



Kentucky Behavioral Health Workforce Initiative
(Supported through the Kentucky State Loan Repayment Program)

Program Guidelines and Instructions
2023 Application Cycle

Release Date: August 1, 2023

Application Due Date: August 31, 2023 11:59 PM EST

For additional information or questions, please contact:

Janice Vance

Rural Project Manager

Kentucky Office of Rural Health

E-mail: KSLRP@uky.edu Phone:

(606) 439-3557

Program Overview

Since 2003, the **Kentucky State Loan Repayment Program (KSLRP)** has served as a recruitment and retention tool to help reduce primary care workforce shortages in rural and underserved locations throughout the Commonwealth. The Kentucky Behavioral Health Workforce Initiative (KBHWI) is a new funding opportunity, begun in 2022, that is designed to help alleviate the growing shortage of Behavioral Health professionals practicing in Kentucky. The initiative is supported with funds from the Kentucky State Loan Repayment Program. Applicants selected to participate in the competitive program are required to commit to working full time (a minimum of 40 hours a week, for a minimum of 45 weeks a year) for two (2) years, providing primary care services at an eligible site in the state. Participants receive tax-free student loan repayment assistance in exchange for their service commitment. Loan repayment offered through KBHWI is based on a 50/50 match: For every federal dollar provided by the initiative, participants must have a 1:1 match from a sponsor source. Sponsors can include the participant's employer at their practice site; private foundations, corporations, community organizations, and/or philanthropies; and, rurally-oriented organizations requesting that their funds be used to support the placement of practitioners in rural areas. Total loan repayment awards can range from \$20,000-\$50,000 a year, based on provider type, level of loan indebtedness, and sponsor commitment level.

The **Kentucky Office of Rural Health (KORH)** serves as the administrator for KBHWI, which is funded through the National Health Service Corps (NHSC), a federal program administered by the Bureau of Health Workforce, Health Resources and Services Administration, U.S. Department of Health and Human Services. Applicants who are selected to participate in KBHWI will be required to sign a two (2)-year contract with KORH, the University of Kentucky Research Foundation (UKRF), and their employer.

Program applicants — who must be Behavioral and Mental Health Specialists (including Physicians, Social Workers, Counselors, Psychologists, Therapists, Nurse Practitioners, Physician Assistants, Psychiatric Nurse Specialists), Alcohol and Substance Use Disorder Counselors — must meet individual eligibility requirements (outlined on Pages 3-4 of this guide). Applicants must also demonstrate a commitment to providing health care services to rural or underserved populations through documented experience and a statement of intent.

Eligible practice sites must be public or non-profit private entities located in a federally-designated Mental Health Professional Shortage Area (MHPSA). Additional site eligibility requirements are outlined on Page 7 of this guide.

For the 2023 application cycle, KBHWI will competitively award up to approximately 25% of the total Kentucky State Loan Repayment Program funding.

Applicant Eligibility

To be eligible to apply to the Kentucky Behavioral Health Workforce Initiative (KBHWI), applicants must:

1. Be a U.S. citizen (either U.S. born or naturalized) or U.S. National and live in Kentucky.
2. Have been trained and licensed to provide direct patient care in one of the program's eligible disciplines and specialties (see Page 5 for a complete listing).
3. Have a current, full, permanent, unencumbered, unrestricted professional license, certificate, or registration in Kentucky in the discipline in which they are applying to serve.
4. Be employed at an eligible practice site, or have accepted an offer of employment at an eligible site where service will begin (and the applicant will begin seeing patients) no later than January 1, 2024.
5. Work in a Mental Health Professional Shortage Area (MHPSA). (Applicants can determine if they work in a MHPSA by searching HPSA data at <https://data.hrsa.gov/tools/shortage-area/hpsa-find> or by contacting KORH.)
6. Practice full time, as defined by a minimum of 40 hours per week for a minimum of 45 weeks per year, providing primary care health services at an eligible site.
7. Participate or be eligible to participate as a provider in the Medicare, Medicaid, and Children's Health Insurance Programs, as appropriate.
8. Agree to use KBHWI funds only to repay qualifying educational loans.

Kentucky Behavioral Health Workforce Initiative applicants must also meet the following additional applicant criteria:

Applicants should have a history of honoring prior legal obligations.

Applicants will be deemed **ineligible** and will **not** be selected for an award if they have a history of not honoring prior legal obligations, as evidenced by one or more of the following factors:

1. They are in default on any federal payment obligations (e.g., Health Education Assistance Loans, Nursing Student Loans, federal income tax liabilities, Federal Housing Authority loans, etc.) or any non-federal payment obligations (e.g., court-ordered child support payments or state tax liabilities), even if the applicant is currently considered to be in good standing by that creditor.
2. They have had any federal or non-federal debt written off as uncollectible or received a waiver of any federal service or payment obligation.

