



KENTUCKY AMBULATORY NETWORK

Research. Quality. Transformation.



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KAN UPDATES

The 21st Annual Community Faculty/ KAN Conference was held March 13th-14th in Lexington. The following KAN presentations were given:

Karen Roper, PhD and Gretchen Holmes, PhD presented the results of the Patient-Engagement, Literacy, and Adherence (P-ELA) study. The seven full scale Engagement, Literacy, and Adherence instruments contained a combined total of 66 questions. Itemized Response Theory yielded a total of 7 questions from the original 66 questions which are believed to assess the same information as the larger full scale instruments. For more information about the P-ELA study, please see the [Summer and Fall 2014 KAN Newsletters](#).

Dr. Hagen presented an explanation of the [ABFM research study](#) on Retinal Findings in Hypertensive and Diabetes, which is still being conducted. ABFM certified physicians are eligible to participate in this study, and receive \$500 for participating. The next scheduled study session is May 5th, 5:30pm- 7:30pm in Lexington at the NEW UK Family and Community Medicine location (2195 Harrodsburg Road, Suite 125) Conference Room B. If you are interested in participating in this study on this date, or to inquire about other possible dates, please contact Jennifer at KAN@uky.edu or 859-323-6713. Participation in this study is limited, and on first-come, first server basis!

Dr. Cardarelli presented Module 1 of the Population Health Management series, in which a good overview of the key components of Population Health Management, and the overarching process of implementing Population Health Management in the clinic unit were covered. This presentation

was well received, and sparked many conversations among practicing clinicians. To view the first 3 modules of the Population Health Management series, visit <http://www.cecentral.com/PHM> and enter the code: 15PHM to receive free CME's.

While the KAN conference has been adjoined to the Community Faculty Conference for many years, we have come to the realization that a Friday afternoon conference in Lexington may not be the best time and place for our KAN members. In the future, in lieu of a larger conference, we are considering regional KAN dinners across the state on a weekday evening to better accommodate our members busy clinic schedules. We have set up a "Gift account" for KAN, and are working hard to procure money to host these regional dinners (through speaker fees, and donations). Please give Jennifer a call (859-323-6713) if you are interested in supporting KAN.

<https://familymedicine.med.uky.edu/kentucky-ambulatory-network-kan>



Roberto Cardarelli, DO, MPH, FAAFP
 Director, KAN
 Professor and Chief

KAN ADVISORY BOARD MEMBERS



From Top to Bottom

Gerry Stover
 David Bolt
 David Greene, MD
 Stephanie Moore, BHS, MPA
 Brent Wright, MD, MMM
 Marshall E. Prunty, MD

KAN Registry Project

The purpose of the **KAN Registry Project** (KRP) is to develop and maintain a database of individuals who may be contacted for future Kentucky Ambulatory Network (KAN) associated studies. A registry can help to take the burden of recruitment for research studies off of clinics, and allows individuals who are interested in participating in research studies to self-enlist in a recruitment database. A registry makes it possible to recruit a large number of individuals for a research study in a much shorter amount of time than other recruitment methods.

This project is voluntary for KAN Clinics. KAN Clinics who agree to

participate in this project will be provided all necessary materials, including: recruitment flyers, registry cards, a lockable suggestion box which interested individuals can place completed registry cards in, and Manila envelopes to place and mail batches of registry cards to the KAN office.

Once this project is approved by the IRB, KAN clinics will be contacted to assess interest in the registry project. This will be an ongoing project, and the lockable suggestion boxes will be purchased and distributed to KAN clinics as funds allow. If you are interested in being one of the first KAN clinics to participate in the registry project, please contact Jennifer at KAN@uky.edu or 859-323-6713.

Kentucky Ambulatory Network (KAN) Registry Project
 University of Kentucky College of Medicine, Department of Family & Community Medicine

You are registering to be part of the Kentucky Ambulatory Registry Project. KAN is a made up of over 300 clinics in Kentucky to work together in doing research that is important to primary care, public health, and people in the community like you. We do research on heart disease, asthma, diabetes, cancer prevention, and so much more. By filling out this card you are only giving us permission to collect the information on the other side of this card and maybe contacting you for any KAN research project or activity that you may qualify for. **By filling out this card, you are NOT giving us permission to enroll you into any particular study.** This can only be done by getting your verbal and written permission for any study you qualify for and wish to participate in. You may or may not be reimbursed for your time and effort for any particular study. The risk for filling out this card is breach of information. However, we take every possible precaution to minimize this risk by using secure envelopes. The information you provide us will **NOT** be shared with your doctor, employer, or insurance company. Participating or not participating in this registry will **NOT** affect the care you receive at your clinic. Please give this card directly to a front desk personnel, place it in the secure drop box, or you can mail it to us using the contact information below. Thank you for being part of this project and helping to improve the health care in Kentucky!

