

“Perspective”

Acrylic on canvas

I feel like there is a lot of loneliness that one feels when struggling with a health disorder like substance abuse or obesity. You may feel like society has turned their back on you. You're isolated from others and you're not quite sure how to find the support you need. It's easier to see the negatives and become consumed with societal views at large. What you might not see is that there are others like you out there. Some of them feel similarly isolated and others are finding their way amongst the crowd. Some also might be trying to hide.

There is this duality of feeling alone but also feeling trapped. I believe this says more about society than it does the individual. I wanted these souls to stand out, like little beacons of light against the rest of the souls who were dark and have their backs turned. In keeping with duality, the yellow undertones of the environment are unworldly and darker while the yellow of struggling souls is brighter, inviting, and calming.

Court Waterbury