3. They have breached a prior service obligation to the federal government, a state or local government, or other entity, even if the applicant subsequently satisfied that obligation through service, monetary payment, or other means.
4. They have judgment liens arising from federal debt.

Applicants should have no existing service obligation nor will they incur any service obligation that would be performed concurrently with, or overlap with, their KBHWI service obligation.

Applicants who have an outstanding contractual obligation for health professional service to the federal government (e.g., a National Health Service Corps Scholarship or Loan Repayment Program obligation, or a Nurse Corps Loan Repayment Program obligation), a state program, or other entity will be deemed **ineligible** and will **not** be selected for an award **UNLESS** that obligation will be completely satisfied before the KBHWI contract is signed. *Please note that certain provisions in employment contracts can create a service obligation (e.g., an employer offers a physician a recruitment bonus in return for the physician's agreement to work at that facility for a certain period of time or pay back the bonus).*

EXCEPTION: Individuals in the Reserve Component of the U.S. Armed Forces or National Guard are eligible to participate in KBHWI.

Applicants should not be currently excluded, debarred, suspended, or disqualified by a federal agency.

Applicants will be deemed **ineligible** and will **not** be selected for an award if they are currently excluded, debarred, suspended, or disqualified by a federal agency.

Applicant Disciplines and Specialties

Those who have been trained and are licensed to provide patient care under the following disciplines and specialties are eligible to apply to the KBHWI:

| Disciplines | Specialties |
|---|---------------------------|
| Physicians (MD, DO) | Psychiatry |
| Licensed Clinical Social Workers (LCSW) Licensed Professional Clinical Counselors (LPCC) Health Service Psychologists (HSP) Marriage and Family Therapists (MFT) | N/A |
| Nurse Practitioners (NP) Physician Assistants (PA) Psychiatric Nurse Specialists (PNS) | Mental Health, Psychiatry |
| Alcohol and Substance Use Disorder Counselors | N/A |

Qualifying and Non-Qualifying Educational Loans

KBHWI participants will receive funding for loan repayment to be applied to the principal, interest, and related expenses of outstanding government (federal, state, or local) and commercial (i.e., private) student loans for undergraduate or graduate education obtained by the participant. Loans must have been obtained to pay for only school tuition, other reasonable educational expenses, and reasonable living expenses. Educational loans must be obtained prior to the date participants submit their application to KBHWI.

If KBHWI participants obtain additional educational loans toward another health professions degree that will result in a change in discipline (e.g., a Licensed Professional Counselor obtains a doctorate in clinical psychology), they will need to apply to KBHWI as a new participant in a subsequent application cycle. Their application materials will be reviewed competitively against other applicants.

Consolidated or refinanced loans may be considered for repayment as long as they are from a government (federal, state, or local) or private student loan lender and include only qualifying educational loans of the applicant. If an otherwise eligible educational loan is consolidated/refinanced with ineligible (non-qualifying) debt of the applicant, no portion of the consolidated/refinanced loan will be eligible for loan repayment. For loans to remain eligible, participants must keep their eligible educational loans segregated from all other debts. Eligible educational loans consolidated with loans owed by any other person, such as a spouse or child, are ineligible for repayment.

Loans that **do not qualify** for loan repayment include, but are not limited to:

1. Loans for which the applicant incurred a service obligation, which will not be fulfilled before the KBWHI contract is signed.
2. Loans for which the associated documentation cannot identify that the loan was solely applicable to the undergraduate or graduate education of the applicant.
3. Loans not obtained from a government entity or private student loan lending institution. (Most loans made by private foundations to individuals are not eligible for repayment.)
4. Loans that have been repaid in full.
5. Primary Care Loans (<http://www.hrsa.gov/loanscholarships/loans/primarycare.html>).
6. Parent PLUS Loans (made to parents).
7. Personal lines of credit.
8. Loans subject to cancellation.
9. Residency loans.
10. Credit card debt.

Practice Site Eligibility

Program participants must fulfill their service obligation at an eligible site within the Commonwealth of Kentucky. Eligible practice sites must meet the following criteria:

1. Be a **public** or **non-profit private** entity located in and providing health care services within Kentucky. “Non-profit private entity” means an entity which may not lawfully hold or use any part of its net earnings to the benefit of any private shareholder or individual and which does not hold or use its net earnings for that purpose. (42 C.F.R. 62.52). *For-profit health facilities operated by non-profit organizations must follow the same guidelines as all other eligible sites.*
2. Be located in a federally-designated Mental Health Professional Shortage Area (HPSA), Medically Underserved Areas or Populations and shortage areas designated by the state **do not qualify**.
3. Accept reimbursement from Medicare, Medicaid, and the Children’s Health Insurance Program, utilize a sliding fee scale, and see all patients regardless of ability to pay.
4. Charge for professional services at the usual and customary prevailing rates.
5. Properly display and advertise their sliding fee scale and their commitment to provide care to patients regardless of ability to pay.

