



WHAT WE ARE DOING

Happy Fall! We had a good time at the Kentucky Academy of Family Physicians (KAFFP) conference held in August as well as the Kentucky Primary Care Association (KPCA) conference in October and **thank all of you who stopped by our vendor booth** to say hello! We plan on increasing our presence at these meetings and **are grateful for all the support received from our members.**

Other activities we have been involved with include **creating a LinkedIn group** for our KAN members. This LinkedIn group is **intended to replace our DFCM Connect platform** and allow members to continue connections/collaborations through discussions, polls, notifications of events, and opportunities for research, CEU's, etc. **Please find us on LinkedIn and follow us!**

<https://www.linkedin.com/groups/14116632/>



Research Opportunities

1. The Healthier Futures Lab, directed by Dr. Mikhail Koffarnus, Associate Professor and Vice Chair of Research in the Department of Family and Community Medicine is conducting an **NIH-funded experimental treatment research study** (ClinicalTrials.gov Identifier: NCT03883126) aimed at facilitating abstinence from alcohol. This study aims to **provide incentives (depending on group assignment) contingent upon verifiable alcohol abstinence as measured via a small, portable breathalyzer three times per day.**

Potential participants are **required to attend between one to two in-person sessions.** Then, **over the course of 15 months, participants complete 10 follow-up questionnaires (each questionnaire takes about 1 ½ to 2 hours to complete) that can be completed at home and are compensated \$30 per completed questionnaire.**

Depending on randomized group assignment, participants will be asked to submit breathalyzer samples three times per day and also self-report withdrawal symptoms and drinks consumed each day. The remote breathalyzer is small (fits in the palm of the hand) and breathalyzer submissions take less than 1 minute to complete. Participants will be provided a cell phone if they do not have a compatible cell phone or would not like to use their own cell phone.

Compensation for completing all study activities is dependent on the randomized group assignment and **may range from \$375 to \$1,412 over the 15 months.**

If you would please share the flyer located on the last page of this newsletter in your clinic, that would be greatly appreciated. Also, please share this opportunity with any patients you think may benefit from this research.



Research Opportunities

2. MENTORS NEEDED!

Karen Roper, PhD, of the Kentucky Ambulatory Network, has a funded study that aims to increase **primary care involvement in the treatment of opioid use disorder.**

As part of this effort, **we are seeking primary care professionals who have experience in, and could serve as mentors to any of their Kentucky colleagues who express an interest in buprenorphine prescribing for their patients!**

Anyone with this expertise will receive a per-mentee honorarium payment of \$150 to participate in one-on-one video meetings with other interested Physicians, Advanced Practice Registered Nurses, or Physician Assistants employed in primary care family or internal medicine in Kentucky.

If interested, please reach out to Dr. Roper at karen.roper@uky.edu!

imPROVE
DEVELOP
TRAINING
MOTIVATE
COACHING
iNSPIRE



KAN MEMBER SPOTLIGHT

Jon Walz



Location: Fresh Start Health

Specialty: Family Medicine

Research Interests:
Patient care in rural Kentucky
Interventions for opiate disorder/abuse.

Dr. Jon Walz DO, FAAFP is a physician who works in Eastern KY and provides primary care services to patients who have addiction issues. He has 30+ years of primary care experience in clinics and hospitals.

Dr. Walz is particularly interested in finding ways to help patients in Appalachia with Medicaid as their health insurance receive dental care. The problem is that in Appalachia there are dentists, but not dentists who are able to accept Medicaid insurance due to the low reimbursement rate.

Many dentists graduate from dental school in too much debt to consider staying in Appalachian areas and serving Medicaid patients. Dr. Walz has found one dental clinic in Huntington, WV, who is associated with Marshall University and willing to accept Kentucky Medicaid; however, getting transportation to this clinic from Appalachian Kentucky has been difficult.

