



KENTUCKY AMBULATORY NETWORK

Research. Quality. Transformation.



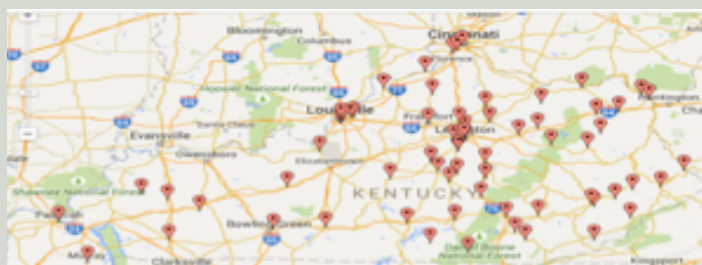
Inside:

KAN growth, KAN Registry Project, CAIPEC Update, KAN Tours, CAIPEC, Opioid Study

KAN UPDATES

KAN is growing in many ways. A few months ago, we conducted a mass mail out recruitment sent to all primary care physicians in Kentucky. From that, we gained several new members, bringing our current membership to 112 members, representing 83 clinics. Welcome, new KAN members!

We are working hard to grow relationships with our old and new KAN members, by traveling across the state to meet our members in their clinics. Recently, KAN coordinator (Jennifer Schilling) met with members in Leitchfield, Paducah, Monticello, and Danville. If you would like to schedule a time for KAN leadership to meet with you in your clinic, please contact Jennifer at KAN@uky.edu or (859) 323-6713.



<https://familymedicine.med.uky.edu/kentucky-ambulatory-network-kan>

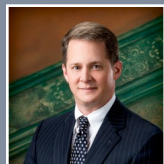
We also continue to grow collaborative relationships with other research networks, including those that comprise the "FAB 4 Super PBRN" (Frontier Rural Innovations Network, North Texas PBRN, and West Virginia PBRN). We have had some energetic meetings, where new ideas and partnerships emerged, and have worked together on research projects (the Patient- Engagement, Literacy, Adherence study, and the Central Appalachia Inter-professional Pain Education Collaborative).



Roberto Cardarelli, DO, MPH, FAFAP
Director, KAN
Professor and Chief



KAN ADVISORY BOARD MEMBERS



From Top to Bottom

Gerry Stover
David Bolt
David Greene, MD
Stephanie Moore, BHS, MPA
Brent Wright, MD, MMM
Marshall E. Prunty, MD

KAN Registry Project

As described in the [Spring 2015 KAN Newsletter](#), the KRP is a project in which we place registry boxes and cards (see picture below) in KAN clinics for patients who are interested in participating in research studies to self-enroll in a recruitment database. We already have 7 KAN clinics hosting our KRP registry boxes! The goal is to build a large patient registry which KAN and its members will utilize to recruit individuals for appropriate research studies without having to burden our clinics.

Enrolled patients are only giving consent to be contacted for any future project. Registry cards have Unique Identification Numbers (UIN's) on them which link the card to a particular KAN clinic. KAN maintains the database of registrants, and can query individuals based on the clinic site. Hence, we can query patients for a clinic and this may be useful for KAN clinics pursuing Quality Improvement projects. Contact Jennifer at KAN@uky.edu or (859) 323-6713 if you would like a registry box for your clinic!

Kentucky Ambulatory Network (KAN) Registry Project

University of Kentucky College of Medicine, Department of Family & Community Medicine

You are registering to be part of the Kentucky Ambulatory Registry Project. KAN is a made up of over 300 clinics in Kentucky to work together in doing research that is important to primary care, public health, and people in the community like you. We do research on heart disease, asthma, diabetes, cancer prevention, and so much more. By filling out this card you are only giving us permission to collect the information on the other side of this card and maybe contacting you for any KAN research project or activity that you may qualify for. **By filling out this card, you are NOT giving us permission to enroll you into any particular study.** This can only be done by getting your verbal and written permission for any study you qualify for and wish to participate in. You may or may not be reimbursed for your time and effort for any particular study. The risk for filling out this card is breach of information. However, we take every possible precaution to minimize this risk by using secure envelopes. The information you provide us will **NOT** be shared with your doctor, employer, or insurance company. Participating or not participating in this registry will **NOT** affect the care you receive at your clinic. Please give this card directly to a front desk personnel, place it in the secure drop box, or you can mail it to us using the contact information below. Thank you for being part of this project and helping to improve the health care in Kentucky!

