

# University of Kentucky Graduate Medical Education Orientation 2024

IMG Resources -Bowling Green Campus

Double Click on the links on PPT to access the linked websites



# Transitioning to Residency Post Match



## Apply for Social Security

### Social Security

J-1s cannot apply for a Social Security until ECFMG has validated SEVIS record after arrival to the U.S. Applying prior to SEVIS will delay issuance of Social Security card.



## Health Insurance

Insurance and retirement benefits | UK Human Resources (uky.edu)



## Set up Bank Account

### UK Credit Union

Can do online for BG Learners



## Apply for a credit card and start building credit score

<https://www.nerdwallet.com/article/credit-cards/how-to-get-a-credit-card-for-international-students-and-immigrant-workers>

FICO credit score could be assigned only after 6 months of history

Getting a secured credit (without SSN) card can give you score a month earlier



# Transitioning to Residency *cont....*

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- Housing and Renting
  - [Housing](#)
  - [Bluegrass Realtors](#)
  
- Transportation
  - [GO BG Transit \(270\) 782-3162](#)
  - <https://www.bgky.org/transit>
  
- Health Insurance
  - [Insurance and retirement benefits | UK Human Resources \(uky.edu\)](#)

# Transitioning to Residency *cont....*

## UK payroll Tax Questionnaire

- Newly hired or rehired nonresident employees holding H-1B, J-1, J-2 or F-1 visas must complete a UK payroll Tax Questionnaire
- For additional details, please see: <https://www.uky.edu/ufs/payroll-services-non-resident-alien>



# Transitioning to Residency *cont....*

## Driving and obtaining a license

- [Drivers License - https://drive.ky.gov/Drivers/Pages/Non-US-Citizen.aspx](https://drive.ky.gov/Drivers/Pages/Non-US-Citizen.aspx)
- Some foreign driver licenses and international driving license work in Kentucky for up to a year
- Can do writing and driving exam anywhere in the state, not only in Bowling Green

## Buy/Lease a car

- [Car Lease/ Purchase](#)

## Decide on additional Benefits

- [Life insurance](#)

## Set up Primary Care

- [Primary Care Options in BG](#)

# Set Up Your Utilities: Electricity, Water , Gas etc.

- **Warren Rural Electric Cooperative Corporation (WRECC)** electricity for properties outside of the Bowling Green city limits but within Warren County  
<https://www.wrecc.com/residential/apply-for-service/> 951 Fairview Avenue, Bowling Green, KY 42101

270-842-6547

- **Warren County Water District (WCWD)** – water and sewer for properties outside the Bowling Green city limits but within Warren County  
<https://www.warrenwater.com/establish-service/> 523 U.S. 31W Bypass, Bowling Green, KY 42101

270-842-0052

- **Bowling Green Municipal Utilities (BGMU)** – electric, water and sewer for properties within the Bowling Green city limit [bgmu.smarthub.coop/Login.html#newconnect](http://bgmu.smarthub.coop/Login.html#newconnect): 801 Center Street, Bowling Green, KY 42102

270-782-1200

- **Atmos Energy Corporation** – natural gas

<https://www.atmosenergy.com/accountcenter/moveininf/bp/MoveInStart.html>

2850 Russellville Road, Bowling Green, KY 42101

270-901-1677

- **Cable and Internet Providers in the area:**

Spectrum 1-844-935-2254

AT&T 1-844-908-1254

Kinetic 1-844-929-0349

T-Mobile 1-844-431-1362



# Transitioning to KY and building connections

- ❑ Visit Bowling Green
  - [Things to Do in BG](#)
- ❑ International Grocery stores
  - [Grocery Stores](#)
- ❑ Schools
  - [Warren County Public Schools](#)
  - [Bowling Green Independent School District](#)

# Local Organizations and Affinity Groups

- ❑ Religious and cultural organizations
  - Islamic Center of Bowling Green  
2140 Morgantown Rd, Bowling Green, KY 42101  
(270) 846-0806  
<http://islamiccenterbgky.wordpress.com/>
  - (ISSO) Hindu Temple of Bowling Green, KY  
6085 Scottsville Rd, Bowling Green, KY 42104  
(270) 894-5151  
<http://issobgky.org/>
- ❑ UK COM Employee Affinity Groups
  - [Affinity Groups](#)
- ❑ Faculty of color network
  - [Diversity](#)
- ❑ International Center of Kentucky
  - 806 Kenton St, Bowling Green, KY 42101
  - (270) 781-8336
  - <http://icofky.org/>





# Additional Resources

## ❑ J1 Twitter

➤ [ECFMG J1](#)

## ❑ Journeys in Medicine Vlog

➤ [ECFMG Medicine Vlogs](#)

## ❑ AMA IMG toolkit

➤ [AMA toolkit](#)

## ❑ GME frequently asked questions

➤ [Graduate Medical Education FAQ's](#)

## ❑ GME Visas

➤ [Graduate Medical Education | Visas | University of Kentucky College of Medicine \(uky.edu\)](#)

## ❑ UK IMG Mentoring Program

➤ [https://uky.az1.qualtrics.com/jfe/form/SV\\_d6BUvBcmRH1JRZQ](https://uky.az1.qualtrics.com/jfe/form/SV_d6BUvBcmRH1JRZQ)

# Ways to get involved



- ❑ Wellness in training Committee

- <https://medicine.uky.edu/sites/gme/well-being>

- ❑ Office of Diversity, Equity, and Inclusion

- [Diversity, Equity & Inclusion](#)

- ❑ AMA IMG Group

- [International Medical Graduate AMA Group](#)

- ❑ US Ethnic Physician Organizations

- [Ethnic Physicians](#)

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# Disclosure

\*UK GME does NOT endorse or recommend any of the companies or services listed in this presentation. Information on these companies and services is provided for informational purposes only. These companies and services may not be appropriate for your needs, and other companies and services may provide better benefits or value. You are solely responsible for investigating and choosing the companies with whom you choose to do business and/or the services you retain.

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# Contacts

- *Asha Shenoi, MD, FAAP, FCCM*  
Assistant dean, Clinical Learning Environment, GME  
Email: [asha.shenoi@uky.edu](mailto:asha.shenoi@uky.edu)  
Cell number : 742-491-6527
- *Melynda Burke, MA*  
Registrar Manager, GME  
Email: [melynda.burke@uky.edu](mailto:melynda.burke@uky.edu)  
Office Number : 859-323-5003
- *Winnie Commare*  
Assistant Registrar, GME  
Email: [w.commare@uky.edu](mailto:w.commare@uky.edu)  
Office Number : 859-323-8240
- *Stacey Sims, MHA*  
Administrative Director, Graduate Medical Education  
Email: [SimsSS@MCHealth.net](mailto:SimsSS@MCHealth.net)  
Cell number: 270-791-1099
- *Suman Shekar, MD*  
Associate Program Director, Internal Medicine  
Diversity Ambassador  
Email: [sumanshekar0221@gmail.com](mailto:sumanshekar0221@gmail.com)  
Cell: 318-751-7085