In addition, dental schools do not have outreach clinics throughout the state where dental students can be trained. Dentists are typically trained at the dental school nowadays. There is a new school of dentistry emerging as part of the Pikeville School of Osteopathic Medicine. Dr. Walz is hoping that it will train and locate dentists in Appalachia which will allow for growth as it has done with primary care physicians.

This is a policy related issue. Dr. Walz would like assistance in obtaining funds to allow for dental students to be involved in outreach clinics and ultimately stay in Appalachian areas to provide services to Medicaid patients and get them the dental care needed.

If anyone has similar interests and would like to help Dr. Walz, please let KAN know.

KAN BOARD MEMBER SPOTLIGHT

Roberto Cardarelli



Location: CHI Saint Joseph Healthcare

Specialty: Family Medicine

Research Interests:
Quality improvement in patient care
PBRN's

Dr. Roberto Cardarelli DO, MHA, MPH, FAAFP transitioned earlier this year from being chair of the Department of Family and Community Medicine (DFCM) in the College of Medicine as well as ambulatory Chief Medical Officer (CMO) for Population Health to being the CMO at CHI Saint Joseph Hospital and CHI Saint Joseph East.

While in the DFCM, Dr. Cardarelli split his time among research, education, and patient care, and the department rose to Top 20 status in research rankings during his leadership. He became Director of KAN while being in the DFCM, focusing on quality improvement initiatives and building opportunities for CEU's and engagement among peers with similar interests. Dr. Cardarelli has always been interested in Practice-Based Research Network's (PBRN's) as he was the founder of the North Texas PBRN (NorTex). He has agreed to continue his board membership to KAN as he has transitioned to CMO at CHI Saint Joseph Healthcare.

As the CMO at CHI Saint Joseph, he is tasked with managing the budget, recruitment and training of physicians, ensuring safety standards are followed and providing optimal quality of care. We have no doubt that Dr. Cardarelli is an asset to CHI Saint Joseph Healthcare.

Upcoming Events

Two opportunities from the Kentucky Regional Extension Center (REC)

1. Behavioral Health Community of Practice

Check out this opportunity to **better understand mental health and its importance to providers throughout Kentucky**. This multidisciplinary approach allows primary care, specialty providers and organizations to connect through learning sessions where best practices, tools and resources are shared to optimize care for patients. Here is the link that provides more information about the webinars. <https://ukhealthcare.uky.edu/community-commitment/mental-health/behavioral-health-cp>

These are monthly one-hour webinars October 2022 through May 2023 from noon – 1 pm. The next webinar is Nov. 3, 2022: Mental Health Screening Tools.

2.



For more information, visit:

<https://www.kentuckyrec.com/dec-8-kentucky-rec-annual-conference-featured-speaker-coach-colene/>

Upcoming Events



Engaging Rural Communities for Better Health

Wednesday, November 2nd, 9AM CST/10AM EDT.

Hear from healthcare leaders and community partners from western and eastern Kentucky as they share successful models, best practices and partnership approaches to successful community engagement programs, projects, events and initiatives that reach underserved populations.

To register, follow this link

https://uky.zoom.us/webinar/register/WN_sbfcyGt-BQjis1L7Ss97g3w

UK Markey Cancer Center: Kentucky Lung Cancer Screening Learning Collaborative: Achieving Equity Launch Event

The purpose of this event is to connect primary care providers, medical directors, screening navigators, radiologists, technologists, cancer specialists, various organizations and others through interactive learning sessions where lung cancer experts will present tools and resources to improve equity and optimize screening practice across the Commonwealth.