Questions? Please call us!

Principal investigator: Dr. Roberto Cardarelli Phone: (832) 323-3711

Mail to:

KAN, C/O: Jennifer Schilling, 2195 Harrodsburg Road, Suite 125, Lexington KY 40504

Clinic UIN # _____

Name: (Last) _____ (First) _____ Date of birth (mm/dd/yyyy): _____

Address: _____
(Street) (Apt/Suite) (City) (State) (Zip)

Phone: () _____ Fax: () _____ Email: _____

Cell phone: () _____ Emergency contact: (Name and phone) _____

Gender: ☐ Male ☐ Female

Race/Ethnicity: ☐ White ☐ Hispanic/Latino ☐ African American
☐ Native American/Alaskan ☐ Asian/Pacific Islander
☐ Other _____

Have you ever been diagnosed by a doctor with any of the following medical problems? (Check all that apply)

<input type="checkbox"/> Heart disease	<input type="checkbox"/> Diabetes	<input type="checkbox"/> High blood pressure	<input type="checkbox"/> High cholesterol
<input type="checkbox"/> Thyroid	<input type="checkbox"/> Depression	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Breast cancer
<input type="checkbox"/> Colon cancer	<input type="checkbox"/> Prostate cancer	<input type="checkbox"/> Cervical cancer	<input type="checkbox"/> Other cancer _____
<input type="checkbox"/> Asthma	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Smoker	<input type="checkbox"/> Menopause
<input type="checkbox"/> Hot flashes	<input type="checkbox"/> Alzheimer's	<input type="checkbox"/> Osteoporosis/ osteopenia	<input type="checkbox"/> Heart failure
<input type="checkbox"/> Chronic pain	<input type="checkbox"/> Allergies	<input type="checkbox"/> Other _____	

What health topics do you find important and want to see more research be done on?

<input type="checkbox"/> Heart disease	<input type="checkbox"/> Diabetes	<input type="checkbox"/> High blood pressure	<input type="checkbox"/> High cholesterol
<input type="checkbox"/> Depression	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Cancer	<input type="checkbox"/> Lung disease
<input type="checkbox"/> Prevention	<input type="checkbox"/> Menopause	<input type="checkbox"/> Alzheimer's disease	<input type="checkbox"/> Osteoporosis/ osteopenia
<input type="checkbox"/> Heart failure	<input type="checkbox"/> Chronic pain	<input type="checkbox"/> Other _____	

☐ Check here if you would like to receive email news items from KAN

KAN Represented at the North America Primary Care Research Group PBRN Annual Conference!

This annual conference in Bethesda, MD held in late June, brought together Practice Based Research Networks from across the United States and Canada. The theme for this year's conference was "Engagement" - of communities of practice based research networks, patients, clinicians, and practices.

KAN gave a well-received oral presentation about the Patient- Engagement, Literacy, Adherence (P-ELA) study, as well as a poster presentation about the CAIPEC project (where many copied down the CAIPEC website to look up our Chronic Pain Clinic Toolkit and enduring modules).



Central Appalachia Interdisciplinary Pain Education Collaborative (CAIPEC): Update

As described in the [Fall 2014 KAN Newsletter](#), CAIPEC is a multi-faceted CE approach to addressing the issues of opioid overuse and inappropriate prescribing practices, targeted at health professionals in Kentucky and West Virginia.

Seven modules (Epidemiology of Chronic Pain, The Biopsychosocial Aspects of Chronic Pain, Risk Management, Chronic Pain History and Shared Decision Making Approaches, Examination and Diagnostic Testing in Patients with Chronic Pain, Non-pharmacological and Pharmacologic Treatment Options, and Practice Enhancement in Managing People with Chronic Pain Through a Team-Based Approach) were presented live at the Kentucky Academy of Family Physicians, West Virginia Academy of Family Physicians, and Kentucky Primary Care Association annual meetings this past spring. These seven modules, along with a module describing how to implement the Chronic Pain Clinic Toolkit will be available at www.CECentral.com/CAIPEC soon! These modules are enduring, and provide **free** CE's!