Questions? Please call us!
 Principal investigator: Dr. Roberto Cardarelli Phone: (832) 323-3711
Mail to:
 KAN, C/O: Jennifer Schilling, 2195 Harrodsburg Road, Suite 125, Lexington KY 40504
 Clinic UIN #

Name: (Last) _____ (First) _____ Date of birth (mm/dd/yyyy): _____
 Address: _____
(Street) (Apt/Suite) (City) (State) (Zip)
 Phone: () _____ Fax: () _____ Email: _____
 Cell phone: () _____ Emergency contact: (Name and phone): _____
 Gender: Male Female
 Race/Ethnicity: White Hispanic/Latino African American
 Native American/Alaskan Asian/Pacific Islander
 Other _____

Have you ever been diagnosed by a doctor with any of the following medical problems? (Check all that apply)

| | | | |
|--|--|---|---|
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> High cholesterol |
| <input type="checkbox"/> Thyroid | <input type="checkbox"/> Depression | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Breast cancer |
| <input type="checkbox"/> Colon cancer | <input type="checkbox"/> Prostate cancer | <input type="checkbox"/> Cervical cancer | <input type="checkbox"/> Other cancer _____ |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Smoker | <input type="checkbox"/> Menopause |
| <input type="checkbox"/> Hot flashes | <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Osteoporosis/ osteopenia | <input type="checkbox"/> Heart failure |
| <input type="checkbox"/> Chronic pain | <input type="checkbox"/> Allergies | <input type="checkbox"/> Other _____ | |

What health topics do you find important and want to see more research be done on?

| | | | |
|--|---------------------------------------|--|---|
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> High cholesterol |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Cancer | <input type="checkbox"/> Lung disease |
| <input type="checkbox"/> Prevention | <input type="checkbox"/> Menopause | <input type="checkbox"/> Alzheimer's disease | <input type="checkbox"/> Osteoporosis/ osteopenia |
| <input type="checkbox"/> Heart failure | <input type="checkbox"/> Chronic pain | <input type="checkbox"/> Other _____ | |

Check here if you would like to receive email news items from KAN

**KAN Civic
Community Panel
(CCP) Established!**

Seven individuals now represent the 'community, or patient, voice' of the KAN advisory board. They are:

- Angela Dalton-Tibbetts
- Jim Dundon
- Kathleen Campbell
- Kelly Werner
- Leisa Patrick
- Michael Morgenson
- Adam Standiford.

The CCP (along with the current KAN Advisory Board members) vote on all KAN research and projects.

The CCP meets in person once a year, and communicate asynchronously



through email throughout the year. The first CCP meeting was held on March 31, where members met with the KAN director, coordinator, and CCP lead to learn about KAN and current KAN research, and discuss the purpose of the CCP, their role as members. We thank our CCP members for their time and input!

**Central Appalachia
Interdisciplinary Pain Education
Collaborative (CAIPEC): Update**

We are well underway on the educational aspect of CAIPEC! The content for 7 chronic pain management modules (Epidemiology of Chronic Pain, The Biopsychosocial Aspects of Chronic Pain, Risk Management, Chronic Pain History and Shared Decision making Approaches, Examination and Diagnostic Testing in Patients with Chronic Pain, Non-Pharmacologic and Pharmacologic Treatment Options, and Practice Enhancement in Managing People with Chronic pain

through a Team based Approach) has been created. These modules have been presented at the Kentucky Academy of Family Physicians REMS and Chronic Care Management Meeting, and the West Virginia Academy of Family Physicians 63rd Annual Scientific Assembly. The next presentation will be held at the Kentucky Primary Care Association conference on May 8th at the Marriott Griffin Gate, Lexington KY. These modules will also be available to view at the CAIPEC website for free at www.cecentral.com/caipec later this year.



**KAN AND
DIVISION OF
COMMUNITY
MEDICINE
PARTNERS**

KAN and the Division of Community Medicine is proud that 100% of our studies are in collaboration with 2 or more organizations and professions.

University of Kentucky

- College of Medicine-
- College of Public Health
- CCTS
- College of Pharmacy
- CE Central
- CERH

**St. Claire Regional
Medical Center**

Owensboro Health

ARH-Hazard

Pikeville Medical Center

**University of North Texas
Health Science Center**

**West Virginia University
Health Sciences Center**

A-OPTIC/FRIN

**KY College of Osteopathic
Medicine**

**KY Academy of Family
Physicians/AAFP**

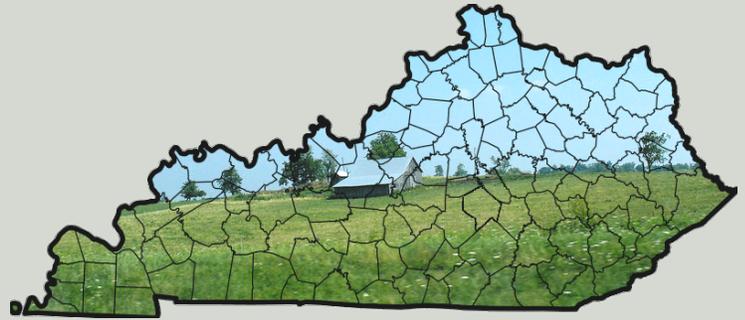
**KY Primary Care
Association**

**American College of
Physicians**

**American Osteopathic
Association**

KAN TOURS

Dr. Cardarelli and Jennifer will be heading out to Western Kentucky July 9th and 10th to meet with KAN members at their clinic locations for brief face-to-face visits. We will be reaching out to our clinics in Western Kentucky soon to schedule these visits, but if you would like us to visit your clinic (whenever, and wherever you are located across the state) please contact Jennifer at KAN@uky.edu or 859-323-6713. As always, we want to be engaged with our KAN clinics and value the ideas and suggestions that come from our KAN members.



Our Offices Have Moved!

Dear KAN Members,

We are excited to announce the our offices have moved to the new UKHealthcare-Turfland facility! This beautiful building is the new home of the UK Department of Family & Community Medicine and KAN Offices.

If you need to find us or send of any information, please us this new address:

**UK Department of Family & Community Medicine
Kentucky Ambulatory Network
2195 Harrodsburg Rd., Suite 125
Lexington, KY 40504-3604**

