

GME WELLNESS RESOURCES



Local Resources

UK GME Wellness Website

<https://medicine.uky.edu/sites/gme/wellness>

UK Mental Health Resources

Work-life and well-being home | UK Human Resources (uky.edu)

LMS Physician Wellness Program

Wellness Program - Lexington Medical Society (lexingtondoctors.org)



**GME Lounge Room
Room HQ2**



**GME Wellness Room
Room HQ104**



Created by GME Wellness in
Training Committee

EXPLORE OUR SPACE