology-alumni>.

Wellness and Support Resources



[Click here](#) to find more helpful information on our Department of Neurology website.

UK Wellness Resources

Academic Resources offer a wide variety of online and in-person tips, tools, and suggestions.

Workplace Safety

UK HealthCare is committed to safety and well-being of patients, visitors, and staff in our enterprise. We take all forms of aggression, violence, and threats seriously. Sometimes frontline staff don't report these incidents, because they feel disruptive behavior is "part of the job". There is uncertainty about how and where to report.

Childcare

Several childcare facilities are located on or adjacent to the UK campus. Please note that some of these programs have a 9-10 month waiting list, so if you are interested, please talk to the directors as early as possible.

Financial Health

You and your family have access to live financial experts for guidance on financial questions, big or small.

Diversity and Inclusion

As healthcare providers, we have an obligation to do no harm. But our obligations go further to prevent harm from befalling others because of our inaction or silence.

Spiritual

Various resources are available for spiritual support through the GME program.

Abuse Response and Reporting

For procedures to report abuse, and for details of patient rights, click the title.

The Vicarious Trauma Toolkit

The *Vicarious Trauma Toolkit* (VTT) was developed on the premise that exposure to the traumatic experiences of other people—known as vicarious trauma—is an inevitable occupational challenge for the fields of victim services, emergency medical services, fire services, law enforcement, and other allied professionals; however, organizations can mitigate the potentially negative effects of trauma exposure by becoming vicarious trauma-informed.

Well-Being

The University of Kentucky GME Wellness In Training Committee is devoted to helping GME learners achieve their highest potential through the integration of the physical, social, emotional, environmental and economic aspects of wellness.

Physician Support Line

This is a peer-to-peer support line for physicians by physicians that is available to US based DO / MD / International equivalents at the attending, fellow, resident, intern, medical student, or research level. Any discussions are confidential and protected.

Lexington Medical Society Physician Wellness Program

Services include individual counseling, couples/family sessions, and sessions with spouse/partners alone. These confidential and free counseling services are available to anyone.

UK Work-Life Counseling

Free and confidential counseling for life stress, work performance, substance abuse concerns, and mental health.

UK REFER Program

A Family Center Counseling service provided as a benefit to UK employees that focuses on personal, couple, and/or family concerns.

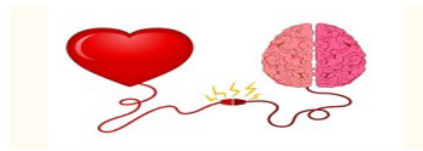
Emergent Psychiatry Services

UK Department of Psychiatry Outpatient Clinic Access to confidential consultation is available through the UK Outpatient Clinic during business hours, five days per week. Call 859-323-6021 and follow the prompts for the Outpatient Clinic.

The Ridge Behavioral System

Access to confidential consultation regarding the need for emergency psychiatric services is available to 24 hours per day, seven days a week. The house staff officer is to call 859-268-6400 and ask for the Assessment Office and identify oneself as a UK resident/fellow needing immediate evaluation.

Save the Dates



2023 Central Kentucky Heart Walk
Sat., May 13, 2023, 8am @ Keeneland.

Please join & donate to our team:
UKHC KNI-Neurotransmitters.

Click here to go to my personal
page: <https://bndfr.com/YpQbm>

Thanks, Coach Heather, heather.vance@uky.edu

SAVE THE DATE
May 19th

2023 Practical Update In Neurology & Neurosurgery

Karpf Auditorium
U.K. Albert B. Chandler Hospital
Presented by the University of Kentucky College of Medicine
Departments of Neurology & Neurosurgery
and Kentucky Neuroscience Institute

HealthCare

HealthCare NORTON HEALTHCARE
STROKE CARE NETWORK

SAVE THE DATE!

2023

SCN SUMMIT

September 28 - 29, 2023
Hyatt Regency Lexington, KY

**8TH GLOBAL SYMPOSIUM
ON KETOGENIC THERAPIES**

17 - 21 SEPTEMBER 2023
LOEWS CORONADO BAY RESORT

PRESENTED AND SPONSORED BY
Rady Children's UC San Diego

IN PARTNERSHIP WITH
International Association of Child and Adolescent Neuropsychiatry Charlie Foundation The Children's Hospital of Philadelphia The Children's Hospital of Pittsburgh

Rachel Ward-Mitchell, RN, BSN, would like to invite you to the virtual epilepsy support group meeting every other week via Zoom. This meeting will replace the in-person monthly meeting for now. If you would like to join the meetings please contact Rachel at 859.218.5053 or through Central Kentucky Epilepsy Network <https://www.facebook.com/CentralKentuckyEpilepsySupportNetwork>.

Please submit contributions for the April
Newspaper to Lee Anne Rudd, (lee.rudd@uky.edu).