This opportunity is organized by UK HealthCare and led by:

For more information:

<http://events.r20.constantcontact.com/register/event?llr=f4w-mdn5ab&oeid=k=a07ejdrwygfc50f000>



**November 17th
12:30-1:30 pm**

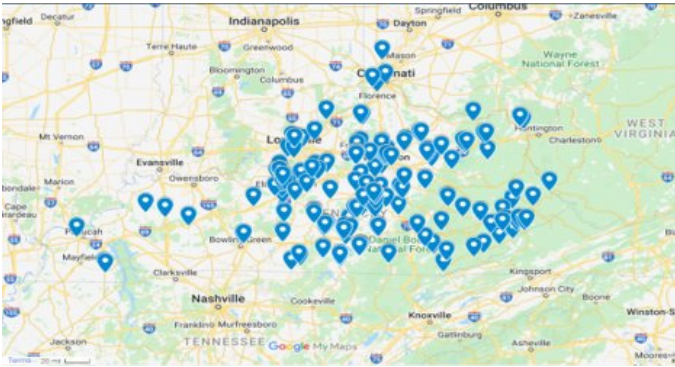
KAN is

- A Primary care practice-based research network (PBRN) devoted to patient-centered & population medicine research
- Specialized in implementation science using evidence-based practices and guidelines.

We have over 300 active members in over half of Kentucky's 120 counties.

Membership is voluntary and comes at no cost.

KAN is a collaborative effort involving clinicians, health care providers, scientists, and public health experts.



Joining KAN

If you know a colleague who may be interested to become a KAN member, please invite them and share these links.

KAN Organizational Member Form

<https://redcap.uky.edu/redcap/surveys/?s=NH9WYWWTHTN9437A>



KAN Individual Member Form

<https://redcap.uky.edu/redcap/surveys/?s=7RE8ANJFL37JD37X>



What can KAN do for you?

Please let us know your expectations and goals for KAN by completing the survey via the link or QR code below!

<https://redcap.uky.edu/redcap/surveys/?s=AMN-R7NTPEW97EC8Y>



**SO ARE WE. THINK ABOUT JOINING
OUR ALCOHOL RESEARCH STUDY.**

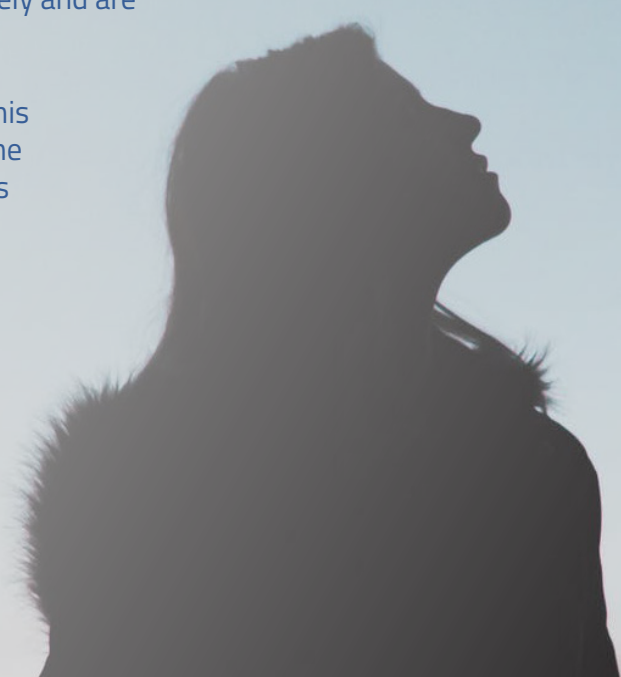
Eligible participants will be at least 18 years old for this remotely-delivered experimental treatment study. The amount of time you will be asked to volunteer for this study spans approximately 15 months and requires two visits to our research facility.

STRICTLY CONFIDENTIAL!

To see if you may be eligible, you can screen online:
<https://bit.ly/2Q2dZca> **OR**
<https://redcap.uky.edu/redcap/surveys/?s=4CDJCAAE4A>

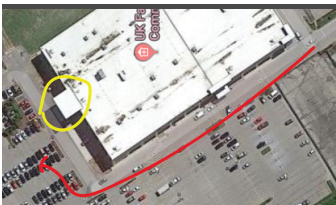


**Scan Me To
Screen Online!**



Monday – Friday 9 am – 5 pm
[Extended hours available
by appointment]

FOR MORE INFORMATION
Call, Text, or Email
859-533-2749
healthful@uky.edu

[illegible]