Sites must provide comprehensive outpatient, ambulatory, and primary health care services.

*The following site types are **eligible** as practice sites for KBHWI participants:*

1. **Federally Qualified Health Centers (FQHCs)**, including Community Health Centers (CHCs), Migrant Health Centers, Homeless Programs, and Public Housing Programs
2. **FQHC Look-A-Likes**
3. **Centers for Medicare & Medicaid Services Certified Rural Health Clinics (RHCs)**
4. **Other Health Facilities**, including Community Outpatient Facilities, Community Mental Health Facilities, State and County Health Department Clinics, Immigration and Customs Enforcement (ICE) Health Service Corps (IHSC), Free Clinics, Mobile Units, School-based Programs, Critical Access Hospitals (CAH) affiliated with a qualified outpatient clinic, Long-term Care Facilities, and State Mental Health Facilities
5. **Correctional or Detention Facilities**, including federal prisons and state prisons
6. **Private Practices (Solo or Group)** [Note: Solo or group practices must be a public or private non-profit entity.]

*The following site types are **not** eligible to be approved as practice sites — even if they are located in a HPSA: for-profit health care facilities, and inpatient hospitals and other inpatient facilities (with the exception of Critical Access Hospitals).*

Matching Requirement

KBHWI loan repayment awards are offered through a one-to-one (1:1) match, with half of the funding provided through KORH and the other half of the funding provided by the applicant's sponsor.

Sponsor funding must come from a non-federal source and documentation of source funding must be provided if requested. Examples of sponsors include, but are not limited to:

- a. Employers at practice sites;
- b. Private foundations, corporations, community organizations, and/or philanthropies; and,
- c. Rurally-oriented organizations requesting that their funds be used to support the placement of practitioners in rural areas.

If the applicant's employer is providing the matching funds, the employer must agree that the funds will not be used as a salary offset. And, when agreeing to provide the matching funds, the sponsor may not add additional service obligations to the applicant.

Please contact KSLRP@uky.edu for information on other potential loan repayment programs if you are unable to obtain matching funds.

Additional Program Information

Contracts

Funding for KBHWI participants is awarded through an initial two-year commitment, with additional one-year contracts (extension contracts) available for re-applying participants. Extension contracts must be applied for during each open application window — this year, from July 1 to August 1.

Applicants may be awarded no more than four (4) contract extensions for a total of six (6) years of service with KBHWI, including the initial two-year contract period. Applicants who have participated in other National Health Service Corps (NHSC) programs administered directly by the NHSC are eligible to participate in KBHWI for the full six (6) years possible.

Maximum Award Levels

Program participants are awarded funding in a tiered format, based on their provider type, level of loan indebtedness, and sponsor commitment level. Maximum award levels are as follows:

| | Maximum Annual Award (From KBHWI) | Total Maximum Annual Award (KBHWI + Sponsor Match) | Total Loan Repayment Award Possible (2-year contract, KBHWI + Sponsor Match) |
|--|--------------------------------------|---|---|
| <p><u>Tier 1</u></p> <ul style="list-style-type: none"> • Physicians | \$25,000 | \$50,000 | \$100,000 |
| <p><u>Tier 2</u></p> <ul style="list-style-type: none"> • Nurse Practitioners • Physician Assistants • Licensed Clinical Social Workers • Licensed Professional Clinical Counselors • Health Service Psychologists • Marriage and Family Therapists | \$15,000 | \$30,000 | \$60,000 |
| <p><u>Tier 3</u></p> <ul style="list-style-type: none"> • Alcohol and Substance Use Disorder Counselors | \$10,000 | \$20,000 | \$40,000 |

Payments to Participants

Loan repayment funds from sponsors and KBHWI are paid directly to program participants.

For participants working under an initial two-year service commitment, sponsor payment is made directly to the participant in the amount of one-half of the sponsor's total obligation by July 15 of each year. The KBHWI payment is made directly to the participant in the amount of one-half of its total obligation by August 31 of each year.

For participants working under extension contracts, sponsor payment is made directly to the participant by July 15. The KBHWI payment is made directly to the participant by August 31.