CAIPEC is also holding 8 Roundtables (4 in Kentucky and 4 in West Virginia) where participants have the opportunity to manage case based chronic pain patients in an inter-professional manner. Roundtables last approximately 2 hours, with lunch provided and free CE's awarded! Advanced registration is required at: www.CECentral.com/CAIPEC.

The final component of CAIPEC is the Chronic Pain Clinic Toolkit. While any clinic is welcome to use the toolkit we have provided on the website, CAIPEC provides a facilitator to help with the implementation of the toolkit in the clinics who have signed up for this study. In the study clinics, chart reviews will be conducted before and after implementation of the toolkit to measure any changes the clinicians may have made in their management of chronic pain patients. Don't forget, as with



any QI project, clinics who choose to implement the Chronic Pain Clinic Toolkit can use this project as a Maintenance of Certification Part IV requirement!

KAN AND DIVISION OF COMMUNITY MEDICINE PARTNERS

KAN and the Division of Community Medicine is proud that 100% of our studies are in collaboration with 2 or more organizations and professions.

University of Kentucky

- College of Medicine-
- College of Public Health
- CCTS
- College of Pharmacy
- CE Central
- CERH

St. Claire Regional Medical Center

Owensboro Health

ARH-Hazard

Pikeville Medical Center

University of North Texas Health Science Center

West Virginia University Health Sciences Center

A-OPTIC/FRIN

KY College of Osteopathic Medicine

KY Academy of Family Physicians/AAFP

KY Primary Care Association

American College of Physicians

American Osteopathic Association

POPULATION HEALTH MANAGEMENT MODULES

The first six modules of Population Health Management and Quality Improvement for the Practicing Clinician are available for viewing at www.CECentral.com/PHM !

These modules cover: Population Health Management Overview- What does it mean for me and my patients; Identifying the Impact of PHM; Cultivating a Culture of

Change and Patient Engagement; Health Assessment, Risk Stratification, and Care Coordination; Delivering Patient-Centered Interventions; and Evaluating the Impact and Cost-Savings. The final two modules, yet to be launched, delve into the Quality Improvement Journey and Implementing Quality Improvement projects in the clinic setting. These modules provide CE's, which are **free** to KAN members with the code: 15PHM.



NEW STUDY: Physicians' and Pharmacists' Opioid Prescribing Study (POPS)

When considering whether to prescribe opioids, physicians must weigh the benefits of pain relief against the potential of opioid abuse and dependence. The goal of this study is to enhance understanding of the decision-making processes that primary care providers use when prescribing opioids. Data from this study will allow the construction of theoretical models of decision making and behavior that will inform diverse stakeholders so they can address this complex problem in an informed manner via training, quality improvement infrastructure, clinical decision support, and public and clinical policy.

KAN has been asked to partner with the University of Kentucky Center for Advancement of Pharmacy Practice to carry out the recruitment of 15 primary care clinicians across the state to take part in this research study which involves a 1 hour face-to-face interview regarding opioid prescribing practices. Physicians will receive \$90 for their time and effort. Interviews will be held in Kentucky (in the physicians' office, or choice of location) the week of August 31- September 4.

Recruitment is now underway! Email Jennifer at KAN@uky.edu ASAP if you are interested in participating in this study!

American Board of Family Medicine/ Accella Study

As described in the [Summer 2014](#) and [Fall 2014](#) KAN Newsletters, this study evaluates the effectiveness of coursework presentation styles on physician learning of subject matter across different formats and modalities. Participants must be an American Board of Family Medicine (ABFM) Board Certified MD or DO. The course takes approximately one hour to complete in person, with a short online post-test 6 weeks later. Compensation for participation is \$500. Please contact Jennifer at KAN@uky.edu or (859) 323-6713 ASAP if you are interested in participating in this study!