

# GME EMERGING LEADERS

2022 - 2023



# GME EMERGING LEADERS PROGRAM TIMELINE & OVERVIEW

Program event dates are listed below (subject to change).

DATE/TIME	CONTENT	SUPPLEMENTAL LEARNING
June 3, 2022 12PM-4:30PM	Your Leadership Journey (part of the Chief Resident Retreat)	Authenticity and Transparency
June 17, 2022	Application Due Date	
July 2022	Complete DISC Assessment	Building Relationships
Aug 4, 2022 4PM-5:30PM	Your Personality Impact	Discover your Unique Coach Qualities
Sep 8, 2022 4PM-5:30PM	Leading Teams	Building Trust in Your Work Environment
Oct 13, 2022 4PM-5:30PM	Emotional Intelligence	Handling Emotion and Upset
Nov 3, 2022 4PM-5:30PM	Leadership Style and Presence	Communicating Effectively to Improve your Leadership Brand
Jan 12, 2023 4PM-5:30PM	Energy Management & Program Graduation	Ensuring Your Team Avoids Burnout

The GME Emerging Leaders program is designed to provide a leadership development opportunity to Chief Residents and Fellows in their important new leadership role. A variety of personal and professional leadership topics are facilitated by UK HealthCare's Enterprise Learning team, in coordination with other leaders across the enterprise. In addition to six interactive sessions, participants will also be provided supplemental virtual learning opportunities each month.

# GME EMERGING LEADERS APPLICATION

## APPLICATION FOR PROGRAM

Please fully answer all questions. This is a writeable PDF. You may type directly on this form, or print it and complete by hand. Please print legibly.

### APPLICANT INFORMATION

First Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_

Last Name: \_\_\_\_\_ Suffix (jr., II, etc): \_\_\_\_\_

Highest Degree Completed: \_\_\_\_\_

Program Director: \_\_\_\_\_

Program Director Email: \_\_\_\_\_

Training Program Name: \_\_\_\_\_

### CONTACT INFORMATION

Cell Phone #: \_\_\_\_\_

E-mail: \_\_\_\_\_ Preferred Contact Method: \_\_\_\_\_

**NOMINEE WORK EXPERIENCE & EDUCATIONAL BACKGROUND**

*(Please continue your responses on additional sheet and attach if necessary)*

What motivates you to be in the Emerging Leaders Program?

What do you hope to gain from this program? (Please limit answers to 500 words)

How would you characterize your current leadership strengths and weaknesses?

Please provide examples as appropriate. (Please limit answers to 500 words)

# GME EMERGING LEADERS AGREEMENTS

Please sign the agreement that applies to you.

## GME RESIDENT/FELLOW AGREEMENT

I understand that participation in the Emerging Leaders program consists of full participation in both the live sessions and asynchronous content. I understand that in the event of an emergency and missing a live session, one make-up session will be granted.

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Signature

## PROGRAM DIRECTOR AGREEMENT

I support the participation of this learner in the Emerging Leaders program. I affirm that the learner has no academic or performance concerns that would preclude participation. Clinical coverage will be available for this individual so that full participation in the live sessions will be possible.

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Signature

# COMMENTS FROM GME EMERGING LEADER 2021 GRADUATES

*"I enjoyed engaging with other chief residents about areas of struggle and areas of success."*

*"I really enjoyed the opportunity to interact with other chief residents. It has helped me to have a new way of thinking and approaching different issues (including ones that have actually come up and I have had to manage)."*

*"It's good hearing from others who are experiencing similar challenges. I enjoyed the multidisciplinary aspect of this program and interacting with my fellow residents from other training programs in a non-clinical arena. I also enjoyed the insight given by leaders throughout the hospital."*

## FOR QUESTIONS OR MORE INFORMATION, CONTACT:

### **Rachel Wilson, Ph.D.**

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Enterprise Learning  
UK HealthCare  
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### **Amy DiLorenzo, Ph.D.**

Assistant Dean, Graduate Medical Education  
Assistant Professor, Department of Anesthesiology  
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# GME EMERGING LEADERS PROGRAM LEADERS

## RACHEL WILSON, SENIOR ORGANIZATIONAL DEVELOPMENT SPECIALIST



Rachel has been a member of UK HealthCare's Enterprise Learning team since 2017. She serves as an Organizational Development professional, providing coaching, personality and behavioral assessments, and interventions that focus on physician engagement and burnout. She facilitates the New Provider Orientation process and leadership development for providers.

Working in the field of Organizational Psychology for more than 15 years, her skillset focuses on various human capital areas. She spent four years as a strategic human capital consultant for government clients, and worked as an HR Business Partner in an Oregon community hospital for over three years.

She is a Certified Professional Coach, and has her M.S. and Ph.D. in Industrial/Organizational Psychology from Portland State University. Her focus in graduate school was Occupational Health Psychology, and her research focused on work-family conflict, health, and safety of workers. She is passionate about improving the workplace experience for employees.

Rachel is originally from the small coastal town of Bandon, Oregon and moved to Lexington with her husband, Andrew, a native of Maysville, Kentucky, and their beloved Australian Shepherd, Finley. They have since welcomed daughter, Wren, and twin boys, Mac and Sam.

## AMY DILORENZO, ASSISTANT DEAN



Amy has been a member of the UK Department of Anesthesiology faculty since 2008. She is also the Assistant Dean for Educational Innovation and Scholarship for UK Graduate Medical Education. Amy is the Director of Educational Development and has experience in assessment, quality improvement, simulation education, curriculum development, and faculty development.

Amy has been a co-investigator on grants related to resident knowledge acquisition, educational development, and patient safety. She has been featured for multiple national speaking engagements on learning techniques, and educational methodology, and has co-authored more than 30 peer reviewed manuscripts and book chapters. Her PhD in Educational Leadership studied the

connection between Anesthesiology program directors as Servant Leaders and the wellness of their residents.