Verification of Payments

Verification of payments made on loan debt is required periodically throughout the service obligation. Program participants will be asked to submit (1) copies [photo, photocopy, screenshot of direct deposit, etc.] of checks from their sponsor; and, (2) payment/account documentation [e.g., a screenshot with timestamp/date and account holder's name] showing that all sponsor funds have been applied to their loan debt and have cleared. In addition, once KBHWI funds have been disbursed, program participants must submit payment/account documentation [e.g., a screenshot with timestamp/date and account holder's name] showing that all KBHWI funds have been applied to their loan debt and have cleared.

KBHWI payments will not be made to participants until all documentation relating to sponsor payments is provided to KORH. **Payment verification should be submitted to KORH within 30 days of receiving funds.**

Failure to document that all funds were applied to loan repayment may place a KBHWI participant in default.

Breach of Contract

Participants will be considered in default of their service obligation if they fail to provide primary care services to individuals without discrimination, as defined in this agreement, during the contract time period and at the approved practice site location.

In addition, participants will be considered in default if the loan repayment amounts are not applied toward their eligible loans.

No additional loan repayment will be approved for any participant who defaults.

Default Provisions

The current National Health Service Corps Loan Repayment Program default provision (as amended Oct. 2002 and which governs this contract) is found at 42 U.S.C. 254(c) (1): If [for any reason not specified in subsection (a) of this section or section 254p(d) of this title] an individual breaches the written contract of the individual under section 2541-1 of this title by failing either to begin such individual's service obligation in accordance with section 254m or 254n of this title or to complete such service obligation, the UKRF shall be entitled to recover from the individual an amount equal to the sum of the following:

- i. the amount of the loan repayments paid to the participant representing any period of obligated service *not* completed;

- i. an amount equal to the product of the number of months of obligated service that were *not* completed by the individual, multiplied by \$7,500; and,
- ii. the interest on the above amounts at the maximum legal prevailing rate, as determined by the Treasurer of the United States, from the date of the breach.

The amount the UKRF is entitled to recover shall not be less than \$31,000.

Application Components

All application forms for the Kentucky Behavioral Health Workforce Initiative can be found online at: <http://www.kyruralhealth.org/KSLRP>.

All applications **must be typed**; handwritten applications will not be accepted. (Please note that required signatures may be handwritten or digitally signed.)

Completed application packets — which must be saved as a single PDF file (with the following filename format: ApplicantLastName_KBHWI2022) — must contain all of the following documents (in this order):

A) Provider Application (New or Extension)

A Provider Application to be completed and signed by the applicant.

B) Site Application

A Site Application to be completed and signed by officials (Executive Director, CEO, or another legal representative) at the applicant's practice site.

C) Sponsor Application (If necessary)

A Sponsor Application is only required in the instance that the applicant's employer will not serve as the sponsoring entity. It must be signed by the appropriate officials.

D) Loan Verification Form(s) and Additional Documentation

A Loan Verification Form must be completed listing the lending institution and loan balance of each eligible student loan that the applicant is seeking repayment for through KBHWI. Additional copies of the form may be needed. [Note: Please complete the "Total Loan Balance Due" box only on the final page of your Loan Verification Form(s).] KBHWI application packets must also include additional documentation of loans — a current lender statement that includes the applicant's name, the name and payment address of the lender, the account number, and the current principal balance — for each of the loans recorded on the Loan Verification Form(s). (Note: This type of printable document can usually be generated online, with the click of a button, at the website for your loan provider.) All loan information provided in this application — including the current lender statement — must be dated and current within 30 days of your application submission.

Once assembled, the single PDF file should be submitted electronically to the Kentucky State Loan Repayment Program at KSLRP@uky.edu. **All applications must be received electronically by 11:59 p.m. Eastern Standard Time (10:59 p.m. Central Standard Time) on Thursday, August 31, 2023.**

Kentucky Behavioral Health Workforce Initiative Application Cycle Timeline

| | |
|--|---|
| Tuesday, August 1, 2023 | Kentucky Behavioral Health Workforce Initiative application materials are available at the program website (www.kyruralhealth.org/KSLRP) |
| Thursday, August 31, 2023 (11:59 p.m. EST) | Application materials due for Kentucky Behavioral Health Workforce Initiative |
| Early September to Early October 2023 | Kentucky Behavioral Health Workforce Initiative application materials are processed and evaluated |
| Early November 2023 | Award notification is made to selected Kentucky Behavioral Health Workforce Initiative applicants; official decisions are required of awardees |
| Early November to Mid December 2023 | Contract signings for Kentucky Behavioral Health Workforce Initiative awardees |
| Monday, January 1, 2024 | Kentucky Behavioral Health Workforce Initiative awardees must begin service (seeing patients) at their practice site |

The projected timeline is subject to change.