

Opioid Treatment Programs Yield Positive Outcomes

KENTUCKY OPIOID REPLACEMENT TREATMENT PROGRAM OUTCOME STUDY FACT SHEET - 2023

This fact sheet summarizes client outcomes from Kentucky's OTPs for 16 clients who completed an intake interview between January 1, 2021 and December 31, 2021, agreed to do the follow-up about 6 months later, and completed a follow-up interview between July 1, 2021 and June 30, 2022. Results indicate that clients in Kentucky benefit from OTPs in multiple ways: reductions in their substance use, reductions in mental health problems, improvements in employment status, reductions in criminal justice system involvement and increases in recovery supports.

REDUCTIONS IN PAST-6-MONTH Substance Use, Mental and Physical Health



REPORTED ANY
ILLEGAL DRUG USE

100% | **38%**
at intake | at follow-up



REPORTED
PRESCRIPTION OPIOID
MISUSE***¹

88% | **19%**
at intake | at follow-up



REPORTED NON-
OPIOID DRUG USE***²

94% | **25%**
at intake | at follow-up



MET CRITERIA FOR
SEVERE SUBSTANCE
USE DISORDER***

75% | **19%**
at intake | at follow-up



OVERALL HEALTH RATING
VERY GOOD/EXCELLENT*

0% | **44%**
at intake | at follow-up



AVERAGE DAYS PHYSICAL
HEALTH WAS NOT GOOD*

7.6 | **2.9**
at intake | at follow-up



AVERAGE DAYS MENTAL
HEALTH WAS NOT GOOD*

10.0 | **5.0**
at intake | at follow-up



USED SUBSTANCES TO
REDUCE PHYSICAL PAIN**

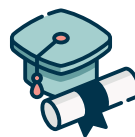
88% | **38%**
at intake | at follow-up

CHANGES IN PAST-6-MONTH Economic Indicators



CURRENTLY
EMPLOYED FULL-TIME

19% | **19%**
at intake | at follow-up



ATTENDED OR COMPLETED
VOCATIONAL SCHOOL,
COLLEGE, OR GRADUATE
SCHOOL

29% | **36%**
at intake | at follow-up



REPORTED DIFFICULTY
MEETING BASIC LIVING
NEEDS

69% | **44%**
at intake | at follow-up

CHANGES IN PAST-6-MONTH Criminal Justice Involvement, Quality of Life, and Recovery Supports



REPORTED ANY
ARREST

13% | **13%**
at intake | at follow-up



AVERAGE QUALITY OF
LIFE RATING***

(1 = 'WORST IMAGINABLE' TO 10 = 'BEST IMAGINABLE')

4.2 | **7.4**
at intake | at follow-up



AVERAGE NUMBER OF
RECOVERY SUPPORT
PERSONS

4.8 | **7.1**
at intake | at follow-up



ALL POSITIVE
RECOVERY
DIMENSIONS

0% | **31%**
at intake | at follow-up

p < .05, *p < .01.

¹ Including opioids such as morphine, Percocet, Oxycontin, Lortab.

² Drugs in this category include marijuana, cocaine, amphetamines, tranquilizers, hallucinogens, inhalants, barbiturates, and synthetic drugs like synthetic marijuana or bath salts.